

**Iowa Department of Inspections and Appeals  
Health Facilities Division  
Citation**

<b>Citation Number:</b> <b>#5437</b>		<b>Date:</b> <b>November 4, 2021</b>		
<b>Facility Name:</b> <b>Casa de Paz</b>		<b>Survey Dates:</b> <b>October 13-21, 2021</b>		
<b>Facility Address/City/State/Zip</b>  <b>2121 West 19<sup>th</sup> Street</b> <b>Sioux City, IA 51103</b>		<b>MW/DC</b>		
<b>Rule or Code Section</b>	<b>Nature of Violation</b>	<b>Class</b>	<b>Fine Amount</b>	<b>Correction date</b>

58.19(2(j))	<p><b>58.19(2) Medication and treatment.</b>  <i>J</i> .Provision of accurate assessment and timely intervention for all residents who have an onset of adverse symptoms which represent a change in mental, emotional, or physical condition. (I, II, III)</p> <p><b>DESCRIPTION:</b></p> <p>Based on observation, record review, policy review, staff interview, and Advanced Registered Nurse interview, the facility failed to complete a thorough physical assessment for 2 of 3 residents reviewed (Resident #1 &amp; #3). Resident #1 complained of constipation, experienced vomiting, and requested to be seen by the physician and be sent to the hospital. Resident #1 had emesis during the night of 10/10/21-10/11/21, and the facility failed to complete a thorough assessment or notify the physician until the resident transferred to the local hospital on 10/11/21 at 3:30 PM, after the resident complained of pain with distended abdomen and hypoactive bowel sounds. Resident #1 expired in the hospital after being there less than 10 hours. Resident #2 returned to the facility from a hospital stay on 10/5/21, with last reported bowel movement on 10/3/21. The facility failed to complete a thorough physical assessment of Resident #3 until 10/8/21, when identified the resident had no documented bowel movement for 5 days, or notify the physician until 10/12/21. The facility reported a census of 43 residents.</p>	I	<b>\$10,000</b> <b>(Held in suspension)</b>	<b>UPON RECEIPT</b>
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	<p>The facility's non-compliance with one or more requirements of participation placed residents in the facility in immediate jeopardy, which began on 10/10/21. On 10/14/21 at 5:45 PM the facility was notified of the IJ at F684 and given the IJ Template.</p> <p>Findings Include:</p> <p>1. The Minimum Data Set (MDS) with a completion date of 8/25/21, for Resident #1, identified a Brief Interview of Mental Status (BIMS) score of 13 which indicated cognitively intact. The MDS reflected the resident able to make themselves understood and understand others. The MDS coded the resident being independent with transfers, and ambulation; and supervision with physical assist of one staff for toileting and personal hygiene. The MDS identified the resident occasionally incontinent of urine and always continent of bowel. The MDS documented diagnoses included: congestive heart failure, hypertension, diabetes, chronic obstructive pulmonary disease (COPD).</p> <p>The Care Plan with date initiated 5/14/21, identified a focus area for required assistance with ADL's (activities of daily living) related to activity intolerance, limited range of motion, and pain. Interventions included: preferred to sleep in recliner and independent with mobility (6/7/21), mobility independent with use of walker (8/22/21), independent with toileting (8/22/21), and independent with transfer</p>			
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	<p>(8/22/21).</p> <p>The Progress Notes for Resident #1 revealed:</p> <p>a. On 10/10/21 at 6:01 AM, health status note - the resident complained of nausea and constipation, and had large emesis of undigested food. The resident stated did not feel good. Temperature 98.7 degrees and milk of magnesia given.</p> <p>b. On 10/11/21 at 12:30 AM, health status note - the resident had 3 small emesis, offered Zofran (anti-nausea medication) and refused. Assisted the resident to clean and change clothing. The resident requested her physician be notified about the emesis, assured the resident would notify the physician or make an appointment in the morning.</p> <p>c. On 10/11/21 at 3:30 PM, health status note - the resident bowel sounds remain hypoactive and abdomen distended after 2 suppositories, milk of magnesia, and 10 ounces of magnesium citrate. No fecal matter felt upon insertion of suppositories. The resident complained of nausea this shift, no emesis. The resident confused and orientated to person and place. The residents' Primary Care Provider (PCP) notified and the resident transferred to the Emergency Room (ER) per medical transport. Copy of code status and medication administration record sent with the resident. Report called to the nurse and the ER.</p> <p>d. On 10/12/21 at 1:29 AM, health status note - the hospital intensive care nurse called to inform the facility staff the resident had passed away at 1:22 AM.</p>			
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	<p>The document titled POC (Point of Care) response history for bowel movements for Resident #1 dated 10/14/21, revealed:</p> <ul style="list-style-type: none"> <li>a. On 10/5/21 at 9:46 AM, medium BM.</li> <li>b. On 10/6/21 no BM documented.</li> <li>c. On 10/7/21 no BM documented.</li> <li>d. On 10/8/21 at 1:53 PM, medium BM.</li> <li>e. On 10/9/21 at 9:52 PM, medium BM.</li> <li>f. On 10/10/21 at 4:02 AM, small BM.</li> <li>g. On 10/11/21 no BM documented.</li> </ul> <p>The document titled POC response history for amount eaten for Resident #1 dated 10/20/21, revealed:</p> <ul style="list-style-type: none"> <li>a. On 10/9/21 at 9:50 AM &amp; 1:33 AM ate 26-50% and at 6:59 PM refused.</li> <li>b. On 10/10/21 at 12:50 PM ate 0-25% documented twice and at 7:59 PM ate 26-50%.</li> <li>c. On 10/11/21 at 9:16 AM ate 0-25% and 1:49 PM ate 26-50%.</li> </ul> <p>Review of Medication Administration Record (MAR) for Resident #1 dated October 2021, included the following:</p> <ul style="list-style-type: none"> <li>a. Tums (antacid) Chewable 500 milligrams (mg) 2 tablets by mouth every 4 hours as needed for heartburn related to gastroesophageal reflux, order date 5/14/21. Administered on 10/8/21 at 11:20 PM, effective.</li> <li>b. Magnesium hydroxide suspension (milk of magnesia, laxative) 400mg/5 ml (milliliters) give 30 ml every 6 hours as needed for constipation, order date</li> </ul>			
