

**Department of Inspections and Appeals  
Health Facilities Division  
Citation**

<b>Number</b> 6103					<b>Report date</b> May 12, 2023
<b>Facility name</b> Countryside Health Care Center		<b>Survey dates</b> April 3, 2023 - April 13, 2023			
<b>Facility address</b> 6120 Morningside Avenue					
<b>City</b> Sioux City		<b>JB</b>			
<b>Rule or Code Section</b>	<b>Nature of Violation</b>	<b>Class</b>	<b>Fine Amount</b>	<b>Correction Date</b>	
56.6(1)	<b>481—56.6(135C) Treble and double fines.</b> <b>56.6(1) Treble fines for repeated violations.</b> The director of the department of inspections and appeals shall treble the penalties specified in rule 481—56.3(135C) for any second or subsequent class I or class II violation occurring within any 12-month period, if a citation was issued for the same class I or class II violation occurring within that period and a penalty was assessed therefor.	I	\$ 25,500 (8500x3)  <b>Trebled</b>  <b>Held in Suspension</b>	Upon Receipt	
58.19(2)j	<b>481—58.19(135C) Required nursing services for residents.</b> The resident shall receive and the facility shall provide, as appropriate, the following required nursing services under the 24-hour direction of qualified nurses with ancillary coverage as set forth in these rules: <b>58.19(2) Medication and treatment.</b> <i>j.</i> Provision of accurate assessment and timely intervention for all residents who have an onset of adverse symptoms which represent a change in mental, emotional, or physical condition. (I, II, III)  <b>DESCRIPTION</b>  Based on record review, staff interview and facility policy review the facility failed to assess and intervene when a resident had a change of condition for 2 of 10 residents reviewed (Resident #5 and Resident #12). The lack of assessment and				

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	<p>interventions resulted in harm to Resident #12. The facility reported a census of 53 residents.</p> <p>Findings include:</p> <p>1. Resident #12's Minimum Data Set (MDS) assessment dated 3/1/23 identified a Brief Interview for Mental Status (BIMS) score of 15, indicating intact cognition. The MDS included diagnoses of diabetes, cellulitis (skin infection), heart failure, sepsis (blood infection), cirrhosis of the liver, and pulmonary hypertension (high blood pressure affecting the lungs). The MDS indicated that Resident #12 required extensive assistance with transfers, bed mobility, dressing, toilet use, and personal hygiene.</p> <p>The Advanced Wound and Hyperbaric Center progress notes dated 10/22/21 at 9:00 AM indicated the Plan as Resident #12 to discharge from the Wound Care Center and to follow-up with her Primary Care Provider (PCP) as needed or for any other medical concerns. The Edema Control listed that Resident #12 wore a Compreflex (velcro wraps used to control swelling or edema) for compression to her bilateral lower legs. Resident #12 worked with a contracted Occupational Therapy (OT) Registered/Licensed (R/L) at the nursing home. The order directed to care at the home rehab/lymphedema continues with lymphedema pumps.</p>				

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	<p>The Care Plan Focus revised 12/2/22 indicated that Resident #12 had a potential skin impairment to her skin's integrity due to edema and weeping from lymphedema. The Invention dated 4/17/22 directed for Occupational Therapy (OT) and Nursing to treat per orders.</p> <p>The N Weekly Nursing Assessment dated 12/1/22 displayed that Resident #12 Shower Skin Assessment revealed alterations to her skin. The right lower front leg included a description that Resident had bilateral lower extremities skin issues due to cellulitis. The assessment identified the areas as not new for Resident #12.</p> <p>The N Weekly Nursing Assessment dated 12/8/22 displayed that Resident #12 Shower Skin Assessment revealed alterations to her skin. She had open areas from cellulitis to both of her legs. The assessment identified the areas as not new for Resident #12.</p> <p>The Care Conference Note dated 12/14/22 at 6:58 AM labeled as Late Entry indicated that Resident #12 explained that her right leg wept a lot. She said the nurses did a pretty good job being consistent with her dressing changes, but she would like it if they could do it more consistently on the weekends too. Resident #12 reported that her leg treatments only got done once per day on the weekends if she</p>				

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	<p>was lucky. Resident #12 expressed that at one time her right leg looked really good and she would like it to return to that.</p> <p>The N Weekly Nursing Assessment dated 12/15/22 displayed that Resident #12 Shower Skin Assessment revealed alterations to her skin. She had open areas from cellulitis to both of her legs. The assessment identified the areas as not new for Resident #12. The writer explained that she could do a wound follow-up with Resident #12 every Monday to see how many times she got her dressings done. That was if one particular person did not do it, they could take corrective action. The treatment is ordered three times a day and is charted as being completed.</p> <p>The N Weekly Nursing Assessment dated 12/22/22 displayed that Resident #12 Shower Skin Assessment revealed alterations to her skin. She had open areas from cellulitis to both of her legs. Resident #12 also had a scattered skin rash spread out with some open due to scratching. The assessment identified the areas as not new for Resident #12.</p> <p>The Handwritten Orders dated 12/23/22 written by the OT directed the staff to continue to check Resident #12's right lower extremity (RLE) each shift and left lower extremity (LLE) daily. Lotion could be applied to the LLE to help release dried skin. RLE</p>				

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	<p>check every shift, cleanse and change if dressing wet on the evening and nights. Day shift to cleanse and change daily. If Resident #12 complained of pain in one leg, using the compression pump on the leg that is not sore. Apply Compreflex daily on thigh, calf, and foot as this provides long-term compression all day.</p> <p>The N Weekly Nursing Assessment dated 12/29/22 displayed that Resident #12 Shower Skin Assessment revealed alterations to her skin. Resident #12's left lower leg had cellulitis with no drainage, while her right lower leg had cellulitis with an open area that drained greenish clear fluids. The assessment identified the areas as not new for Resident #12.</p> <p>The N Weekly Nursing Assessment dated 1/5/23 displayed that Resident #12 Shower Skin Assessment revealed alterations to her skin. She had open areas from cellulitis to both of her legs. The assessment identified the areas as not new for Resident #12.</p> <p>The N Weekly Nursing Assessment dated 1/12/23 displayed that Resident #12 Shower Skin Assessment revealed alterations to her skin. She had scattered open areas on the back of both of her legs. The assessment identified the areas as not new for Resident #12 and directed to see the</p>				

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	<p>Treatment Medication Administration Record (MAR).</p> <p>The N Weekly Nursing Assessment dated 1/15/23 displayed that Resident #12 Shower Skin Assessment revealed alterations to her skin. She had reddened open moisture related wounds with serosanguineous (clear to pink drainage) yellow, green drainage, and foul odor noted to the right lower extremity. Resident #12 had a deep indentation noted between her right inner ankle and her foot. The nurse notified Resident #12's PCP. The assessment identified the areas as new for Resident #12.</p> <p>The Nurses Note dated 1/16/23 at 1:19 PM indicated that Resident #12 had an appointment scheduled with the Advanced Registered Nurse Practitioner (ARNP) on 1/18/23 due to increased weeping, yellow/green serosanguineous drainage, and a foul odor coming from her leg. Resident #12 saw the OTR/L who educated her that she did not need an appointment to see a physician but suggested increasing treatment for edema wraps to three times a day. Afterwards, Resident #12 explained that she did not want to go see a physician. The nurse educated Resident #12 on the signs and symptoms of infection. Resident #12 acknowledged understanding and explained that she would see how she felt on Wednesday. At that</p>				

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	<p>point she would decide on whether or not she would go to her appointment.</p> <p>The N Weekly Nursing Assessment dated 1/19/23 displayed that Resident #12 Shower Skin Assessment revealed alterations to her skin. She had an open area to her lower leg from cellulitis. The assessment identified the areas as not new for Resident #12.</p> <p>The Nurses Note dated 1/20/23 at 11:45 AM indicated that Resident #12 complained of hallucinating to the bath aide and the CMA that morning but denied the complaints to the nurse. The nurse notified Resident #12's PCP of her possible hallucinations and refusal to be seen at her appointment due to increased weeping, foul odor, and edematous to her bilateral lower legs. Resident #12 did have a telehealth appointment scheduled for that coming Monday (1/23/23) at 12:15 PM. The physician gave orders to send Resident #12 to the hospital for increased hallucinations or signs or symptoms of sepsis.</p> <p>The signed verbal order dated 1/20/23 to send Resident #12 to the emergency room (ER) for hallucinations included an order dated 1/23/23 to restart cefdinir (antibiotic) 300 milligrams one tablet twice daily for ten days.</p>				

