

**Iowa Department of Inspections and Appeals
Health Facilities Division
Adult Services Civil Penalty Citation**

Date: April 19, 2024
Program Name: Stirlingshire of Coralville MC
Address: 1140 Kennedy Parkway Coralville, IA 52241
Type of Action: 115633-I, 117281-I
Date(s) of Action: 3/4/24 – 3/7/24
Citation #: 10312

State Rule #	State Rule	Amount of Civil Penalty
69.23(1)c(1)	<p>69.23(1) Persons who may not be admitted or retained. A program shall not knowingly admit or retain a tenant who:</p> <p><u>c. Is dangerous to self or other tenants or staff, including but not limited to a tenant who:</u></p> <p><u>(1) Despite intervention chronically elopes, is sexually or physically aggressive or abusive, or displays unmanageable verbal abuse or aggression.</u></p> <p>Based on interview and record review the program retained 1 of 4 tenants reviewed who, despite interventions, was physically aggressive towards tenants and staff (Tenant #1). Findings include:</p> <p>On 3/5/24 and 3/6/24 review of Tenant #1's progress notes and information received from the Corporate Nurse on revealed the following information:</p> <p>Tenant #1 was admitted to the program on 2/8/23 at the age of 75.</p> <p>Episodes of physical aggression towards tenants and staff included:</p> <ul style="list-style-type: none"> - On 5/20/23, staff heard a tenant yelling and when they responded found Tenant #1 with his hands on Tenant #5's throat. Neither tenant had injuries or red marks. The program notified Tenant #1's primary care provider (PCP) about the incident but no new orders were noted. - On 7/8/23, Tenant #1 and former Tenant C1 came out of an apartment with their hands on each other. Tenant #1 had his hands around Tenant C1's neck. Tenant C1 had a scratch on his neck which was bleeding. Tenant #1 had blood on his hands, but no open cuts or sores. - On 8/30/23, Tenant #1 was laying in another tenant's bed (the other tenant was not present). Tenant #1 became aggressive when staff approached him and started to hit and kick the staff members. Tenant #1 went to the hospital for an evaluation but returned with no new orders. - On 9/9/23, staff heard tenants speaking loudly in the living room. When staff entered the living room they found Tenant #1 and former Tenant C2 on the floor. Staff believed Tenant #1 wanted to sit down on the couch where Tenant C2 was seated and Tenant C2 did not want him there. Tenant C2 sustained a skin tear. - On 9/15/23, staff heard Tenant #1 and Tenant #4 yell at each other. Tenant #4 grabbed Tenant #1's neck and Tenant #1 pushed Tenant #4 causing her to fall. Tenant #4 sustained a left femoral neck fracture 	\$5000.00

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requiring surgery and three screws as well as a wrist fracture. Tenant #4 spent 1.5 weeks in a skilled nursing facility following the surgery.

- Tenant #1 allowed staff to help him to the restroom on 9/18/23. Tenant #1 became verbally and physically aggressive in the middle of cares. Staff held on to Tenant #1's arm to prevent him from hitting and then Tenant #1 tried to bite staff. When staff let go of his arms, Tenant #1 hit staff on the side of his face.

- Tenant #1 went to the emergency room on 10/14/23 for an increase in behaviors. Tenant #1 had hit staff members.

- Tenant #1 attacked former Tenant C3 on 11/5/23. The tenants were found on the floor in the hallway. Tenant #1 had Tenant C3 in a headlock. Tenant #1 had Tenant C3's finger in his mouth and was biting it. Tenant C3 went to the emergency room and received sutures to his finger. Tenant #1's spouse came to sit with Tenant #1 in the afternoon and evening to keep him calm.

- On 1/9/24, staff notified the DON Tenant #1 grabbed and twisted the wrists of staff. Tenant #1 pushed staff against the wall, held them in a corner and would not let them go.

- The DON documented on 1/16/24 Tenant #1 was having increased behaviors and being physical towards others. Tenant #1 yelled at Tenant #4 and grabbed her around the head.

- Staff documented Tenant #1 was displaying aggression and agitation on 2/1/24.

- Staff assisted Tenant #1 with a shower on 2/2/24. Tenant #1 refused to take the shower and then threw things in his room. He punched, kicked and bit at staff. The DON could not de-escalate Tenant #1 so they called the police. Tenant #1 went to the emergency department (ED). Orders received from the ED identified staff should utilize Tenant #1's Seroquel, which he was ordered to take on an as needed basis. The DON notified the ED Tenant #1's outbursts were sudden and therefore they were unable to give the medication for prevention.

- Tenant #1 pushed other tenants on 2/17/24 but did not push them to the ground. He punched, kicked, hit and bit staff. Tenant #1 was cursing at staff. The police arrived and had to handcuff Tenant #1 as they could not calm him down. Tenant #1 was striking, punching, kicking and attempting to spit at police. Tenant #1 went to the ED but returned to the program that evening. The DON notified Tenant #1's spouse he needed 1:1 supervision. A private caregiver was hired.

- Tenant #1's caregiver told the DON he became aggressive on 2/19/24, 2/20/24 and 2/21/24. Tenant #1 grabbed her wrists and arms but calmed with re-direction.

Interventions by the Program included:

- On 9/18/23 the DON contacted the tenant's PCP (primary care provider) and asked for a plan to help manage Tenant #1's behaviors. The PCP wrote an order to complete blood work for Tenant #1 and to do a urinalysis with culture. All tests were within normal limits. The program updated Tenant #1's service plan on 9/18/23. Interventions were added for staff to keep Tenant #1 engaged through the day and perform hourly safety checks. If he began to act in an aggressive manner, staff were to remove other tenants from the area. Staff were to redirect or distract Tenant #1 to keep his behavior from escalating by offering him food, movement or a call to his family.

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	<ul style="list-style-type: none">- On 9/21/23 the Registered Nurse (RN) spoke with the PCP on 9/21/23 and discussed giving Tenant #1 a 30-day discharge notice (this was not officially issued).- Tenant #1 went to the emergency room on 10/14/23 for an increase in behaviors due to hitting staff members. The doctor at the emergency room did not prescribe new medication as Tenant #1 did not display negative behaviors while there. The DON updated his plan on 10/16/24 to add interventions for staff to remove Tenant #1 to a quiet room or activity to prevent overstimulation as he did not like yelling or loud noises.- On 11/6/23 Tenant #1's spouse reported she would talk with her husband's neurologist about starting him on Seroquel for behaviors after incident on 11/5/23. Staff were educated to keep a close eye on Tenant #1 and notify the nurse of any signs or symptoms of aggression. The doctor wrote a prescription for Seroquel twice daily and as needed.- The DON discussed Tenant #1's actions with the neurologist when he called the program for a copy of the tenant's medications.- The DON updated Tenant's service plan on 2/22/24 following reports of aggression to the private caregiver. Staff were encouraged to have Tenant #1 read the Bible or have it read to him. They were to ensure his door was open as he did not like to be in a room alone with a closed door. <p>The program provided a 30-day discharge notice to Tenant #1 and his guardian on 2/22/24.</p> <p>The DON and Executive Director confirmed these findings on 3/4/24 at 2:20 PM. They reported they were trying to work with Tenant #1 and his family to find an intervention which worked to control his behaviors.</p>	
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