Department of Inspections, Appeals, and Licensing
Health & Safety Division
Citation

Citation Number #11014		**Report date** January 8, 2026
Facility name Trinity Center at Luther Park		**Survey dates** December 15, 2025 - December 23, 2025
Facility address 1555 Hull Avenue		
City Des Moines, IA	**CP**	

Rule or Code Section	Nature of Violation	Class	Fine Amount	Correction Date
58. 10(8)	**481—58.10(135C) General policies. 58.10(8)** Infection control program. Each facility shall have a written and implemented infection control and exposure control program with policies and procedures based on the guidelines issued by the Centers for Disease Control and Prevention (CDC), U.S. Department of Health and Human Services. (I, II, III) CDC guidelines are available at www.cdc.gov. **DESCRIPTION** Based on observations, record review, staff and Iowa Department of Public Health (IDPH) interviews, facility policy review, and Centers for Disease Control and Prevention (CDC) guidelines. The facility failed to do the following; ensure staff followed proper infection control practices during resident's cares and transmission based precaution procedures to prevent the spread of COVID-19 by failing to follow facility policy and CDC guidelines, to test residents who had been exposed to other residents positive for COVID-19, separate COVID-19 positive residents from roommates, to wear proper personal protective equipment (PPE) and to properly handle contaminated linens for 20 of 20 residents reviewed (Resident #2, #6, #11, #12, #27, #32, #36, #42, #59, #68, #74, #75, #85, #91, #96, #97, #100, #118, #126, #127) The facility reported a census of 109 residents.	**Class I**	**$5,500.00** **Held in Suspension**	**Upon Receipt**

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	Findings include: On 12/15/25 at 8:45 AM, Staff B, Licensed Practical Nurse (LPN) and Staff C, LPN were observed on a unit with Covid positive residents sitting at the nurses' station without masks. They both placed the mask over their mouths and noses when the state surveyor approached. During an observation on 12/15/2025 10:45 AM, Staff BB, CNA is observed exiting a resident’s room, wearing gloves, pushing a patient transfer device (EZ stand), parking along the wall in the hallway and entering a resident’s room across the hall while wearing the same gloves. On 12/15/2025 at 10:52 AM, observation revealed droplet precaution sign outside of Resident #59’s door with Personal Protective Equipment (PPE) supplies bin outside of room. Resident’s room door is open, with resident #59 laying in bed. On 12/15/25 at 10:53 AM, Staff D, Certified Nurse Aide (CNA) was observed on the same unit with her ear loop mask tucked under her chin. On 12/15/25 at 11:00 AM, Staff E, contracted Physical Therapy Assistant (PTA) was observed on the same unit with her ear-loop mask tucked under her chin while she searched for a N95 mask. She stated the facility had been using N95 masks for Covid positive droplet precaution residents.			

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	On 12/15/2025 at 3:20 PM, observed droplet precaution sign and PPE supplies bin outside of Resident #74’s room, with resident’s room door open. Observation on 12/16/2025 at 1:25 PM, revealed Resident #59’s room door open, resident is on TBP for positive COVID, Staff GG, CNA, outside of room donning PPE to include a gown and gloves. Stuff GG, CNA currently wearing a standard surgical mask and enters resident’s room. Staff GG, CNA provides cares for Resident #59, the room door is open and the curtain is pulled a quarter of the way across the room, while roommate is on the other side of the room. At 1:30 PM another staff member approaches doorway and asks Staff GG, CNA to assist in another room when done caring for Resident #59. 1:35 PM, Staff GG, CNA exits Resident #59’s room, gown, gloves and mask are removed. Leaving resident’s door open and carrying unbagged linens with bare hands, stops at PPE drawer in the hallway and gets a new standard surgical mask and puts it on. Staff GG, CNA then proceeds to carry unbagged linen to the soiled laundry bin halfway down the hallway and drops items in. Uses hand sanitizer and enters another room to assist as requested earlier. On 12/16/2025 3:10 PM, Staff HH, CNA is observed carrying personal care supplies from hall B to hall C, wearing a mask, pulled down below her nose only			