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	<p>Review of orders written on 1/22/23 by the OTR/L revealed that staff were to continue to check Right Lower Extremity (RLE) dressings each shift, on evenings and nights, and only change if wet. Days were to check and change daily, cleanse, apply abdominal (ABD) gauze pad, wrap in kerlix (roll of woven gauze) and apply Compreflex compression garment on thigh, calf and foot. For the Left Lower Extremity (LLE), they were to change daily on days only using ABDs, kerlix and Compreflex.</p> <p>The Telehealth Appointment note dated 1/23/23 included a new order for Cefdinir 300 milligrams one tablet twice daily for ten days.</p> <p>The Nurses Note dated 1/24/23 at 4:03 PM indicated the facility received a fax from Resident #12's PCP regarding drainage from her legs. The PCP gave a new order to get a wound culture from cellulitis discharge.</p> <p>The N Weekly Nursing Assessment dated 1/26/23 displayed that Resident #12 Shower Skin Assessment revealed alterations to her skin. She had left leg-cellulitis but the nurse could not assess as Resident #12 refused to have her leg unwrapped. The right leg had cellulitis with whitish-green drainage from it. The assessment identified the areas as not new for Resident #12.</p>				

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	<p>The Nurses Note dated 1/28/23 at 1:37 PM listed that Resident #12 should continue on cefdinir for ten days for cellulitis to her RLE. Her RLE continued to weep heavily, saturating the dressing with a foul-smelling odor noted.</p> <p>The Nurses Note dated 1/29/23 at 12:17 AM indicated that Resident #12 remained on antibiotic therapy for cellulitis to her right leg with no adverse (out of the ordinary) reactions noted. Her right leg appeared beefy red with moderate weeping noted but with no increase in warmth. The nurse completed the treatment per her order. Resident #12 denied pain or discomfort.</p> <p>The Orders - Administration Note dated 1/30/23 at 12:33 PM listed that the nurse held Resident #12's leg pumps due to pain from her lymphedema abscess, pain, and drainage.</p> <p>The Physician Communication Form dated 2/2/23 indicated that the lab called to report a correction on the wound culture performed on 1/25/23. The lab reported Proteus Mirabilis as isolated in the culture. The physician responded with no new orders.</p> <p>The N Weekly Nursing Assessment dated 2/2/23 displayed that Resident #12 Shower Skin Assessment revealed alterations to her skin. She had cellulitis to both of her legs, but Resident #12</p>				

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	<p>refused to let the nurse complete a full skin assessment. The right leg had open areas with fluid drainage from it due to the cellulitis. The assessment identified the areas as not new for Resident #12.</p> <p>The Orders - Administration Note dated 2/5/23 at 11:27 AM indicated that Resident #12 refused her leg pumps to be used for 45 minutes after her leg treatment due to continued drainage where the abscess sac fell off.</p> <p>The N Weekly Nursing Assessment dated 2/9/23 displayed that Resident #12 Shower Skin Assessment revealed alterations to her skin. Her left leg appeared swollen with erythema. The right leg appeared swollen with draining. The assessment identified the areas as not new for Resident #12. The form described that besides swelling and erythema on both legs no observation of other skin issues for that shift's assessment.</p> <p>The N Weekly Nursing Assessment dated 2/16/23 displayed that Resident #12 Shower Skin Assessment revealed alterations to her skin. Resident #12 had lymphedema to her lower and upper legs. OT works with her for Wrapping and edema wear. Resident #12 has bilateral compression pumps she is to wear daily for 45 minutes to one hour. Her right leg weeps more than her left leg. The assessment identified the areas as not new for Resident #12.</p>				

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	<p>The Handwritten Orders dated 2/20/23 written by the OTR/L instructed that per doctor's orders (and if their orders do not state the exact same thing, then they need to get a new order).</p> <p>a. Apply and use compression pumps daily.</p> <p>b. Immediately after pumps are removed, Compreflex must go on over the edema wear.</p> <p style="padding-left: 40px;">i. Green stripe - thigh</p> <p style="padding-left: 40px;">ii. Red stripe - calf</p> <p style="padding-left: 40px;">iii. Yellow stripe - foot</p> <p style="padding-left: 40px;">iv. Compreflex on thigh, calf, and foot.</p> <p>Please, Certified Nurse Aides (CNAs), CMAs, and Registered Nurses (RN) make sure the Compreflex is applied immediately after the pumps. Obviously, the legs fill with fluid without compression. Please follow these orders daily as it did not occur consistently. An additional note indicated that regardless of what the Medication Administration Record (MAR) states, the Compreflex are not going on Resident #12 about 30-40% of the time that the OTR/L comes. Otherwise, they don't get on her until late in the day, hours without pumps, and by then the legs are full.</p> <p>The N Weekly Nursing Assessment dated 2/23/23 displayed that Resident #12 Shower Skin Assessment revealed alterations to her skin. The assessment identified the areas as not new for Resident #12. No description provided for the skin alteration.</p>			

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	<p>Resident #12's February 2023 Treatment Administration Record (TAR) included documentation that RNs, Licensed Practical Nurses (LPN), and CMAs did her treatments to her lower legs.</p> <p>The Nurses Note dated 3/1/23 at 3:39 pm indicated resident #12's PCP got notified that she had recent complaints of right flank pain with lower back pain. Resident #12's urine appeared amber (dark yellow/orange color) with sediment (skin tissue). Resident #12's PCP gave an order to send Resident #12 to the ER of her choice. The nurse notified Resident #12's family who would meet her at the ER.</p> <p>The Orders - Administration Note dated 3/10/22 at 3:06 AM the overnight nurse reported that Resident #12 died in the hospital on Wednesday, 3/8/23.</p> <p>On 4/5/23 at 1:45 PM Staff L, CMA/Scheduler, reported that Resident #12 did not have any open areas to her legs when she worked the medication cart. Staff L added that the only treatment she did involve changing the ABD pad when it got full from Resident #12's leg weeping. She explained that she used a spray wound cleanser with the ABD pad change.</p>				

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	<p>On 4/5/23 at 2:30 PM, Staff U, CNA/CMA, stated that Resident #12 had an open area to the back of her right lower leg that looked like a blister. He explained that he thought staff could have done a better job of taking care of her wound. He reported that one weekend in early February another CMA cared for Resident #12 during the day. When he came in in the afternoon, the previous CMA reported that Resident #12 refused her dressing change that morning. He explained that he went to her room and asked her if anyone changed her dressing that morning. Resident #12 responded that she did not because reported being too busy. Staff U reported that sometimes Resident #12 did refuse her dressing changes.</p> <p>On 4/6/23 at 1:35 PM the PCP's nurse the PCP did prescribe antibiotics a couple of times for Resident #12's upper arm and lower leg cellulitis, but she saw the Infectious Diseases and Wound Center for her cellulitis.</p> <p>In a follow-up interview on 4/6/23 at 1:47 PM, Staff L reported the drainage color as clear and that its drained fluid from the edema. When questioned if the ABD ever had yellow or green drainage, she replied that it might have once or twice. Staff L added that it might have had a bad smell. She said that due to it being a long time ago, she couldn't remember because she left doing the medication cart and became a scheduler instead.</p>				

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	<p>In a follow-up interview on 4/6/23 at 2:50 PM Staff U, said her dressing did have some yellow and green watery drainage off and on. Staff U explained that it occurred more so before she went to the hospital. He added that her wound did smell bad, but he did not know if the smell came from her leg or her feet since he was down by her foot. He described her entire right lower leg as a dark red in color.</p> <p>On 4/10/23 at 9:40 AM Staff K, LPN, she explained that the OTL/R took care of Resident #12's lymphedema wraps. She explained that the only treatment Resident #12 had included orders for her right leg wound to put an ABD on the weeping area and wrap it with kerlix. She explained that Resident #12's leg had mostly clear drainage, but it still smelled foul and had drainage at times of yellow and/or green. She reported being in the room with the OTL/R when she told Resident #12 that she did not need to see a physician. Staff K added that in her opinion, that is why Resident #12 refused to go. Staff K said that they made a telehealth appointment instead for Resident #12 and started her on an antibiotic. She stated that she mentioned to the Director of Nursing (DON) that Resident #12s should see a wound specialist, but the DON told her that they did not have wound care there.</p>				

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	<p>On 4/11/23 at 1:05 PM the OTL/R stated that she treated residents with lymphedema for two years both at home and at the facility. She said that both Resident #12's legs had severe edema and wept profusely. She explained that the right leg wept so bad that she increased the dressing changes from daily to each shift and as needed. She reported that she felt that Resident #12 received sketchy wound care from the facility staff. She added that she had a conversation with the DON about it and for a while she saw some improvement. She stated that staff only touched the outside of the normally dry wrap and thought that it didn't need to be changed. However, in reality the wrap hid a soaked ABD. She explained that if Resident #12's dressings got changed as ordered, she would not have needed to have them changed so often. She reported that the facility had many different staff responsible for changing the dressing. The OTL/R explained that everyone thought that someone else should change them. When asked about the color and odor of drainage, she stated that off and on she saw yellow and/or green, foul smelling drainage from both of her legs. She did not feel Resident #12's legs had an infection, but felt that she had an internal infection that drained from the lymph system out of her legs.</p> <p>On 4/13/23 at 1:10 PM the DON denied knowing that CMA's could not do dressing changes. The DON disagreed that nurses documented that Resident #12 had cellulitis because they could not diagnose.</p>				

