

**Iowa Department of Inspections and Appeals
Health Facilities Division
Citation**

| Citation Number: #10050 | | | | | Date: October 4, 2023 |
|--|---------------------|--|-------------|-----------------|---------------------------------|
| Facility Name: Accura Healthcare of Lake City, LLC | | Survey Dates: September 6-14, 2023 | | | |
| Facility Address/City/State/Zip 1409 West Main Street Lake City, IA 51449 | | | | | |
| | | DC | | | |
| Rule or Code Section | Nature of Violation | Class | Fine Amount | Correction date | |

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| 58.19(2)b | <p>Based on clinical record reviews, wound center record review and staff interviews the facility failed to assure that a resident with a pressure ulcer received treatment and services, consistent with professional standards of practice, to promote healing of a stage three pressure ulcer for 1 of 1 resident reviewed (Resident #2). The facility reported a census of 34 residents.</p> <p>Finding include:</p> <p>The Minimum Data Set (MDS) assessment identifies the definition of pressure ulcers:</p> <p>Stage I is an intact skin with non-blanchable redness of a localized area usually over a bony prominence. Darkly pigmented skin may not have a visible blanching; in dark skin tones only it may appear with persistent blue or purple hues.</p> <p>Stage II is a partial thickness loss of dermis presenting as a shallow open ulcer with a red or pink wound bed, with slough (dead tissue, usually cream or yellow in color). May also present as an intact or open/ruptured blister.</p> <p>Stage III is full thickness tissue loss. Subcutaneous fat may be visible but bone, tendon or muscle is not exposed. Slough may be present but does not obscure the depth of tissue</p> | I | \$5,250 (Held in Suspension) | Upon Receipt | |
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| | <p>loss. May include undermining and tunneling.</p> <p>Stage IV is full thickness tissue loss with exposed bone, tendon or muscle. Slough or eschar (dry, black, hard necrotic tissue) which may be present on some parts of the wound bed. Often includes undermining and tunneling or eschar.</p> <p>Unstageable Ulcer: inability to see the wound.</p> <p>Other staging consideration include:</p> <p>Deep Tissue Pressure Injury (DTPI): Persistent non-blanchable deep red, maroon or purple discoloration. Intact skin with localized area of persistent non-blanchable deep red, maroon, purple discoloration due to damage of underlying tissue. This area may be preceded by tissue that is painful, firm, mushy, boggy, warmer, or cooler as compared to adjacent skin. These changes often precede skin color changes and discoloration may appear differently in darkly pigmented skin. This injury results from intense and/or prolonged pressure and shear forces at the bone-muscle interface.</p> <p>Resident #2 ' s Minimum Data Set (MDS) dated 2/22/23 assessment identified a Brief Interview for Mental Status (BIMs) score of 08, indicating moderately impaired cognition. The MDS</p> | | | |
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| | <p>identified Resident #2 required extensive assistance of two persons with bed mobility, transfers and toilet use. The MDS identified walking did not occur. The MDS included diagnoses of heart failure (heart doesn ' t pump blood), hypertension, anemia, coronary artery disease, and pneumonia. The MDS documented Resident #2 was at risk for developing pressure ulcers.</p> <p>Resident ' s 2 ' s Care Plan revised 12/19/22 contained the following information:</p> <p>a. Resident #2 could not transfer independently due to abnormal gait and mobility. The care plan directed that Resident #2 required assistance of one person, gait belt and front forward walker for transfers and ambulation in the room. Resident #2 used a wheelchair for longer distances.</p> <p>b. Resident #2 was at risk for skin impairment related to self care deficit. The care plan documented Resident #2 had actual skin impairment due to dry areas to bilateral lower extremities requiring treatment. The care plan directed staff to:</p> <ul style="list-style-type: none"> -Dietician to evaluate resident nutrition PRN (as needed). -Float heels using pillows or off loading boots PRN. -Keep nails trimmed and filed, encourage not to scratch PRN. | | | | |