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	covering her mouth. After delivering supplies to storage cart on hall B, Staff HH, CNA is observed at the entrance to hall B pulling her mask down and drinking out of a water bottle, replacing her mask to cover her mouth and sets water bottle back on hand railing and walks away. On 12/16/2025 at 5:20 PM, DON provided a spreadsheet she stated is used for reporting positive COVID-19 cases to CDC's National Healthcare Safety Network (NHSN) (healthcare-associated infection tracking system) and to Iowa Department of Public Health (IDPH). Review of this document indicated residents who had been tested for influenza and/or COVID-19, resident's symptoms and date reported, the date the test was administered with results, and the date resident was removed from isolation/TBP. On 12/16/25 at 8:17 AM, Staff F, RN was observed in the dining room on the same unit wearing her mask below her nose. She raised it above her nose when the state surveyor approached her. On 12/16/25 at 3:28 PM, Staff G, LPN was observed on the unit with mask requirements at the nurses' station with his mask hanging off of his right ear. On 12/17/25 at 11:02 AM, Staff H, contracted Registered Occupational Therapy (OTR) exited a resident's room wearing a PPE gown and gloves and carrying a green pair of pants. She rolled up the pants, placed it in the laundry bin, and returned to			

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	the resident's room wearing the same PPE. At 11:09 AM, she exited the resident's room wearing PPE gown and gloves carrying a clear plastic bag of laundry. She threw it in the laundry bin and returned to the resident's room. At 11:12 AM, Staff H stated she received infection prevention education but didn't remember receiving education about exiting EBP with PPE. She stated when she's providing services to a resident on EBP, she changes gloves after touching the resident, exits the resident's room to place any linen into the laundry bin, then returns to the resident's room. She stated the residents' rooms do not have disinfectant wipes, so she takes the gait belt to the office to clean it. Observation on 12/18/2025 at 11:30 AM, Facility Nurse Practitioner, observed standing at nurses' station, not wearing a mask. Staff T, Assistant Director of Nursing (ADON), asked Facility Nurse Practitioner to put on a mask and wear while on the unit. Nurse Practitioner donned a mask. 1. Review of Resident #6's Significant Change Minimum Data Set (MDS) dated 9/10/2025 revealed admission to the facility on 7/17/2025 in a private room receiving hospice level of care. A Brief interview for Mental Status (BIMS) of 7 (severe cognitive impairment), diagnoses including atrial fibrillation (A-fib), coronary artery disease, hypertension, stage 3 chronic kidney disease, type 2			

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	diabetes mellitus, hyperlipidemia, history of stroke with left sided weakness, and chronic obstructive pulmonary disease (COPD). Resident #6 is dependent on staff assistance pushing her wheelchair for mobility, dependent with use of mechanical lift for transfers, and needs substantial assistance rolling side to side in bed, sitting to lying, and lying to sitting on side of bed. Review of Resident #6's Care Plan initiated on 7/17/205 included the following focus and interventions: a. High risk for COVID exposure due to communal living. Observe for signs and symptoms of COVID. Obtain rapid COVID test as indicated and report results to facility provider, should Resident #6 have a positive test, isolate per CMS/CDC guidelines. b. Resident #6 has altered respiratory status/difficulty breathing related to COPD, interventions to include, monitor/document changes in orientation, increased restlessness, anxiety and air hunger. Monitor for signs and symptoms of respiratory distress, headaches, lethargy, confusion, and report to facility provider as needed. Use of oxygen at 2 liters per minute (LPM) via nasal cannula as needed to keep oxygen saturation greater than 90%. c. Resident #6 has altered cardiovascular status. Administer cardiac medications as ordered, monitor vital signs and notify provider of significant abnormalities, monitor/document/report any signs			

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	or symptoms of chest pain, chest pressure, heartburn, nausea, vomiting, shortness of breath, excessive sweating, and dependent edema (swelling from excessive fluid accumulation). Review of facility provided COVID-19 tracking spreadsheet indicated Resident #6's symptoms started on 12/2/2025, COVID-19 testing on 12/2/25 with positive results and Transmission Based Precautions (TBP) initiated. Review of Resident #6's Nursing Progress notes revealed the following: 12/2/2025 at 1:19 PM, Staff Z, LPN, documented, Long Term Care Evaluation: vitals temperature (T) 97.1, pulse (P) 62, respirations (R) 18, blood pressure (BP) 117/68, SpO2 94% on room air. Respiratory: No signs of difficulty breathing, no shortness of breath noted, right and left lungs clear, no oxygen, head of bed is not elevated, no cough. 12/2/2025 at 5:25 PM, Staff Z, LPN, documented, resident #6 tested positive for COVID, voicemail left for family. 12/3/2025 at 6:49 AM, Staff A, RN, documented, at 6:35 AM it was brought to my attention Resident #6 appeared to have passed away. Upon inspection and assessment, she has passed. Assistant Director of Nursing (ADON) notified. Called hospice and told then Resident #6 had passed away, also disclosed that resident had a diagnosis of COVID yesterday before her passing.			

