

**Iowa Department of Inspections and Appeals
Health Facilities Division
Citation**

Citation Number: #10370		Date: May 20, 2024		
Facility Name: Keosauqua Health Care Center		Survey Dates: April 29, 2024 – May 2, 2024		
Facility Address/City/State/Zip 819 County Lane Road Keosauqua, Iowa 52565		LG		
Rule or Code Section		Nature of Violation		Class
				Fine Amount
				Correction date

58.19(2)j	<p>481—58.19(135C) Required nursing services for residents. The resident shall receive and the facility shall provide, as appropriate, the following required nursing services under the 24-hour direction of qualified nurses with ancillary coverage as set forth in these rules:</p> <p>58.19(2) Medication and treatment.</p> <p>j. Provision of accurate assessment and timely intervention for all residents who have an onset of adverse symptoms which represent a change in mental, emotional, or physical condition. (I, II, III)</p> <p>DESCRIPTION:</p> <p>Based on clinical record review, policy review, provider interview, resident interview and staff interviews, the facility failed to carry out assessments and interventions for 2 of 5 residents reviewed for a change in condition (Resident #10, and #209). The facility failed to carry out assessments/interventions for a resident with a low blood sugar (#10), and failed to carry out interventions after a resident did not have a bowel movement for multiple days (#209). The facility reported a census of 58 residents.</p> <p>Findings:</p> <p>1. The MDS assessment dated 3/27/24 revealed Resident #10 scored a 14 out of 15 on the BIMS exam, which indicated cognition intact. The MDS revealed diagnoses for acute and chronic respiratory failure with</p>	I	\$6750.00 (Held in Suspension)	Upon Receipt
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Facility Administrator

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	<p>hypoxia, heart failure, renal insufficiency, neurogenic bladder, and diabetes mellitus.</p> <p>The Care Plan revealed a focus area revised on 4/23/24 for risk for alterations in blood glucose levels related to diabetes diagnosis. The interventions dated 4/19/24 revealed glucagon kit as ordered; observation for signs/symptoms of hypoglycemia and report to nurse/provider as needed such as shakiness, sweating, headache, nausea, fatigue, irritability, dizziness, tingling/numbness of lips, tongue, and cheeks.</p> <p>The Progress Note dated 10/24/23 at 4:40 PM, revealed the nurse called into the resident's room due to Certified Nurse Aide (CNA) stated that he acted funny. When the nurse arrived in the room the resident found lethargic and barely kept his eyes open. Blood glucose checked and read 60 mg/dl (milligrams per deciliter). Two glucagon packets and 3 cups of orange juice with sugar administered due to resident still able to swallow and continued to check blood glucose and only able to get resident up to 75 mg/dl. The provider notified and ordered glucagon 1 mg intramuscular injection. The nurse administered glucagon and continued to monitor the resident. Twenty minutes later residents blood glucose was in the 200s. The provider called and ordered for continued monitoring the resident though out the night.</p> <p>The e-Interact Transfer Form V5 dated 10/25/23 at 3:48 PM revealed resident sent to the local hospital on 10/25/23 at 3:55 PM for hypoglycemia. The blood</p>			
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	<p>glucose registered 62 on 10/25/23 at 3:19 PM. The vitals signs revealed 130/60 blood pressure; 70 heart rate per minute; 14 breaths per minute; temperature 96.9 F; and pulse oximetry 90% on oxygen via nasal at 3.5 liters. The resident started antibiotics on 10/20/23 for cellulitis.</p> <p>The Progress Note dated 10/25/23 at 3:45 PM, notified of POA (Power of Attorney) on the condition of resident and notified her of order to transfer resident to local hospital for evaluation and treatment.</p> <p>The Progress Notes lacked documentation of assessments between 10/24/23 at 4:40 PM and 10/25/23 at 3:48 PM.</p> <p>The Transfer to Hospital Summary dated 10/25/23 at 3:55 PM revealed provider notified of resident's condition and received verbal order to transfer to local hospital for evaluation and treatment. At 5:43 PM, 911 notified; at 3:45 PM the POA notified of resident's condition and transferred to local hospital; and EMS (Emergency Medical Services) arrived at the facility and got the resident stable. At 3:55 PM, EMS transported resident to local hospital ER (emergency room) for evaluation and treatment. This form revealed incorrect documentation and struck out on 2/7/24 at 8:03 PM.</p> <p>The Blood Sugar Summary revealed the following blood glucose readings: a. 10/25/23 at 12:32 PM 110.0 mg/dL b. 10/25/23 at 3:19 PM 62.0 mg/dL</p>			