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| | <ul style="list-style-type: none"> -Pressure relieving devices to chair and bed at all times. -Provide peri care after each incontinent episode. -Report any denuded (loss of skin due to moisture) or discolored areas PRN. - Teach about risk factors for development of pressure ulcers PRN. - Try to identify skin allergies and avoid them; process of elimination PRN. -Use caution during transfers and bed mobility to prevent striking extremities against sharp or hard surfaces. -Utilize turn sheets PRN. -Weekly and PRN skin monitoring by a professional nurse. <p>The Braden Scale assessments (tool used to evaluate risk of development of a pressure ulcer) documented a score of 10-12 indicated that the resident had a high risk for pressure sore development, 13-14 meant the resident had a moderate risk, and 15-18 meant the resident had a risk for pressure ulcer development. The review of the Braden Scale assessments completed for Resident #2 documented scores on the following dates: 12/18/23= 17 2/14/23=15</p> <p>A Progress Note titled Skin/Wound Note dated</p> | | | |
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| | <p>2/6/23 at 3:36 AM documented an aide reported to the nurse that Resident #2 had a blister on the right heel. The note documented the blister was intact without drainage and measured 0.75" Length x 0.5" width. The note documented the area was reddened and Resident #2 denied pain. According to the note, it appeared the area to be from back of a shoe rubbing on Resident #2 ' s heel.</p> <p>The Clinical Record lacked documentation from 2/6/23 to 2/9/23 regarding an intervention or treatment for the blister to the right heel, family notification and Physician notification. The facility was not able to provide an incident report or a skin condition record for the blister area to the right heel.</p> <p>A facility form titled Physician Visit/Communication Form dated 2/9/23 at 10:45 AM documented Resident #2 ' s Physician was notified of the blister to the right heel. The form documented the area blanched when touched and a boot was applied to keep the area from developing a pressure area. The Physician acknowledged on the form by documenting "ok" and directed to see wound care or podiatry the following week.</p> <p>A Progress Note dated 2/10/23 at 3:04 PM</p> | | | |
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| | <p>documented Resident #2 was admitted to the hospital.</p> <p>A Physician Transfer Order Report dated 2/14/23 revealed Resident #2 was hospitalized for pneumonia to both lungs.</p> <p>A Progress Note dated 2/14/23 at 1:35 PM documented Resident #2 returned from the hospital. The admission Progress Note lacked documentation, assessment or intervention for the right heel.</p> <p>A facility form titled Physician Visit/Communication Form dated 2/15/23 at 1:21 PM documented upon readmit, Resident #2 had an abrasion to back, and slightly above right heel that measured 2.1 cm (centimeters) x 2.3 cm with scant amount of serous (clear to yellow) drainage. The note documented a mepilex border dressing (foam dressing) was applied. The communication form requested an order for the mepilex dressing and to change the dressing every 3 days and PRN. The communication form was signed by a Physician and dated on 2/15/23.</p> <p>A Progress Note dated 2/15/23 at 4:53 PM documented Resident #2 had an open area to the back of the right heel that measured 2.1 cm x 2.3 cm. The note documented an order was received</p> | | | | |
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| | <p>to apply meplix border dressing every 3 days and PRN. Resident #2 ' s daughter updated.</p> <p>The Clinical Record revealed daily skilled assessments completed in the Progress Notes that documented no changes in skin integrity on 2/16, 2/17, 2/18, 2/19, 2/21, 2/23, 2/24, 2/25, 2/26, 2/28, 3/1, 3/2, 3/3 and 3/5. The daily notes lacked a specific assessment related to the right heel ulcer regarding measurements of the wound and characteristics of the wound such as odor, drainage (type/color), wound bed (slough/eschar), surrounding skin, pain, and signs and symptoms of infection.</p> <p>A Progress Note dated 2/18/23 at 11:34 AM documented Resident #2 complained of the right heel hurting. The note documented a meplix dressing was applied and right foot elevated.</p> <p>A Progress Note dated 2/26/23 at 4:10 PM documented Resident #2 ' s right heel did not appear to be getting better. The note documented the right heel had some bleeding, leakage and appeared to be breaking down further. The note documented the area was cleansed, vaseline gauze, some regular gauze and a tegaderm (transparent/film dressing) applied to the area to help give more cushion. The note documented staff would continue to monitor the area. The note</p> | | | |
