

INSPECTIONS & APPEALS

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October 5, 2012

Ms. Sharon Nicholson, Interim Administrator
Countryside Estates Assisted Living
921 Riverview Drive
Cherokee, IA 51012

**RE: Final Recertification Monitoring Evaluation Report – Countryside Estates
Assisted Living, Cherokee, IA**

Dear Ms. Nicholson:

Enclosed is the **Final Recertification Monitoring Evaluation Report** completed by the Department of Inspections and Appeals (DIA) in accordance with Iowa Code chapter 231C and Iowa Administrative Code (IAC) chapters 481—67 and 481—69. **No Regulatory Insufficiencies were found during this evaluation.**

The review of the recertification documents you submitted has been completed and the documents are accepted. In addition, the State Fire Marshal's (SFM) inspection report has been received as well as the Facility Engineer's approval of the Evacuation Plans for your program.

Enclosed you will find the Assisted Living Program Certificate **S0158** with effective dates of **October 9, 2012** through **October 8, 2014**.

If you have any questions in regard to this certification, please contact me at 515/281-4116.

Sincerely,

Jim Berkley

Jim Berkley
Program Coordinator
Adult Services Bureau

Enclosure

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IOWA DEPARTMENT OF INSPECTIONS AND APPEALS
Assisted Living Program
Final Recertification Monitoring Evaluation Report

Assisted Living Program:

Sharon Nicholson, Interim Administrator
Countryside Estates Assisted Living
921 Riverview Drive
Cherokee, IA 51012

Date of Monitoring Visit:

August 14, 2012

Monitor(s):

Hal L. Chase, RN BSN MPH

Definitions: *The following definitions are relevant:*

Assisted Living Program – A program certified under 481 IAC 69 that provides housing with contracted services to three or more tenants in a physical structure that provides a homelike environment. Services may include but are not limited to health-related care, personal care, and assistance with instrumental activities of daily living. A General Population Program is an Assisted Living Program that is not dementia-specific but may have tenants with cognitive disorder.

Dementia-Specific Assisted Living Program - An assisted living program certified under 481 IAC 69 that serves fewer than fifty-five (55) tenants and has five (5) or more tenants who have dementia between Stages 4 and 7 on the Global Deterioration Scale (GDS), or serves 55 or more tenants and 10 percent or more of the tenants have dementia between Stages 4 and 7 on the GDS, or holds itself out as providing specialized care for persons with dementia, such as Alzheimer's disease, in a dedicated setting.

Regulatory Insufficiency - A violation of a statutory or rule provision within the Code of Iowa (2011) or the Iowa Administrative Code (IAC) governing assisted living programs. A regulatory insufficiency requires a plan of correction to be presented to and approved by the Department of Inspections and Appeals (DIA).

Plan of Correction - A written response to one or more regulatory insufficiencies that are statutory or rule violations. The plan should identify how and by what date each regulatory insufficiency will be corrected, and what measures will be taken to ensure the problem does not recur. The plan is due to DIA within ten (10) working days of the program's receipt of a Complaint/Incident Investigation Report. Depending on the circumstances, DIA may revisit the assisted living program to confirm progress in fulfilling a plan's corrective measures.

Overview: *In preparing this report, the following information was considered:*

Current Program Census

Assisted Living Programs are defined by the type of population served. The census numbers were provided by the Program at the time of the on-site.

General Population Program	
Number of tenants without cognitive disorder:	<u>8</u>
Number of tenants with cognitive disorder:	<u>1</u>
Total Population of Program at time of on-site	<u>9</u>
TOTAL census of Assisted Living Program	<u>9</u>

Tenant/Family Satisfaction Results – A community meeting was held with nine tenants in attendance. Tenants reported they liked living at the Program and felt their apartments were spacious and well kept. Housekeeping services were performed to their satisfaction and the building and grounds were clean, safe and sanitary. Nursing services were available when needed and staff was trained to provide the care needed and responded quickly to tenants' calls for assistance. A variety of meats, vegetables and deserts were offered, but the quality of food prepared by the Program wasn't to their liking. Tenants reported they have complained about the quality of food but nothing had been done to correct the problem. There were enough activities offered throughout the week at the Program in addition to activities offered at the adjacent nursing facility. Tenants reported they felt safe living at the program, made their own decisions related to their personal and health-related cares and would recommend the program to anyone.

Program History – There were no regulatory insufficiencies during this recertification period.

On-Site Monitoring Evaluation – The monitor(s) made observations detailed in the following areas. There were no regulatory insufficiencies during this on-site recertification evaluation.