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	<p>During an interview on 5/2/24 at 10:54 AM, Staff G, LPN (Licensed Practical Nurse) queried about the incident on 10/25/23 and she stated they fill out a transfer form and document in nursing notes. She stated he had a low blood glucose and they got it back up and then ended up shipping him out to the hospital for a while.</p> <p>During an interview on 5/2/24 at 3:07 PM, the ADON (Assistant Director of Nursing) queried on the incident with Resident #10 on 10/25/24 and the documentation and she stated she expected a lot more documentation such as what happened, if he was hypoglycemic from the night before. She stated the assessment needed documented.</p> <p>2. Due to Resident #209 recent admission to the facility, completed MDS assessment not available for review.</p> <p>The Care Plan dated 4/15/24 revealed a focus area for self-care deficit as evidenced by requiring assistance with ADLs, impaired balance during transitions required assistance and/or walking, and incontinence. The interventions revised on 4/23/24 revealed resident needed a person assist with toileting.</p> <p>The EMR revealed the following Medical Diagnoses: a. slow transit constipation b. fracture of superior rim of left pubis, subsequent encounter for fracture with routine healing.</p>			
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	<p>On 4/29/24 at 11:48 AM the resident stated he hadn't pooped in 5 days. they gave him MOM and that didn't help. He stated if they give him a can of rotel tomatoes, that would open him up.</p> <p>The Physician Orders revealed the following medications:</p> <ul style="list-style-type: none"> a. ordered 4/30/24- Milk of Magnesia Suspension (MOM) 7.75 %- give 30 ml (milliliter) by mouth every 24 hours as needed for constipation b. ordered 4/30/24- Enema Disposable Rectal Enema- insert 1 application rectally every 24 hours as needed for constipation c. ordered 4/30/24- Bisacodyl Suppository 10 mg (milligrams)- insert 1 suppository rectally every 24 hours as needed for constipation Give 10 mg suppository per rectum daily PRN constipation d. ordered 4/14/24- Oxycodone/acetaminophen 5/325 mg- give 1 tablet orally every 6 hours as needed for pain e. ordered 4/14/24- Senna-time tablet 8.6 mg- give 1 tablet orally every 12 hours as needed for slow constipation <p>The April MAR (Medication Administration Record) revealed the resident received MOM on 4/27/24 at 9:21 AM.</p> <p>The April MAR revealed the resident didn't receive Senna-time tab one time during the month.</p> <p>The May MAR revealed the resident received enema disposable rectal enema on 5/1/24 at 7:17 AM</p>			
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	<p>The POC Response History for Bowel Elimination revealed Resident #209 did not have a bowel movement from 4/25/24 at 1:59 AM through 5/2/24 at 2:42 AM.</p> <p>During an interview on 5/2/24 at 1:32 PM, Staff C, RN (Registered Nurse) stated the facility had a bowel list and the night shift nurse left a bowel list for the nurses every morning. Staff C stated no one said anything to her about the resident's constipation. She stated the resident had this issue before and his home caregiver came in and brought things that worked for him and they received good results.</p> <p>During an interview on 5/2/24 at 3:25 PM, the ADON queried on Resident #209 constipation and she stated they gave him an enema the day before and MOM the day before that. She stated they used a 3-day bowel protocol and if in 3 days no bowel movement, the resident received MOM and if no results, they received a suppository, and then after that an enema. She stated everyone usually gets an order set when admitted and Resident #209 didn't and they came to her about his constipation and they got the order set ordered. She stated they should have noticed on Day 3 and the staff needed to look at the bowel list every day.</p> <p>FACILITY RESPONSE:</p>			
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58.19(2)b	<p>481—58.19(135C) Required nursing services for residents. The resident shall receive and the facility shall provide, as appropriate, the following required nursing services under the 24-hour direction of qualified nurses with ancillary coverage as set forth in these rules:</p> <p>58.19(2) Medication and treatment.</p> <p>b. Provision of the appropriate care and treatment of wounds, including pressure sores, to promote healing, prevent infection, and prevent new sores from developing; (I, II)</p> <p>DESCRIPTION:</p> <p>Based on clinical record review, policy review, provider interview, resident interview and staff interviews, the facility failed to carry out assessments and interventions for 2 of 5 residents reviewed for a change in condition (Resident #10, and #209). The facility failed to carry out assessments/interventions for a resident with a low blood sugar (#10), and failed to carry out interventions after a resident did not have a bowel movement for multiple days (#209). The facility reported a census of 58 residents.</p> <p>Findings:</p> <p>1. The MDS assessment dated 3/27/24 revealed Resident #10 scored a 14 out of 15 on the BIMS exam, which indicated cognition intact. The MDS revealed diagnoses for acute and chronic respiratory failure with</p>	I	\$7500.00 (Held in Suspension)	Upon Receipt