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	2. Review of Resident #11's Admission MDS dated 9/30/2025 revealed, resident was admitted to the facility on 9/24/2025 to a private room. A BIMS of 15 (cognitively intact), diagnoses of coronary artery disease, deep vein thrombosis, heart failure, peripheral vascular disease, type 2 diabetes mellitus, and pleural effusion (excess fluid builds up in the space between the lungs and chest wall, restricting lung expansion, causing shortness of breath, chest pain, and cough). Resident #11 requires moderate assistance (helper does less than half the effort, lifts or holds trunk or limbs but provides less than half the effort) with transfers and mobility with the use of a walker or wheelchair. Review of Resident #11's Care Plan, initiated 9/24/2025, included the following focus and interventions: a. Altered cardiopulmonary functioning, potential for shortness of breath, lung congestion, chest pain, decrease in level of consciousness, acute heart failure. Administer cardiac medications as ordered, blood pressure monitoring, use of anticoagulants (blood thinner), observe for signs and symptoms of cardiac decompensation and report to provider. Daily weights for cardiac monitoring as ordered, notify provider of 3-pound weight gain in 1 day or 5 pounds in one week. b. Resident #11 requires the use of diuretics related to congestive heart failure and bilateral lower extremity edema. Administer medications as			

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	ordered, notify provider of increase in edema and lung congestion. Review of facility provided COVID-19 tracking spreadsheet indicated Resident #11's symptoms started on 12/3/2025, COVID-19 testing on 12/2/25 with positive results and TBP initiated. Resident #12 was removed from TBP on 12/8/2025 after 5 days of isolation/TBP. Review of Resident #11's Nursing Progress notes revealed the following: 11/30/2025 at 7:42 AM, Staff AA, RN, documented, Resident #11 exhibits cold symptoms; congestion and cough. Reports a sore throat, denies any malaise (feeling discomfort or illness), BP 110/65, P 85, SpO2 94% on room air. Rapid COVID test completed with negative results at this time. On call provider made aware with orders for Guaifenesin (medication used to relieve chest congestion and make coughs more productive) 400mg every 4 hours as needed x 10 days. 12/2/2025 9:10 PM, Staff B, LPN, documented, Resident #11 tested positive for COVID. 12/8/2025 at 5:34 PM, Staff S, LPN, documented, Resident #11 removed from droplet isolation precautions due to resolved active COVID signs and symptoms at this time. 3. Review of Resident #12's MDS dated 11/1/25 revealed the resident was admitted to the facility on 3/10/2011 to a semi-private room (shared with			

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	one roommate R#75). A BIMS of 14 (cognitively intact), diagnoses of Multiple Sclerosis, contractures, neurogenic bladder, hypertension, and anxiety disorder. Resident #12 is dependent on staff assistance for mobility in her wheelchair and assistance with the use of a mechanical lift for transfers. Review of Resident #12's Care Plan revised on 8/27/2025 failed to indicate Resident's risk for COVID. Review of facility provided COVID-19 tracking spreadsheet indicated Resident #12's symptoms started on 12/3/2025, COVID-19 testing on 12/3/25 with positive results and TBP initiated. Resident #12 was removed from TBP on 12/12/2025 after 9 days of isolation/TBP. Review of Resident #12's Nursing Progress notes revealed the following: 12/2/2025 at 12:38 AM, Staff Y, LPN, documented, resident able to express self to staff, body temperature warm to touch, dry and intact. In bed, head elevated per resident's desires, call light in reach. 12/3/2025 at 8:47 PM, Staff Z, LPN, documented, resident noted coughing, rapid COVID test completed, results positive, BP 121/68, P 118, T 98 and O2 95%. On call provider notified and received an order for Mucinex 600mg twice daily x 10 days. 12/8/2025 at 2:46 PM, Staff A, RN, documented,			

