

**Iowa Department of Inspections and Appeals
Health Facilities Division
Citation**

Citation Number: #10198				
		Date: February 8, 2024		
Facility Name: Crest Haven Care Centre		Survey Dates: January 29, 2024 – February 1, 2024		
Facility Address/City/State/Zip 1000 E. Howard Creston, Iowa 50801		LG		
Rule or Code Section	Nature of Violation	Class	Fine Amount	Correction date

58.19(2)b 58.19(2)j	<p>481—58.19(135C) Required nursing services for residents. The resident shall receive and the facility shall provide, as appropriate, the following required nursing services under the 24-hour direction of qualified nurses with ancillary coverage as set forth in these rules:</p> <p>58.19(2) Medication and treatment.</p> <p>b. Provision of the appropriate care and treatment of wounds, including pressure sores, to promote healing, prevent infection, and prevent new sores from developing; (I, II)</p> <p>j. Provision of accurate assessment and timely intervention for all residents who have an onset of adverse symptoms which represent a change in mental, emotional, or physical condition. (I, II, III)</p> <p>DESCRIPTION:</p> <p>Based on clinical record review, facility policy review, staff interviews and provider interviews, the facility failed to implement interventions to prevent the development and deterioration of pressure ulcers for 1 of 3 residents reviewed (Resident #5). The resident was admitted to the facility with intact skin and developed a Stage III pressure ulcer along with other wounds over the course of 3 months. The facility reported a census of 28 residents.</p> <p>Findings include:</p>	I	\$6250.00	Upon Receipt
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	<p>Determining the Stage of Pressure Injury:</p> <p>Stage 1 Pressure Injury: Non-blanchable erythema of intact skin Intact skin with a localized area of non-blanchable erythema, which may appear differently in darkly pigmented skin. Presence of blanchable erythema or changes in sensation, temperature, or firmness may precede visual changes. Color changes do not include purple or maroon discoloration; these may indicate deep tissue pressure injury.</p> <p>Stage 2 Pressure Injury: Partial-thickness skin loss with exposed dermis Partial-thickness loss of skin with exposed dermis. The wound bed is viable, pink or red, moist, and may also present as an intact or ruptured serum-filled blister. Adipose (fat) is not visible and deeper tissues are not visible. Granulation tissue, slough and eschar are not present. These injuries commonly result from adverse microclimate and shear in the skin over the pelvis and shear in the heel. This stage should not be used to describe moisture associated skin damage (MASD) including incontinence associated dermatitis (IAD), intertriginous dermatitis (ITD), medical adhesive related skin injury (MARS), or traumatic wounds (skin tears, burns, abrasions).</p> <p>Stage 3 Pressure Injury: Full-thickness skin loss Full-thickness loss of skin, in which adipose (fat) is visible in the ulcer and granulation tissue and epibole (rolled wound edges) are often present. Slough and/or eschar may be visible. The depth of tissue damage varies by anatomical location; areas of significant adiposity can</p>			
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	<p>develop deep wounds. Undermining and tunneling may occur. Fascia, muscle, tendon, ligament, cartilage and/or bone are not exposed. If slough or eschar obscures the extent of tissue loss this is an Unstageable Pressure Injury.</p> <p>Stage 4 Pressure Injury: Full-thickness skin and tissue loss Full-thickness skin and tissue loss with exposed or directly palpable fascia, muscle, tendon, ligament, cartilage or bone in the ulcer. Slough and/or eschar may be visible. Epibole (rolled edges), undermining and/or tunneling often occur. Depth varies by anatomical location. If slough or eschar obscures the extent of tissue loss this is an Unstageable Pressure Injury.</p> <p>Unstageable Pressure Injury: Obscured full-thickness skin and tissue loss Full-thickness skin and tissue loss in which the extent of tissue damage within the ulcer cannot be confirmed because it is obscured by slough or eschar. If slough or eschar is removed, a Stage 3 or Stage 4 pressure injury will be revealed. Stable eschar (i.e. dry, adherent, intact without erythema or fluctuant) on the heel or ischemic limb should not be softened or removed.</p> <p>Deep Tissue Pressure Injury: Persistent non-blanchable deep red, maroon or purple discoloration Intact or non-intact skin with localized area of persistent non-blanchable deep red, maroon, purple discoloration or epidermal separation revealing a dark wound bed or blood filled blister. Pain and temperature change often precede skin color changes.</p>			