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	<p>5/14/21. Administered on 10/9/21 at 9:30 AM, effective and 10/11/21 at 10:00 AM, in-effective.</p> <p>c. Bisacodyl tablets delayed release 5 mg 1 tablet by mouth every 6 hours as needed for constipation, order date 5/14/21. Administered: 10/10/21 at 5:22 AM, effective; 10/11/21 at 6:30 AM, ineffective; and 12:48 PM, ineffective.</p> <p>d. Magnesium Citrate 1.745gm/30ml, give 10 ounces by mouth as needed for constipation, order date 10/11/21. Administered on 10/11/21, in-effective.</p> <p>The facility failed to complete a thorough physical assessment and notify the physician when Resident #1 complained of constipation, experienced vomiting, and requested to be seen by the physician and be sent to the hospital.</p> <p>Document titled Emergency Medical Service (EMS) Patient Care Report dated 10/5/21 at 3:49 PM, noted at scene at 3:49 PM and departed at 4:02 PM. Patient chief complaint abdominal, with duration one week. Exam at 3:49 PM: Abdomen - bowel sounds absent and rigid. Vital signs at 4:00 PM: blood pressure 125/87, heart rate 97, oxygen saturation 93% on 2 liters of oxygen, and respiratory rate 32 and rapid.</p> <p>Document titled Emergency Department Provider Notes, from the local hospital, dated 10/11/21 at 4:15 PM, noted according to the EMS the resident had complained of back pain and emesis. The resident rated pain 10 out of 10 in severity.</p>			
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	<p>Review of Systems: Gastrointestinal positive for constipation, nausea and vomiting. Physical Exam: Blood pressure 44/27 the resident alert &amp; talking, uncomfortable appearing. X-ray Abdomen final result 10/11/21 at 6:52 PM: findings consistent with high-grade small bowel obstruction. Progress Notes: 4:25 PM, the resident found unresponsive, code blue called. Abdomen distended, possible small bowel obstruction with possible aspiration. 4:41 PM, resident code blue ended. 5:10 PM, heart rate now in the 80's and fluids administered.</p> <p>Document titled Consult, from the local hospital, dated 10/11/21 at 8:00 PM, noted while in the ER the resident had x-ray of the abdomen that demonstrated high-grade bowel obstruction. While awaiting results the resident had episode of unresponsiveness, code blue called. The resident received approximately 20 minutes of CPR (cardiopulmonary resuscitation).</p> <p>Document titled Nephrology Consult, from the local hospital, dated 10/11/21 at 10:56 PM, stated the resident had intractable vomiting in the ER and became unresponsive. Blood pressures were very low and abdomen distended.</p> <p>Document titled History &amp; Physical, from the local hospital, dated 10/12/21 at 12:10 AM, noted impression: probable ischemic bowel secondary to a torsion. Plan: recommend comfort care.</p>			
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	<p>Document titled State of Iowa Certificate of Death dated 10/13/21, noted Immediate Cause of Death: ischemic bowel 2/2 high-grade small bowel obstruction.</p> <p>The facility document titled Clinical Change in Condition Management dated 6/2015, stated the interdisciplinary team strives to identify and manage all resident's that are experiencing a change in condition. Daily observation and communication is important in changes in a resident that further require investigation. Daily observation includes but not limited to changes in:</p> <ul style="list-style-type: none"> <li>a. Participation in daily routine</li> <li>b. Physical assessment (cardiovascular, respiratory, mental status, neurological)</li> <li>c. Behavior</li> <li>d. Mobility</li> <li>e. Comfort level</li> <li>f. Response to medications</li> </ul> <p>Clinical care management includes routine assessment, evaluation, response to changes in clinical condition and communication with resident &amp;/or family/responsible parties.</p> <p>Procedure:</p> <ul style="list-style-type: none"> <li>a. Assess resident clinical status when a change in condition is identified. This may include but not limited to: vital signs, lung sounds, pulse ox, mental/neurological status, bowel sounds, skin color/turgor/temperature, and pain.</li> </ul>			
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	<p>b. Review the resident medical record including but not limited to: primary diagnosis &amp; medical history, lab work, medication changes, change in nutritional status, advanced directives, and allergies.</p> <p>c. Review the resident condition with an RN (Registered Nurse).</p> <p>d. Contact the physician and provide clinical data and information about the resident condition. Document notification and physician response in the resident medical record. Initiate any new physician orders.</p> <p>e. Document on the change in condition data collection tool.</p> <p>f. Follow additional evaluation and documentation requirements in the clinical program manual.</p> <p>g. Document resident condition and location on the 24 hour report.</p> <p>h. Verify that the family/responsible party had been notified.</p> <p>i. Review care plan goals and interventions, modify as directed. Update staff of any changes.</p> <p>j. Review resident at the next scheduled care management meeting as applicable.</p> <p>Document titled Clinical Change in Condition Management, Charting Aid/Change in Condition dated 6/2015, stated: Procedure:</p> <p>a. Document all information on the Change in Condition Data Collection Tool unless otherwise indicated.</p> <p>b. Complete evaluation of the resident change in</p>			