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	<p>2. Resident #5's MDS assessment dated 3/30/23 identified a BIMS score of 15, indicating intact cognition. The MDS included diagnoses of hypertension (high blood pressure), pneumonia, stroke, Parkinson's disease, left lower leg fracture, seizures and respiratory failure. The MDS listed that Resident #5 required limited assistance from one person with transfers, dressing, and personal hygiene.</p> <p>The Care Plan Focus dated 12/15/22 indicated that Resident #5 had a risk for altered skin integrity due to immobility. The Interventions directed the following:</p> <p>a. Initiated 10/1/20: Weekly skin assessments.</p> <p>b. Revised 5/16/22: Daily skin observation with cares</p> <p>On 4/3/23 at 10:55 AM observed a few scattered flat red spots above and below Resident #5's right inner elbow area. Resident #5 reported that she had them for about two and a half weeks. Resident #5 expressed that some of the areas were going away. She added that at first, they itch more at night but they started to itch some during the day too. Resident #5 stated the facility did not do anything for the rash.</p>				

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	<p>The N Weekly Nursing Skin Assessment dated 3/7/22 listed that Resident #5 did not have any alterations in skin integrity.</p> <p>The N Weekly Nursing Skin Assessment dated 3/15/23 indicated that Resident #5 had redness below her breasts.</p> <p>The N Weekly Nursing Skin Assessment dated 3/21/23 listed that Resident #5 continued to have a small red rash to both of her arms, abdomen, and legs.</p> <p>The week of 3/28/23 lacked a documented assessment.</p> <p>The N Weekly Nursing Skin Assessment dated 4/4/23 Resident #5 continued to have a rash to her arms, abdomen, and legs. The comments related to description of new areas if applicable directed to see the treatment MAR for Resident #5's progress.</p> <p>Resident #5's April 2023 Treatment Administration Record (TAR) listed an order dated 11/2/21 to complete weekly skin checks every Tuesday night. The TAR lacked any additional orders related to the treatment of Resident #5's rash.</p> <p>Resident #5's clinical record lacked documentation that they notified the physician related to her rash.</p>				

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	<p>The Pressure Injury/Skin Breakdown-Clinical Guidelines revised May 2021, directed that based upon need and results of the evaluations, the staff will implement interventions for the prevention and care of skin issues.</p> <p>On 4/13/23 at 1:10 PM the Director of Nursing explained that she was pretty sure that someone already addressed Resident #5's rash.</p>				

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\_\_\_\_\_  
Facility Administrator

\_\_\_\_\_  
Date

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	<b>FACILITY RESPONSE</b>					

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Facility Administrator

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58.28(3)e	<p><b>481—58.28(135C) Safety.</b> The licensee of a nursing facility shall be responsible for the provision and maintenance of a safe environment for residents and personnel. (III)  <b>58.28(3) Resident safety.</b>  e. Each resident shall receive adequate supervision to protect against hazards from self, others, or elements in the environment. (I, II, III)</p> <p><b>DESCRIPTION</b></p> <p>Based on observations, staff interviews, and facility policy review the facility turned off the door alarms and failed to assure that staff monitored residents to prevent one from leaving without staff knowledge. This failure resulted in the likelihood of serious harm, serious injury, serious impairment, or death resulting in an Immediate Jeopardy to the health, safety, and security of the residents for 2 of 2 residents reviewed (Residents #4 and #17). Resident #17 had a known history or attempting to self-transfer, wander, and needing staff assistance of one person. On 1/25/23, the staff found Resident #17 not responsive lying on a mattress of the floor beside her bed. The facility sent her to the hospital by ambulance. The facility received a call from the hospital that she passed away in the ambulance on the way to the hospital. Resident #4's floor alarm did not work from 11/27/22 - 1/5/23 and he fell</p>	I	<p><b>\$10,000.00</b></p> <p style="color: red;"><b>Held in Suspension</b></p>	Upon Receipt	

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	<p>from his bed on 1/5/23. Resident #4 received a laceration to his head and required four staples.</p> <p>The State Agency informed the facility of the Immediate Jeopardy (IJ) that began on April 4, 2023 at 11:30 AM. The Facility Staff removed the Immediate Jeopardy on April 5, 2023 through the following actions:</p> <p>a. On 4/4/23 at 12:45 PM one on one training with the Maintenance Director and Maintenance Technician. Additional education provided to the current employees regarding communication and the process of the door watch when the door alarms are shut off for repair and who needs communication with the plan to provide on-going .</p> <p>b. On 4/4/2023 at 12:45 PM the staff in all departments received reeducation on communication, properly preparing for the door alarms to be shut off, the Door Alarm policy and procedure prior to returning to work assignment. The facility planned to provide ongoing training.</p> <p>c. On 4/4/23 at 9:30 AM the facility completed a walk-through of the building to ensure properly functioning alarms and no obstruction of the doorways.</p> <p>d. On 4/4/2023 at 9:00 AM the facility completed a resident headcount after turning the door alarms back on.</p> <p>e. On 4/4/23 at 1:30 PM the facility notified the Medical Director and reviewed it through the Quality Assurance Program Improvement (QAPI).</p>				

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	<p>F. On 4/4/23 at 1:30 PM the Interdisciplinary team re-educated about the root cause of communication, proper preparation for when shutting off the door alarms, and reeducation on the procedure. The facility planned to provide on-going training.</p> <p>G. The Administrator or designee would walk the facility and inspect exit doors Monday through Friday five times a week for two weeks, then twice a week for two weeks, and then randomly thereafter.</p> <p>h. The facility would take the information to the monthly QAPI meeting for three months.</p> <p>i. Management will be notified when alarms get shut off and management will ensure the doors are continuously monitored until the alarms are back up.</p> <p>j. The Administration staff will monitor the doors on weekends and off hours the charge nurse/supervisor will monitor the doors.</p> <p>k. Management will walk rounds to ensure nothing is parked in doorways.</p> <p>The scope lowered from a "K" to "D" at the time of the survey after ensuring the facility implemented education and their policy and procedures.</p> <p>The facility identified a census of 53 residents.</p> <p>Findings Include:</p>				

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	<p>1. On 4/3/23 at 12:47 PM during entrance to the facility without entering a code to disable the door alarm observed no door alarm sounding. The Director of Nursing (DON) came to the door and revealed the doors are being worked on. She added that someone could not normally get into the facility that easily.</p> <p>On 4/4/23 at 7:30 AM during entry into the building without entering a code to disable the alarm, observed no alarm sounding, or staff at the time.</p> <p>On 4/4/23 at 7:41 AM observed the 100 hallway doors opened, during the exit into 800 wing without entering the alarm disable code, no alarm sounded, and no staff observed at the time.</p> <p>On 4/4/23 at 7:43 AM witnessed at the end of 200 hallway a table and chair blocked the exit door. Able to walk around the table and chair and exit the building without entering the alarm disable code no alarm sounded, and no staff observed at the time.</p> <p>On 4/4/23 at 7:46 AM observed the end of the 300 hallway doors open, able to exit without entering the code to disable the alarm no alarm sounded. Remained in the 300 hallway for approximately 15 minutes total time and no staff were observed.</p> <p>On 4/4/23 at 8:01 AM witnessed the front door open with no alarm sounding or staff.</p>				

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	<p>On 4/4/23 at 8:03 AM observed the door at the end of the administrative hallway opened with no alarm sounding or staff observed.</p> <p>On 4/4/23 at 8:20 AM watched Staff B, Dietary Aide, exit the 100 hallway doors without entering the alarm disable code or no alarms sounded. Staff B explained that the codes are off on the doors.</p> <p>On 4/4/23 at 9:17 AM during a walkthrough of the facility with Staff E, Maintenance staff, to check the door alarms, Staff E explained that the 200 hallway has the door blocked with a table and chair to prevent residents from exiting the facility. Staff E revealed the doors haven't worked for a while and the facility is waiting on a company to come out and look at them. When tested, the door opened right away with an alarm sounding. During testing of the door alarms, a standing mechanical lift blocked the exit. Staff E added that the facility only had one main switch to turn off the door alarms in the facility. He explained that that morning the facility had the doors turned off as the maintenance staff worked on the floors. Staff E continued that when the facility turned off the door alarms, the maintenance staff notified nursing staff. The nursing staff are to check the doors and residents every 15 minutes to make sure they are where they are supposed to be. Staff E continued to report that the maintenance staff notified the staff that they</p>				