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	<p>hypoxia, heart failure, renal insufficiency, neurogenic bladder, and diabetes mellitus.</p> <p>The Care Plan revealed a focus area revised on 4/23/24 for risk for alterations in blood glucose levels related to diabetes diagnosis. The interventions dated 4/19/24 revealed glucagon kit as ordered; observation for signs/symptoms of hypoglycemia and report to nurse/provider as needed such as shakiness, sweating, headache, nausea, fatigue, irritability, dizziness, tingling/numbness of lips, tongue, and cheeks.</p> <p>The Progress Note dated 10/24/23 at 4:40 PM, revealed the nurse called into the resident's room due to Certified Nurse Aide (CNA) stated that he acted funny. When the nurse arrived in the room the resident found lethargic and barely kept his eyes open. Blood glucose checked and read 60 mg/dl (milligrams per deciliter). Two glucagon packets and 3 cups of orange juice with sugar administered due to resident still able to swallow and continued to check blood glucose and only able to get resident up to 75 mg/dl. The provider notified and ordered glucagon 1 mg intramuscular injection. The nurse administered glucagon and continued to monitor the resident. Twenty minutes later residents blood glucose was in the 200s. The provider called and ordered for continued monitoring the resident though out the night.</p> <p>The e-Interact Transfer Form V5 dated 10/25/23 at 3:48 PM revealed resident sent to the local hospital on 10/25/23 at 3:55 PM for hypoglycemia. The blood</p>			
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	<p>During an interview on 5/2/24 at 10:54 AM, Staff G, LPN (Licensed Practical Nurse) queried about the incident on 10/25/23 and she stated they fill out a transfer form and document in nursing notes. She stated he had a low blood glucose and they got it back up and then ended up shipping him out to the hospital for a while.</p> <p>During an interview on 5/2/24 at 3:07 PM, the ADON (Assistant Director of Nursing) queried on the incident with Resident #10 on 10/25/24 and the documentation and she stated she expected a lot more documentation such as what happened, if he was hypoglycemic from the night before. She stated the assessment needed documented.</p> <p>2. Due to Resident #209 recent admission to the facility, completed MDS assessment not available for review.</p> <p>The Care Plan dated 4/15/24 revealed a focus area for self-care deficit as evidenced by requiring assistance with ADLs, impaired balance during transitions required assistance and/or walking, and incontinence. The interventions revised on 4/23/24 revealed resident needed a person assist with toileting.</p> <p>The EMR revealed the following Medical Diagnoses: a. slow transit constipation b. fracture of superior rim of left pubis, subsequent encounter for fracture with routine healing.</p>			
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58.28(3)e	<p>481—58.28(135C) Safety. The licensee of a nursing facility shall be responsible for the provision and maintenance of a safe environment for residents and personnel. (III) 58.28(3) Resident safety. e. Each resident shall receive adequate supervision to protect against hazards from self, others, or elements in the environment. (I, II, III)</p> <p>DESCRIPTION:</p> <p>Based on clinical record review, policy review, provider interview, resident interview and staff interviews, the facility failed to carry out assessments and interventions for 2 of 5 residents reviewed for a change in condition (Resident #10, and #209). The facility failed to carry out assessments/interventions for a resident with a low blood sugar (#10), and failed to carry out interventions after a resident did not have a bowel movement for multiple days (#209). The facility reported a census of 58 residents.</p> <p>Findings:</p> <p>1. The MDS assessment dated 3/27/24 revealed Resident #10 scored a 14 out of 15 on the BIMS exam, which indicated cognition intact. The MDS revealed diagnoses for acute and chronic respiratory failure with hypoxia, heart failure, renal insufficiency, neurogenic bladder, and diabetes mellitus.</p>	I	\$23,250.00 (\$7750 x3 trebled) (Held in Suspension)	Upon Receipt
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**Iowa Department of Inspections and Appeals
Health Facilities Division
Citation**

Citation Number: #10370		Date: May 20, 2024		
Facility Name: Keosauqua Health Care Center		Survey Dates: April 29, 2024 – May 2, 2024		
