

**Iowa Department of Inspections and Appeals
Health Facilities Division
Citation**

Citation Number: #10259					Date: March 25, 2024	
Facility Name: Azria Health Park Place		Survey Dates: February 26, 2024 – March 14, 2024				
Facility Address/City/State/Zip 2401 East 8 th Street Des Moines, IA 50316		CP				
Rule or Code Section	Nature of Violation	Class	Fine Amount	Correction date		

58.19(2)b, h, j	<p>481—58.19(135C) Required nursing services for residents. The resident shall receive and the facility shall provide, as appropriate, the following required nursing services under the 24-hour direction of qualified nurses with ancillary coverage as set forth in these rules:</p> <p>58.19(2) Medication and treatment.</p> <p>b. Provision of the appropriate care and treatment of wounds, including pressure sores, to promote healing, prevent infection, and prevent new sores from developing; (I, II)</p> <p>h. Provision of all treatments; (I, II, III) Ch 58, p.2 IAC</p> <p>j. Provision of accurate assessment and timely intervention for all residents who have an onset of adverse symptoms which represent a change in mental, emotional, or physical condition. (I, II, III)</p> <p>DESCRIPTION:</p> <p>Based on observations, resident and staff interviews, record review, facility policy and procedure, the facility failed to provide care consistent with professional standards of practice to prevent pressure ulcers from developing on residents with history of pressure ulcers for two of two residents reviewed (Resident #1 and #2). The facility reported a census of 48 residents.</p>	CLASS I	\$7,500.00	UPON RECEIPT	
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	<p>Findings include:</p> <p>The Minimum Data Set (MDS) assessment identifies the definition of pressure ulcers:</p> <p>Stage I is an intact skin with non-blanchable redness of a localized area usually over a bony prominence. Darkly pigmented skin may not have a visible blanching; in dark skin tones only, it may appear with persistent blue or purple hues.</p> <p>Stage II is partial thickness loss of dermis presenting as a shallow open ulcer with a red or pink wound bed, without slough (dead tissue, usually cream or yellow in color). May also present as an intact or open/ruptured blister.</p> <p>Stage III Full thickness tissue loss. Subcutaneous fat may be visible but bone, tendon or muscle is not exposed. Slough may be present but does not obscure the depth of tissue loss. May include undermining and tunneling.</p> <p>Stage IV is full thickness tissue loss with exposed bone, tendon or muscle. Slough or eschar (dry, black, hard necrotic tissue). may be present on some parts</p>				
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	<p>of the wound bed. Often includes undermining and tunneling or eschar.</p> <p>Unstageable Ulcer: inability to see the wound bed.</p> <p>Other staging considerations include: Deep Tissue Pressure Injury (DTPI): Persistent non-blanchable deep red, maroon or purple discoloration. Intact skin with localized area of persistent non-blanchable deep red, maroon, purple discoloration due to damage of underlying soft tissue. This area may be preceded by tissue that is painful, firm, mushy, boggy, warmer or cooler as compared to adjacent tissue. These changes often precede skin color changes and discoloration may appear differently in darkly pigmented skin. This injury results from intense and/or prolonged pressure and shear forces at the bone-muscle interface.</p> <p>1. A Quarterly Minimum Data Set (MDS) completed for Resident #1 with an Assessment Reference Date (ARD) of 12/8/23, documented diagnosis for which included peripheral vascular disease, diabetes mellitus, non-Alzheimer dementia and depression. The MDS documented the resident had a Brief Interview for Mental Status (BIMS) score of 13 which indicated no impaired cognitive decisions and no impairments for hearing or the ability to be</p>				
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	<p>understood and understand others and does not resist cares. The resident required partial to substantial assistance from staff for dressing, toilet use and personal hygiene and dependent with transfers. The MDS also documented a wheelchair as prior mode of transportation. The MDS documented the resident with 1 stage 4 pressure ulcer and pressure reducing device for chair, bed and pressure ulcer/injury care and no turning or repositioning program.</p> <p>The Braden scale for predicting pressure sores, dated 2/13/24, failed to document a score. The mobility portion of the Braden scale documented that the resident is slightly limited, makes frequent though slight changes in body or extremity position. Friction and Shear, potential problem, moves feebly or requires minimum assistance.</p> <p>The Care plan with a focus area initiated 6/12/18, the resident has potential impairment to skin integrity related to immobility, incontinence, lymphedema, history of pressure ulcers and colostomy, wounds to bilateral feet and bilateral shins (9/22/23). Sees wound care consult, Stage 3 pressure wound to the left plantar foot (2/23/24). Interventions include: *Assist with repositioning throughout shift</p>			