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	<p>planned to turn off the door alarms prior to him turning them off.</p> <p>On 4/4/23 at 10:32 AM Staff E explained that the facility could not turn off a specific door. He added that the facility tried that week before and it messed up the entire system.</p> <p>On 4/4/23 at 10:36 AM Staff F, Registered Nurse (RN), reported that when the maintenance staff turns off the door alarms they will come and tell the staff. At that time the staff is to be on high alert with the residents.</p> <p>On 4/4/23 at 10:41 AM Staff G, Certified Medication Aide (CMA), revealed when the maintenance staff turns off the door alarms they tell the staff and then they have someone watching the doors when there is a resident is at risk for elopement.</p> <p>The Logbook Documentation related to Hazardous areas: door checks listed the doors passed each week. Staff E revealed they used to check them monthly but the facility now checks them on a weekly basis to ensure they are in working order.</p> <p>The Routine Door Alarm Checks, Use of Door Alarm Logs policy dated April 2023 revealed that the staff should make routine door alarm checks to help maintain resident safety and well-being.</p>				

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	<p>On 4/5/23 at 1:17 PM the Administrator reported that she expected the staff to watch the doors when they got turned off.</p> <p>2. Resident #17's Minimum Data Set (MDS) dated 1/3/23 identified a Brief Interview of Mental Status (BIMS) score of 4, indicating severely impaired cognition. The MDS indicated that Resident #17 required extensive assistance from two staff with bed mobility, transfers, and toilet use.</p> <p>Resident #17's Admission History and Physical dated 12/22/22 signed by a Physician's Assistant revealed:</p> <ol style="list-style-type: none"> <li>1. Resident #17 fell at her home on 12/20/22 and had two other falls in the prior four days.</li> <li>2. Resident #17's diagnoses included the following: <ol style="list-style-type: none"> <li>a. UTI (urinary tract infection)</li> <li>b. Dementia</li> <li>c. Possible NSTEMI (a type of heart attack)</li> </ol> </li> </ol> <p>Resident #17's Clinical Record lacked a fall risk assessment.</p> <p>The Care Plan Focus dated 1/3/23 identified Resident #17 as a risk for falls. The Interventions directed the following:</p> <ol style="list-style-type: none"> <li>a. Ensure Resident #17 has a call light within reach and encourage her to use it for assistance as</li> </ol>				

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	<p>needed. She needs prompt response to all of her requests for assistance.</p> <p>b. Ensure a safe environment free of clutter and has adequate lighting. Clean up spills promptly.</p> <p>c. Ensure proper footwear when out of bed.</p> <p>d. Follow the facility's fall protocol.</p> <p>e. Resident #17 needs a safe environment with: (SPECIFY: even floors free from spills and/or clutter; adequate, glare-free light; a working and reachable call light, the bed in low position at night; Side rails as ordered, handrails on walls, personal items within reach). (unfinished intervention).</p> <p>f. Initiate neurological checks per facility protocol for any or suspected head injuries.</p> <p>g. Notify the physician and family of falls or injuries as needed.</p> <p>h. Physical Therapy (PT) and Occupational Therapy (OT) to evaluate and treat as ordered.</p> <p>The Nurses Note on 1/12/23 at 7:29 AM identified that Resident #17 got up several times during the night, including self-transferring and walking out into the hallway with her walker. Resident #17 appeared confused and wanted to know where she was. She asked the question over and over again. She was transferred to her recliner, and then she tried to self-transfer out of that, and then transferred her into her wheelchair, and she wanted to go back to her recliner. Eventually the staff transferred her back into her wheelchair and she remained there the rest of the morning. The</p>				

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	<p>nurse noted that Resident #17 did not have a fever but intended to continue monitoring her.</p> <p>The Daily Skilled Charting dated 1/15/23 at 9:02 AM listed that Resident #17 exhibited behaviors of yelling at staff, wandering, and spitting out her medications. The symptoms interfered with her care.</p> <p>The Daily Skilled Charting dated 1/16/23 at 10:42 AM listed that Resident #17 exhibited behaviors of yelling at staff, wandering, and spitting out her medications. The symptoms interfered with her care.</p> <p>The Daily Skilled Charting dated 1/17/23 at 12:28 PM listed that Resident #17 exhibited behaviors of yelling at staff, wandering, and spitting out her medications. The symptoms interfered with her care.</p> <p>The Nurses Note on 1/20/23 at 10:31 AM identified that Resident #17 had an injury of unknown origin as Physical Therapy noted a bruise to her head. The bruise appeared dark purple to light blue in color and measured 8 centimeters (cm) by (x) 6 cm. The note indicated that Resident #17 did attempt to transfer herself when left in her room alone. The staff assist Resident #17 with one person and a walker. The nurse notified the staff that Resident #17 needs to recline in the community living room</p>				

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	<p>by the nurses' station for closer monitoring and to not have the recliner remote within her reach. Resident #17 attempts to move the recliner up to try to self-transfer.</p> <p>The Care Plan lacked information related to Resident #17 bruise her head, her attempts to self-transfer, her wandering, aggression, the amount of staff assistance needed to transfer, if left unattended she tries to get up alone, and that staff should have her in the recliner in the community living room to allow for monitoring.</p> <p>The Nurse's Note on 1/25/23 at 6:20 AM revealed that the Certified Medication Aide (CMA) called a nurse to Resident #17's room at 5:18 AM due to (due to) her not responding. Upon entry to Resident #17's room discovered her lying on a mattress beside her bed on her stomach with her head turned to the right side. The CMA and Registered Nurse (RN) rolled Resident #17 onto her left side. Resident #17 appeared pale, cold to the touch with her lips and nail beds cyanotic (blue). The nurse could not get a blood pressure (BP), an oxygen saturation (O2 sat), or a pulse. Resident #17 did have a respiratory rate of 6 with very shallow breathing. The nurse assessed her airway to ensure it did not have any blocking it, in which the nurse did not see anything visible. The nurse confirmed that Resident #17 had a do not resuscitate (DNR) code status. The CMA called 911 at 5:22 AM while</p>				

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	<p>the RN applied oxygen (O2) at 8 L (Liters) via a full-face mask. The CMA attempted to contact the Director of Nursing (DON) at 5:30 AM with no answer. The nurse made several unsuccessful attempts to obtain a complete set of vital signs (VS) and arouse Resident #17. Resident #17 remained on her left side until the Emergency Medical Technicians (EMTs) arrived. The CMA reported that she passed Resident #17's early morning (AM) medications about 10 minutes prior. At that time Resident #17 appeared awake, alert, and took her pills without incident. While the CMA gave another resident their pills, the CMA heard the resident call out so she went to check Resident #17. When she entered Resident #17's room she found her on the mattress beside her bed with her stomach down on the mattress and she had head facing left. The CMA turned Resident #17's head to the right and found her not responding so she called the RN to assess the situation. The EMTs transported Resident #17 out of facility (OOF) at 5:42 AM to the emergency room (ER). The nurse called Resident #17's emergency contact at 5:45 AM and reported that Resident #17 became unresponsive, so they sent her to the ER. The nurse paged the physician at 5:47 AM and again at 6:09 AM. The facility received a call from the ER nurse at 6:11 AM that Resident #17 passed away on her way to the ER. The nurse sent a text message and called the DON to notify her.</p>				

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	<p>Resident #17's Certificate of Death revealed that she died 1/25/23 at 5:45 AM with a cause of death listed as atherosclerotic cardiovascular disease and the manner of death as natural.</p> <p>The Falls and Fall Risk, Managing policy reviewed April 2023 instructed the following:</p> <p>a. Based on previous evaluations and current data, the staff will identify interventions related to the resident's specific risks and causes to try to prevent the resident from falling and try to minimize complications from falling.</p> <p>b. The interdisciplinary team will attempt to identify appropriate interventions to reduce the risk of falls.</p> <p>On 4/13/23 at 1:28 PM, the DON reported that Resident #17 had adequate supervision and interventions to prevent falls.</p> <p>3. Resident #4's Minimum Data Set (MDS) assessment dated 2/16/23 identified a Brief Interview for Mental Status (BIMS) score of 11, indicating moderately impaired cognition. The MDS included diagnoses of Parkinson's disease, pneumonia, non-Alzheimer's dementia, respiratory failure, and osteoarthritis. The MDS indicated that Resident #4 required extensive assistance from one person with transfers and toilet use.</p> <p>The Fall Assessment dated 12/28/22 listed Resident #4 as a risk for falls.</p>				