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	<p>incident on 10/25/23 and she stated they fill out a transfer form and document in nursing notes. She stated he had a low blood glucose and they got it back up and then ended up shipping him out to the hospital for a while.</p> <p>During an interview on 5/2/24 at 3:07 PM, the ADON (Assistant Director of Nursing) queried on the incident with Resident #10 on 10/25/24 and the documentation and she stated she expected a lot more documentation such as what happened, if he was hypoglycemic from the night before. She stated the assessment needed documented.</p> <p>2. Due to Resident #209 recent admission to the facility, completed MDS assessment not available for review.</p> <p>The Care Plan dated 4/15/24 revealed a focus area for self-care deficit as evidenced by requiring assistance with ADLs, impaired balance during transitions required assistance and/or walking, and incontinence. The interventions revised on 4/23/24 revealed resident needed a person assist with toileting.</p> <p>The EMR revealed the following Medical Diagnoses: a. slow transit constipation b. fracture of superior rim of left pubis, subsequent encounter for fracture with routine healing.</p> <p>On 4/29/24 at 11:48 AM the resident stated he hadn't pooped in 5 days. they gave him MOM and that didn't</p>			
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	<p>help. He stated if they give him a can of rotel tomatoes, that would open him up.</p> <p>The Physician Orders revealed the following medications:</p> <ul style="list-style-type: none"> a. ordered 4/30/24- Milk of Magnesia Suspension (MOM) 7.75 %- give 30 ml (milliliter) by mouth every 24 hours as needed for constipation b. ordered 4/30/24- Enema Disposable Rectal Enema- insert 1 application rectally every 24 hours as needed for constipation c. ordered 4/30/24- Bisacodyl Suppository 10 mg (milligrams)- insert 1 suppository rectally every 24 hours as needed for constipation Give 10 mg suppository per rectum daily PRN constipation d. ordered 4/14/24- Oxycodone/acetaminophen 5/325 mg- give 1 tablet orally every 6 hours as needed for pain e. ordered 4/14/24- Senna-time tablet 8.6 mg- give 1 tablet orally every 12 hours as needed for slow constipation <p>The April MAR (Medication Administration Record) revealed the resident received MOM on 4/27/24 at 9:21 AM.</p> <p>The April MAR revealed the resident didn't receive Senna-time tab one time during the month.</p> <p>The May MAR revealed the resident received enema disposable rectal enema on 5/1/24 at 7:17 AM</p>			
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	<p>The POC Response History for Bowel Elimination revealed Resident #209 did not have a bowel movement from 4/25/24 at 1:59 AM through 5/2/24 at 2:42 AM.</p> <p>During an interview on 5/2/24 at 1:32 PM, Staff C, RN (Registered Nurse) stated the facility had a bowel list and the night shift nurse left a bowel list for the nurses every morning. Staff C stated no one said anything to her about the resident's constipation. She stated the resident had this issue before and his home caregiver came in and brought things that worked for him and they received good results.</p> <p>During an interview on 5/2/24 at 3:25 PM, the ADON queried on Resident #209 constipation and she stated they gave him an enema the day before and MOM the day before that. She stated they used a 3-day bowel protocol and if in 3 days no bowel movement, the resident received MOM and if no results, they received a suppository, and then after that an enema. She stated everyone usually gets an order set when admitted and Resident #209 didn't and they came to her about his constipation and they got the order set ordered. She stated they should have noticed on Day 3 and the staff needed to look at the bowel list every day.</p> <p>FACILITY RESPONSE:</p>			
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58.24(4)d	<p>481—58.24(135C) Dietary. 58.24(4) Therapeutic diets and nutritional status. d. The facility shall ensure that each resident maintains acceptable parameters of nutritional status, such as body weight, unless the resident’s clinical condition demonstrates that this is not possible. (I, II, III)</p> <p>DESCRIPTION:</p> <p>Based on observations, clinical record review, policy review, staff interviews, family interview and resident interviews, the facility failed to develop and implement interventions to prevent/treat weight loss for 2 of 5 residents reviewed for nutrition (Residents #13 and #52) and failed to provide ordered supplements for 2 of 5 residents reviewed for nutrition (Residents #18 and #34). The facility reported a census of 58 residents.</p> <p>Findings include:</p> <p>1. The Minimum Data Set (MDS) assessment tool, dated 3/27/24, listed diagnoses for Resident #52 which included dementia, adult failure to thrive, and muscle weakness. The MDS stated the resident required partial/moderate assistance with eating and listed her Brief Interview for Mental Status (BIMS) score as 7 out of 15, indicating severely impaired cognition.</p> <p>A Dietary Assessment, dated 3/26/24 listed the resident's weight as 97.8 lbs.</p>	I	\$8000.00 (Held in Suspension)	Upon Receipt
