

TERRY E. BRANSTAD
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October 6, 2014

Ms. Terri Cosselman, Administrator
Apple Valley Assisted Living Charles City
801 Blunt Parkway
Charles City, IA 50616

RE: Final Recertification Monitoring Evaluation Report -- Apple Valley Assisted Living Charles City, Charles City, IA

Dear Ms. Cosselman:

Enclosed is the **Final Recertification Monitoring Evaluation Report** completed by the Department of Inspections and Appeals (DIA) in accordance with Iowa Code chapter 231C and Iowa Administrative Code (IAC) chapters 481--67 and 481--69. **No Regulatory Insufficiencies were found during this evaluation.**

The review of the recertification documents you submitted has been completed and the documents are accepted. In addition, the State Fire Marshal's (SFM) inspection report has been received as well as the Facility Engineer's approval of the Evacuation Plans for your program.

Enclosed you will find the Assisted Living Program Certificate **S0083** with effective dates of **June 21, 2014** through **June 20, 2016**.

If you have any questions in regard to this certification, please contact me at 515/281-7039 or **Rose.Boccella@dia.iowa.gov**.

Sincerely,

Rose Boccella

Rose Boccella
Program Coordinator
Adult Services Bureau

Enclosure

IOWA DEPARTMENT OF INSPECTIONS AND APPEALS
Assisted Living Program
Final Recertification Monitoring Evaluation Report

Assisted Living Program:

Terri Cosselman, Administrator
Apple Valley Assisted Living
801 Blunt Parkway
Charles City, IA 50616

Date of Monitoring Visit:

September 29, 2014

Monitor(s):

Margaret Kaltefleiter, RN MS

Definitions: *The following definitions are relevant:*

Assisted Living Program – A program certified under 481 IAC 69 that provides housing with contracted services to three or more tenants in a physical structure that provides a homelike environment. Services may include but are not limited to health-related care, personal care, and assistance with instrumental activities of daily living. A General Population Program is an Assisted Living Program that is not dementia-specific but may have tenants with cognitive disorder.

Dementia-Specific Assisted Living Program - An assisted living program certified under 481 IAC 69 that serves fewer than fifty-five (55) tenants and has five (5) or more tenants who have dementia between Stages 4 and 7 on the Global Deterioration Scale (GDS), or serves 55 or more tenants and 10 percent or more of the tenants have dementia between Stages 4 and 7 on the GDS, or holds itself out as providing specialized care for persons with dementia, such as Alzheimer's disease, in a dedicated setting.

Regulatory Insufficiency - A violation of a statutory or rule provision within the Code of Iowa (2011) or the Iowa Administrative Code (IAC) governing assisted living programs. A regulatory insufficiency requires a plan of correction to be presented to and approved by the Department of Inspections and Appeals (DIA).

Plan of Correction - A written response to one or more regulatory insufficiencies that are statutory or rule violations. The plan should identify how and by what date each regulatory insufficiency will be corrected, and what measures will be taken to ensure the problem does not recur. The plan is due to DIA within ten (10) working days of the program's receipt of a Complaint/Incident Investigation Report. Depending on the circumstances, DIA may revisit the assisted living program to confirm progress in fulfilling a plan's corrective measures.

Overview: *In preparing this report, the following information was considered:*

Current Program Census

Assisted Living Programs are defined by the type of population served. The census numbers were provided by the Program at the time of the on-site.

General Population Program	
Number of tenants without cognitive disorder:	<u>28</u>
Number of tenants with cognitive disorder:	<u>0</u>
Total Population of Program at time of on-site	<u>28</u>
TOTAL census of Assisted Living Program	<u>28</u>

Tenant/Family Satisfaction Results – A community meeting with 10 tenants was held. They stated the best thing about living at the Program was all the nice people and not having to do their own laundry. Housekeeping services were done to their satisfaction and the buildings and grounds were kept safe, clean and sanitary. Nursing services were available and staff responded quickly when called for assistance, always within five minutes or less. The care received was described as very caring and great. Staff treated them with respect and humor, knew everyone by name and was great and excellent. Staff knew what services to provide and was trained appropriately. The tenants liked the food, received a good variety of meats, vegetables and desserts and said the food was served at the right temperature. Plenty of activities were offered and tenants were kept as busy as they wanted to be. Music programs and Bingo were their favorite activities. The tenants felt safe, made their own decisions, were generally satisfied with the Program and had recommended it to their friends. A suggestion was made to put up a sign for visitors that identified the location of the office and they stated administration was already working on this.

On-Site Monitoring Evaluation – The monitor(s) made observations detailed in the following areas. **There were no regulatory insufficiencies noted during this on site investigation.**