

TERRY E. BRANSTAD
GOVERNOR

RODNEY A. ROBERTS, DIRECTOR

KIM REYNOLDS
LT. GOVERNOR

November 15, 2013

Mr. Lonny Smith, Administrator
Forest Plaza Assisted Living
635 Highway 9 East
Forest City, IA 50436

RE: Final Recertification Monitoring Evaluation Report – Forest Plaza Assisted Living, Forest City, IA

Dear Mr. Smith:

Enclosed is the **Final Recertification Monitoring Evaluation Report** completed by the Department of Inspections and Appeals (DIA) in accordance with Iowa Code chapter 231C and Iowa Administrative Code (IAC) chapters 481–67 and 481–69. **No Regulatory Insufficiencies were found during this evaluation.**

The review of the recertification documents you submitted has been completed and the documents are accepted. In addition, the State Fire Marshal's (SFM) inspection report has been received as well as the Facility Engineer's approval of the Evacuation Plans for your program.

Enclosed you will find the Assisted Living Program Certificate **S0131** with effective dates of **November 29, 2013** through **November 28, 2015**.

If you have any questions in regard to this certification, please contact me at 515/281-7039.

Sincerely,

Rose Boccella

Rose Boccella
Program Coordinator
Adult Services Bureau

Enclosure

IOWA DEPARTMENT OF INSPECTIONS AND APPEALS
Assisted Living Program
Final Recertification Monitoring Evaluation Report

Assisted Living Program:

Lonny Smith, Administrator
Forest Plaza Assisted Living
635 Highway 9 East
Forest City, IA 50436

Date of Monitoring Visit:

August 19, 2013

Monitor(s):

Hal L. Chase, RN BSN MPH

Definitions: *The following definitions are relevant:*

Assisted Living Program – A program certified under 481 IAC 69 that provides housing with contracted services to three or more tenants in a physical structure that provides a homelike environment. Services may include but are not limited to health-related care, personal care, and assistance with instrumental activities of daily living. A General Population Program is an Assisted Living Program that is not dementia-specific but may have tenants with cognitive disorder.

Dementia-Specific Assisted Living Program - An assisted living program certified under 481 IAC 69 that serves fewer than fifty-five (55) tenants and has five (5) or more tenants who have dementia between Stages 4 and 7 on the Global Deterioration Scale (GDS), or serves 55 or more tenants and 10 percent or more of the tenants have dementia between Stages 4 and 7 on the GDS, or holds itself out as providing specialized care for persons with dementia, such as Alzheimer's disease, in a dedicated setting.

Regulatory Insufficiency - A violation of a statutory or rule provision within the Code of Iowa (2011) or the Iowa Administrative Code (IAC) governing assisted living programs. A regulatory insufficiency requires a plan of correction to be presented to and approved by the Department of Inspections and Appeals (DIA).

Plan of Correction - A written response to one or more regulatory insufficiencies that are statutory or rule violations. The plan should identify how and by what date each regulatory insufficiency will be corrected, and what measures will be taken to ensure the problem does not recur. The plan is due to DIA within ten (10) working days of the program's receipt of a Complaint/Incident Investigation Report. Depending on the circumstances, DIA may revisit the assisted living program to confirm progress in fulfilling a plan's corrective measures.

Overview: *In preparing this report, the following information was considered:*

Current Program Census

Assisted Living Programs are defined by the type of population served. The census numbers were provided by the Program at the time of the on-site.

General Population Program	
Number of tenants without cognitive disorder:	28
Number of tenants with cognitive disorder:	0
Total Population of Program at time of on-site	28
TOTAL census of Assisted Living Program	28

Tenant/Family Satisfaction Results – A community meeting was held with 22 tenants in attendance. Tenants reported the Program was their home and they enjoyed living there. Housekeeping services were completed to each tenant's satisfaction and the building and grounds were clean, safe and sanitary. The Administrator was attentive to their needs and listened to their concerns. Nursing services were available when needed and staff was always polite, courteous and respectful. Staff knew what services each tenant needed and responded to their calls for assistance within five minutes.

Tenants reported they enjoyed the activities offered. The food was good but they would like more seasonal fruit and vegetables. A variety of meats, vegetables and desserts were offered. Tenants felt safe and comfortable and would recommend the Program to anyone looking for a place to live.

Program History – There were no regulatory insufficiencies during this period.

On-Site Monitoring Evaluation – The monitor(s) made observations detailed in the following areas. There were no regulatory insufficiencies during this on-site recertification investigation.