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	<p>The Care Plan Focus revised 12/2/22 indicated that Resident #4 had a risk for falls or had fallen due to medical conditions of Parkinson's disease and did not comply with asking for assistance from staff. On 11/27/22, Resident #4 had a fall with no injury. The Interventions directed the following</p> <ul style="list-style-type: none"> <li>a. 7/1/21 - Ensure clear walkway paths in Resident #4's room.</li> <li>b. 7/1/21 - Assess my falls risk at least quarterly and when declines in my condition are observed.</li> <li>c. 10/8/21 - Wheelchair cushion placed in wheelchair to replace pillow that he used to use.</li> <li>d. 11/2/21 - Activities of daily living (ADLs) that Resident #4 needed assistance with ambulation and toilet use.</li> <li>e. 11/2/21 - Anticipate my needs.</li> <li>f. 11/2/21 - Ensure adequate lighting in Resident #4's personal space.</li> <li>g. 11/2/21 - Keep my urinal within my reach.</li> <li>h. 11/2/21 - Make sure that all of Resident #4's personal items that he could want to use are within his reach and at his level.</li> <li>i. f. 11/2/21 - Check on me often to assess my needs.</li> <li>j. 11/23/21 - Placed non-skid strips next to bed.</li> <li>k. 11/23/21 - Encourage Resident #4 to use appropriate footwear when transferring.</li> <li>l. 12/2/22 - Educational reminder to call for assistance.</li> </ul>				

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	m. 12/16/21 - Urinalysis with culture and sensitivity due to increased confusion. n. 12/22/21 - PT/OT to evaluate and treat per recommendations. o. 1/11/22 - Offer and assist Resident #4 to the restroom frequently to minimize resident's attempts at self-transferring 1/11/22. p. 1/21/22 - Bolsters to be placed along the edge of bed for border identification as Resident #4 allowed due to fall on 1/21/22. q. 1/21/22 - Remind me to use my call light and ask for help when I need to use the toilet, or transfer due to fall on 1/21/22. r. 2/4/22 - Staff are to assist Resident #4 to bed by staff between 7:30 PM and 9:00 PM due to fall on 2/4/22. s. 2/10/22 - Anti-Roll backs placed on his wheelchair on 2/9/22. t. 2/10/22 - Take pedals off the wheelchair when someone is not pushing Resident #4 to minimize fall risk related to his falls on 2/3/22. Resident #4 refused this intervention. u. 2/10/22 - Transfer Pole placed in Resident #4's room to help assist him if he attempts to self-transfer due to fall on 2/9/22. v. 3/1/22 - Anti-Tippers placed on his wheelchair due to fall on 3/10/22. w. 3/11/22 - The Certified Nurse Aide (CNA) assigned to Resident #4's hall is to assist him out of the dining room after dinner, then assist him with his needs, assist him to bed. Fall 3/10/22.				

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	<p>x. 3/17/22 - Alarmed floor mat to be placed next to Resident #17's bed. The alarm will not alarm in his room but will alarm in the hallway to alert staff that he may be attempting to self-transfer. Fall 3/17/22.</p> <p>y. 4/5/22 - The nurse spoke with his primary care provider (PCP) to taper Resident #4's Trazodone (antidepressant).</p> <p>z. 5/17/22 - Resident #4 to have one-on-one (1:1) activities three to five times a week. Notification provided to the Activity Director and instructed to document any kind of refusal due to fall on 5/15/22.</p> <p>aa. 6/11/22 - Staff are to offer and assist Resident #4 to the restroom every two hours and as needed (PRN) due to fall on 6/11/22.</p> <p>The Care Plan lacked any interventions related to falls after 6/11/22.</p> <p>The Orders - Administration Note dated 11/27/22 at 1:51 AM directed to check placement and function of Resident #4's floor alarm every shift. The note indicated that Resident #4 did not have a fall alarm available.</p> <p>The Nurses Note dated 11/28/22 at 6:16 PM indicated the facility received a returned fax from Resident #4's PCP regarding a fall on 11/27/22 and order to notify if he seemed abnormal and monitor per facility protocols.</p>				

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	<p>Resident #4's clinical record lacked documentation of a fall on 11/27/22.</p> <p>The Orders - Administration Note directed to check placement and function of Resident #4's floor alarm every shift. The note indicated that Resident #4 did not have a fall alarm available or not working from 11/28/22 through 1/5/23. The note indicated that the DON knew that the alarm did not work on 12/11/22, 12/16/22 - 12/19/22, 12/22/22 - 12/24/22, 12/31/22, and 1/4/23.</p> <p>Resident #4's Clinical Record lacked additional interventions put into place due to the alarm not being available or working.</p> <p>The Nurses Note dated 1/5/23 at 7:20 PM indicated that staff heard a resident calling for help saying help Resident #4 is on the floor. Staff found Resident #4 on the floor wearing only a brief, laying on his back with blood oozing from his head and right hip. The nurse applied gauze, abdominal pad (Abd), and wrapped it around Resident #4's head. An assessment revealed Resident #4's vital signs as temperature 98.1, pulse 85, respirations 22, blood pressure (bp) 115/66, oxygen saturation (O2 sat) 94% on room air (RA). Resident #4 denied any pain and neurological (neuro) checks started. Resident #4 stated to get him off the floor. Resident #4 reported being okay and that he did not need to go to the hospital. He explained that he wanted to get</p>				

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	<p>over there and lost his balance. The nurse calmed Resident #4 down and notified his daughter, who requested to send him to the local hospital. The nurse called an ambulance, got a doctor's order to send Resident #4 to the emergency room (ER), and notified the Director of Nursing (DON).</p> <p>Resident #4 lacked an Incident Report related to his fall in the Risk Management of the electronic health record (EHR).</p> <p>The Emergency/Trauma Department record dated 1/5/23 signed by a physician revealed a diagnosis of an acute head injury due to a fall from ground level that resulted in a laceration (cut) of the scalp. The report indicated that Resident #4 had four staples that should be removed in five to seven days.</p> <p>The Falls and Fall Risk, Managing policy reviewed April 2023 instructed that</p> <ul style="list-style-type: none"> <li>a. Based on previous evaluations and current data, the staff will identify interventions related to the resident's specific risks and causes to try to prevent the resident from falling and try to minimize complications from falling.</li> <li>b. The interdisciplinary team will attempt to identify appropriate interventions to reduce the risk of falls.</li> <li>c. If falling recurs despite initial interventions, staff will implement additional or different interventions, or indicate why the current approach remains relevant.</li> </ul>				

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	<p>On 4/13/23 at 1:28 PM, the DON reported that Resident #4 had adequate supervision and interventions to prevent falls, but he will self-transfer and refuse assistance.</p> <p><b>FACILITY RESPONSE</b></p>				

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\_\_\_\_\_  
Facility Administrator

\_\_\_\_\_  
Date

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58.19(2)b	<p><b>481—58.19(135C) Required nursing services for residents.</b> The resident shall receive and the facility shall provide, as appropriate, the following required nursing services under the 24-hour direction of qualified nurses with ancillary coverage as set forth in these rules:</p> <p><b>58.19(2) Medication and treatment.</b></p> <p><i>b.</i> Provision of the appropriate care and treatment of wounds, including pressure sores, to promote healing, prevent infection, and prevent new sores from developing; (I, II)</p> <p><b>DESCRIPTION</b></p> <p>Based on observation, clinical record review, facility policy review, staff, and resident interviews, the facility failed to complete weekly skin assessments and thorough skin assessments for 2 of 4 residents reviewed (Residents #21 and #22) with pressure ulcers. In addition, the facility failed to initiate and carry out interviews for 1 of 4 residents reviewed (Resident #22) with a pressure ulcer, resulting in a decline of his pressure ulcer. The facility reported a census of 53 residents.</p> <p>The Minimum Data Set (MDS) assessment identifies the definition of pressure ulcers:</p> <p>Pressure Ulcer Stage Definitions</p>	I	<p><b>\$ 8000.00</b></p> <p><b>Held in Suspension</b></p>	Upon Receipt	

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	<p>Suspected Deep Tissue Injury purple or maroon localized area of discolored intact skin or blood-filled blister due to damage of underlying soft tissue from pressure and/or shear. The area may be preceded by tissue that is painful, firm, mushy, boggy, warmer or cooler as compared to adjacent tissue.</p> <p>Stage I intact skin with non-blanchable redness of a localized area usually over a bony prominence. Darkly pigmented skin may not have visible blanching; its color may differ from the surrounding area.</p> <p>Stage II partial thickness loss of dermis presenting as a shallow open ulcer with a red pink wound bed, without slough. May also present as an intact or open/ruptured serum-filled blister.</p> <p>Stage III full thickness tissue loss. Subcutaneous fat may be visible but bone, tendon or muscle are not exposed. Slough may be present but does not obscure the depth of tissue loss. May include undermining and tunneling.</p> <p>Stage IV is full thickness tissue loss with exposed bone, tendon or muscle. Slough or eschar may be present on some parts of the wound bed. Often include undermining and tunneling.</p> <p>Unstageable Ulcer: inability to see the wound bed</p>				