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	<p>*(11/14/23) Currently has a stage 4 pressure wound to the right foot, plantar. Will be followed by wound care nurse weekly. Will follow treatment order as prescribe by provider.</p> <p>*(10/6/23) Deep pressure injury bilateral lower extremity lateral. Resident was ordered new foot rests for wheel chair d/t impaired skin integrity on his plantar. Revision on: 01/22/2024</p> <p>*Occupational Therapy educated Bob on the importance of repositioning while sitting up in wheelchair.</p> <p>*Referral sent to wound physician.</p> <p>*(1/25/24) Unstageable Pressure Ulcer to Right Lateral foot</p> <p>*Off load heels</p> <p>*Wheel chair cushion</p> <p>*Follow facility procedures for treatment of injury.</p> <p>A Metro Geriatric Services dated and signed by the, Advanced Registered Nurse Practitioner (ARNP) 1/9/24, documented: A bed extender has been added to bed due to resident typically sliding down in bed.</p> <p>*Order and Requisitions: consult therapy to evaluate and treat as indicated for bed positioning; feet against foot board despite bed extender.</p> <p>A Metro Geriatric Services dated and signed by the ARNP on 1/26/24, A bed extender has been added to</p>				
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	<p>bed due to resident typically sliding down in bed. Therapy has been consulted to evaluate bed positioning, no update on consult yet. Discussed with nursing padding footboard edge. They will explore this idea.</p> <p>*Order and Requisitions: consult therapy to evaluate and treat as indicated for bed positioning; feet against footboard despite bed extender.</p> <p>A Metro Geriatric Services dated and signed by the ARNP on 2/2/24, A bed extender has been added due to resident typically sliding down in bed. Therapy has been consulted to evaluate bed positioning.</p> <p>A Metro Geriatric Services dated and signed by the ARNP on 2/9/24, A bed extender has been added to bed due to resident typically sliding down in bed. Therapy has been consulted to evaluate bed positioning, resident states that nobody has evaluated him yet. Nursing aware and will look into this.</p> <p>A Metro Geriatric Services dated and signed by the ARNP on 2/16/24, A bed extender has been added to bed due to resident typically sliding down in bed. Therapy has been consulted to evaluate bed positioning, resident reports nobody has evaluated him. Nursing aware of recommendation to pad</p>				
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	<p>footboard edges due to resident sliding down in bed and resting feet on edges.</p> <p>The clinical record lacked documentation of the therapy consult being completed for bed positioning and feet against the footboard.</p> <p>The Progress notes dated 2/23/2024 at 1:10 p.m., documented: This nurse and wound care provider enter resident's room to follow up on wound care for resident current wounds. Resident advised this nurse and provider that they had new area to the left foot. Upon assessment of the left foot, wound care provider noted area to the left plantar. Area to be noted stage 3 pressure wound. Full skin assessment to the wound site, treatment put in place and TAR was updated. Weekly skin assessment completed.</p> <p>A Metro Geriatric Services dated and signed by the ARNP on 2/23/24, documented, resident reports he has new area to left foot that requires assessment today. There is gauze wrap to left foot. A bed extender has been added to bed due to resident typically sliding down in bed. Dressing to foot dated 2/21/24. Location: left foot plantar, etiology=pressure ulcer, Stage 3</p>				
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	<p>Measurement= 4.2 centimeters (cm) by 2.7 cm by 0.1 cm Wound status= new tissue 50% deep tissue injury, 15 % red granulation.</p> <p>Observation on 2/27/24 at 9:00 a.m., resident lying in bed watching television, resident with foot board on his bed, no padding along the edges of the foot board. Resident with bilateral heels on the top of the footboard.</p> <p>Observation on 2/28/24 at 9:00 a.m., Staff J, RN (registered nurse), and facility interim director of nursing, and this surveyor walked into residents' room to do treatment and dressing to resident open areas on plantar of feet. foot board off end of bed. resident with no heel protectors, dressing to the plantar portion of both feet. An open area was noted on residents left heel. Resident winced when dressing was placed on the left heel.</p> <p>Interview on 2/28/24 at 9:22 a.m., Staff J, confirmed and verified that the residents foot board was just removed from the end of the bed and that there was no dressing to the left heel open area.</p> <p>Interview on 2/28/24 at 9:42 a.m., resident stated that the treatment to the bottom of his right foot was</p>				
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	<p>not completed last week for 4 days and that the foot board was just removed today, and that the resident does slide down in bed and that the plantar (ball) of foot does hit the foot board when he slides down.</p> <p>The Progress note dated 2/28/2024 at 7:00 a.m., documented: This nurse went to residents' room to put his sweatshirt in his closet. While in the room, it was noted that the foam border to top of footboard for pressure prevention had slipped up partially. This nurse asked resident if I could fix it for him while in his room. Resident stated, "yeah, that's fine, I think they were removing that today anyway". This nurse asked resident if it was okay with him if it was removed now. Resident agreeable. Footboard removed and placed in N13 for storage. Fax sent to PCP to update.</p> <p>The Progress notes dated 2/28/2024 at 11:54 a.m., documented: Completed treatment to left heel, left plantar/right plantar foot, no drainage or door noted at this time, resident did have some pain when completing dressing to left heel.</p> <p>The Progress notes dated 2/28/2024 at 5:01 p.m., documented: This nurse was notified by the north charge nurse that resident has new area to the left heel. This nurse went into the resident room and asked resident if it is ok to do skin assessment. This</p>				