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	<p>condition. Evaluation of conditions for Abdominal pain, discomfort, or distention may include; Physical: abdominal palpation, bowel sounds, quantity &amp; description of vomit/diarrhea, hemocult if possible blood, and onset. Medical History: onset/duration/frequency/severity, diet type/changes/average intake, description &amp; date of last BM's, and recent labs.</p> <p>c. Review information with an RN.</p> <p>d. Document notification of the physician, include name and time notified.</p> <p>e. Document notification of the resident and family/responsible party, include name and time notified.</p> <p>f. Refer to the Charting Aid/Unplanned Return to the Hospital.</p> <p>g. Document resident condition and location on the 24 hour report.</p> <p>Document titled Clinical Change in Condition Management, Charting Aid/Unplanned Return to Hospital dated 6/2015, stated: when a resident experienced a change in condition that is unable to be treated at the facility, the resident will be transferred to the hospital. Nursing documentation reflects the resident clinical condition and preparations for transfer to the hospital.</p> <p>Procedure:</p> <p>a. Verify that documentation reflects a timeline of the following: resident clinical status prior to the change in condition, evaluation of the physical data &amp; medical</p>			
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	<p>history, name of the physician notified, interventions implemented, resident response to interventions, and name of the family member/responsible party notified.</p> <p>b. Obtain physician order to transfer to the hospital and document as a telephone order on the physician order form.</p> <p>c. Complete a skin sweep prior to transfer.</p> <p>d. Complete a Transfer form.</p> <p>e. Document on the Change in Condition Data Collection Tool immediately prior to the transfer.</p> <p>f. Provide a copy of the following documents to the hospital: advance directives/code status, list of current medications, and transfer documents.</p> <p>During interview on 10/13/21 at 11:00 AM, the EMS, patient primary caregiver stated unit called to the facility on 10/11/21 at approximately 3:30 PM. The EMS stated received call out to the facility due to a resident with complaints of back and abdominal pain. The EMT stated they were stopped at the door of the facility and informed they were unable to enter the facility. The EMT stated he observed Resident #1 propelling self in wheelchair with her feet towards the nurses' station, pale, no oxygen on, and struggling to breathe. The EMT stated he observed brown spots on the hospital gown of Resident #1 and initially thought chocolate, however, later found out stool matter. The EMT stated Resident #1 informed them no BM in 5 days, no urination for 3 days, vomiting for 5 days, and wore oxygen at 2 liters at all times. The EMT stated unaware if facility staff had notified the physician of the</p>			
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	<p>residents' condition. The EMT stated the resident did not have emesis in the ambulance in route to the hospital, had after arrived in the ER. The EMT stated Resident #1 abdomen rigid once in the ambulance and oxygen saturation 54%.</p> <p>During interview on 10/13/21 at 3:59 PM, Staff B Certified Nurse's Aide (CNA) stated only cared for Resident #1 on the day transferred to the hospital 10/11/21. Staff B stated approximately half hour prior to the resident going to the hospital, answered call light. Staff B stated Resident #1 stated not feeling well, had emesis on hospital gown, and assisted the resident to change gown. Staff B stated Resident #1 had puffy abdomen. Staff B stated the resident informed her no urine output all day, and Staff B stated she informed the nurse Staff C. Staff B stated Staff C informed her that the resident had urinated, as she had toileted her. Staff B stated Staff C and the MDS Nurse went to Resident #1 room, unaware of what occurred, and then ambulance came for the resident.</p> <p>During interview on 10/13/21 at 4:05 PM, Staff C RN stated when arrived at work on 10/10/21 informed Resident #1 had trouble with having a BM and Staff D RN informed her had given the resident a suppository. Staff C stated followed up with Resident #1 and stated had BM and felt better. Staff C stated the resident denied any further complaints on 10/10/21. Staff C stated on Monday 10/11/21, Resident #1 had emesis on the overnight shift, and the resident maybe had</p>			
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	<p>nausea &amp;/or emesis on the day shift. Staff C stated had listened to the resident bowel sounds, sluggish and hypoactive. Staff C stated the resident requested a second suppository and gave at approximately 6:30 AM. Staff C stated the resident had order for suppository every 6 hours as needed, and gave a second one at 12:30 PM due to no results from the first one. Staff C stated gave Resident #1 milk of magnesia, magnesium citrate and when those medications did not work called medical transport for hospital transfer at approximately 3/3:30 PM. Staff C stated Resident #1 had round, soft abdomen, bowel sounds sluggish, and no pain. Staff C stated Resident #1 self-transferred to the gurney, the resident was okay for me and alert and orientated when left the facility. Staff C stated did a complete assessment of Resident #1 at time of abdominal complaints in the morning, however, did not document until around 3:30 PM. Staff C stated assessed Resident #1 in room; lung sounds, heart rate, full set of vital signs. Staff C stated the vitals documented on paper flow sheet by the CNA's, however, obtained own vitals. Staff C stated had called the residents' PCP office a couple of times on 10/11/21 and informed by the receptionist the clinic was short staff and would return call to the facility when available. Staff C stated the Director of Nursing (DON) called the resident's PCP on personal cell phone that resident being transferred to the hospital. Staff C stated Resident #1 was in the hall when the EMT arrived, had been informed sending to the hospital and the resident wheeling self in wheelchair to</p>			
