IOWA DEPARTMENT OF
INSPECTIONS & APPEALS

TERRY E. BRANSTAD
GOVERNOR

KIM REYNOLDS
LT. GOVERNOR

RODNEY A. ROBERTS, DIRECTOR

December 12, 2011

Ms. Mary Grauerholz, Manager
Summit Heights Independent & Assisted Living
8 South Summit Avenue
Nora Springs, IA 50458

RE: Final Recertification Monitoring Evaluation Report – Summit Heights Independent & Assisted Living, Nora Springs, IA

Dear Ms. Grauerholz:

Enclosed is the **Final Recertification Monitoring Evaluation Report** completed by the Department of Inspections and Appeals (DIA) in accordance with Iowa Code chapter 231C and Iowa Administrative Code (IAC) chapters 481—67 and 481—69. **No Regulatory Insufficiencies were found during this evaluation.**

The review of the recertification documents you submitted has been completed and are accepted. In addition, the State Fire Marshal's (SFM) inspection report has been received as well as the Facility Engineer's approval of the Evacuation Plans for your program.

Enclosed you will find the Assisted Living Program Certificate **S0060** with effective dates of **February 14, 2012** through **February 13, 2014**.

If you have any questions regarding this certification, please contact me at 515/281-7039.

Sincerely,

Rose Boccella

Rose Boccella
Program Coordinator
Adult Services Bureau

Enclosure

IOWA DEPARTMENT OF INSPECTIONS AND APPEALS
Assisted Living Program
Final Recertification Monitoring Evaluation Report

Assisted Living Program:

Mary Grauerholz, Assisted Living Manager
Summit Heights Independent & Assisted Living
8 South Summit Avenue
Nora Springs, IA 50458

Date of Monitoring Visit:

October 18, 2011

Monitor(s):

Margaret Kaltefleiter, RN MS

Definitions: ***The following definitions are relevant:***

Assisted Living Program – A program certified under 481 IAC 69 that provides housing with contracted services to three or more tenants in a physical structure that provides a homelike environment. Services may include but are not limited to health-related care, personal care, and assistance with instrumental activities of daily living. A General Population Program is an Assisted Living Program that is not dementia-specific but may have tenants with cognitive disorder.

Dementia-Specific Assisted Living Program - An assisted living program certified under 481 IAC 69 that serves fewer than fifty-five (55) tenants and has five (5) or more tenants who have dementia between Stages 4 and 7 on the Global Deterioration Scale (GDS), or serves 55 or more tenants and 10 percent or more of the tenants have dementia between Stages 4 and 7 on the GDS, or holds itself out as providing specialized care for persons with dementia, such as Alzheimer's disease, in a dedicated setting.

Regulatory Insufficiency - A violation of a statutory or rule provision within the Code of Iowa (2011) or the Iowa Administrative Code (IAC) governing assisted living programs. A regulatory insufficiency requires a plan of correction to be presented to and approved by the Department of Inspections and Appeals (DIA).

Plan of Correction - A written response to one or more regulatory insufficiencies that are statutory or rule violations. The plan should identify how and by what date each regulatory insufficiency will be corrected, and what measures will be taken to ensure the problem does not recur. The plan is due to DIA within ten (10) working days of the program's receipt of a Complaint/Incident Investigation Report. Depending on the circumstances, DIA may revisit the assisted living program to confirm progress in fulfilling a plan's corrective measures.

Overview:

An on-site monitoring evaluation was conducted at Summit Heights Independent & Assisted Living on October 18, 2011. In preparing this report, the following information was considered:

Current Program Census

Assisted Living Programs are defined by the type of population served. The census numbers were provided by the Program at the time of the on-site.

General Population Program	
Number of tenants without cognitive disorder:	9
Number of tenants with cognitive disorder:	0
Total Population of Program at time of on-site	9
TOTAL census of Assisted Living Program	9

Tenant/Family Satisfaction Results – A community meeting with five tenants and one family member was held. The tenants liked living at the Program because they did not have to cook, clean or do laundry. Housekeeping services were completed to their satisfaction and the buildings and grounds were safe, clean and sanitary. Nursing services were available when needed and staff responded immediately when called for assistance. Tenants stated the care received was excellent and staff treated them wonderfully. Staff was trained appropriately and knew what services to provide. The tenants liked the food but acknowledged personal preferences dictated what was liked or not liked. A variety of meats, vegetables and desserts was offered. Sometimes the hot foods were not served hot enough but when tenants asked to have the food reheated, their request was honored. Cold foods were served cold. Tenants stated the flavor of the food depended on the cook, as some cooks used more spices than others. One tenant stated it would be helpful if the food was transported to the dining room in a steam table. Several tenants stated there was a new food server on the evening shift that was slow in getting the evening food on the table by dinner time. Plenty of activities were offered and no suggestions for additional activities were suggested. The tenants felt safe, made their own decisions, were generally satisfied with the Program and would recommend it to others.

Program History – The program did not receive any regulatory insufficiencies during this certification period.

On-Site Monitoring Evaluation – The monitor(s) made observations detailed in the following areas. **There were no regulatory insufficiencies found during this onsite recertification monitoring visit.**

Dated this 20th day of October, 2011.