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	<p>The residents Weight Summary report documented the resident weighed 99.8 lbs on 3/22/24 and 93.0 lbs on 4/16/24, which calculated as a 6.81% loss.</p> <p>Care Plan entries, dated 3/26/24, stated the resident had the potential for altered nutritional status and directed staff to:</p> <ul style="list-style-type: none"> a. provide alternate meals if she did not like the meal served; b. offer milkshakes with meals; c. provide supervision and assistance at meals as needed; d. notify the physician of significant weight changes. <p>The Care Plan did not address the resident's weight loss and did not include additional interventions to assist the resident in gaining weight.</p> <p>A 4/24/24 Clinic Note did not address the resident's weight loss and stated nursing reported no concerns.</p> <p>The facility lacked documentation of provider notification of the resident's weight loss and lacked documentation of further interventions attempted from 4/16/24 until the start of the survey week on 4/29/24.</p> <p>On 4/29/24 at 4:00 p.m., observed the resident sitting in her room and a plate of food untouched in front of her. The utensils clean and had not been used.</p> <p>On 5/1/24 at 3:30 p.m., the Assistant Direct of Nursing (ADON) stated if a resident had a weight loss, they</p>			
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	<p>would start supplements and consult with the dietician and the provider. She stated she would look to see if there was any physician communication to the provider.</p> <p>On 5/2/24 at 10:04 a.m., the ADON stated the facility obtained an order for supplements and they implemented that nurses would document the weights. She stated she spoke with staff about providing feeding assistance to the resident.</p> <p>The facility policy "Nutrition and Hydration to Maintain Skin Integrity", revised October 2010, stated the procedure would provide guidelines for the assessment of resident nutritional needs to aide in the development of an individualized care plan. The policy directed staff to conduct nutritional assessments for each resident as indicated by a change in condition and to define meaningful interventions for the resident at risk for or with impaired nutrition.</p> <p>2. The MDS assessment dated 3/5/24 revealed Resident #13 scored a 6 out of 15 on the BIMS exam, which indicated moderately impaired cognition. The MDS revealed the resident required set up or clean up assistance with eating. The MDS revealed diagnoses of depression, schizophrenia, and non-Alzheimer's dementia. The MDS revealed a loss of 5% in one month or 10% in 6 months without a prescribed weight-loss regimen. The MDS revealed the resident took an antidepressant.</p>			
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<p>The Care Plan revealed a focus area revised on 3/18/24 for dysphagia and a risk for aspiration pneumonia, excessive salivation, airway obstruction and dehydration. The interventions dated 10/19/23 revealed encourage resident to eat slowly and take small bites and small single sips and provide appropriate diet consistency as ordered.</p> <p>The Care Plan revealed a focus area revised on 4/25/24 for a nutritional problem related to her history of dementia, diabetes mellitus hyperlipidemia, GERD (gastroesophageal reflux disease), depressive episodes, constipation and the need for a mechanically altered diet texture. Resident at risk for weight loss related to her history of decreased appetite (significant losses noted March and April 2024). The interventions dated 3/10/24 revealed to honor food preferences and special requests as able. The resident enjoyed drinking chocolate milk, hot chocolate, orange juice, or water, which needed thickened to nectar consistency. The interventions revised on 3/10/24 revealed general/pureed, nectar thick liquid diet with provided assistance as needed.</p> <p>The Weight Summary revealed the following weights:</p> <table><tr><td>a. 10/2/23 12:26 AM</td><td>131.8 Lbs.</td></tr><tr><td>b. 11/25/23 11:07 AM</td><td>129.4 Lbs.</td></tr><tr><td>c. 12/5/23 11:16 AM</td><td>128.0 Lbs.</td></tr><tr><td>d. 1/1/24 1:02 PM</td><td>124.6 Lbs.</td></tr><tr><td>e. 2/2/24 10:42 AM</td><td>121.4 Lbs.</td></tr><tr><td>f. 2/22/24 12:06 PM</td><td>121.0 Lbs.</td></tr><tr><td>g. 3/11/24 10:01 AM</td><td>117.4 Lbs.</td></tr><tr><td>h. 4/4/24 1:59 PM</td><td>113.0 Lbs.</td></tr></table>	a. 10/2/23 12:26 AM	131.8 Lbs.	b. 11/25/23 11:07 AM	129.4 Lbs.	c. 12/5/23 11:16 AM	128.0 Lbs.	d. 1/1/24 1:02 PM	124.6 Lbs.	e. 2/2/24 10:42 AM	121.4 Lbs.	f. 2/22/24 12:06 PM	121.0 Lbs.	g. 3/11/24 10:01 AM	117.4 Lbs.	h. 4/4/24 1:59 PM	113.0 Lbs.			