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	<p>Findings include:</p> <p>1. Resident #21's Minimum Data Set (MDS) assessment dated 3/28/23 identified a Brief Interview for Mental Status (BIMS) score of 8, indicating moderate cognitive impairment. The MDS indicated she required extensive assistance from one person for bed mobility, toilet use, personal hygiene, and extensive assistance of two persons for transfers and dressing. The MDS indicated that she had a risk for developing pressure ulcers/injuries and had one stage one unhealed pressure ulcer/injury. The MDS listed that Resident #21 received treatments included pressure reducing devices on her chair and bed, turning/repositioning program, pressure ulcer/injury care, and applications of ointment/medications other than to her feet. The MDS included diagnoses of nontraumatic intracerebral hemorrhage (brain bleed), hypertension (high blood pressure), diabetes mellitus, malnutrition (lacking minerals or vitamins), obstructive hydrocephalus (fluid in the brain), chronic kidney disease and atrial fibrillation (the heart pumps out of normal causing an irregular heart rate).</p> <p>The Care Plan Focus dated 3/24/23 indicated Resident #21 had actual impairment to her skin integrity and fragile skin resulting in a coccyx</p>				

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	<p>wound. The Interventions directed the staff to monitor and document the location, size, and treatment of the skin injury.</p> <p>The March 2023 Treatment Administration Record (TAR) contained the following order: -Weekly skin assessment one time a day every Thursday with a start date of 3/23/23 and discontinue date of 3/30/23. The order got documented on 3/23/23 as being completed, but lacked documentation to indicate completion on 3/30/23.</p> <p>The April 2023 TAR contained the following order: -Weekly skin assessment one time a day every Monday. Start date of 4/3/23</p> <p>The Admission Assessment dated 3/23/23 at 2:34 PM identified that Resident #21 came to the facility from the hospital. Resident #21's skin appeared warm, dry, and intact. The assessment revealed no open areas/skin issues at the time of the assessment.</p> <p>The facility failed to complete a skin assessment on 3/23/23 and 3/30/30 as ordered.</p> <p>The ADON's personal weekly wound assessment spreadsheet dated 3/27/23 - 4/2/23 listed that Resident #21 had a stage III wound to her coccyx that measured 1.2 cm x 1 cm. The wound appeared</p>				

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	<p>open, with a pink wound base and macerated (softened skin by moisture) edges.</p> <p>When asked on 4/11/23 to provide Resident #21's skin assessment since her admission of 3/23/23, the facility provided the following assessments:</p> <ul style="list-style-type: none"> <li>- The N Weekly Nursing Skin Assessment dated 4/3/23 indicated that Resident #21 had alterations in her skin integrity. She had a pressure wound to her coccyx that measured 0.1 cm x 0.1 cm x 0.1 cm. The assessment lacked a description of the appearance of the wound.</li> <li>- The N Weekly Nursing Skin Assessment dated 4/10/23 indicated that Resident #21 had alterations in her skin integrity. She had a pressure ulcer that measured 0.1 cm x 0.1 cm x 0.1 cm. The note indicated they would continue her current treatment of Triad (specialized wound ointment) three times a day. The assessment lacked a location and a description of the appearance of the wound.</li> </ul> <p>The ADON's personal weekly wound assessment spreadsheet dated 4/3/23-4/9/23 listed that Resident #21 had a stage III wound to her coccyx that measured 0.5 cm x 1.2 cm x 0.1 cm. The wound appeared open, with a pink wound base and macerated (softened skin by moisture) edges.</p> <p>A weekly nursing skin assessment completed on 4/10/23 related to the 3/23/23 admission documented a 0.1 cm x 0.1 cm pressure ulcer. The</p>				

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	<p>area continued to measure 0.1 cm x 0.1 cm on the skin assessments completed on 4/3/23 and 4/10/23.</p> <p>Resident #21's clinical record lacked the weekly wound assessments provided by the ADON.</p> <p>2. Resident #22's MDS assessment dated 3/20/23 identified a BIMS score of 14, indicating no cognitive impairment. The MDS indicated he required limited assistance of one person for bed mobility, transfers, dressing, toilet use, and personal hygiene. The MDS listed that he had one stage 1 pressure ulcer and used a pressure reducing device in his chair and bed, nutrition or hydration interventions to manage skin problems, pressure ulcer/injury care, and applications of ointment/medications other than to his feet. The MDS included diagnoses of pneumonia, anemia, diabetes mellitus, malnutrition (lack of minerals and vitamins), depression, bipolar disorder (mood imbalance), respiratory failure, hemothorax (blood around the lungs), pleural effusion (fluid around the lungs), and alcohol dependence.</p> <p>The Hospital's Discharge Summary dated 2/22/23 regarding discharge equipment and supplies listed an order for Resident #22's left heel to apply a small Mepilex border dressing to the bulla on his left heel for protective purposes, offload with a pillow, and change every three days.</p>				

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	<p>The ADON's personal weekly wound assessment spreadsheet dated 2/20/23 - 2/26/23 listed that Resident #22 had stage III wound to his coccyx that measured 3 cm x 2.9 cm x 0.3 cm. The description listed the wound as open with slough (stringy dying tissue) tissue. In addition, the spreadsheet included a stage I wound to his left heel that measured 1 cm x 1 cm, the description indicated the wound appeared red and still intact.</p> <p>The Communication provided to the Physician on 2/27/23 at 2:00 PM notified the Physician of a fluid filled blister to Resident #22's left heel that measured 2.5 cm x 2.7 cm. The nurse indicated that they cleaned the area and covered it with an island dressing. The note included a request for any new orders. The physician replied on 3/19/23 and sent back to the facility on 3/20/23. The facility's staff noted the order on 3/20/23.</p> <p>The Communication provided to the Physician on 2/28/23 identified that Resident #22 had an intact blister to his left heel. The nurse requested an order for Prevalon boots with the direction of on when in bed, offload heels from bed, and to leave shoes off until healed? The note included unsigned handwriting that the Physician addressed on his previous fax.</p>				

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Health Facilities Division  
Citation**

<b>Number</b> 6103					<b>Report date</b> May 12, 2023
<b>Facility name</b> Countryside Health Care Center		<b>Survey dates</b> April 3, 2023 - April 13, 2023			
<b>Facility address</b> 6120 Morningside Avenue					
<b>City</b> Sioux City		<b>JB</b>			
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	<p>On 4/6/23 at 9:58 AM the Assistant Director of Nursing (ADON) completed Resident #22's treatment of her coccyx. The area appeared open with a white wound bed, pink tissue in the center, and measured 0.5 centimeters (cm) by (x) 1.2 cm.</p> <p>Resident #22's February 2023 TAR contained the following orders:</p> <ul style="list-style-type: none"> <li>- Apply a small Mepilex border dressing to the bulla (large blister containing fluid) on left heel for protective purposes, off load with a pillow, and change every 3 days with a start date of 2/23/23.</li> <li>- Cleanse coccyx ulcer with normal saline, apply Santyl (special wound ointment), then apply an Allevyn sacrum dressing, change daily one time of day with a start date of 2/23/23.</li> <li>- Weekly skin assessment every Wednesday with a start date of 2/22/23 and discontinued on 3/5/23.</li> </ul> <p>The ADON's personal weekly wound assessment spreadsheet dated 2/27/23 - 3/5/23 listed that Resident #22 had stage III wound to his coccyx that measured 3 cm x 2.9 cm x 0.3 cm. The description listed the wound as open with slough (stringy dying tissue) tissue. In addition, the spreadsheet included a stage I wound to his left heel that measured 1 cm x 1 cm, the description indicated the wound appeared red and still intact.</p> <p>The N Weekly Nursing Skin Assessment dated 3/7/23 indicated that Resident #22 had an</p>				

