

**Iowa Department of Inspections and Appeals
Assisted Living Program
Re-certification Monitoring Evaluation Report**

Assisted Living Program:

Sherri Weaver-Isvik, Administrator
The Courtyard Apartments
400 Highway 18 West
Clear Lake, IA 50428

Date of Monitoring Visit:

August 18, 2005

Monitor(s):

Stephanie Cummins, SW MA

Definitions:

The following definitions are relevant:

Regulatory Insufficiency - A violation of a statutory or rule provision within the Iowa Code or Iowa Administrative Code (IAC) governing assisted living programs. A regulatory insufficiency requires a plan of correction to be presented to, and approved by, the Department of Inspections and Appeals (DIA).

Plan of Correction - A written response to one or more regulatory insufficiencies that are rule violations [321 IAC 25.8(3)]. The plan should identify how, and by a specific date, an insufficiency will be corrected. The plan is due to DIA within ten (10) working days of the program's receipt of a Re-certification Monitoring Evaluation Report. Depending on the circumstances, DIA may re-visit the assisted living program to confirm progress in fulfilling a plan's corrective measures.

Dementia-specific assisted living program - An assisted living program certified under this chapter that either serves five or more tenants with dementia or cognitive disorder staged between 4 and 7 on the Global Deterioration Scale or holds itself out as providing specialized care for persons with cognitive disorder or dementia, such as Alzheimer's disease, in a dedicated setting.

Overview:

An on-site monitoring evaluation was conducted at The Courtyard Apartments on August 18, 2005. In preparing this report, the following information was considered:

Current Program Census:

General Population Program (GPP) – A program that is not a Dementia Specific program, but may have tenants with cognitive disorder.

Current number of tenants without cognitive disorder:	9
Current number of tenants with cognitive disorder:	1
Total Population:	10

Dementia Specific Program (DSP) – Not applicable.

Tenant/Family Satisfaction Results – A community meeting with eight tenants and one family member, two family interviews and one tenant interview was conducted at the time of the recertification visit. Tenants stated they rated the food as “fair,” the food had too much oil and fat and they would like more fresh vegetables and salads. The tenants also requested the weekly menu include weekend meals and not just meals during the week. Family and tenants stated there were activities offered in the attached care center; however, they would like to see more activities in the assisted living. Tenants expressed interest in wanting more exercises and wanted accessibility to cardio exercise machines. The tenants stated they enjoyed the outings, however; they would like more frequent outings. Family and tenants stated staff was doing a good job, were accessible at all times and met the needs of the tenants. The tenants stated overall the building was kept clean, however, a few tenants stated at times their apartments were not cleaned as thoroughly as they would have liked.

Complaint History – There were no substantiated complaints during this certification period.

On-Site Monitoring Evaluation – The monitor(s) made the observations detailed in the following areas.

A. Evaluation of Tenant - The program evaluates each tenant's functional and cognitive abilities and health status and the determination of needed services as required. [321 IAC 25.23(1) and/or (2)]

Monitoring Observation: Three tenant files reviewed indicated evaluations were completed by the manager, a certified medication aide (CMA) and former administrator of a residential care facility. The manager completed health and functional evaluations, including initial, 30-day and quarterly evaluations. A registered nurse (RN) signed off on one of the evaluations completed by the manager; however, the manager was the only staff member that signed the other evaluations. The manager had human service experience, but did not have a degree in a human service field and was not a health professional.

- Regulatory Insufficiency: The program did not have health and functional evaluations completed by a human service or health professional.

Dated this 23rd day of August, 2005