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	<p>Discoloration may appear differently in darkly pigmented skin. This injury results from intense and/or prolonged pressure and shear forces at the bone-muscle interface. The wound may evolve rapidly to reveal the actual extent of tissue injury, or may resolve without tissue loss. If necrotic tissue, subcutaneous tissue, granulation tissue, fascia, muscle or other underlying structures are visible, this indicates a full thickness pressure injury (Unstageable, Stage 3 or Stage 4). Do not use DTPI to describe vascular, traumatic, neuropathic, or dermatologic conditions.</p> <p>The Minimum Data Set (MDS) dated 11/6/2023 of Resident #5 reflected an admission date to the facility of 10/31/2023. The MDS revealed the resident to be dependent for bed mobility of rolling left and right. The MDS documented a height of 60 inches and a weight of 95 pounds. The MDS documented the resident to be at risk of development of pressure ulcers, but no unhealed pressure ulcers present on admission. The MDS documented the resident had no venous or arterial ulcers and no other ulcers, wounds or skin problems present.</p> <p>The Care Plan of Resident #5 revealed a focus area of potential for pressure ulcer development, with initiation date of 11/13/2023. It directed staff to administer medications as ordered, administer treatments are ordered, document and report changes in skin status, and clean and dry the resident's skin promptly after incontinence episodes. The care plan failed to reflect a</p>			
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	<p>need for repositioning, specialty mattress, limb elevation or other pressure ulcer preventative measures. The care plan failed to document a focus area for activities of daily living to include how the resident turned in bed, transferred, ate, or any other daily activities. The care plan lacked any documentation of her pressure ulcer risk on admit and lacked any interventions to prevent pressure ulcer development prior to 11/13/2023. The care plan lacked updates or revisions with pressure ulcer development or deterioration.</p> <p>The Braden Scale dated 10/31/2023 documented the resident as high risk for pressure ulcer development.</p> <p>The Kardex reviewed on 1/31/2024 at 11:38 am for Resident #5 (a snapshot of highlights of the complete care plan, used by the Certified Nurse Aides to know how to care for a resident) failed to document the need for bed mobility or any other interventions for the prevention of skin injury.</p> <p>The Orders section of the Electronic Health Record (EHR) of Resident #5 documented an order dated 11/13/2023 to complete a weekly skin assessment.</p> <p>The Progress Notes for the resident documented the following: On 11/15/2023 at 11:02 pm fax sent to provider regarding area on coccyx. Awaiting return fax. The Progress Notes lack any documentation of follow up on the fax sent on 11/15/2023.</p>			
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	<p>On 11/27/2023 at 1:50 pm area on right buttock measuring 5 cm x 5.5, wound bed has a shiny pink appearance. Will consult hospice on treatment. At 11:23 am hospice nurse here to see resident and recommending triad cream for buttocks. Will attempt to get order.</p> <p>On 12/7/2023 at 11:18 pm open area on coccyx. Hospice called and returned call with order from provider for triad cream three times per day and as needed (prn) and cover with cushion pad. Measure weekly.</p> <p>The Progress Notes revealed the facility waited 10 days to follow up on the triad.</p> <p>The Assessments section of the EHR, reviewed on 1/31/24 at 10:40 am, revealed skin assessments completed for resident #5 on 11/13/2023, 11/20/2023/ 12/4/2023 and 12/8/2023. No skin assessments completed after 12/8/2023. Staff B, Registered Nurse (RN) began a skin assessment on 1/31/2024, more than 7 weeks after the last assessment completed.</p> <p>The Weekly Skin Assessments for the resident documented the following: On 11/20/2023 the resident to have normal skin color, warm/dry skin and skin integrity was intact. This reflects a conflict to the progress note on 11/15/2023. On 12/4/2023 sacrum redness and left heel stage I pressure measures 3 x 3.5 cm. On 12/8/2023 coccyx a stage II pressure measures 2 x 1.5 x .5 cm. No documentation of the heel. The assessment lacked any new interventions.</p>			