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<b>Citation Number:</b> <b>#5437</b>		<b>Date:</b> <b>November 4, 2021</b>		
<b>Facility Name:</b> <b>Casa de Paz</b>		<b>Survey Dates:</b> <b>October 13-21, 2021</b>		
<b>Facility Address/City/State/Zip</b>  <b>2121 West 19<sup>th</sup> Street</b> <b>Sioux City, IA 51103</b>		<b>MW/DC</b>		
<b>Rule or Code Section</b>	<b>Nature of Violation</b>	<b>Class</b>	<b>Fine Amount</b>	<b>Correction date</b>

	<p>the nurse's station. Staff C stated Resident #1 had COPD and would breathe loud normally; stated attempted to explain to the EMT. Staff C stated the resident a noisy breather per normal. Staff C stated Resident #1 transferred due to no BM's, not respiratory. Staff C stated EMT's allowed into the facility, not stopped at the door. Staff C stated completed the medical transport sheet for Resident #1, why transporting, where to, and who is transporting.</p> <p>During interview on 10/13/21 at 4:45 PM, Staff D RN confirmed worked the night shift on 10/9/21. Staff D stated Resident #1 complained of not feeling well, denied specific complaints. Staff D stated the resident stated unaware of last BM, noted the resident had a large BM the day prior, however, had complained of constipation. Staff D stated gave the resident milk of magnesia per request. Staff D stated Resident #1 had emesis of undigested food, not dark or coffee grounds appearance. Staff D stated checked on the resident throughout the night and reported felt better, and the next morning reported felt better. Staff D stated 2 fellow residents had emesis same night as Resident #1 and facility staff felt related to the supper eaten on 10/9/21. Staff D stated listened to bowel sounds and had some, not real active, and stated not thinking bowel as the resident was not distended and had large BM documented. Staff D stated gave Resident #1 suppository on the morning on 10/10/21 and had given milk of magnesia the previous night, and the resident had reported feeling better. Staff D stated if Resident</p>			
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	<p>#1 did not feel better, would have informed the staff.</p> <p>During interview on 10/13/21 at 5:09 PM, the Assistant Director of Nursing (ADON) stated when a resident transferred to the hospital there are 2 forms the nurse is to complete in the residents' EHR (electronic health record) titled eInteract Change in Condition form and eInteract Transfer form . The ADON stated the Change in Condition form included information related to the situation/signs and symptoms, vital signs, and background information and the Transfer form contained the resident demographics, where transferring to, the resident contacts, clinical information, devices, treatments, risk alerts, and supplemental information. The ADON stated she expected both documents to be completed when a resident transferred to the hospital. The ADON stated no Physician faxes or Notes for Resident #1 related to physician notification from 10/10/21 until transfer to the hospital on 10/11/21. The ADON stated had been in the room of Resident #1 during the day of 10/11/21 to review questionnaire for administration of the COVID vaccine booster. The ADON stated the resident complained of constipation and had notified the DON, who stated the resident had a suppository. The ADON stated unaware the resident had any vomiting. The ADON stated asked the resident if ill, and resident stated no just constipated. The ADON stated later in the day the DON had requested a stethoscope to assess the residents bowel sounds due to the resident complained of no BM in 5 days. The ADON stated the</p>			
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	<p>DON had reported the resident had a soft abdomen and hypoactive bowel sounds, and the DON requested an order for magnesium citrate. The ADON stated Resident #1 not in respiratory distress when in room. The ADON stated returned to Resident #1 room at approximately 3/3:15 PM, to administer the COVID vaccine booster and after administration, the resident stated wanted to go to the hospital. The ADON stated the resident stated no BM in 5 days and had not urinated since the day before. The ADON stated the resident stated had been vomiting stool, however, clear liquid emesis observed in the basin. The ADON stated informed the nurse on duty Resident #1's abdomen was hard as rock. The ADON stated spoke with Staff C and had been informed the resident had suppository, magnesium citrate without results, and had been into the bathroom with assist from Staff C and urinated more than 30 ml. The ADON stated informed Staff C Resident #1's abdomen hard as a rock, to notify the physician and send the resident to the hospital. The ADON stated Resident #1 abdomen distended and very hard at that point, however, did not believe perforated bowel due to pain. The ADON stated had to leave the facility by 3:30 PM for an appointment and when called the DON to inform of the resident condition, the DON informed the ADON had assessed the resident 2 hours prior and abdomen soft and hypoactive bowel sounds. The ADON stated the DON had left the facility at approximately 1/1:30 PM and had assessed Resident #1 prior to leaving. The ADON stated Resident #1 admitted to the hospital with</p>			
