IOWA DEPARTMENT OF
INSPECTIONS & APPEALS

TERRY E. BRANSTAD
GOVERNOR

KIM REYNOLDS
LT. GOVERNOR

RODNEY A. ROBERTS, DIRECTOR

April 2, 2012

Mr. Karl Jacobsen, Administrator
Arlin Falck Assisted Living
911 Ridgewood Drive
Decorah, IA 52101

RE: Final Recertification Monitoring Evaluation Report – Arlin Falck Assisted Living, Decorah, IA

Dear Mr. Jacobsen:

Enclosed is the **Final Recertification Monitoring Evaluation Report** completed by the Department of Inspections and Appeals (DIA) in accordance with Iowa Code chapter 231C and Iowa Administrative Code (IAC) chapters 481—67 and 481—69. **No Regulatory Insufficiencies were found during this evaluation.**

The review of the recertification documents you submitted has been completed and are accepted. In addition, the State Fire Marshal's (SFM) inspection report has been received as well as the Facility Engineer's approval of the Evacuation Plans for your program.

Enclosed you will find the Assisted Living Program Certificate **S0081** with effective dates of **June 21, 2012** through **June 20, 2014**.

If you have any questions regarding this certification, please contact me at 515/281-4116.

Sincerely,

Jim Berkley

Jim Berkley
Program Coordinator
Adult Services Bureau

Enclosure

IOWA DEPARTMENT OF INSPECTIONS AND APPEALS
Assisted Living Program
Final Recertification Monitoring Evaluation Report

Assisted Living Program:

Karl Jacobsen, Administrator
Arlin Falck Assisted Living
911 Ridgewood Drive
Decorah, IA 52101

Date of Monitoring Visit:

March 20, 2012

Monitor(s):

Stephanie Cummins, MA
Margaret Kaltefleiter, RN MS

Definitions: ***The following definitions are relevant:***

Assisted Living Program – A program certified under 481 IAC 69 that provides housing with contracted services to three or more tenants in a physical structure that provides a homelike environment. Services may include but are not limited to health-related care, personal care, and assistance with instrumental activities of daily living. A General Population Program is an Assisted Living Program that is not dementia-specific but may have tenants with cognitive disorder.

Dementia-Specific Assisted Living Program - An assisted living program certified under 481 IAC 69 that serves fewer than fifty-five (55) tenants and has five (5) or more tenants who have dementia between Stages 4 and 7 on the Global Deterioration Scale (GDS), or serves 55 or more tenants and 10 percent or more of the tenants have dementia between Stages 4 and 7 on the GDS, or holds itself out as providing specialized care for persons with dementia, such as Alzheimer's disease, in a dedicated setting.

Regulatory Insufficiency - A violation of a statutory or rule provision within the Code of Iowa (2011) or the Iowa Administrative Code (IAC) governing assisted living programs. A regulatory insufficiency requires a plan of correction to be presented to and approved by the Department of Inspections and Appeals (DIA).

Plan of Correction - A written response to one or more regulatory insufficiencies that are statutory or rule violations. The plan should identify how and by what date each regulatory insufficiency will be corrected, and what measures will be taken to ensure the problem does not recur. The plan is due to DIA within ten (10) working days of the program's receipt of a Complaint/Incident Investigation Report. Depending on the circumstances, DIA may revisit the assisted living program to confirm progress in fulfilling a plan's corrective measures.

Overview: ***In preparing this report, the following information was considered:***

Current Program Census

Assisted Living Programs are defined by the type of population served. The census numbers were provided by the Program at the time of the on-site.

General Population Program	
Number of tenants without cognitive disorder:	36
Number of tenants with cognitive disorder:	1
Total Population of Program at time of on-site	37
TOTAL census of Assisted Living Program	37

Tenant/Family Satisfaction Results – A community meeting with 34 tenants and one tenant interview was held. The tenants said they liked and loved living at the Program. They described it as great and wonderful. One tenant said he/she "Thank God everyday" for living there. Housekeeping services were provided to their satisfaction. The building and grounds were safe, clean and sanitary. There were no improvements needed in those areas. They said not many tenants had required nursing services; however, those that had required those services said staff responded in a prompt manner. One tenant said staff responded right away and estimated it took 30 seconds. The tenants received the services they expected when they signed the occupancy agreement. They said the personnel were great and one would have a tough time finding anyone better. They described the care received as excellent. Staff treated them very good, nice and excellent and one tenant said they "act like they like us." Staff was trained to provide the services needed. There were a variety of responses and comments regarding the food. Some described the food as excellent and other tenants said improvements were needed. More diet foods were requested and it was suggested that canned vegetables be made more appetizing. They said the evening meal needed improvement and requested butter on the sandwiches. Most tenants said the temperature of the food was appropriate but at times the soup was not hot. Staff served the tenants appropriately. There were enough activities offered and they received a schedule of activities. The tenants could also go to the care facility for activities. They provided suggestions for additional activities including: a class on how to make jewelry, a computer class, a book club and a class on how to play pinochle. They felt safe and make their own decisions. The tenants did what they wanted when they wanted. They were very satisfied living at the Program and have recommended it to other people. One tenant said he/she enjoyed not having to cook. Another tenant said on a scale of 1 to 10, the Program was a "15." Another tenant said he/she would give the Program an "A." They said it was the next best place if one could not be at home.

Program History – The Program did not receive any regulatory insufficiencies during this certification period.

On-Site Monitoring Evaluation – The monitor(s) made observations detailed in the following areas. **There were no regulatory insufficiencies found during this onsite recertification monitoring visit.**