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	vital signs (T)98.5, (P)108, (R)18, (BP)113/61, SpO2 95% on room air. Lung sounds diminished in the bases bilaterally and expiratory rhonchi in the right upper lobe. Loose, non-productive cough. Resident is alert. No other signs and or symptoms (s/sx) of COVID. 4. Review of MDS dated 10/4/2025, revealed Resident #27's admission to the facility on 7/31/2024 to a semi-private room (Roommate with Resident #12), BIMS of 15 (cognitively intact) and diagnoses of non-Alzheimer's dementia, Parkinson's disease, anxiety disorder, depression, and psychotic disorder. Review of Resident #27's Care Plan initiated 7/31/2024 failed to indicate Resident's risk for COVID. Review of Resident #27's nursing progress notes, failed to provide documentation related to Resident #27's exposure to COVID positive roommate, attempt to separate from roommate or provide interventions to reduce risk of transmission, provide COVID testing and monitoring for symptoms. 5. Review of MDS dated 10/27/2025, revealed resident #32 was admitted to the facility 10/21/2025 in a private room, BIMS 13 (cognitively intact) and diagnoses of atrial fibrillation (A-fib), heart failure, hypertension, and unspecified toxic encephalopathy. (brain dysfunction caused by			

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	unknown toxins, can cause confusion, memory loss, personality changes, poor concentration or seizures). Resident #32 is independent with the use of a walker. Review of Care Plan, initiated 11/3/2025, revealed the following focus and interventions for Resident #32: a. Altered cardiopulmonary status with potential for shortness of breath, lung congestion, edema, chest pain, decreased level of consciousness, cyanosis related to congestive heart failure, A-fib, and hypertension. Avoid overexertion, requiring frequent rest periods during completion of activities. Notify nursing staff of any shortness of breath, chest pain, or irregular heartbeat. Observe for signs and symptoms of cardiac decompensation and report to provider. Review of facility provided COVID-19 tracking spreadsheet indicated Resident #32's symptoms started on 12/1/2025, COVID-19 testing on 12/2/25 with positive results and TBP initiated. Resident #32 was removed from TBP on 12/8/2025 after 5 days of isolation/TBP. Review of Resident #32's Nursing Progress notes revealed the following: 11/17/2025 at 6:37 PM, Staff U, RN, documented, Nurse Practitioner is here and new order received, cough drops mouth/throat lozenge every 2 hours as needed, may have at bed side per resident's			

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	request. 12/1/2025 at 2:26 PM, Staff B, LPN, documented, called Resident #32's family and notified about Vaseline under the nose for redness. 12/2/2025 at 12:39 PM, late entry created 12/3/1015 at 3:41 PM, Staff B, LPN noted, Resident #32 was tested positive for COVID, family and manager notified. Isolation precautions put in place. 12/2/2025 at 12:44 PM, Staff T, ADON, documented, positive for COVID, isolation in place. 12/3/2025 at 1:04 PM, Staff T, ADON, documented, symptoms started on Sunday (11/30/2025) with a runny nose and increased tiredness. On 12/2/2025 resident #32 was tested with a rapid COVID test and tested positive. 12/8/2025 at 5:12 PM, Staff T, ADON, documented new orders for Tussin (medicine to relieve symptoms of cough and chest congestion cause by the common cold, flue, allergies, or minor bronchial irritations) 15mg every 6 hours as needed. Rapid COVID test completed, results negative. 12/8/2025 at 5:32 PM, Staff S, LPN, documented, resident #32 removed from droplet isolation precautions due to resolved signs of active COVID signs or symptoms at this time. 6. Review of MDS dated 11/12025, revealed Resident #36's admission to the facility on 11/25/2024 to a semi-private room (roommate with Resident #59), BIMS of 0 (resident is not able			

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	to complete the assessment) and diagnoses of A-fib, hypertension, kidney disease, type 2 diabetes mellitus, aphasia (language disorder, impairing language, understanding speech, reading and writing), hemiplegia, seizure disorder, and history of stroke. Resident #36 requires maximal assistance for transfers and is independent with a wheelchair for mobility. Review of Resident #36's Care Plan initiated 12/5/2024 failed to indicate Resident's risk for COVID. Review of Resident #36's nursing progress notes, failed to provide documentation related to Resident #36's exposure to COVID positive roommate, attempt to separate from roommate or provide interventions to reduce risk of transmission. Review of Resident #36's Medication Administration Record (MAR) indicated an order dated 12/11/2025 for COVID MONITORING: monitor for new cough, sore throat, new shortness of breath or difficulty breathing, loss of taste or smell, chills, fatigue, nausea, vomiting, diarrhea, muscle or body aches, headache, congestion, runny nose. See nurses' notes and progress notes findings every shift for 10 days. Vitals were obtained and documented each shift. The ordered nursing progress notes linked to three times daily COVID monitoring provided the following two nursing documentations:			