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	<p>bowel obstruction and died of perforated bowel. The ADON stated Resident #1 only wore oxygen at night while sleeping.</p> <p>During interview on 10/13/21 at 5:48 PM, Staff E RN confirmed worked when Resident #1 had 3 emesis during the night 10/10-10/11/21. Staff E stated the CNA's had assisted the resident and did not observe the emesis. Staff E stated the resident offered Zofran and refused, as stated felt better after the emesis. Staff E stated after Resident #1 had 3rd emesis, around 3 or 4:00 AM, the resident requested physician notification &amp;/or appointment. Staff E confirmed no assessment completed at that time, had completed earlier in night and bowel sounds hypoactive. Staff E stated the resident had informed her around 7:00 PM, had a telehealth visit and the resident appeared okay. Staff E stated toward early morning the resident confused, however, over weekend was fluctuating up and down cognitively. Staff E stated the resident complained of nausea and wanted to make sure the physician aware. Staff E stated did not send a fax notification due to being the weekend and passed on the information to the day shift nurse.</p> <p>During interview on 10/13/21 at 6:05 PM, the ADON stated while in the resident room on 10/11/21, Resident #1 had no pain, not diaphoretic, and not using oxygen as only wore at night. The ADON stated Resident #1 not in respiratory distress at the time.</p>			
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	<p>During interview on 10/14/21 at 8:36 AM, Staff F CNA confirmed worked the day shift on Sunday 10/10/21. Staff F stated Resident #1 had not eaten much for breakfast and had asked the resident, stated okay and denied complaints. Staff F stated same at lunch, the resident did not eat much. Staff F stated Resident #1 had not complained of constipation and unaware of vomiting.</p> <p>Interview on 10/14/21 at 8:41 AM, Staff G CNA confirmed had worked with Resident #1 on 10/11/21. Staff G stated the resident had vomited when first arrived at work at 6:00 AM, green in color and gown dirty and assisted to change. Staff G stated around 12 noon Resident #1 had green colored emesis, stated did not feel well, and wanted to go to the hospital. Staff G stated informed the nurse on duty, Staff C RN. Staff G stated had informed Staff H CNA that Resident #1 did not feel well and had vomited, and sweating; as Staff G left shift for the day. Staff G stated Resident #1 had constipation, had stated the medicine not working. Staff G stated Resident #1 had not complained of shortness of breath and did not recall having oxygen on.</p> <p>During interview on 10/14/21 at 9:04 AM, Staff H CNA stated arrived for work at 2:00 AM on 10/11/21, however, had not assisted Resident #1 until 2:00 PM. Staff H stated informed the Resident #1 vomiting and being sent to the hospital, requested to assist the resident get ready. Staff H stated entered room and</p>			
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	<p>observed emesis on gown Resident #1 had on, assisted to change. Staff H stated the resident did not appear sweaty, overheated, or uncomfortable. Staff H stated Resident #1 wore oxygen at that time, however, did not appear short of breath or in respiratory distress. Staff H stated assisted the resident from recliner to wheelchair and left oxygen on. Staff H stated did not observe the resident after that encounter.</p> <p>Interview on 10/14/21 at 9:19 AM, Staff I CNA confirmed worked on the floor the afternoon of 10/11/21. Staff I stated Resident #1 complained of not feeling well and frequently turned on call light, out of sorts and not acting like self. Staff I stated Resident #1 vomited a small amount, like spit up and green/brown in color. Staff I stated the resident did not complain of hurting, acted goofy. Staff I stated Resident #1 turned call light on multiple times and requested oxygen tubing that was in her recliner beside her; and then requested chair remote. Staff I stated Resident #1 did not complain of shortness of breath and did not observe shortness of breath.</p> <p>Interview on 10/14/21 at 9:34 AM, Staff J CNA confirmed worked overnight shift on 10/10/21 into the morning of 10/11/21. Staff J stated Resident #1 had vomited 4 times during the night and informed the nurse, Staff E. Staff J stated Resident #1 voiced no complaints of shortness of breath or pain, however, did have oxygen on per usual. Staff J stated the resident had vomited on her gown, and when cleaned off the</p>			
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	<p>floor noted to be brown in color. Staff J stated emesis a thick brown liquid. Staff J stated informed the nurse after the first and third emesis, aware of the fourth emesis as well. Staff J stated informed the day shift CNA of the resident emesis during report the morning of 10/11/21.</p> <p>Interview on 10/14/21 at 10:07 AM, Staff A RN stated had worked on 10/11/21, however, not with Resident #1. Staff A stated Staff C RN had requested Staff A give Resident #1 a suppository, due to the resident complained of no BM 3-4 days. Staff A stated administered the suppository, however, did not complete an assessment of the resident. Staff A stated the resident did not complain of pain at that time, stood up and suppository administered. Staff A stated Resident #1 had informed her she had been vomiting and Staff C stated already aware. Staff A stated informed by Staff C emesis brown in color. Staff A stated only administered the suppository and returned to her residents, unaware if Staff C had assessed the resident or called the physician. Staff A stated at 1:30 PM, Staff C had informed her the resident had vomited brown 3 times and I informed Staff C that was fecal matter and Staff C did nothing. Staff A stated Staff C proceeded to tell her that Resident #1 just wanted to go to the hospital, and I informed her to send the resident if that is what wanted. Staff A stated the DON and ADON got involved at one point, and sent to the hospital.</p>			