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	<p>alteration in his skin integrity due to a blister to his left heel with peeling skin.</p> <p>Resident #22's Braden Risk Assessment completed on 3/8/23 listed a score of 18, indicating a risk for developing pressure ulcers/injuries.</p> <p>The Care Plan revised 3/8/23 lacked documentation of Resident #22's pressure ulcer(s). The Care Plan lacked interventions for staff to implement and follow while caring for Resident #22's pressure ulcer.</p> <p>The N Weekly Nursing Skin Assessment dated 3/11/23 indicated that Resident #22 had an alteration in his skin integrity of a coccyx ulcer with a daily wound dressing and a left heel blister with peeling skin.</p> <p>The ADON's personal weekly wound assessment spreadsheet dated 3/6/23 - 3/12/23 listed that Resident #22 had stage III wound to his coccyx that measured 3 cm x 2.9 cm x 0.3 cm. The description listed the wound as open with slough (stringy dying tissue) tissue. In addition, the spreadsheet included a stage I wound to his left heel that measured 1 cm x 1 cm, the description indicated the wound appeared red and still intact.</p> <p>An After-Visit Summary dated 3/11/23-3/15/23 documented the following dressing and wound</p>				

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	<p>orders: wound location-buttocks, apply a Mepilex sacral border dressing every three days and as needed. Apply prophylactically (as protection) to clean, dry, intact skin to prevent sacral ulcers every three days and as needed. The order instructs to lift and reattach the dressing for skin inspection per facility policy for skin care.</p> <p>Resident #22's Braden Risk Assessment completed on 3/15/23 listed a score of 17, indicating a risk for developing pressure ulcers/injuries.</p> <p>The N Weekly Nursing Skin Assessment dated 3/25/23 indicated that Resident #22 had alterations in skin integrity but no new areas.</p> <p>Resident #22's March 2023 and April 2023 TAR contained the following orders:</p> <ul style="list-style-type: none"> <li>- Apply a small Mepilex border dressing to the bulla on the left heel for protective purposes, off load with a pillow, change every 3 days with a start date of 2/23/23</li> <li>- Cleanse coccyx ulcer with normal saline, apply Santyl, then apply an Allevyn sacral dressing, change once daily with a start date of 2/23/23.</li> <li>- Triad Hydrophilic Wound paste to coccyx daily with dressing changes with a start date of 3/16/23.</li> <li>- Weekly skin assessments every Saturday with a start date of 3/11/23</li> </ul>				

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	<p>The N Weekly Nursing Skin Assessment dated 4/1/23 indicated that Resident #22 had an alteration in his skin integrity due to a pressure area to his coccyx that measured 1 cm x 0.5 cm. The nurse applied current treatment with Mepilex to the area.</p> <p>The ADON's personal weekly wound assessment spreadsheet dated 3/27/23 - 4/2/23 listed that Resident #22 had stage III wound to his coccyx that measured 1 cm x 0.5 cm. The description listed the wound as open with slough (stringy dying tissue) tissue. In addition, the spreadsheet included a stage I wound to his left heel that measured 1.5 cm x 1 cm.</p> <p>The N Weekly Nursing Skin Assessment dated 4/6/23 lacked any documentation.</p> <p>On 4/6/23 at 10:16 AM observed Resident #22 lying in bed on his back wearing black shoes without having his feet offloaded, with his green Prevalon boot in the chair, and the waffle cushion on his wheelchair seat. Watched the Assistant Director of Nursing (ADON) complete his treatments and dressing changes to his coccyx and left heel. His left heel dressing had no date and the blister measured 1 cm x 1 cm. The blister appeared intact with an open area to the bottom left of the blister, the ADON did not measure that open area. Resident #22's dressing removed from his buttock listed a</p>				

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	<p>date of 4/5/23. The area measured 0.5 cm x 0.7 cm and appeared to have an open white area at the top of his coccyx with very superficial (not deep) shearing (removal of skin in one direction) below that area. Staff S, Certified Nursing Assistant (CNA), assisted with the treatment. After the ADON completed the treatment, Staff S left his shoes off while he stayed in bed. The Prevalon boot remained in his chair, no observation of pillows found in his room other than the one used for his head, and no noted positioning wedges present. When asked what things they did to help prevent further issues, Staff S replied that they did not offload his feet at the time, but they assisted him with repositioning in bed. The ADON explained that she measures the wounds weekly and reports her findings to the Administrator.</p> <p>On 4/7/23 at 3:47 PM Staff N, Certified Medication Aide (CMA), stated they got Resident #22 up for his meals and repositioned him every two hours. At least that's what she does when she works. When asked what they do to assist with healing and protecting his heel blister, she stated she did not notice anything with his feet. She added that he came to the facility with the Prevalon boot but did not know when the facility stopped using it. When asked when the blister on his heel opened, she stated she did not know he had a blister on his heel.</p>				

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	<p>The ADON's personal weekly wound assessment spreadsheet dated 4/3/23 - 4/9/23 listed that Resident #22 had stage III wound to his coccyx that measured 0.5cm x 0.7 cm. The description listed the wound as healing open with pink slight slough tissue. In addition, the spreadsheet included a stage II red blister wound to his left heel that measured 1 cm x 1 cm. The area continued to still be half open stage I red blister with an intact area.</p> <p>The Electronic Health Record (EHR) failed to include documented weekly skin assessments for Resident #22's coccyx pressure wound and Resident #22's left heel blister on 2/22/23, 3/1/23, 3/11/23, 3/18/23, 3/25/23, and 4/8/23. The left heel blister also lacked a documented weekly skin assessment for 4/1/23.</p> <p>Resident #22's clinical record lacked the weekly wound assessments provided by the ADON.</p> <p>On 4/11/23 at 10:42 AM witnessed Resident #22 not in bed and only one pillow remained in his room on his bed. His green Prevalon boot laid on the floor. Resident #22 noted in the commons area by the nurse's station wearing black shoes, with foot pedals on his wheelchair, with feet resting on the foot pedals. At 3:34 PM observed Resident #22 in bed, lying on his back, wearing his black shoes and his feet touched the footboard. Witnessed the green Prevalon boots on the floor under his bed.</p>				

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	<p>On 4/11/23 at 1:30 PM the ADON stated Resident #22 has a mattress top to help with his pressure ulcers. She added that he has a Prevalon boot that he is supposed to wear every day to help protect/cushion his left heel. The nurses told her though that he refused to wear it. When asked if he should be wearing his shoes she replied that his shoes add a layer of protection. When Resident #22 came to the facility his heel just had a blister on it, it then popped, and opened. She thought he had his coccyx wound on admission as well. When asked when wound assessments should be completed she stated on admission a nurse should complete a full assessment. Her nurses are her eyes when it comes to the wounds and will report to her if a resident has an open area then she will go look at it. Skin assessments should be completed weekly. She is working with nurses to complete the measurements with the dressing changes because there are times when she wants to see the wound, the dressing and treatment are already completed and she does not want to take that dressing off. When asked if Resident #21 or Resident #22 had additional wound assessments as their electronic health records (EHR) lacked weekly assessment, she answered that she completes her own assessments weekly that she puts on a spreadsheet and emails to the Administrator. The ADON reported they are not in the resident's clinical record.</p>			

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	<p>On 4/11/23 at 2:00 PM observed Resident #22 lying in bed, on his back, black shoes on, without his feet offloaded. When asked if the staff ask him to wear the green boot on the floor under his bed, Resident #22 said no. He indicated he would wear it if the staff asked him. He said they did not take his shoes off while he laid in bed but he would allow them to take them off if they asked him. Resident #22 added that they did not put pillows under his feet while he laid in bed but would allow them to do so.</p> <p>On 4/11/23 at 3:35 PM Staff J, Licensed Practical Nurse (LPN), explained that Resident #22 should be repositioned every two hours from side to side. Staff J added that at times he repositioned himself and could be noncompliant with staying on his side. She stated he should have a boot on while in bed and not wear his shoes. She added there are times he is pretty good with wearing boots.</p> <p>On 4/11/23 at 5:49 PM Staff Q, CMA, stated they repositioned Resident #22 and ensured he did not sit up very long. Staff Q added that she felt he complied with this. Staff Q indicated she did not know he had a blister on his left heel.</p> <p>On 4/11/23 at 6:04 PM Staff V, CMA, reported that she did not know he had a blister or a wound on his left heel.</p>				

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	<p>On 4/11/23 at 6:45 PM Staff P, CMA, stated they usually repositioned Resident #22 in his bed or chair. They would try to float his heels while in bed, leave his shoes on, and make sure nothing would rub against his heel. She indicated they used pillows and positioning wedges but never noticed the use of a Prevalon boot. Staff P added that Resident #22 is not a morning person, so he would be noncompliant but later in the afternoon he would be more cooperative.</p> <p>On 4/11/23 at 8:00 PM Staff T, CMA, explained that Resident #22 is to be repositioned and they are to elevate his feet off the mattress. He does move by himself but will be compliant with repositioning on the overnight shift. When asked how they elevate his feet she indicated they will use a pillow or two. When asked if he is to wear the Prevalon boot that is in his room, she stated no one had told her he needed it.</p> <p>On 4/12/23 at 10:24 AM observed Resident #22 sitting in his wheelchair in the commons area wearing shoes with his feet on the foot pedals. The Prevalon boots remained on the floor under his bed with only one pillow observed in his room and no positioning wedges noted.</p> <p>On 4/12/23 at 2:12 PM when asked how they are prevented new wounds and assisted with healing Resident #22's wounds, the Director of Nursing</p>				