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| | <p>lacked documentation regarding physician or family notification.</p> <p>The Clinical Record lacked a Physician order for the dressing that was applied to Resident #2 ' s right heel on 2/26/23.</p> <p>A facility form titled Physician Visit/Communication form dated 2/27/23 at 4:32 PM documented Resident #2 had a wound to the right heel that was initially presented as a blister. The note documented the wound had worsened with the mepilex border dressing and the daughter had requested Resident #2 to be seen at the wound clinic. The Physician's response was "OK".</p> <p>A Progress Note dated 2/27/23 at 7:11 PM documented a fax was received from the Physician okaying Resident #2 to be seen at the wound clinic for a worsening wound to the right heel.</p> <p>The Clinical Record lacked any additional skin interventions implemented for the right heel when the area declined on 2/26/23 until 3/7/23 when Resident #2 was evaluated in the wound center.</p> <p>A Progress Note dated 3/4/23 at 3:00 PM documented Resident #2 reported his heel was</p> | | | |
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| | <p>sore and he was trying to keep pressure off of it. The note documented the dressing on his heel was changed using mepilex with minimal drainage noted. The note documented wound bed had improved since 2/27/23.</p> <p>A Progress Note dated 3/5/23 at 12:45 PM documented Resident #2 was watching television in his reclining chair. The note documented his shoes were taken off so his heel had less friction.</p> <p>A Progress Note dated 3/7/23 at 3:59 PM documented Resident #2 went to a wound care appointment. The note documented Resident #2 returned with new orders to cleanse the wound with normal saline, pat dry, apply silvercel to the wound and cover with a foam dressing 3 times per week. Resident #2 to return for a follow up appointment on 3/14/23 at 10:30 AM. Resident #2 to continue to wear a heel protector and keep weight off the affected area/limb at all times. Resident #2 ' s daughter updated.</p> <p>A Visit Discharge Instruction Details form dated 3/7/23 directed the facility to keep weight off the affected area/limb at all times and apply heel protector to the right foot. The right heel was diagnosed as a chronic stage 3 pressure ulcer.</p> <p>A facility form titled Physical Therapy Treatment</p> | | | |
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| | <p>Note documented on 3/13/23 Staff F, Physical Therapy assistant (PTA) was approached by staff regarding making Resident #2 assistance of one person with transfers. The note documented Staff F assisted staff and Resident #2 with a transfer from the recliner with moderate assistance of one person with time allowed. The note documented Resident #2 ambulated 79 feet with front wheeled walker and moderate assistance of one person and a second person to assist with wheelchair following. The note further documented Staff F did make Resident #2 assistance of one person with pivot transfer and when ambulating assistance of two persons as needed.</p> <p>A Progress Note titled therapy note dated 3/13/23 at 7:01 PM documented Resident #2 required assistance of one staff member with gait belt and front forward walker with pivot transfers only and assistance of two staff members for ambulation.</p> <p>A Progress note dated 3/14/23 at 11:54 AM documented Resident #2 returned from the wound center. Resident #2 to return on 3/21/23 at 10:30 AM.</p> <p>A Visit Discharge Instruction Details form dated 3/14/23 directed the facility to keep weight off the affected area/limb at all times and apply heel protector to the right foot. The discharge</p> | | | | |
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| | <p>instructions directed staff to cleanse the wound with normal saline, pat dry, apply silvercel to the wound then cover with foam dressing 3 times per week.</p> <p>A facility form titled Physical Therapy Treatment Note documented on 3/14/23 Staff F, PTA was going to walk with Resident #2 with staff after appointment, but Resident #2 wanted to wait until after lunch. The note documented during lunch, nursing staff received paperwork from the wound clinic and Resident #2 status change to non-weight bearing on right heel due to wound not healing. The note further documented that Staff F assisted nursing with explaining situation and Resident #2 stated he felt so blue now.</p> <p>A Progress Note dated 3/21/23 at 12:50 PM documented Resident return from wound center and dressing change completed at the clinic. The note documented the facility received new treatment orders to apply xeroform (non-adherent dressing) 3 times per week and cover with foam dressing. Follow up appointment on 3/28/23 at 10:30 AM</p> <p>A Progress Note titled Social Services dated 3/14/23 at 3:55 PM documented Resident #2 to be a full body lift with assistance of two staff members due to non-weight bearing status on the</p> | | | |