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	<p>Interview on 10/14/21 at 2:59 PM, Staff K CNA confirmed worked on 10/11/21. Staff K stated when observed ambulance in parking lot went to Resident #1's room and already in wheelchair with oxygen on. Staff K stated the resident did not have a mask and returned to the nurse's station to obtain a mask for the resident. Staff K stated as returned to Resident #1 room, the resident had propelled herself halfway up the hall towards the nurse's station. Staff K stated Resident #1 not short of breath, however, any time visited with resident would think shortness of breath due to her history. Staff K stated unaware if Resident #1 abdomen hard or distended due to being heavy set. Staff K stated she propelled the resident in her wheelchair from halfway in the hall to the side of the nurse's station where the EMT's were. Staff K stated stopped by the scale at side of nurse's station for the nurse to check the resident's oxygen saturation and informed had just removed the oxygen. Staff K stated the EMT's stated not to worry about checking oxygen saturation, needed to go; due to the nurse unable to get reading. Staff K stated the EMT's assisted the resident to the gurney, the resident able to pivot transfer. Staff K stated at no time did Resident #1 complain of shortness of breath or abdominal pain. Staff K stated had taken the resident \$10 around 2:00 PM, per her request; and the resident did report felt like vomiting. Staff K stated did not observe the resident vomit, however, provided with garbage can.</p>			
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	<p>Interview on 10/14/21 at 3:35 PM, the PCP, Advanced Registered Nurse Practitioner (ARNP) for Resident #1 confirmed the resident had a small bowel obstruction upon admission to the hospital on 10/11/21. The ARNP stated obviously apparent with a small bowel obstruction you would want to see the resident sooner rather than later. The ARNP stated the outcome could have been different. The ARNP stated with a small bowel obstruction, the sooner the resident is seen the better, however, can't say in this case if it would or would not have made a difference in the outcome for Resident #1. The ARNP stated had not been notified by the facility that Resident #1 had vomited during the night on 10/10/21. The ARNP stated the facility had not notified the clinic that Resident #1 had been vomiting on 10/11/21 or had any complaints. The ARNP stated first notified when the facility sent the resident to the hospital. The ARNP stated she had received notification from the facility on 10/11/21 regarding a possible drug reaction, however, nothing related to vomiting, constipation, or requesting physician visit. The ARNP stated the facility had her personal cell phone number and consistently called on a daily basis about fellow residents. The ARNP stated did not understand where the missed communication occurred. The ARNP stated obviously sooner is better with bowel obstruction, and possible decompress prior to a rupture. The ARNP stated didn't know what the outcome could have been for Resident #1, stated where is the communication and assessments.</p>			
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	<p>Interview on 10/21/21 at 1:38 PM, the Director of Nursing (DON) stated expected the resident's PCP be notified if the resident request to be seen. The DON stated if the nurse on duty had notified the clinic, it should have been documented.</p> <p>Interview on 10/21/21 at 1:45 PM, the ADON stated the whole situation should have been handled differently. The ADON confirmed no fax notifications had been sent to Resident #1's PCP regarding complaints &amp; request for visit on 10/10 or 10/11/21. The ADON stated as mentioned before, the first time aware the resident requested to go to the hospital was when administered the COVID vaccine booster around 3/3:15 PM on 10/11/21.</p> <p>2. The MDS with a completion date of 8/12/21, for Resident #3, identified a BIMS score of 15, which indicated no cognitive impairment. The MDS reflected the resident was able to make themselves understood and understand others. The MDS coded the resident required supervision for bed mobility and set up assistance for toileting. The resident was coded independent with transfers and personal hygiene. The MDS identified the resident being continent of bowel and bladder, with constipation present. The MDS documented diagnoses included: congestive heart failure, anxiety, and chronic obstructive pulmonary disease. The MDS coded the resident received opioids (prescription pain medication with common side effect</p>			
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	<p>of constipation) in the last 7 days.</p> <p>The Care Plan identified a focus area for constipation related to decreased activity tolerance and taking an opioid with date initiated 8/12/21. The intervention dated 8/12/21 instructed the nursing staff to follow the facility bowel protocol for bowel management. The Care Plan identified a focus area of ADL (activities of daily living) self-performance deficit related to activity intolerance, confusion, impaired balance, and shortness of breath with date initiated 1/17/19. On 12/15/20, identified cognition intake and balance within normal limits; and on 8/12/21 identified terminal diagnosis. The interventions included: independent bed mobility (10/15/21), assist as needed for dressing and preferred to wear a gown (10/15/21), independent personal hygiene (5/20/21), transfer to commode with assist of 2 staff for toileting (10/15/21), and assist of 2 staff for transfers (10/15/21).</p> <p>During observation on 10/13/21 at 1:55 PM, Resident #3 lying in bed with head of bed elevated, oxygen on per nasal cannula, and hospital gown. Resident #3 stated he had an upset stomach and bowels had not moved well. Resident #3 stated last time he had a BM, he was in the hospital. Resident #1 stated had an abdominal x-ray yesterday, a couple of suppositories, and drank little bottle of something. Resident #1 stated possibly had little BM's, however, stated did not eat well either. Resident #1 stated the nurse the day before yesterday, did not feel suppository necessary.</p>			
