

INSPECTIONS & APPEALS

CHESTER J. CULVER
GOVERNOR

DEAN A. LERNER, DIRECTOR

PATTY JUDGE
LT. GOVERNOR

July 1, 2009

Sue Meyer, Administrator
Keystone Senior Suites
251 6th Street
Keystone, IA 52249-9538

RE: Recertification Monitoring Evaluation Report, Keystone Senior Suites, Keystone, IA

Dear Ms. Meyer:

The Department of Inspections and Appeals (DIA) has completed the review of your Plan of Correction (POC) in response to the **Recertification Monitoring Evaluation Report**. Based upon a complete review of the Report and your actions to correct the identified Regulatory Insufficiency, DIA accepts your POC.

Enclosed you will find the Assisted Living Program Certificate with effective dates of **June 30, 2009 through June 29, 2011**. If you have any questions regarding this certification, please contact me at 515-281-4116.

Sincerely,



Chris Nothhaft
Certification Coordinator – Eastern Iowa
Health Facilities Division
Adult Services Bureau

Enclosure

**Iowa Department of Inspections and Appeals
Assisted Living Program
Final Recertification Monitoring Evaluation Report**

Assisted Living Program:

Sue Meyer, Administrator
Keystone Senior Suites
251 6th Street
Keystone, IA 52249-9538

Date of Monitoring Visit:

June 10, 2009

Monitor(s):

Stephanie Cummins, MA

Definitions:

The following definitions are relevant:

Regulatory Insufficiency - A violation of a statutory or rule provision within the Iowa Code or Iowa Administrative Code (IAC) governing assisted living programs. A regulatory insufficiency requires a plan of correction to be presented to, and approved by, the Department of Inspections and Appeals (DIA).

Plan of Correction - A written response to one or more regulatory insufficiencies that are rule violations [321 IAC 25.8(3)]. The plan should identify how, and by a specific date, an insufficiency will be corrected. The plan is due to DIA within ten (10) working days of the program's receipt of a Recertification Monitoring Evaluation Report. Depending on the circumstances, DIA may revisit the assisted living program to confirm progress in fulfilling a plan's corrective measures.

Dementia-specific assisted living program - An assisted living program certified under this chapter that either serves five or more tenants with dementia or cognitive disorder staged between 4 and 7 on the Global Deterioration Scale or holds itself out as providing specialized care for persons with cognitive disorder or dementia, such as Alzheimer's disease, in a dedicated setting.

Overview:

An on-site monitoring evaluation was conducted at Keystone Senior Suites on June 10, 2009. In preparing this report, the following information was considered:

Current Program Census:

General Population Program (GPP)* – A program that is not a Dementia Specific program, but may have tenants with cognitive disorder.

Current number of tenants without cognitive disorder: 8

Current number of tenants with cognitive disorder: 0

Total Population: 8

Dementia Specific Program (DSP)* – Not applicable.

***These are the census numbers represented by the program to be applicable at the time of the on-site.**

Tenant/Family Satisfaction Results – A community meeting with four tenants was held. The tenants stated their apartments were clean and deep cleaning was done as needed. Bed linens were returned promptly and maintenance issues were repaired. They stated staff were great and responded quickly when they called. One tenant said staff arrived before he/she had time to put the pendant down. They said staff had treated them well and were well trained. They received one hot meal at noon. The quantity of the food was appropriate, the temperature needed improvement at times and quality of the food needed improved, according to the tenants. They said some of the food came pre-cooked and then was prepared and did not have good quality. The tenants stated they could ask for substitutions and enjoyed the fruit. They requested a refrigerator with the freezer on the bottom so it was easier to access things from refrigerator. They requested clear drink containers and half size drink containers. They also requested a new ironing board in the laundry room. The tenants received an activity calendar and stated there were plenty of activities offered including: church services and exercises. One tenant requested the afternoon activity be scheduled later than 1:00 p.m. to allow time for tenants to take care of any personal needs before the activity. The tenants stated they can decline to participate in an activity. They felt safe, did not have personal belongings missing and had fire drills. The tenants made their own decisions, were satisfied with the program and would recommend it to others.

Program History – There were no substantiated Regulatory Insufficiencies in the past certification period.

On-Site Monitoring Evaluation – The monitor(s) made the observations detailed in the following areas.

A. Evaluation of Tenant - The program evaluates each tenant's functional and cognitive abilities and health status and the determination of needed services as required. [321 IAC 25.23(1) and/or (2)]

Monitoring Observation: Three tenant files were reviewed.

Tenant #1, an 87 year old, was admitted on 1-10-08 and diagnoses include: Hyperlipidemia, Unstable Angina Pectoris, Coronary Artery Disease (CAD), Type II Diabetes Mellitus, Gastroesophageal Reflux Disease (GERD), Diabetic Retinopathy and a History of Prostate Cancer. An annual health evaluation was not completed.

Tenant #2, a 61 year old, was admitted on 6-1-07 and diagnoses include: Mentally Challenged, GERD, Hyperlipidemia and Glaucoma. An annual health evaluation was not completed.

Tenant #3, an 88 year old, was admitted on 10-27-07 and diagnoses include: Hypertension (HTN), Degenerative Joint Disease (DJD) and Osteoporosis. An annual health evaluation was not completed.

- Regulatory Insufficiency: The program did not consistently evaluate each tenant's health status not less than annually to determine the tenant's continued eligibility for the program and to determine any modifications to needed services. (25.23(2))

Dated this 1st day of July, 2009