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	12/11/2025 at 4:50 PM, Staff AA, RN, documented, no cough or difficulty breathing noted. 12/13/2025 at 1:07 AM, Staff Z, LPN, noted, Resident #36 resting quietly with no complaints of discomfort, NO breathing difficulty. On 12/16/2025 at 1:18 PM, Resident #36 was observed self-propelling in his wheelchair, exiting his room. Outside of resident #36's room, a three-drawer bin with PPE, had a folded blanket, shirt on a hanger, and underwear sitting on top. Resident #36, unmasked, retrieved laundry and blanket and returned to the room. During an interview on 12/16/2025, Staff G, LPN stated in this room, Resident #59 is COVID positive, Resident #36 is not. LPN stated Resident #36 had been tested with negative results. When LPN was asked about facility's procedure for separating roommates when one is COVID positive and the other is negative, LPN stated Resident #36's roommate had a full assessment, nursing staff will monitor Resident #36 with basic vitals. LPN stated Resident #36 had been tested again and was negative, the results for these tests would be documented in the nurse's progress notes in Resident #36's records. An interview on 12/16/25 at 3:12 PM, Staff F, RN stated, she has encouraged Resident #36 to spend time outside of his room and encouraged to wear a mask. Nurses are monitoring for signs and			

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	symptoms of COVID. Staff F, RN stated she was not sure if Resident #36 had been tested for COVID, at this time Staff F, RN called Staff S, the Infection Preventionist for more information. Staff F, RN continues by stating “I haven’t been on the floor in a while, to know what we’re doing.” After communicating with Staff S, Infection Preventionist, Staff F, RN stated right now we are focusing on alert charting and monitoring for COVID symptoms, if symptoms start then the resident is tested for COVID. In an interview on 12/16/25 at 3:24 PM, Staff T, ADON, acknowledged Resident #36 cohorting (an infection control strategy where patients with the same contagious condition are grouped together in a specific area to prevent spread to others) with Resident #59 who is COVID positive and stated questions related to the cohorting would need to be redirected to the facility’s Infection Preventionist Staff S, for further clarification. 7. Review of MDS dated 9/27/2025 revealed Resident #42’s admission to the facility on 4/7/2025 to a private room, BIMS of 12 (moderate cognitive impairment) and diagnoses of hypertension, kidney disease, type 2 diabetes mellitus, Alzheimer's disease, non-Alzheimer's dementia, anxiety disorder, depression, bipolar disorder, asthma, and sarcopenia (age related progressive loss of muscle mass, strength and function). Resident #42 is			

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	dependent on staff for transfers and mobility in her wheelchair. Review of Resident #42's Care Plan, initiated 4/7/2025, included the following focus and interventions: a. Altered cardiopulmonary status with potential for shortness of breath, lung congestion, edema, chest pain, decreased level of consciousness, cyanosis, diaphoresis, complaints of nausea and vomiting related to hypertension and asthma with wheezing. Avoid overexertion, requiring frequent rest periods during completion of activities. Observe for signs and symptoms of cardiac decompensation and report to provider. Review of facility provided COVID-19 tracking spreadsheet indicated Resident #42's symptoms started on 12/3/2025, COVID-19 testing on 12/2/25 with positive results and TBP initiated. Resident #42 was removed from TBP on 12/8/2025 after 5 days of isolation/TBP. Review of Resident #42's Nursing Progress notes revealed the following: 12/3/2025 at 1:00 PM, Staff T, ADON, documented, on 12/2/2025 Resident #42 had cough and runny nose. Rapid COVID testing completed results positive. Isolation present. 12/8/2025 5:37 PM. Staff S, LPN, documented Resident #42 removed from droplet isolation			

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	precautions due to resolved signs of active COVID signs or symptoms at this time. 8. Review of Resident #59's MDS dated 9/13/2025 revealed resident #59 was admitted to the facility on 3/29/2024 to a semi-private room (roommate with Resident #36), BIMS of 14 (cognitively intact) with diagnoses of coronary artery disease, heart failure, cardiomegaly (enlarged heart), hypertension, type 2 diabetes mellitus, anxiety disorder, depression, COPD, chronic respiratory failure, obstructive sleep apnea, disease of spinal cord, and requires oxygen. Resident #59 is dependent for transfers with assistance of a mechanical lift and uses a power wheelchair for mobility. Review of Resident #59's Care Plan revised 12/4/2025 provided the following focus and interventions: a. Resident #59 has an altered cardiovascular status related to hypertension, heart failure, and coronary artery disease. Administer cardiac medications as ordered. Daily weights, if 5 pounds gain in one week, administer additional Lasix that day. Monitor and report any signs or symptoms of coronary artery disease, chest pain or pressure with activity, shortness of breath, excessive sweating, and dependent edema. Oxygen at 2 liters via nasal cannula continuous. b. Resident #59 is at risk for signs and symptoms of			