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	<p>On 10/02/2023, the resident weighed 131.8 lbs. On 02/23/2024, the resident weighed 117.4 pounds which is a -10.93 % Loss.</p> <p>On 10/02/2023, the resident weighed 131.8 lbs. On 04/04/2024, the resident weighed 113 pounds which is a -14.26 % Loss.</p> <p>The Physician Orders revealed the following orders: a. ordered on 3/7/24- regular diet, pureed texture, nectar consistency with small bites and sips liquid to assist for dysphagia b. start date of 3/12/24- House Supplement 60 ml - two times a day</p> <p>The Progress Note dated 3/12/24 at 1:34 PM, revealed the Dietician recommends adding House Supplement 60 ml (milliliter) BID (twice a day) due to weight loss. The resident representative called and notified of new order, and the doctor faxed.</p> <p>The Dietary Note dated 4/25/24 at 8:15 PM, revealed based on April monthly weight of 113 pounds (4/4), Resident #13 experienced significant weight losses of 9.3% x 3 mo. and 14.3% x 6 mo. She triggered for loss last month as well. The diet texture downgraded on 3/7/24. House supplement 60 ml BID between meals ordered on 3/18, and will continue this intervention. Meal intakes averaging 50-60% at meals. Noted GDR for Duloxetine ordered 4/11, which had the potential to impact appetite/intake. Care plan updated. Requested nursing notify provider of weight status.</p>			
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	<p>The Provider Note dated 4/11/24 lacked documentation of the resident's significant weight loss.</p> <p>The April MAR revealed the following dates the resident did not received the house supplement due to medication not available:</p> <ul style="list-style-type: none"> a. 4/13/24 at 10:00 AM b. 4/13/24 at 2:00 PM c. 4/14/24 at 10:00 AM d. 4/14/24 at 2:00 PM e. 4/15/24 at 10:00 AM f. 4/15/24 at 2:00 PM g. 4/16/24 at 10:00 AM h. 4/16/24 at 2:00 PM i. 4/17/24 at 10:00 AM j. 4/17/24 at 2:00 PM k. 4/18/24 at 10:00 AM l. 4/18/24 at 2:00 PM m. 4/19/24 at 10:00 AM n. 4/19/24 at 2:00 PM o. 4/28/24 at 2:00 PM p. 4/29/24 at 10:00 AM q. 4/29/24 at 2:00 PM r. 4/30/24 at 10:00 AM s. 4/30/24 at 2:00 PM <p>During an interview on 4/30/24 at 9:17 AM, the resident representative stated Resident #13 had weight loss and she had a hard time swallowing. She stated the resident didn't like the soft food and it being all mixed up, but the resident representative thought her mom was getting to used to it.</p>			
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	<p>During an observation on 4/30/24 at 12:24 PM, the resident served lunch of glass of water and a glass of milk. The meal served in a divided plate with pureed beans and franks in one section, and pureed Italian blend vegetables in another section.</p> <p>During an observation on 4/30/24 at 12:36 PM, staff came over to the resident and pushed her plate gently in front of her, and the resident shook her head sideways. The staff member left and the resident continued to drink her milk.</p> <p>During an observation on 4/30/24 at 12:53 PM, Resident #13 ate less than 25% of her meal, and drank her 8 ounces of milk. She didn't get served her pureed bread.</p> <p>During an interview on 5/1/24 at 1:43 PM, the Dietary Manager queried if the resident received any options at meals and she stated puree diets don't get options. She stated they get whatever is on the menu. The Dietary Manager asked if the resident given choices if she didn't eat what she was served and she stated she never really thought about it. The Dietary Manager asked if anyone prompted Resident #13 to eat and she stated she prompted her once or twice but she didn't think the CNA prompted her.</p> <p>During an interview on 5/2/24 at 1:18 PM, Staff C, RN (Registered Nurse) stated at times it was hard to get Resident #13 to eat. Staff C stated they gave her supplements to help build her weight back up.</p>			
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	<p>During an interview on 5/2/24 at 1:44 PM, the ARNP (Advanced Registered Nurse Practitioner) stated she didn't see Resident #13 for weight loss but her and the doctor alternate.</p> <p>During an interview on 5/2/24 at 2:03 PM, Staff J, stated Resident #13 felt like a hit and miss situation, sometimes the resident ate everything and other times wouldn't eat at all. Staff J didn't know if it was because of the texture or something else. She stated when the resident did eat, it took a lot of encouraging and she needed to approach her multiple times to eat. Staff J stated she thought the resident's drink were optional and they could give her cottage cheese or yogurt.</p> <p>During an interview on 5/2/24 at 2:51 PM, the ADON queried on Resident #13 weight loss and she stated she knew they had issues with her weight loss and tried to implement different things. She stated at one time they had issues getting her weights completed, but now they hired someone to do the weights. The ADON stated the nurse needed to put in the weights on the computer otherwise the weight loss wouldn't pop up. She stated she hoped with the nurse putting in the weights, the communication would improve with her and the provider. The ADON stated if the alert came up, the resident needed assessed earlier, and a fax needed sent at the very least. The ADON stated if the residents had a 3 pound weight loss, the doctor needed notified. The ADON asked if the resident received choices or prompted to eat her meals and she stated with Resident #13, it was difficult because they tried to assist her before and the resident wouldn't</p>			
