

CHESTER J. CULVER
GOVERNOR

DEAN A. LERNER, DIRECTOR

PATTY JUDGE
LT. GOVERNOR

September 24, 2010

Ms. Karla Manternach, RN Manager
River Bend Retirement Community
813 Tyler Street NE
Cascade, IA 52033

RE: Final Recertification Monitoring Evaluation Report – River Bend Retirement Community, Cascade, IA

Dear Ms. Manternach:

Enclosed is the **Final Recertification Monitoring Evaluation Report** completed by the Department of Inspections and Appeals (DIA) in accordance with Iowa Code chapter 231C and Iowa Administrative Code (IAC) chapters 481–67 and 481–69. **No Regulatory Insufficiencies were found during this evaluation.**

The review of the recertification documents you submitted has been completed and are accepted. In addition, the State Fire Marshal's (SFM) inspection report has been received as well as the Facility Engineer's approval of the Evacuation Plans for your program.

Enclosed you will find the Assisted Living Program Certificate **S0237** with effective dates of **July 25, 2010** through **July 24, 2012**.

If you have any questions regarding this certification, please contact me at 515/281-5721.

Sincerely,

Tamara Halvorson

Tamara Halvorson
ASB Lead Certification Coordinator
Adult Services Bureau

Enclosure

**Iowa Department of Inspections and Appeals
Assisted Living Program
Final Recertification Monitoring Evaluation Report**

Assisted Living Program:

Karla Manternach, RN Manager
River Bend Retirement Community
813 Tyler Street NE
Cascade, IA 52033

Date of Monitoring Visit:

September 21, 2010

Monitor(s):

Stephanie Cummins, MA

Definitions:

The following definitions are relevant:

Regulatory Insufficiency - A violation of a statutory or rule provision within the Iowa Code or Iowa Administrative Code (IAC) governing assisted living programs. A regulatory insufficiency requires a plan of correction to be presented to, and approved by, the Department of Inspections and Appeals (DIA).

Plan of Correction - A written response to one or more regulatory insufficiencies that are rule violations. IAC r. 481-67.10(5). The plan should identify how, and by a specific date, an insufficiency will be corrected. The plan is due to DIA within ten (10) working days of the program's receipt of a Recertification Monitoring Evaluation Report. Depending on the circumstances, DIA may revisit the assisted living program to confirm progress in fulfilling a plan's corrective measures.

Dementia-specific assisted living program - An assisted living program certified under 481 IAC chapter 69 that: serves fewer than fifty-five (55) tenants and has five (5) or more tenants who have dementia between Stages 4 and 7 on the Global Deterioration Scale or serves 55 or more tenants and 10 percent or more of the tenants have dementia between Stages 4 and 7 on the Global Deterioration Scale or holds itself out as providing specialized care for persons with dementia, such as Alzheimer's disease, in a dedicated setting.

Overview:

An on-site monitoring evaluation was conducted at River Bend Retirement Community on September 21, 2010. In preparing this report, the following information was considered:

Current Program Census:

General Population Program (GPP)* – A program that is not a Dementia Specific program, but may have tenants with cognitive disorder.

Current number of tenants without cognitive disorder:	16
Current number of tenants with cognitive disorder:	3
Total Population:	19

Dementia Specific Program (DSP)* – Not applicable.

***These are the census numbers represented by the program to be applicable at the time of the on-site.**

Tenant/Family Satisfaction Results – A community meeting with 10 tenants was held. The tenants did not have any concerns with housekeeping, laundry or maintenance. They stated the common areas and their apartments were clean. The tenants reported the maintenance of the lawn and gardens had significantly improved when the new maintenance staff was hired. Staff responded quickly when tenants requested assistance and stated it took staff approximately three minutes. A nurse was always available as needed and the tenants indicated they had several nurses. The tenants were getting the services they required and stated if they needed something they just needed to ask. They reported at times the owners were present in the building. The tenants described staff as efficient, wonderful, exceptional and great. The staff treated the tenants with respect and they were well trained. The tenants were getting their needs met and received all the services they required. They enjoyed the food and described the food as great. They appreciated the choices of entrees and the salad choices at meals. The temperature of the food was appropriate. The tenants requested less breading on the meat. There were sufficient activities offered and they enjoyed outings, Yoga, Tai Chi, Bingo, a ladder ball game and a bean bag game. They received an activity calendar and they chose their own level of participation in activities. The tenants felt very safe and made their own decisions. They reported administrative staff listened to their concerns. They were satisfied with the program and would recommend it to others. The tenants described the program as “like home” and reported they enjoyed the great staff and tenants. They felt it was a relief for families to have the tenants at the program.

Program History – There were no Regulatory Insufficiencies found during this certification period.

On-Site Monitoring Evaluation – The monitor(s) made the observations detailed in the following areas. There were no regulatory insufficiencies found during this onsite recertification monitoring evaluation.

Dated this 24th day of September 2010.