

INSPECTIONS & APPEALS

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October 27, 2011

Mr. Sam Kuhn, Administrator
Thornton Heights Assisted Living
1329 Main Street
Lansing, IA 52151

**RE: Final Recertification Monitoring Evaluation Report – Thornton Heights
Assisted Living, Lansing, IA**

Dear Mr. Kuhn:

Enclosed is the **Final Recertification Monitoring Evaluation Report** completed by the Department of Inspections and Appeals (DIA) in accordance with Iowa Code chapter 231C and Iowa Administrative Code (IAC) chapters 481–67 and 481–69. **No Regulatory Insufficiencies were found during this evaluation.**

The review of the recertification documents you submitted has been completed and are accepted. In addition, the State Fire Marshal's (SFM) inspection report has been received as well as the Facility Engineer's approval of the Evacuation Plans for your program.

Enclosed you will find the Assisted Living Program Certificate **S0183** with effective dates of **November 18, 2011 through November 17, 2013.**

If you have any questions regarding this certification, please contact me at 515/281-4116.

Sincerely,

Jim Berkley

Jim Berkley
Program Coordinator
Adult Services Bureau

Enclosure

LUCAS STATE OFFICE BUILDING, 321 EAST 12TH STREET, DES MOINES, IOWA 50319-0083

ADMINISTRATION
(515) 281-5457
FAX: (515) 242-6863

ADMINISTRATIVE HEARINGS
(515) 281-6468
FAX: (515) 281-4477
Telephone Number for the Hearing Impaired: (515) 242-6515

HEALTH FACILITIES
(515) 281-4115
FAX: (515) 242-5022

INVESTIGATIONS
(515) 281-5714
FAX: (515) 242-6507

IOWA DEPARTMENT OF INSPECTIONS AND APPEALS
Assisted Living Program
Final Recertification Monitoring Evaluation Report

Assisted Living Program:

Sam Kuhn, Administrator
Thornton Heights Assisted Living
1329 Main Street
Lansing, IA 52151

Date of Monitoring Visit:

September 12, 2011

Monitor(s):

Margaret Kaltefleiter, RN MS

Definitions: *The following definitions are relevant:*

Assisted Living Program – A program certified under 481 IAC 69 that provides housing with contracted services to three or more tenants in a physical structure that provides a homelike environment. Services may include but are not limited to health-related care, personal care, and assistance with instrumental activities of daily living. A General Population Program is an Assisted Living Program that is not dementia-specific but may have tenants with cognitive disorder.

Dementia-Specific Assisted Living Program - An assisted living program certified under 481 IAC 69 that serves fewer than fifty-five (55) tenants and has five (5) or more tenants who have dementia between Stages 4 and 7 on the Global Deterioration Scale (GDS), or serves 55 or more tenants and 10 percent or more of the tenants have dementia between Stages 4 and 7 on the GDS, or holds itself out as providing specialized care for persons with dementia, such as Alzheimer's disease, in a dedicated setting.

Regulatory Insufficiency - A violation of a statutory or rule provision within the Code of Iowa (2011) or the Iowa Administrative Code (IAC) governing assisted living programs. A regulatory insufficiency requires a plan of correction to be presented to and approved by the Department of Inspections and Appeals (DIA).

Plan of Correction - A written response to one or more regulatory insufficiencies that are statutory or rule violations. The plan should identify how and by what date each regulatory insufficiency will be corrected, and what measures will be taken to ensure the problem does not recur. The plan is due to DIA within ten (10) working days of the program's receipt of a Complaint/Incident Investigation Report. Depending on the circumstances, DIA may revisit the assisted living program to confirm progress in fulfilling a plan's corrective measures.

Overview:

An on-site monitoring evaluation was conducted at Thornton Heights on September 12, 2011. In preparing this report, the following information was considered:

Current Program Census

Assisted Living Programs are defined by the type of population served. The census numbers were provided by the Program at the time of the on-site.

General Population Program	
Number of tenants without cognitive disorder:	<u>10</u>
Number of tenants with cognitive disorder:	<u>0</u>
Total Population of Program at time of on-site	<u>10</u>
TOTAL census of Assisted Living Program	<u>10</u>

Tenant/Family Satisfaction Results – A community meeting was held with nine tenants. The tenants stated they loved living at the Program. Housekeeping was completed to their satisfaction and the buildings and grounds were safe, clean and sanitary. Nursing services were available and staff responded immediately when tenants activated their pendant. Services provided were as expected. The tenants stated care provided by staff was excellent; staff treated the tenants very well, knew what services to provide and staff was trained appropriately. The tenants stated they liked the food although at times food was salted too much or contained too much pepper. There was a good variety of meats, vegetables and desserts and foods were served at the appropriate temperature. Staff served the food appropriately. The tenants stated there were not a lot of activities offered, but they didn't need a lot of activities. Tenants expressed they missed taking monthly bus trips and would like to be able to take a ride into the country now and then. Tenants stated they felt very safe, made their own decisions, were satisfied with the Program and have recommended it to others. The tenants did not have any suggestions for improvement. The tenants stated they were very lucky to have a place like this in a small town and because they were in a small town, they received lots of visitors.

Program History – The program did not receive any regulatory insufficiencies during this certification period.

On-Site Monitoring Evaluation – The monitor(s) made observations detailed in the following areas. **There were no regulatory insufficiencies found during this onsite recertification monitoring evaluation.**

Dated this 19th day of September, 2011.