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	<p>eat. The ADON stated they should probably give her choices, but if the resident not eating, she not going to eat. She stated the staff needed to least offer the residents options.</p> <p>3. Review of the MDS assessment dated 2/21/24 for Resident #18 revealed the resident was rarely to never understood.</p> <p>The Physician Order dated 9/7/23 for Resident #18 revealed, an order for House Supplement three times a day for Dietary Supplement 90 ml (milliliter).</p> <p>Review of the resident's Medication Administration Record (MAR) dated April 2024 revealed 21 instances in the month of April when the resident's supplement was marked with a code of 11, which indicated the medication was not available.</p> <p>4. The MDS assessment for Resident #34 dated 2/1/24 revealed the resident scored 00 out of 15 on a BIMS assessment, which indicated severely impaired cognition.</p> <p>The Physician Order dated 10/28/22 documented, an order for House Supplement three times a day 120 ml.</p> <p>Review of the resident's Medication Administration Record (MAR) dated April 2024 revealed 26 instances in the month of April when the resident's supplement was marked with a code of 11.</p>			
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	<p>During an interview conducted on 5/2/24 at 12:56 PM, the facility's Assistant Director of Nursing (ADON) queried about trouble getting the house supplement, and responded there was a time when had issues with back ordered and not being available. Per the ADON, it did take a little while to come in, and with the change of corporations and suppliers there were a few times it took longer to come in.</p> <p>FACILITY RESPONSE:</p>			
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50.7(1)	<p>481-50.7 (10A,135C) Additional notification. The director or the director ' s designee shall be notified within 24 hours, or the next business day, by the most expeditious means available (I,II,III)</p> <p>DESCRIPTION:</p> <p>Based on clinical record review, policy review and staff interviews, the facility failed to report a fall with major injury to the State Agency for 1 of 1 resident reviewed with a major injury (Resident #42). The facility reported a census of 58 residents.</p> <p>Findings include:</p> <p>The Minimum Data Set (MDS) assessment tool, dated 10/27/23, listed diagnoses for Resident #42 which included fracture of the right femur (leg bone), non-Alzheimer's dementia, and heart failure. The MDS stated the resident required partial/moderate assistance for transfers and walking. The MDS stated during the review period, the resident had 1 fall with injury and 2 falls with a non-major injury. The MDS listed the Brief Interview for Mental Status (BIMS) score as 6 out of 15, indicating severely impaired cognition.</p> <p>The 7/21/23 Fall Report stated the resident laid on the floor of his room on the right side. The resident sustained an abrasion to the right side of his nose and had pain in his right thigh.</p>		\$500.00 (Held in Suspension)	Upon Receipt
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	<p>The Nurse Notes documentation included the following: On 7/22/23 the resident had an acute fracture of the right hip. On 8/2/23 the resident returned from the hospital with a diagnosis of right hip fracture and had a surgical incision. On 8/4/23 the resident had a surgical repair of the right hip. On 8/9/23 Medicare Part B Note stated therapy would work with the resident on strengthening.</p> <p>The 8/30/23 Fall Report stated the resident was on the floor lying on his right side. He sustained a skin tear to the right wrist and an abrasion to the right knee. The facility educated the Certified Nursing Assistants (CNAs) to place the bed in a low position.</p> <p>A 9/10/23 Fall report stated staff found the resident between the bed and the bathroom door on the floor. The facility carried out additional education to CNAs regarding frequent toileting and toileting immediately following meals.</p> <p>The Nurse Notes documentation included the following: On 9/10/23 the resident was educated on the use of the call light. On 9/14/23 the family requested to have the resident's diuretic (a medication used to rid the body of fluid) reduced in an effort to reduce his falls due to self-transferring.</p>			