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	<p>Observation on 10/14/21 at 9:30 AM, Resident #3 lying in bed with head elevated and oxygen in place. The nursing staff removed the breakfast tray and asked Resident #3 if could get him anything else and the resident denied.</p> <p>Observation on 10/14/21 at 3:16 PM, Resident #3 lying in bed with head elevated and oxygen in place. The hospice nursing staff present and visiting with the resident.</p> <p>Observation on 10/18/21 at 3:00 PM, Resident #3 lying in bed with head elevated and oxygen in place. Resident #1 stated had gone to the local hospital, however, bowels had not moved yet. Resident #1 stated movement present, passing gas; however, denied abdominal pain.</p> <p>Observation on 10/19/21 at 9:40 AM, Resident #3 lying in bed with head elevated, oxygen in place, and eyes closed.</p> <p>The Progress Notes revealed:  a. On 10/5/21 at 12:02 PM, health status note - the resident returned to the facility per facility transportation from the hospital.  b. Late entry effective date 10/8/21 at 10:38 AM, behavior note - the resident vital signs within normal limits. Bowel sounds are all hypoactive (reduction in loudness, tone, or regularity - sign intestinal activity</p>			
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<b>Citation Number:</b> <b>#5437</b>		<b>Date:</b> <b>November 4, 2021</b>		
<b>Facility Name:</b> <b>Casa de Paz</b>		<b>Survey Dates:</b> <b>October 13-21, 2021</b>		
<b>Facility Address/City/State/Zip</b>  <b>2121 West 19<sup>th</sup> Street</b> <b>Sioux City, IA 51103</b>		<b>MW/DC</b>		
<b>Rule or Code Section</b>	<b>Nature of Violation</b>	<b>Class</b>	<b>Fine Amount</b>	<b>Correction date</b>

	<p>slowed) and the resident needed more than miralax (laxative) that he requested on own. The nurse encouraged a suppository after the resident removed from the COVID (coronavirus) unit.</p> <p>c. Late entry effective date 10/8/21 at 10:52 AM, health status note - the nurse explained to the resident, no documented bowel movement (BM) in 4 days and recommended a suppository. The resident argued that he did not need a suppository, normal bowel movements for him. The nurse explained to the resident he would be transferred off the COVID unit today and the resident stated he would not move anywhere until he had a BM.</p> <p>d. Late entry effective date 10/8/21 at 1:00 PM, health status note - the nurse informed the resident they would move him off the COVID unit at this time and the resident argued he would not move until his bowels moved. The nurse proceed to move the resident to his previous room, allowed him to get comfortable, and then asked if he was ready for a suppository. The resident stated he did not need a suppository, but needed a toilet by his bed. The nurse placed a commode by the residents' bed. The resident continued to refuse the suppository.</p> <p>e. Late entry effective date 10/8/21 at 2:30 PM, health status note - the resident encouraged to have a suppository and he refused, stated to leave it on the table and he would think about it.</p> <p>f. On 10/12/21 at 6:33 AM, health status note - the resident had no BM in approximately 8 days. Notified the residents' Primary Care Provider (PCP) and order</p>			
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	<p>received for a soap suds enema.</p> <p>g. On 10/12/21 at 7:36 AM, health status note - the resident assisted to the commode with 2 staff. The nurse asked the resident if he felt like he had expelled most of the BM and the resident stated he had except for a little. The nurse educated and encouraged the resident to rock back and forth and side to side. The resident was assisted with 2 staff off the commode and noted only water from the enema in the commode. Notified the residents' PCP, no results and requested an abdominal x-ray.</p> <p>h. On 10/12/21 at 2:43 PM, health status note - x-ray obtained this morning and noted negative for evidence of intestinal obstruction or free air. Moderate gas throughout large intestine and involved multiple non-dilated small bowel loops suggested moderate enteritis (inflammation) versus a dynamic ileus (obstruction). Notified the residents' PCP and order received for 8 ounces of warm prune juice with milk of magnesia and if no BM by 10/13/21, send the resident to the hospital.</p> <p>i. On 10/13/21 at 1:24 PM, health status note - spoke with Hospice regarding the residents' x-ray and hospice will contact the residents' PCP to initiate an action plan regarding the results. The resident refused to go to the local ER (emergency room) due to no BM.</p> <p>j. On 10/13/21 at 10:30 PM, health status note - the resident transferred to the local hospital per the residents' PCP due to ileus, report called the ER nurse.</p> <p>k. On 10/14/21 at 4:34 AM, health status note - the resident returned to the facility from the hospital by</p>			