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	<p>(DON) replied that they completed incontinent cares and repositioning. The staff remind him to reposition because he can and will reposition himself side to side. He will sit up in his wheelchair, just needs to be reminded to reposition himself. For his heel it is to be offloading while in bed with pillows or those green positioning wedges, or his Prevalon boot. After notification of Resident #22 only having one pillow in his room, no positioning wedges, and his Prevalon boot in his chair or on the floor the last two days she said ok. After informing the DON that Resident #22 indicated he would allow pillows and the use of his Prevalon boot, as well as allowing staff to remove his shoes while in bed, she stated ok. When asked if his shoes should be off she indicated she would need to see the wound herself to determine that.</p> <p>On 4/13/23 at 11:49 AM witnessed Resident #22 sitting in his wheelchair being assisted to the dining room wearing his black shoes and his feet on the foot pedals. The green Prevalon boot remained on the floor under his bed with only one pillow in his room, and no positioning wedges in his room.</p> <p>Resident #22's Progress Notes lacked documentation related to interventions that did not work or of him refusing interventions.</p> <p>The facility's Pressure Injury/Skin Breakdown-Clinical Guidelines approved in June 2022,</p>				

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	instructed the staff to complete an evaluation of the resident's skin and resulting risk factors for developing pressure ulcers upon admission. The staff are to examine the skin of a new admission and/or re-admission for ulcerations or indications of a Stage 1 pressure area that has not yet ulcerated at the surface. The nursing staff will complete an evaluation of the skin weekly. Based upon the need and results of the evaluations the staff will implement interventions for the prevention and care of skin issues. The Interdisciplinary Team (IDT) will review measures upon admission, quarterly, and with significant changes.				

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	<b>FACILITY RESPONSE</b>				

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\_\_\_\_\_  
Facility Administrator

\_\_\_\_\_  
Date



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58.43(9)	<p><b>481—58.43(135C) Resident abuse prohibited.</b> Each resident shall receive kind and considerate care at all times and shall be free from mental, physical, sexual, and verbal abuse, exploitation, neglect, and physical injury. Each resident shall be free from chemical and physical restraints except as follows: when authorized in writing by a physician for a specified period of time; when necessary in an emergency to protect the resident from injury to the resident or to others, in which case restraints may be authorized by designated professional personnel who promptly report the action taken to the physician; and in the case of an intellectually disabled individual when ordered in writing by a physician and authorized by a designated qualified intellectual disabilities professional for use during behavior modification sessions. Mechanical supports used in normative situations to achieve proper body position and balance shall not be considered to be a restraint. (II)</p> <p><b>58.43(9) Allegations of dependent adult abuse.</b> Allegations of dependent adult abuse shall be reported and investigated pursuant to Iowa Code chapter 235E and 481—Chapter 52. (I, II, III)</p> <p><b>DESCRIPTION</b></p> <p>Based on clinical record, facility policy, facility records, and staff interview, the facility failed to notify the state agency that 1 of 4 residents</p>	II	<p>\$500</p> <p style="color: red;"><b>Held in Suspension</b></p>	Upon Receipt	

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	<p>reviewed (Resident #17) fell and died. The facility reported a census of 53 residents.</p> <p>Findings include:</p> <p>Resident #17's Minimum Data Set (MDS) assessment dated 1/3/23 listed an admission date of 12/30/22 from an acute (short-term) hospital. The MDS identified a Brief Interview of Mental Status (BIMS) score of 4, indicating severely impaired cognition. The MDS listed that Resident #17 required the extensive assistance from two persons with bed mobility, transfers, and toilet use.</p> <p>Resident #17's Admission History and Physical dated 12/22/22 signed by a Physician's Assistant revealed:</p> <ol style="list-style-type: none"> <li>1. Resident #17 fell at her home on 12/20/22 and had two other falls in the prior four days.</li> <li>2. Resident #17's diagnoses included the following:               <ol style="list-style-type: none"> <li>a. UTI (urinary tract infection)</li> <li>b. Dementia</li> <li>c. Possible NSTEMI (a type of heart attack)</li> </ol> </li> </ol> <p>The Nurse's Note on 1/25/23 at 6:20 AM revealed that the Certified Medication Aide (CMA) called a nurse to Resident #17's room at 5:18 AM due to (due to) her not responding. Upon entry to Resident #17's room discovered her lying on a mattress beside her bed on her stomach with her head turned to the right side. The CMA and Registered</p>				

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**Department of Inspections and Appeals  
Health Facilities Division  
Citation**

<b>Number</b> 6103					<b>Report date</b> May 12, 2023
<b>Facility name</b> Countryside Health Care Center		<b>Survey dates</b> April 3, 2023 - April 13, 2023			
<b>Facility address</b> 6120 Morningside Avenue					
<b>City</b> Sioux City		<b>JB</b>			
<b>Rule or Code Section</b>	<b>Nature of Violation</b>	<b>Class</b>	<b>Fine Amount</b>	<b>Correction Date</b>	
	<p>Nurse (RN) rolled Resident #17 onto her left side. Resident #17 appeared pale, cold to the touch with her lips and nail beds cyanotic (blue). The nurse could not get a blood pressure (BP), an oxygen saturation (O2 sat), or a pulse. Resident #17 did have a respiratory rate of 6 with very shallow breathing. The nurse assessed her airway to ensure it did not have any blocking it, in which the nurse did not see anything visible. The nurse confirmed that Resident #17 had a do not resuscitate (DNR) code status. The CMA called 911 at 5:22 AM while the RN applied oxygen (O2) at 8 L (Liters) via a full-face mask. The CMA attempted to contact the Director of Nursing (DON) at 5:30 AM with no answer. The nurse made several attempts to obtain a complete set of vital signs (VS) and arouse Resident #17, unsuccessfully. Resident #17 remained on her left side until the Emergency Medical Technicians (EMTs) arrived. The CMA reported that she passed Resident #17's early morning (AM) medications about 10 minutes prior. At that time Resident #17 appeared awake, alert, and took her pills without incident. While the CMA gave another resident their pills, the CMA heard the resident call out so she went to check Resident #17. When she entered Resident #17's room she found her on the mattress beside her bed with her stomach down on the mattress and she had head facing left. The CMA turned Resident #17's head to the right and found her not responding so she called the RN to assess the situation. The EMTs</p>				

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	<p>transported Resident #17 out of facility (OOF) at 5:42 AM to the emergency room (ER). The nurse called Resident #17's emergency contact at 5:45 AM and reported that Resident #17 became unresponsive, so they sent her to the ER. The nurse paged the physician at 5:47 AM and again at 6:09 AM. The facility received a call from the ER nurse at 6:11 AM that Resident #17 passed away in route to the ER. The nurse sent a text message and called the DON to notify her.</p> <p>Resident #17's Certificate of Death revealed that she died 1/25/23 at 5:45 AM with a cause of death listed as atherosclerotic cardiovascular disease and the manner of death as natural.</p> <p>The facility lacked documentation of notification to the state agency after Resident #17 fell and died on 1/25/23.</p> <p>The Incident or Unusual Event Reporting, All Types policy with a last reviewed date of 10/22 revealed:</p> <p>a. The facility administration will report the following events to appropriate agencies per their existing guidelines:</p> <p>i. Death of a resident, employee or visitor because of unnatural causes (e.g. suicide, homicide, accidents, etc.).</p> <p>b. Unusual occurrences shall be reported to the appropriate agencies as required by current law and/or regulations within twenty-four (24) hours of</p>				

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	<p>such incident or as otherwise required by federal and state regulations, example a suspected crime or serious injury within two hours.</p> <p>c. A written report detailing the incident and actions taken by the facility after the event shall be sent or delivered to the state agency (and other appropriate agencies as required by law) as required by federal and state regulations.</p> <p>4. The administration will keep a copy of written reports on file.</p> <p>In an Electronic Mail (email) dated 4/5/23 at 12:56 PM, the Administrator reported that there were no incidents reported to the state agency in January 2023.</p> <p>In an interview on 4/6/23 at 8:47 AM, the DON reported that she reviewed the incident with the corporate nurse consultant who advised her to not report the fall with death to the state agency because the resident did not die as a result of the fall.</p>				

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	<b>FACILITY RESPONSE</b>				

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\_\_\_\_\_  
Facility Administrator

\_\_\_\_\_  
Date