

INSPECTIONS & APPEALS

TERRY E. BRANSTAD
GOVERNOR

RODNEY A. ROBERTS, DIRECTOR

KIM REYNOLDS
LT. GOVERNOR

June 25, 2012

Ms. Betty Oren, Executive Director
Meadows Assisted Living
528 N. Kelly Street
Shell Rock, IA 50670

RE: Final Recertification Monitoring Evaluation Report – Meadows Assisted Living, Shell Rock, IA

Dear Ms. Oren:

Enclosed is the **Final Recertification Monitoring Evaluation Report** completed by the Department of Inspections and Appeals (DIA) in accordance with Iowa Code chapter 231C and Iowa Administrative Code (IAC) chapters 481—67 and 481—69. **No Regulatory Insufficiencies were found during this evaluation.**

The review of the recertification documents you submitted has been completed and the documents are accepted. In addition, the State Fire Marshal's (SFM) inspection report has been received as well as the Facility Engineer's approval of the Evacuation Plans for your program.

Enclosed you will find the Assisted Living Program Certificate **S0084** with effective dates of **June 30, 2012 through June 29, 2014.**

If you have any questions in regard to this certification, please contact me at 515/281-7039.

Sincerely,

Rose Boccella

Rose Boccella
Program Coordinator
Adult Services Bureau

Enclosure

LUCAS STATE OFFICE BUILDING, 321 EAST 12TH STREET, DES MOINES, IOWA 50319-0083

ADMINISTRATION
(515) 281-5457
FAX: (515) 242-6863

ADMINISTRATIVE HEARINGS
(515) 281-6468
FAX: (515) 281-4477

HEALTH FACILITIES
(515) 281-4115
FAX: (515) 242-5022

INVESTIGATIONS
(515) 281-5714
FAX: (515) 242-6507

Telephone Number for the Hearing Impaired: (515) 242-6515

IOWA DEPARTMENT OF INSPECTIONS AND APPEALS
Assisted Living Program
Final Recertification Monitoring Evaluation Report

Assisted Living Program:

Betty J. Gien, Executive Director
The Meadows Assisted Living
528 N. Kelly Street
Shell Rock, IA 50670

Date of Monitoring Visit:

April 5, 2012

Monitor(s):

Stephanie Cummins, MA
Margaret Kaltefleiter, RN MS

Definitions: *The following definitions are relevant:*

Assisted Living Program – A program certified under 481 IAC 69 that provides housing with contracted services to three or more tenants in a physical structure that provides a homelike environment. Services may include but are not limited to health-related care, personal care, and assistance with instrumental activities of daily living. A General Population Program is an Assisted Living Program that is not dementia-specific but may have tenants with cognitive disorder.

Dementia-Specific Assisted Living Program - An assisted living program certified under 481 IAC 69 that serves fewer than fifty-five (55) tenants and has five (5) or more tenants who have dementia between Stages 4 and 7 on the Global Deterioration Scale (GDS), or serves 55 or more tenants and 10 percent or more of the tenants have dementia between Stages 4 and 7 on the GDS, or holds itself out as providing specialized care for persons with dementia, such as Alzheimer's disease, in a dedicated setting.

Regulatory Insufficiency - A violation of a statutory or rule provision within the Code of Iowa (2011) or the Iowa Administrative Code (IAC) governing assisted living programs. A regulatory insufficiency requires a plan of correction to be presented to and approved by the Department of Inspections and Appeals (DIA).

Plan of Correction - A written response to one or more regulatory insufficiencies that are statutory or rule violations. The plan should identify how and by what date each regulatory insufficiency will be corrected, and what measures will be taken to ensure the problem does not recur. The plan is due to DIA within ten (10) working days of the program's receipt of a Complaint/Incident Investigation Report. Depending on the circumstances, DIA may revisit the assisted living program to confirm progress in fulfilling a plan's corrective measures.

Overview: *In preparing this report, the following information was considered:*

Current Program Census

Assisted Living Programs are defined by the type of population served. The census numbers were provided by the Program at the time of the on-site.

General Population Program	
Number of tenants without cognitive disorder:	34
Number of tenants with cognitive disorder:	0
Total Population of Program at time of on-site	34
TOTAL census of Assisted Living Program	34

Tenant/Family Satisfaction Results – A community meeting was held with 19 tenants. Housekeeping services were completed to their satisfaction for the majority of the tenants. A couple of tenants requested more thorough cleaning and indicated the chair rungs were not dusted. The building and grounds were safe, clean and sanitary. Maintenance issues were repaired promptly and laundry was returned the same day. Nursing services were available and staff responded very quickly when they requested assistance. The tenants received the services expected when they signed the occupancy agreement. They described staff as good and great and said the staff worked hard. Staff knew what services to provide and was trained to provide those services. The tenants said the food was really good now and the food was no longer soft and mushy. There was a variety of meats, vegetables and desserts offered and they liked the ordering system. Staff served them appropriately and the temperature of the food was appropriate. The tenants enjoyed the salad bar and requested the potato bar once per week. They asked for more fresh fruits and more in season vegetables. Fewer starches were requested for any diabetic diets and they asked for more broth based soups instead of thick soups. The tenants asked that sandwiches not be served twice a day. There were enough activities offered and they received an activity calendar. They did not request any additional activities and enjoyed playing cards, Bingo, puzzles, crafts and movies. The tenants felt safe and made their own decisions. The tenants requested some items including: a porch similar to the porch at the nursing facility, a pool table and high definition television. A balance and gait class and higher chairs with arms at the puzzle table were also requested. They would recommend the Program to others and said it was the next best place to being in their own home. The tenants enjoyed the friendliness and said it felt like home. They appreciated the new sidewalk around the building and said the sidewalk width accommodated wheelchairs. They said the Housing Director was doing a very good job with improvements.

Program History – The program did not receive any regulatory insufficiencies during this certification period.

On-Site Monitoring Evaluation – The monitor(s) made observations detailed in the following areas. **There were no regulatory insufficiencies found during this onsite recertification monitoring evaluation.**