

TERRY E. BRANSTAD
GOVERNOR

KIM REYNOLDS
LT. GOVERNOR

RODNEY A. ROBERTS, DIRECTOR

May 13, 2011

Ms. Vicki Truby, Administrator
Rose of East Des Moines
1331 Idaho Street
Des Moines, IA 50319

**RE: Final Recertification Monitoring Evaluation Report Revisit - Rose of East
Des Moines, Des Moines, IA**

Dear Ms. Truby:

Enclosed is the **Final Recertification Monitoring Evaluation Report Revisit** completed by the Department of Inspections and Appeals (DIA) in accordance with Iowa Code chapter 231C and Iowa Administrative Code (IAC) chapters 481—67 and 481—69. **No Regulatory Insufficiencies were found during this evaluation.**

If you have any questions regarding this process, please contact me at 515/281-7039.

Sincerely,

Rose Boccella

Rose Boccella
Program Coordinator
Adult Services Bureau

Enclosure

Iowa Department of Inspections and Appeals
Assisted Living Program
Final Recertification Revisit Monitoring Evaluation Report

Assisted Living Program:

Vicki Truby, Administrator
The Rose of East Des Moines
1331 Idaho Street
Des Moines, IA 50319

Date of Monitoring Visit:

May 9, 2011

Monitor(s):

Hal L. Chase, RN BSN MPH

Definitions:

The following definitions are relevant:

Regulatory Insufficiency - A violation of a statutory or rule provision within the Iowa Code or Iowa Administrative Code (IAC) governing assisted living programs. A regulatory insufficiency requires a plan of correction to be presented to, and approved by, the Department of Inspections and Appeals (DIA).

Plan of Correction - A written response to one or more regulatory insufficiencies that are rule violations. IAC r. 481-67.10(5). The plan should identify how, and by a specific date, an insufficiency will be corrected. The plan is due to DIA within ten (10) working days of the program's receipt of a Recertification Monitoring Evaluation Report. Depending on the circumstances, DIA may revisit the assisted living program to confirm progress in fulfilling a plan's corrective measures.

Dementia-specific assisted living program - An assisted living program certified under 481 IAC chapter 69 that: serves fewer than fifty-five (55) tenants and has five (5) or more tenants who have dementia between Stages 4 and 7 on the Global Deterioration Scale or serves 55 or more tenants and 10 percent or more of the tenants have dementia between Stages 4 and 7 on the Global Deterioration Scale or holds itself out as providing specialized care for persons with dementia, such as Alzheimer's disease, in a dedicated setting.

Overview:

An on-site monitoring evaluation was conducted at The Rose of East Des Moines on May 9, 2011. In preparing this report, the following information was considered:

Current Program Census:

General Population Program (GPP)* – A program that is not a Dementia Specific program, but may have tenants with cognitive disorder.

Current number of tenants without cognitive disorder:	67
Current number of tenants with cognitive disorder:	0
Total Population:	67

Dementia Specific Program (DSP)* – Not applicable.

***These are the census numbers represented by the program to be applicable at the time of the on-site.**

Program History – The program received regulatory insufficiencies in the areas of staffing and service plan during this certification period.

On-Site Monitoring Evaluation – The monitor(s) made the observations detailed in the following areas.

A. Service Plan

The program received a regulatory insufficiency during the recertification evaluation of 1-10-11 and 1-12-11, related to not having a service plan individualized to meet the tenant's identified needs and preference for assistance. Service plans did not have interventions for signs and symptoms of Hypoglycemia and Hyperglycemia and accu-checks and insulin injections.

Monitoring Observation: Tenant #1, a 72 year old, was admitted on 3-23-09 and had diagnoses of: Diabetes Mellitus II (DMII), Hypertension (HTN) and Hyperlipidemia. A home health care plan of 4-18-11 revealed interventions related to signs and symptoms of Hypoglycemia and Hyperglycemia had been added.

Tenant #2, a 73 year old, was admitted on 2-19-10 and had diagnoses of: DM II and Chronic Pain Syndrome. A home health care plan of 5-13-11 revealed interventions related to signs and symptoms of Hypoglycemia and Hyperglycemia. .

Tenant #3, an 85 year old, was admitted on 6-29-10 and had diagnoses of: DM II, Renal Disease, Liver Disease and HTN. A home health care plan 4-27-11 revealed the tenant received accu-checks four times daily and interventions related to signs and symptoms of Hypoglycemia and Hyperglycemia.

- **Regulatory Insufficiency:** None noted.

B. Staffing

The program received a regulatory insufficiency during the recertification evaluation of 1-10-11 and 1-12-11, related to not having a sufficient number of trained staff available at all times to meet tenants' identified needs. Staff #5 and #6 had training on performing accu-checks, but did not have nurse delegated training and competency demonstration on the signs and symptoms of Hypoglycemia and Hyperglycemia.

Monitoring Observation: Program documentation of 3-22-11, revealed a registered nurse (RN) completed a mandatory in-service for all home health aides and homemakers on signs and symptoms of Hypoglycemia and Hyperglycemia. Records indicated all home all home health aides, including Staff #5 and #6, attended and each demonstrated their competency to the RN. Staff #2 & #7 were interviewed and stated they attended the above in-service and both stated the in-service helped, in knowing the signs and symptoms of Hypoglycemia and Hyperglycemia and in giving immediate care if needed and directed by the RN.

- Regulatory Insufficiency: None noted.

Dated this 12th day of May, 2011.