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	COVID-19. Follow facility protocol for COVID-19 screening and precautions. Observe for signs and symptoms of COVID-19, document and promptly report fever, coughing, sneezing, sore throat, and/or respiratory/breathing issues. c. Initiated 12/11/2025, Resident #59 requires isolation precautions, specifically related to the COVID-19 infection. Observe effectiveness of medications; observe for signs and symptoms and inform provider if worsening. Intervention initiated 12/16/2025; Carry on conversations with Resident #59 during care so that he does not feel isolated; Resident #59 is receiving antibiotics for COVID associated respiratory infection, observe for potential side effects and report to the provider; notify provider of any worsening COVID symptoms; isolation per policy. d. Resident #59 has altered respiratory status, difficulty breathing related to heart failure, respiratory failure, and COPD exacerbation. Assess lung sounds as needed and notify provider of abnormal findings. Monitor for signs and symptoms of respiratory distress and report to provider. Continuous oxygen at 2 lpm via nasal cannula. Review of facility provided COVID-19 tracking spreadsheet indicated Resident #59's symptoms started on 12/11/2025. Review of Resident #59's Nursing Progress notes revealed the following:			

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	12/11/2025 at 10:02 AM, Staff AA, RN, documented, Resident #59 presents with hoarse voice, reports feeling fatigued. Occasional cough, reporting clear to greenish sputum at times, and slight pain with cough. No respiratory distress or effort with breathing. Rapid COVID completed with positive results. Isolation protocol initiated. 9. Review of MDS dated 12/2/2025, revealed Resident #68 was admitted to the facility on 11/26/2025 to a private room, BIMS of 15 (cognitively intact) and diagnoses of cancer, A-fib, heart failure, hypertension, kidney disease, type 2 diabetes mellitus, and respiratory failure with hypoxia (critical condition where lungs fail to get enough oxygen into the blood). Review of Resident #68's Care Plan, initiated 11/26/2025 included the following focus and interventions: a. Resident #68 requires assistance of 1 with a gait belt and walker for ambulation and transfer. b. Altered cardiopulmonary status with potential for shortness of breath, lung congestion, edema, chest pain, decreased level of consciousness, cyanosis, diaphoresis, complaints of nausea and vomiting related to heart failure and acute respiratory failure. Avoid overexertion, requiring frequent rest periods during completion of activities. Instruct resident to notify nursing staff of any complaints of shortness of breath, chest pain,			

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	irregular heart rate. Observe for signs and symptoms if resident is unable to report symptoms and notify provider if signs and symptoms exist. c. Oxygen at 2 lpm via nasal cannula as needed. d. Observe for signs and symptoms of cardiac decompensation and report to provider. e. Enhanced Barrier Precautions (EBP) due to chronic wounds, gowns and gloves to be worn with all direct care. Proper hand washing before and after all cares. Review of facility provided COVID-19 tracking spreadsheet indicated Resident #68's symptoms started on 11/29/2025, COVID-19 testing on 12/2/25 with positive results and TBP initiated. Resident #68 was removed from TBP on 12/9/2025 after 7 days of isolation/TBP. Review of Resident #68's Nursing Progress notes revealed the following: 11/28/2025 at 10:50 AM, Staff L, RN documented a Skilled Evaluation note stating, no signs of difficulty breathing, no shortness of breath noted. No cough, no signs of respiratory distress or discomfort noted at this time. 11/29/2025 at 8:09 AM, Staff AA, RN documented a Skilled Evaluation note stating, no signs of difficulty breathing, no shortness of breath noted. Right and left lung clear, no oxygen. Cough present with moist/loose non-productive cough noted. Reports cough not new, denies concerns at this time.			