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	<p>nurse got verbalized "ok" for assessment. Full skin assessment with measurements lengthens 6.0 cm x width 7.2 cm x depth 0.1 cm to the wounds, no noted drainage, area around site blanchable, wound bed tissue noted red granulated tissues, call placed to Doctor and got verbalized orders for treatment to wound, Resident is aware of this new order. Resident will be followed by wound care weekly.</p> <p>A Metro Geriatric Services dated and signed by the ARNP on 3/1/24 documented, resident is currently on Bactrim, DS for infection to lower leg extremity foot wound, wound culture pending. An arterial study has been ordered, awaiting portable x-ray for testing. Location: left foot plantar, etiology=pressure ulcer, Stage 3 Measurement= 5.2 cm by 5.4 cm by 0.2 cm Wound status=20% slough, 10% red granulation, 30% epithelial, 40% serous blister. Location left heel, etiology; pressure ulcer, Stage 2 Measurements= 5.5 cm by 6.9 cm by 0.1 Wound status= 45% epithelial flap, 15% dark epitheal, 40% partial thickness</p> <p>A New Skin Alteration Evaluation dated 2/28/24 at 4:24 p.m., documented: Shearing on left heel, for which measures width 7.5 cm by 6.0 cm by 0.1 cm.</p>			
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	<p>2. A Quarterly MDS completed for Resident #2 with an ARD of 1/30/24, documented diagnosis for which included non-Alzheimer dementia, Parkinson disease, multiple sclerosis, malnutrition and abnormal posture. The MDS documented the resident had a BIMS score of 9 which indicated moderately impaired cognitive decisions and minimum difficulty for hearing and usually is able to be understood and understand others and does not resist cares. The resident required dependence with all activities of daily living. The MDS also documented a wheelchair as prior mode of transportation. The MDS documented the resident with 1 stage 2 pressure ulcer, 2 Stage 3 pressure ulcers and pressure reducing device for chair, bed and pressure ulcer/injury care and no turning or repositioning program.</p> <p>The Braden scale for predicting pressure sores, dated 1/30/24, failed to document a score. The moisture portion of the Braden scale documented that the resident is very moist, skin is often but not always moist. Linen must be changed at least once a shift. The mobility portion of the Braden scale documented that the resident is very limited, makes occasional slight changes in body or extremity position but unable to make frequent or significant changes. Friction and Shear, problem, requires moderate to</p>				
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	<p>maximum assistance in moving. Complete lifting without sliding against sheets is impossible</p> <p>The Plan of Care with an initiated dated 11/19/20, stated the resident has potential impairment to skin integrity. Interventions include:</p> <ul style="list-style-type: none"> *02/09/24: Trauma to the lumbar spine: will be followed by the Wound care Doctor weekly, will follow all treatment orders as prescribed. *10/16/23 Stage 3 pressure wound to the Sacrum, Apply tx per physician orders *10/21/23: Unstageable pressure wound to the right heel. Area is dark purple and Non-blanchable, apply tx per physician orders, pressure reliving boots. *RESOLVED: 12/29/23: Stage 2 pressure ulcer wound to the thoracic back, monitor weekly, followed Wound care, follow any treatment orders as prescribed. *2/23/2024: Unstageable pressure wound to right lateral foot. Wound care rounds with doctor weekly until healed *Assist in repositioning frequently as resident allows. *Check and change frequently, keep skin clean and dry as able. *Currently has stage 3 pressure wound to the sacrum, will be followed by wound care nurse weekly, will follow current treatment order by MD or ARNP. *Heel suspension/protection device applied while in bed as resident allows. 				
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	<p>*Moisture barrier to be applied as needed as resident allows</p> <p>*Pressure reducing mattress</p> <p>*Roho cushion to w/c</p> <p>*CANCELED: Utilize duoderm to mid spine for prophylaxis</p> <p>*Use a draw sheet or lifting device to move resident.</p> <p>The Progress notes dated 2/9/24 at 2:58 p.m., documented resident was seen by doctor, new area to the lumbar spine noted trauma, area is blanachable. Weekly skin assessment completed.</p> <p>The Metro Geriatric Services signed and dated on 2/9/24 by the ARNP, documented that the resident requires Hoyer for transfers, does require staff assistance with bed mobility.</p> <p style="padding-left: 40px;">Location=lumbar spine, etiology: trauma Measurement= 0.8 cm by 0.5 cm by 0.1 cm. Wound tissue= new tissue, 100% red granulation.</p> <p>Observation on 2/28/24 at 12:10 p.m., resident was sitting up in a broda chair in the main dining room, no cushion behind the resident back, Hoyer lift sling underneath the resident while in the broda chair.</p>				
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	<p>Observation on 2/29/24 at 12:45 p.m., resident sitting in broda chair in room feet on foot plate, Hoyer sling behind resident and no cushion behind resident back.</p> <p>Observation 3/5/24 at 12:35 p.m., resident sitting in the broda chair with a Hoyer sling behind her back, no pressure reduction cushion to the back of the broda chair.</p> <p>Interview on 3/12/24 at 9:00 a.m., the facility Interim Director of Nursing, came in and explained that the facility failed to look into another pressure cushion device for the broda chair, and that the broda chair came with the cushion and that the facility had no other interventions prior to the open area.</p> <p>FACILITY RESPONSE:</p>				
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