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	<p>medical transport. The resident stated he did not have a BM while at the hospital. Discharge instructions stated to keep the resident NPO (nothing by mouth) until radiology reads the x-ray and to give bisacodyl (laxative) suppository daily until the resident had a good BM.</p> <p>Document titled After Visit Summary dated 9/29 - 10/5/21, documented the last bowel movement for Resident #3 was 10/3/21.</p> <p>The document titled POC (Point of Care) response history for bowel movements dated 10/14/21, revealed only documented BM from 10/5 - 10/14/21, on 10/9/21 at 5:41 AM, small BM.</p> <p>The review of the Medication Administration Record (MAR) dated October 2021 identified the following orders and administration:</p> <ul style="list-style-type: none"> <li>a. Biscacodyl suppository 10 milligrams (mg) insert one suppository rectally every 24 hours as needed for constipation at bedtime, order date 10/26/19. First administered on 10/11/21 at 3:00 PM.</li> <li>b. Miralax powder 17 grams/scoop give 3 scoops by mouth one time for constipation, order date 10/12/21. Administered 10/12/21 at 10:15 AM.</li> <li>c. Soap suds enema to be given for constipation one time only, order date 10/12/21. Administered on 10/12/21.</li> <li>d. Miralax powder give 8.5 grams (G) by mouth as needed for constipation, order date 1/28/20. First</li> </ul>			
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	<p>administered on 10/12/21 at 8:16 PM.</p> <p>The facility failed to complete a thorough physical assessment, administer laxative medications as ordered, or notify the physician after Resident #3 had not had a BM for 3-4 days. The facility failed to complete any follow up physical assessments after 10/8/21, including on 10/13/21 when Resident #3 transferred to the local ER due to constipation.</p> <p>Interview on 10/13/21 at 5:09 PM, the ADON stated when a resident transferred to the hospital there are 2 forms the nurse to complete in the residents' EHR (electronic health record) titled eInteract Change in Condition form and eInteract Transfer form . The ADON stated the Change in Condition form included information related to the situation/signs and symptoms, vital signs, and background information and the Transfer Form contained the resident demographics, where transferring to, the resident contacts, clinical information, devices, treatments, risk alerts, and supplemental information. The ADON stated she expected both documents to be completed when a resident transferred to the hospital.</p> <p>Interview on 10/14/21 at 10:45 AM, the ADON stated the facility did not have a policy related to bowel management. The ADON stated the facility followed the standard of practice and follow physician orders regarding bowel management. The ADON stated if a resident had no BM in 3 days the nursing staff would</p>			
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	<p>follow physician orders regarding as needed bowel medications and call the physician as needed. The ADON stated the residents' EHR triggers an alert to the nurse on day 2 if no BM and another trigger on day 3 of no BM. The ADON stated the nurse on duty to look at the alert and expected to start treating on day 3 of no BM, unless a resident request a laxative on day 2. The ADON stated the Certified Nursing Assistants (CNA) are expected to alert the nurse if a resident is day 3 and no BM. The ADON stated the nurse is expected to monitor the bowel alert daily and treat with bowel medications on day 3. The ADON stated a bowel/gastrointestinal (GI) assessment being completed, based on if the resident complained of GI symptoms. The ADON stated on day 3 if the resident complained of nausea and bloating she expected a physical assessment to be completed, however, if a resident voiced no complaints of GI symptoms would not expect a physical assessment. The ADON stated once a resident past day 3 of no BM, expected physician notification and physical assessment.</p> <p>Interview on 10/14/21 at 10:25 AM, Staff A Registered Nurse (RN) confirmed she had worked on 10/8/21 with Resident #3. Staff A stated completed a physical assessment on Resident #3 and would go back and chart. Staff A initially stated in the interview, Resident #3 bowel sounds absent right upper quadrant (RUQ) and very hypoactive right lower quadrant (RLQ), left upper quadrant (LUQ), and left lower quadrant (LLQ). Staff A stated the resident distended at that time,</p>			
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	<p>however, squishy to touch. Staff A proceeded to state Resident #3 had normal bowel sounds on 10/8/21 and hypoactive bowel sounds on 10/12/21. Staff A stated not hurried to give Resident #3 suppository on 10/8/21 due to physical assessment okay. Staff A stated bowel protocol, no BM in 3 day the residents' EHR provided alert, the night nurse to keep track and give suppositories in the morning. Staff A stated the system worked good until short staff or only had medication aide and one nurse. Staff A stated an alert would have come up on the 7th due to Resident #3 not having BM, however, she had not worked. Staff A stated the nurse has to click on a box in the EHR to see the alert, does not automatically pop up. Staff A stated when returned to work on 10/11/21, noted Resident #3 still had not had a BM. Staff A stated Resident #3 had been independent with toileting until return from the hospital on 10/5/21, required assist for toileting and use of bedside commode.</p> <p>Interview on 10/19/21 at 12:35 PM, the ADON confirmed Resident #3 Care Plan stated follow bowel protocol for bowel management. The ADON stated the bowel protocol would be what had been discussed on 10/14/21, standard nursing practice and start administering laxative medications as ordered on day 3 of no BM.</p> <p>The immediate jeopardy was removed on 10/15/21 after staff education on new policies/procedures implemented regarding bowel protocol, GI assessment</p>			
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	<p>and physician notification of condition changes. The surveyor verified implementation of the removal plan and the scope and severity was lowered to a D.</p> <p><b>Facility Response:</b></p>			
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