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Facility Administrator

Date

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**Iowa Department of Inspections and Appeals
Health Facilities Division
Citation**

Citation Number: #10370		Date: May 20, 2024		
Facility Name: Keosauqua Health Care Center		Survey Dates: April 29, 2024 – May 2, 2024		
Facility Address/City/State/Zip 819 County Lane Road Keosauqua, Iowa 52565		LG		
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	<p>A 10/12/23 Fall report stated staff found the resident sitting on the floor with his legs stretched out in front of him and the resident stated he had to urinate. The resident sustained a skin tear to the right elbow.</p> <p>The 10/12/23 Nurses Note stated the facility would begin 1-hour checks at bedtime due to the resident's falls.</p> <p>A 10/12/23 Care Plan entry stated the family was aware that he fell due to him falling at home. The entry stated there were no new intervention ideas from the family.</p> <p>A 10/26/23 Therapy to Facility Communication form stated the resident required the assistance of 1 staff and a 4 wheeled walker for walking and transfers.</p> <p>A 10/27/23 Fall report stated the resident laid on his floor in the bathroom on his left side.</p> <p>A 10/27/23 Fall-Initial note stated staff would take him to the bathroom every 2 hours and encourage him to sit for at least 10 minutes.</p> <p>A 10/27/23 Care Plan entry directed staff to utilize a pressure activated call light to the exiting side of the bed.</p> <p>A 10/30/23 Interdisciplinary Team (IDT) Note stated the resident was placed on a fluid restriction as an intervention to the 10/27/23 fall.</p>			
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Facility Administrator

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	<p>A 10/30/23 Care Plan entry stated the resident had an evaluation with urology (a medical specialty focused on the urinary tract) on 10/24/23.</p> <p>An 11/1/23 Fall report stated the nurse was called into the front offices where the resident laid on his right side. The resident complained of left hip pain. Staff took the resident into a common area for increased supervision and the resident started yelling that his hip hurt. The facility obtained an an order to send the resident to the ER for evaluation.</p> <p>An 11/1/23 at 7:00 p.m. the Fall-Initial note stated the resident fell in the office of the Business Office Manager and the Activity Supervisor and when found the resident stated he wanted to see what was going on in there. The note stated staff last toileted the resident at 5:30 p.m.</p> <p>An 11/1/23 9:32 p.m. Nurses Note stated the resident transferred to the hospital.</p> <p>An 11/1/23 11:15 p.m. Nurses Note stated the resident had a left hip fracture.</p> <p>An 11/9/23 hospital History and Physical stated the resident had a fall on 11/1/23 and sustained a fracture of the left hip. The resident underwent a left hip hemiarthroplasty (surgical repair of the hip).</p> <p>An 11/10/23 Admission Assessment stated the resident returned to the facility.</p>			
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Facility Administrator

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	<p>The facility lacked documentation they reported the fall to the State Agency.</p> <p>On 5/2/24 at 11:31 a.m., the Activity Supervisor stated the resident fell in her office when it was after office hours and the door was not locked. She stated he got into the room sometime around supper and no staff were in the office at the time.</p> <p>On 5/2/24 at 11:36 a.m., the Business Office Manager stated normally the last person to leave the office would lock the door.</p> <p>On 5/2/24 at 2:08 p.m., the Administrator stated the door to the office the resident fell in was usually kept locked. He stated there were documents and items in the room and the room needed to be locked.</p> <p>On 5/2/24 at 2:08 p.m., the Administrator stated they reported falls if the resident did not return to their baseline functioning. He stated he would review the guidance at 50.7.</p> <p>On 5/2/24 at 4:03 p.m., the Assistant Director of Nursing (ADON) stated the facility did not have a policy specific to the reporting of major injuries.</p> <p>The facility policy "Falls Management System", revised 2016, stated the facility would provide an environment that remained as free of accident hazards as possible. The policy stated the facility would provide each resident with adequate supervision to prevent</p>			
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	accidents and would provide appropriate evaluations and interventions to prevent falls. Resident Care Plans would include interventions which addressed elements determined as probable causal factors which contributed to the fall. FACILITY RESPONSE:			
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