

TERRY E. BRANSTAD
GOVERNOR

RODNEY A. ROBERTS, DIRECTOR

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LT. GOVERNOR

January 18, 2013

Ms. Jenna Gardner, Health Care Administrator
Cottage Grove Place
2115 1st Avenue SE
Cedar Rapids, IA 52402

**RE: Final Recertification Monitoring Evaluation Report – Cottage Grove Place,
Cedar Rapids, IA**

Dear Ms. Gardner:

Enclosed is the **Final Recertification Monitoring Evaluation Report** completed by the Department of Inspections and Appeals (DIA) in accordance with Iowa Code chapter 231C and Iowa Administrative Code (IAC) chapters 481–67 and 481–69. **No Regulatory Insufficiencies were found during this evaluation.**

The review of the recertification documents you submitted has been completed and the documents are accepted. In addition, the State Fire Marshal's (SFM) inspection report has been received as well as the Facility Engineer's approval of the Evacuation Plans for your program.

Enclosed you will find the Assisted Living Program Certificate **S0035** with effective dates of **February 5, 2013** through **February 4, 2015**.

If you have any questions in regard to this certification, please contact me at 515/281-7039.

Sincerely,

Rose Boccella

Rose Boccella
Program Coordinator
Adult Services Bureau

Enclosure

IOWA DEPARTMENT OF INSPECTIONS AND APPEALS
Assisted Living Program
Final Recertification Monitoring Evaluation Report

Assisted Living Program:

Jenna Gardner, Health Care Administrator
Cottage Grove Place
2115 1st Avenue SE
Cedar Rapids, IA 52402

Date of Monitoring Visit:

December 13, 2012

Monitor(s):

Margaret Kaltefleiter, RN MS

Definitions: *The following definitions are relevant:*

Assisted Living Program – A program certified under 481 IAC 69 that provides housing with contracted services to three or more tenants in a physical structure that provides a homelike environment. Services may include but are not limited to health-related care, personal care, and assistance with instrumental activities of daily living. A General Population Program is an Assisted Living Program that is not dementia-specific but may have tenants with cognitive disorder.

Dementia-Specific Assisted Living Program - An assisted living program certified under 481 IAC 69 that serves fewer than fifty-five (55) tenants and has five (5) or more tenants who have dementia between Stages 4 and 7 on the Global Deterioration Scale (GDS), or serves 55 or more tenants and 10 percent or more of the tenants have dementia between Stages 4 and 7 on the GDS, or holds itself out as providing specialized care for persons with dementia, such as Alzheimer's disease, in a dedicated setting.

Regulatory Insufficiency - A violation of a statutory or rule provision within the Code of Iowa (2011) or the Iowa Administrative Code (IAC) governing assisted living programs. A regulatory insufficiency requires a plan of correction to be presented to and approved by the Department of Inspections and Appeals (DIA).

Plan of Correction - A written response to one or more regulatory insufficiencies that are statutory or rule violations. The plan should identify how and by what date each regulatory insufficiency will be corrected, and what measures will be taken to ensure the problem does not recur. The plan is due to DIA within ten (10) working days of the program's receipt of a Complaint/Incident Investigation Report. Depending on the circumstances, DIA may revisit the assisted living program to confirm progress in fulfilling a plan's corrective measures.

Overview: *In preparing this report, the following information was considered:*

Current Program Census

Assisted Living Programs are defined by the type of population served. The census numbers were provided by the Program at the time of the on-site.

Dementia-Specific Program by Definition	
Number of tenants without cognitive disorder:	13
Number of tenants with cognitive disorder:	5
Total Population of Program at time of on-site	18
TOTAL census of Assisted Living Program	18

Tenant/Family Satisfaction Results – A community meeting was held with six tenants. Housekeeping and laundry services were completed to their satisfaction. The building and grounds were neat, clean and sanitary. The tenants were prompt to call for assistance and staff responded within three minutes. Nursing services were available and tenants received the services they requested. The tenants described the care received as wonderful; staff knew what services to provide and was trained appropriately. Staff was described as being very efficient. Tenants said they usually liked the food and it was served at the appropriate temperature. There was a good variety of meats, vegetables and desserts. Sometimes the pork chops and chicken breasts were dry and tough. The tenants enjoyed playing Bingo and requested a calendar that included the activities offered at Independent Living so they could attend those if they chose. One tenant requested a daily flyer of activities offered. Monthly calendars were provided. The tenants felt safe, made their own decisions, were generally satisfied with the Program and would recommend it to others.

Program History – The Program did not receive any regulatory insufficiencies during this certification period.

On-Site Monitoring Evaluation – The monitor(s) made observations detailed in the following areas. **There were no regulatory insufficiencies found during this onsite recertification monitoring evaluation.**