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	11/30/2025 at 8:37 AM, Staff AA, RN documented a Skilled Evaluation note stating, no signs of difficulty breathing. Shortness of breath noted, Resident #68 reported shortness of breath upon exertion. Right and left lung clear. No oxygen, head of bed elevated at 30 degrees. Cough present with moist/loose non-productive cough noted. Small amount of thin secretions. Residual cough. 11/30/2025 at 5:33 PM, Staff AA, RN documented an Administration note, Albuterol sulfate inhalation nebulation, 3 ml inhaled orally via nebulizer every 6 hours as needed for shortness of breath, SpO2 94% on room air, no respiratory distress observed or reported. 12/1/2025 at 10:07 AM, Staff BB, Certified Medication Aide (CMA) document an Administration note, Albuterol sulfate inhalation nebulation, 3 ml inhaled orally via nebulizer every 6 hours as needed for shortness of breath, wheezing. Resident #68 requested Albuterol nebulizer for shortness of breath and wheezing. Nurse was notified. 12/1/2025 at 10:40 AM, Staff U, RN documented a Skilled Evaluation note stating, SpO2 90% on room air, no signs of difficulty breathing or shortness of breath noted. Right lung upper lobe wheezes on auscultation, lung sounds present on exhalation. Left lung upper lobe wheezes on auscultation, lung sounds present on exhalation. Moist/Loose non-productive cough present with small amounts of			

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	clear moderate consistency secretions. As needed nebulizer treatments administered, Nurse Practitioner here and notified of noted wheeze and cough. 12/1/2025 at 11:05 AM, Staff U, RN documented wheezing and shortness of breath noted this morning, as needed nebulizer treatment administered. Nurse Practitioner is here and saw resident. New order received; Mucinex 600mg by mouth twice daily x 7 days. 2 view chest x-rays today. Continue as needed nebulizer treatments. X-ray scheduled with portable x-ray services. 12/1/2025 at 11:59 AM, Staff U, RN documented Nurse Practitioner is here and saw Resident #68; verbal order received for rapid COVID test. Rapid COVID test administered and positive results noted. Nurse Practitioner and ADON aware, Resident #68 in droplet precaution, will continue to monitor. 10. Review of MDS dated 10/25/2025 revealed Resident #74's admission to the facility on 5/5/2025 in a private room, BIMS of 15 (cognitively intact) and diagnoses of hypertension, polyneuropathy (nerve damage in extremities causing weakness, numbness, tingling and burning pain affecting sensory and motor functions), aortic valve stenosis (serious heart condition, aortic valve narrows causing obstructive blood flow), and weakness, Resident #74 is independent with transfers and mobility with the use of a wheelchair.			

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	Review of Resident #74's Care Plan revised 11/10/2025 indicated the following focus and interventions: a. Altered cardiovascular status related to hypertension. Assess for chest pain, enforce the need to call for assistance if pain starts. Monitor, document and report any signs or symptoms of coronary artery disease. b. Initiated 12/14/2025, require care isolation precautions specifically related to the COVID-19 infection. Observe for signs and symptoms and inform provider if worsening. Ensure resident stays in room, away from other people as much as possible (contact and droplet precautions). Monitor vitals and notify provider of abnormalities. Review of facility provided COVID-19 tracking spreadsheet indicated Resident #74's symptoms started on 12/13/2025. Review of Resident #74's Nursing Progress notes revealed the following: 12/13/2025 at 9:30 AM, Staff AA, RN, documented, Resident #74 with complaints of loss of taste, also presents with nasal congestion. Denies any cough or shortness of breath. Bp 152/65, T 97.8, P 75, R 20, SpO2 98% on room air. Breathing equal and unlabored. Alert with no change from baseline. Rapid COVID completed with positive results. Isolation precautions initiated. Manager on call			

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	made aware, on call provider notified with orders to continue to monitor and notify of any changes. 11. Review of Resident #75 MDS dated 10/11/2025 revealed admission to the facility on 5/17/2024 to a semi-private room (roommate Resident #12), BIM of 3 (severe cognitive impairment) and diagnoses of hypertension, chronic kidney disease, A-fib, and other specified signs and symptoms involving cognitive functions and awareness (brain fog, memory lapses, difficulty concentrating, altered mental status), stenosis of carotid artery, arterial fibromuscular dysplasia, hypertensive heart disease.. Resident #75 requires maximal assistance with transfers and mobility with the use of a gait belt and walker. Review of Resident #75's Care Plan revised 9/11/2025 indicated the following focus and interventions: a. High risk for COVID exposure due to communal living. Observe for signs and symptoms of COVID. Obtain rapid COVID test as indicated and report results to provider, should Resident #75 have a positive test, isolate per CMS/CDC guidelines. b. Resident #75 has altered cardiovascular status related to stenosis of carotid artery, arterial fibromuscular dysplasia, hypertensive heart disease. Administer medications as ordered. Monitor, document, and report any changes in lung			