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| | <p>right heel.</p> <p>A Visit Discharge Instruction Details form dated 3/21/23 directed the facility to keep weight off the affected area/limb at all times and apply heel protector to the right foot. The discharge instructions directed staff to cleanse the wound with normal saline, pat dry, apply xeroform to the wound then cover with foam dressing 3 times per week.</p> <p>A Progress Note dated 3/25/23 at 1:59 PM documented that the dressing change was completed on the right heel. No dressing was present initially as the dressing came off frequently. The note documented the wound appeared to be closed but still needed some protection.</p> <p>A Progress Note dated 3/28/23 at 12:45 PM documented Resident #2 's dressing change was held due to the dressing change to be done at the wound clinic.</p> <p>The clinical record lacked documentation that Resident #2 went to the wound center for a follow up appointment on 3/28/23.</p> <p>A Progress Note dated 4/4/23 at 11:17 AM documented Resident #2 returned from the</p> | | | |
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| | <p>wound center with new orders. The note documented the following new orders:</p> <ol style="list-style-type: none"> 1- May shower, cleanse with soap and water, pat dry. 2- Continue to apply foam pad dressing for 2 weeks and then discontinue. 3- No ambulation restrictions related to wound care. May wear shoes at all times. Should wear a heel protector when in bed. May return to ambulating with a walker. 4- Treatment completed at wound center and does not need to return. <p>Resident 2 's Non- Pressure Skin Condition records revealed the following information:</p> <p>-2/6/23: no skin condition record completed for the blister to the right heel.</p> <p>-2/9/23: Blister area to the right heel that measured (length x Width x Depth) 2cm x 2.5cm x 0cm. Blister intact with no drainage. Surrounding skin was reddened. Boot applied to the right heel and Physician notified.</p> <p>-2/14/23: Abrasion above right heel that measured 2.1cm x 2.3cm, partial thickness with scant amount of serous drainage. Wound bed was dark pink/red tissue. Surrounding skin was normal. Description documented mepilex border dressing, change every 3 days and as needed.</p> | | | |
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| | <p>-3/3/23: Blister looking area to right heel, area is open and slightly painful. No measurements documented. No drainage, wound bed normal for skin and surrounding skin normal. Area looked better.</p> <p>-3/11/23: Open area to right heel that measured 2cm x 2cm. Area improving. No redness or drainage noted.</p> <p>-3/26/23: Wound to right heel, initially a blister on back of heel that had deteriorated to an open area. Assessment documented wound was closed, to continue foam dressing and using foot boot to keep pressure off of the area to continue to let the area heal.</p> <p>The clinical record lacked wound evaluations/assessments completed for the following weeks:</p> <ul style="list-style-type: none"> • February 21st • February 28th- On 2/26 a partial skin assessment was completed in the Progress Note that documented the wound had declined. A non-pressure skin report was not completed on 2/26 or 2/28. A non-pressure skin report was partially completed on 3/3 with no wound | | | |
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| | <p>measurements documented.</p> <ul style="list-style-type: none"> • March 7th- Resident #2 went to the wound center. The facility did not complete an assessment. The facility completed measurements on 3/11. • March 14th- Resident # 2 went to the wound center. The facility did not complete an assessment. • March 21st- Resident #2 went to the wound center. The facility did not complete an assessment. <p>The clinical record revealed the facility continued to document periodically on a non- pressure skin condition record even though the area to the right heel was diagnosed as a stage 3 pressure ulcer on 3/7/23.</p> <p>The clinical record lacked a dietician assessment and that nutritional interventions were reviewed related to the right heel pressure ulcer.</p> <p>Review of Resident #2' s wound center notes revealed the following information:</p> <p>An initial evaluation on 3/7/23 documented Resident #2 had a chronic stage 3 pressure injury/ulcer to the right heel that measured 1.5cm length x 1cm width x 0.2cm depth. Adipose (fat)</p> | | | |
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If, within thirty (30) days of the receipt of the citation, you (1) do not request a formal hearing or; (2) withdraw your request for formal hearing, and (3) pay the penalty; the assessed penalty will be reduced by thirty-five percent (35%) pursuant to Iowa Code section 135C.43A (2013).

