IOWA DEPARTMENT OF
INSPECTIONS & APPEALS

TERRY E. BRANSTAD
GOVERNOR

KIM REYNOLDS
LT. GOVERNOR

RODNEY A. ROBERTS, DIRECTOR

May 17, 2012

Ms. Kerrie Wildman, Administrator
Prairie Hills at Cedar Rapids
2903 F Avenue NW
Cedar Rapids, IA 52405

RE: Final Recertification Monitoring Evaluation Report – Prairie Hills at Cedar Rapids, Cedar Rapids, IA

Dear Ms. Wildman:

Enclosed is the **Final Recertification Monitoring Evaluation Report** completed by the Department of Inspections and Appeals (DIA) in accordance with Iowa Code chapter 231C and Iowa Administrative Code (IAC) chapters 481—67 and 481—69. **No Regulatory Insufficiencies were found during this evaluation.**

The review of the recertification documents you submitted has been completed and the documents are accepted. In addition, the State Fire Marshal's (SFM) inspection report has been received as well as the Facility Engineer's approval of the Evacuation Plans for your program.

Enclosed you will find the Assisted Living Program Certificate **S0277** with effective dates of **June 20, 2012 through June 19, 2014.**

If you have any questions in regard to this certification, please contact me at 515/281-7039.

Sincerely,

Rose Boccella

Rose Boccella
Program Coordinator
Adult Services Bureau

Enclosure

IOWA DEPARTMENT OF INSPECTIONS AND APPEALS
Assisted Living Program
Final Recertification Monitoring Evaluation Report

Assisted Living Program:

Kerrie Wildman, Administrator/Wellness Director
Prairie Hills at Cedar Rapids
2903 F Avenue NW
Cedar Rapids, IA 52405

Date of Monitoring Visit:

March 19, 2012

Monitor(s):

Stephanie Cummins, MA
Margaret Kaltefleiter, RN MS

Definitions: ***The following definitions are relevant:***

Assisted Living Program – A program certified under 481 IAC 69 that provides housing with contracted services to three or more tenants in a physical structure that provides a homelike environment. Services may include but are not limited to health-related care, personal care, and assistance with instrumental activities of daily living. A General Population Program is an Assisted Living Program that is not dementia-specific but may have tenants with cognitive disorder.

Dementia-Specific Assisted Living Program - An assisted living program certified under 481 IAC 69 that serves fewer than fifty-five (55) tenants and has five (5) or more tenants who have dementia between Stages 4 and 7 on the Global Deterioration Scale (GDS), or serves 55 or more tenants and 10 percent or more of the tenants have dementia between Stages 4 and 7 on the GDS, or holds itself out as providing specialized care for persons with dementia, such as Alzheimer's disease, in a dedicated setting.

Regulatory Insufficiency - A violation of a statutory or rule provision within the Code of Iowa (2011) or the Iowa Administrative Code (IAC) governing assisted living programs. A regulatory insufficiency requires a plan of correction to be presented to and approved by the Department of Inspections and Appeals (DIA).

Plan of Correction - A written response to one or more regulatory insufficiencies that are statutory or rule violations. The plan should identify how and by what date each regulatory insufficiency will be corrected, and what measures will be taken to ensure the problem does not recur. The plan is due to DIA within ten (10) working days of the program's receipt of a Complaint/Incident Investigation Report. Depending on the circumstances, DIA may revisit the assisted living program to confirm progress in fulfilling a plan's corrective measures.

Overview: ***In preparing this report, the following information was considered:***

Current Program Census

Assisted Living Programs are defined by the type of population served. The census numbers were provided by the Program at the time of the on-site.

General Population Program	
Number of tenants without cognitive disorder:	48
Number of tenants with cognitive disorder:	1
Total Population of Program at time of on-site	49
TOTAL census of Assisted Living Program	49

Tenant/Family Satisfaction Results – A community meeting was held with 18 tenants. The tenants stated they liked living at the Program; it wasn't as good as it used to be but was starting to come back. Housekeeping services were completed to their satisfaction and the building and grounds were safe, clean and sanitary. The maintenance person did a very good job. It was stated the garden needed lots of work, such as pulling weeds. Nursing services were available when needed and a nurse was always on call. The tenants stated they felt staffing levels for nurse aides were too low, especially after 2:30 p.m. The tenants stated the care received was very good, but there was not enough staff. There had been a lot of staff turnover, some staff was good and some were not as good. The tenants stated they liked the food. There was a good variety of meats, vegetables and desserts. Cold foods were served cold but sometimes the hot foods were not served hot enough. The tenants stated they received a good portion of food but sometimes they did not know what food would be served based on the name of the item on the menu. One tenant questioned in what order tables were served, noting the tables furthest from the kitchen seemed to be served last. If one was a diabetic, there was a box on the menu one could check. Tenants felt this process worked very well. Tenants stated they received monthly menus and activity calendars. Activities were available, the Activity Director was fairly new and the schedule was coming together. Tenants stated they enjoyed craft projects and exercise classes and would like to see them implemented again. They missed not having the craft bazaar that used to be an activity event that raised money for new items. The tenants stated if you did not know how to play cards you did not have as many activities to attend. Card games were offered that tenants were not aware of how to play. The tenants requested daily announcements for activities be made at the lunch or dinner meal. The tenants felt safe, made their own decisions, were generally satisfied with the Program and would recommend it to others if it became more like it used to be. Tenants stated there was not a staff member at the front desk on the weekends and they would feel safer if the desk was staffed. Tenants stated there was too much turnover in staff and administration. A new administrator was currently being recruited. Tenants stated living at the Program was the next best thing if you couldn't be in your own home.

Program History – The program did not receive any regulatory insufficiencies during this certification period.

On-Site Monitoring Evaluation – The monitor(s) made observations detailed in the following areas. **There were no regulatory insufficiencies found during this onsite recertification monitoring evaluation.**