

INSPECTIONS & APPEALS

TERRY E. BRANSTAD
GOVERNOR

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KIM REYNOLDS
LT. GOVERNOR

January 18, 2012

Ms. Kathy Dawson, Administrator
Bethany Heights Senior Living
11 Elliott Street
Council Bluffs, IA 51503

RE: Final Recertification Monitoring Evaluation Report – Bethany Heights Senior Living, Council Bluffs, IA

Dear Ms. Dawson:

Enclosed is the **Final Recertification Monitoring Evaluation Report** completed by the Department of Inspections and Appeals (DIA) in accordance with Iowa Code chapter 231C and Iowa Administrative Code (IAC) chapters 481–67 and 481–69. **No Regulatory Insufficiencies were found during this evaluation.**

The review of the recertification documents you submitted has been completed and are accepted. In addition, the State Fire Marshal's (SFM) inspection report has been received as well as the Facility Engineer's approval of the Evacuation Plans for your program.

Enclosed you will find the Assisted Living Program Certificate **S0268** with effective dates of **February 25, 2012 through February 24, 2014.**

If you have any questions regarding this certification, please contact me at 515/281-4116.

Sincerely,

Jim Berkley

Jim Berkley
Program Coordinator
Adult Services Bureau

Enclosure

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IOWA DEPARTMENT OF INSPECTIONS AND APPEALS
Assisted Living Program
Final Recertification Monitoring Evaluation Report

Assisted Living Program:

Kathy Dawson, Administrator
Bethany Heights Senior Living
11 Elliott Street
Council Bluffs, IA 51503

Date of Monitoring Visit:

November 8, 2011

Monitor(s):

Hal L. Chase, RN BSN MPH

Definitions: *The following definitions are relevant:*

Assisted Living Program – A program certified under 481 IAC 69 that provides housing with contracted services to three or more tenants in a physical structure that provides a homelike environment. Services may include but are not limited to health-related care, personal care, and assistance with instrumental activities of daily living. A General Population Program is an Assisted Living Program that is not dementia-specific but may have tenants with cognitive disorder.

Dementia-Specific Assisted Living Program - An assisted living program certified under 481 IAC 69 that serves fewer than fifty-five (55) tenants and has five (5) or more tenants who have dementia between Stages 4 and 7 on the Global Deterioration Scale (GDS), or serves 55 or more tenants and 10 percent or more of the tenants have dementia between Stages 4 and 7 on the GDS, or holds itself out as providing specialized care for persons with dementia, such as Alzheimer's disease, in a dedicated setting.

Regulatory Insufficiency - A violation of a statutory or rule provision within the Code of Iowa (2011) or the Iowa Administrative Code (IAC) governing assisted living programs. A regulatory insufficiency requires a plan of correction to be presented to and approved by the Department of Inspections and Appeals (DIA).

Plan of Correction - A written response to one or more regulatory insufficiencies that are statutory or rule violations. The plan should identify how and by what date each regulatory insufficiency will be corrected; and what measures will be taken to ensure the problem does not recur. The plan is due to DIA within ten (10) working days of the program's receipt of a Complaint/Incident Investigation Report. Depending on the circumstances, DIA may revisit the assisted living program to confirm progress in fulfilling a plan's corrective measures.

Overview: *In preparing this report, the following information was considered:*

Current Program Census

Assisted Living Programs are defined by the type of population served. The census numbers were provided by the Program at the time of the on-site.

Dementia Specific Program by Definition	
Number of tenants without cognitive disorder:	<u>50</u>
Number of tenants with cognitive disorder:	<u>14</u>
Total Population of Program at time of on-site	<u>64</u>
TOTAL census of Assisted Living Program	<u>64</u>

Tenant/Family Satisfaction Results – A community meeting was held with 56 tenants in attendance. Tenants reported housekeeping services were completed to their satisfaction and the building and grounds were clean, safe and sanitary. Staff gave good care and treated them with respect and dignity. Staff was trained to provide the services needed and the Program Nurse was available when needed. The food was good, with a variety of meats, fruits and vegetables offered routinely. Food was served appropriately and served on-time. There were enough activities offered and tenants reported they liked the program's efforts to involve the community in their activities. Tenants reported they were getting the services they expected and needed, felt safe living at the program and would recommend the program to anyone.

Program History – The program received no regulatory insufficiencies during this recertification period.

On-Site Monitoring Evaluation – The monitor(s) made observations detailed in the following areas. There were no regulatory insufficiencies during this recertification.