**Iowa Department of Inspections and Appeals
Health Facilities Division
Citation**

| Citation Number: #10050 | | | | | Date: October 4, 2023 |
|--|---------------------|--|-------------|-----------------|---------------------------------|
| Facility Name: Accura Healthcare of Lake City, LLC | | Survey Dates: September 6-14, 2023 | | | |
| Facility Address/City/State/Zip 1409 West Main Street Lake City, IA 51449 | | | | | |
| | | DC | | | |
| Rule or Code Section | Nature of Violation | Class | Fine Amount | Correction date | |

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|--|---|--|--|--|--|
| | <p>tissue was exposed. No tunneling, sinus tract or undermining had been noted. There was a moderate amount of drainage. The wound bed had slough (dead tissue) present. The periwound skin color, texture, moisture and temperature was normal and without signs and symptoms of infection. Local Pulse was normal. A skin/subcutaneous tissue level excisional/surgical debridement was performed by the Physician. Dermis, epidermis, and subcutaneous tissue were removed along with devitalized tissue: biofilm and slough. A minimal amount of bleeding was controlled with pressure. Post debridement measurements 1.7cm x 1.1cm x 0.2cm.</p> <p>Wound Center appointment on 3/14/23 documented chronic stage 3 pressure injury/ulcer to the right heel that measured 1.0cm x 0.8cm x 0.2cm. Adipose (fat) tissue was exposed. No tunneling, sinus tract or undermining had been noted. There was a moderate amount of drainage. The wound bed had slough (dead tissue) present. The periwound skin color, texture, moisture and temperature was normal and without signs and symptoms of infection. Local Pulse was normal. A non-selective mechanical debridement was performed. Non-viable tissue was removed. Post debridement measurements 1.0cm x 0.8cm x 0.2cm.</p> | | | | |
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| | <p>Wound Center appointment on 3/21/23 documented chronic stage 3 pressure injury/ulcer to the right heel that measured 0.9cm x 0.3cm x 0.1cm. Adipose (fat) tissue was exposed. No tunneling, sinus tract or undermining had been noted. There was a small amount of drainage. The wound bed had slough (dead tissue) present. The periwound skin color, texture, moisture and temperature was normal and without signs and symptoms of infection. Local Pulse was normal. A skin/subcutaneous tissue level excisional/surgical debridement was performed by the Physician. Dermis, epidermis, and subcutaneous tissue were removed along with devitalized tissue: biofilm and slough. A minimal amount of bleeding was controlled with pressure. Post debridement measurements 1.0cm x 0.3cm x 0.2cm.</p> <p>Wound Center appointment on 4/4/23 documented the chronic stage 3 pressure injury/ulcer had healed with 0cm x 0cm x 0cm. Resident #2 ' s wound had healed, continue with foam protector for 2 weeks, no restrictions, return as needed.</p> <p>On 9/11/23 at 12:00 PM, the Director of Nursing (DON) reported that her expectation was for a wound to be assessed each week. She acknowledged and verified Resident #2 did not have consistent weekly skin assessments for his</p> | | | |
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| | <p>pressure area to the right heel. She also acknowledged and verified Resident #2 did not have a dietician assessment after the pressure ulcer developed. The DON verified she could not locate family notification or Dr notification regarding the pressure ulcer on 2-6-23. The DON reported a heel protector was added to the right foot on 2-7-23 according to her QAPI notes which is not part of the clinical record. The DON stated the boot was already on the care plan as PRN so the facility did not change any interventions on the care plan.</p> <p>On 9/12/23 at 12:00PM, the Administrator reported the facility did not have a pressure ulcer policy. The Administrator reported for skins, the facility follows regulations and best practices.</p> <p>On 9/12/23 at 3:56 PM, the Hospital Health Information reported Resident #2 was not seen at the wound clinic on 3/28.</p> <p>On 9/12/23 at 4:39 PM, Staff G, Registered Nurse (RN) reported she recalled Resident #2 had a blister to his right heel due to shoes being too tight. Staff G stated the staff were trying to keep shoes off of Resident #2 and cushion the area. Staff G stated it was difficult as Resident #2 would wheel himself around in his wheelchair and put weight on the wound. Staff G stated Resident</p> | | | |
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| | <p>#2 did not have a good memory so it took awhile for the area to heal. Staff G stated a family friend was present in the room on 2/26/23 when she applied the dressing to the right heel. Staff G stated she was concerned about how the wound looked and so was the friend. Staff G stated she did not recall if she had faxed the Dr or not regarding the decline in the wound.</p> <p>On 9/12/23 at 6:23 PM, the Administrator acknowledged the facility did not have an incident report for the blister on 2/6/23.</p> <p>Facility Response:</p> | | | |
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