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	<p>The record lacked any other Weekly Skin Assessments.</p> <p>The Assessments section of the EHR revealed Pressure Injury assessments as being complete on 11/27/2023, 12/11/2023, 12/27/2023 and 1/8/2024.</p> <p>The Pressure Injury Assessments for the resident documented the following: On 11/27/2023 right buttock stage II measures 5.5 x 5 x 0 cm. On 12/11/2023 right lower rear leg stage II pressure measures 2 x 1 cm. Right buttock stage II measures 1.5 x 1.5 x 0.3 cm. Right buttock second area stage II measures 4 x 2 x 0 cm. Left buttock stage II measures 1 x 1 x 0 cm. On 12/27/2023 sacrum pressure stage III measures 1 x 1.5 x 1 cm. left rear lower leg stage II measures 0.5 x 0.5 cm and right rear lower leg stage II measures 0.5 x 0.5 cm. On 1/8/2024 sacrum pressure stage III measuring 2 cm x 1 cm with a depth of 2 cm. No documentation of the legs. On 1/22/2024 documented as a late entry, sacrum pressure stage III 1 x 1.8 x 2 cm. Left lower leg blister 2.5 x 0.5 cm. The record lacked any other Pressure Injury Assessments.</p> <p>The Treatment Administration Record for January 2024 for the resident documented the following orders: -Apply Vaseline to area on back of right calf and cover with island dressing daily with order date 12/12/2023.</p>			
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	<p>The order was not signed off as complete on 1/9/23 and 1/15/23. -Apply Xerofoam gauze and cover with island dressing once daily to coccyx with order date 12/20/23. The treatment was not signed off on 1/9/23 and 1/15/23. -Apply betadine to left heel two times a day for pressure ulcer with order date of 12/29/23. The treatment was not signed off as complete on the morning of 1/9/23 and 1/15/23.</p> <p>On 1/31/2024 at 11:14 am, the Director of Nursing stated her expectation is that skin assessments are to be done once a week and documented in the EHR. She verified Resident #5 developed the wounds while a resident at the facility. She verified the resident has been on hospice care since admission to the facility and stated that normally when a resident is in hospice, it is the hospice company who provides interventions such a specialty mattress or air mattress. She stated Resident #5 does not have a specialty mattress. She stated preventions for skin injury vary depending on the resident but that they normally include barrier creams, repositioning, tucking pillows under one side of the body and incontinence cares.</p> <p>The document provided by the facility titled Skin Care & Wound Management, dated 06/2015, directed:</p> <p>Components of the skin care and wound management program include, but are not limited to, the following:</p> <ul style="list-style-type: none"> • Identification of resident/patients at risk for developing pressure ulcers. 			
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	<ul style="list-style-type: none"> Implementation of prevention strategies to minimize the potential for developing pressure ulcers and skin integrity issues. Weekly monitoring of resident/patient skin status Daily monitoring of existing wounds Application of treatment protocols based on clinical "best-practice" standards for promotion of wound healing. Interdisciplinary review of identified skin impairments. Monitoring for consistent implementation of interventions and effectiveness of interventions. Review and modification of treatment plans, applicable. Analysis of facility pressure ulcer data for quality improvement opportunities. <p>Additionally, the Skin Care and Wound Management document also directed:</p> <ol style="list-style-type: none"> 1. Complete the Braden Scale on admission and weekly x4 and then quarterly. 2. Complete Admission Skin Sweep on admit and then weekly. 3. Determine the reason(s) a resident is at risk for pressure ulcer development. 4. Develop a care plan with input from the interdisciplinary team and the resident/patient and family/responsible party. Document individualized goals and interventions to manage risk factors. 			
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	<p>5. Communicate risk factors and interventions to the caregiving team, resident and family/responsible party. 6. Evaluate for consistent implementation of interventions and evaluate effectiveness. 7. Modify and document goals and interventions as indicated. 8. Communicate changes.</p> <p>FACILITY RESPONSE:</p>			
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