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	sounds on auscultation, edema and changes in weight as needed. Review of Resident #75's nursing progress notes and orders, failed to provide documentation related to the following; Resident #75's exposure to COVID positive roommate, attempt to separate from roommate or provide interventions to reduce risk of transmission, and ordered monitoring for COVID symptoms. 12. Review of MDS dated 10/18/2025 revealed Resident #85 was admitted to the facility on 8/8/2024 to semi-private room (roommate with Resident #100), BIMS of 11 (moderate cognitive impairment) and diagnoses of kidney failure, history of rhabdomyolysis (breakdown of damaged muscle tissue), malnutrition, spondylosis lumbosacral region (degenerative changes in lower back), metabolic encephalopathy (condition causing brain dysfunction leading to confusion, seizures, or coma), bed confinement status, and weakness. Resident #85 is dependent on all transfers and mobility with the use of a mechanical lift and wheelchair. Resident #85's Care Plan, initiated 8/8/2024 indicated the following focus and interventions: a. Resident #85 requires EBP due to an extensive pressure area. Infection Preventionist to educate staff on donning (putting on) and doffing			

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	(removing) of equipment. Proper handwashing before and after all cares. Review of facility provided COVID-19 tracking spreadsheet indicated Resident #85's symptoms started on 12/2/2025, COVID-19 testing on 12/2/25 with positive results and TBP initiated. Resident #85 was removed from TBP on 12/8/2025 after 6 days of isolation/TBP. Review of Resident #85's Nursing Progress notes revealed the following: 12/2/2025 at 10:56 AM, Staff B, LPN, documented, new order for Mucinex 600mg every 12 hours and COVID test for sinus. 12/3/2025 at 1:02 PM, Staff T, ADON, documented, 12/2/2025 Resident #85 had a runny nose and cough, rapid COVID test completed, results positive. 13. Review of Resident #91's MDS dated 11/22/2025 revealed Resident #91 was admitted to the facility on 4/9/2015 to a semi-private room (roommate Resident #118), BIMS of 0 (resident is not able to complete the assessment) and diagnoses of history of a stroke, hypertension, type 2 diabetes mellitus, arthritis, and aphasia. Resident #91 requires maximal assistance for transfers and mobility with use of a wheelchair. Review of Care Plan revised on 12/16/2025 indicated the following focus and interventions for Resident #91:			

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	a. EBP required due to MDRO CRE E. Coli (multi-drug-resistant organism, superbug resistant to powerful antibiotics). Gowns and gloves to be worn with all direct care, Infection Preventionist to educate staff on donning and doffing of equipment. Proper handwashing before and after all cares. b. Altered cardiovascular status related to hypertension and history of stroke. Administer medications as ordered. Monitor, document, and report any changes in lung sounds on auscultation, edema and changes in weight as needed. Review of facility provided COVID-19 tracking spreadsheet indicated Resident #91's symptoms started on 12/3/2025, COVID-19 testing on 12/2/25 with positive results and TBP initiated. Resident #91 was removed from TBP on 12/8/2025 after 5 days of isolation/TBP. Review of Resident #91's Nursing Progress notes revealed the following: 12/3/2025 at 10:32 AM, Staff T, ADON, documented, Resident #91 had a cough and runny nose, rapid COVID test positive, isolation in place. 12/8/2025 at 5:36 PM, Staff S, LPN, documented, Resident #91 removed from droplet isolation precautions due to resolved active COVID signs or symptoms at this time. 12/9/2025 at 9:52 PM, Staff CC, LPN, documented Resident #91 discontinued from isolation, with mask on when in hall or going down stairs.			

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	13. Review of MDS dated 11/8/2025 revealed Resident #96 was admitted to the facility on 11/9/2020 to a semi-private room (roommate Resident #97), BIMS of 0 (resident is not able to complete the assessment) and diagnoses of stroke, hypertension, hemiplegia affecting left side, emphysema, and COPD. Resident #96 requires maximal assistance with transfers and mobility. Review of Resident #96's Care Plan revised 12/8/2025 indicated the following focus and interventions: a. Initiated 10/28/2024, Potential risk for community acquired infection while living in a healthcare setting. Antibiotics as ordered, encourage oral fluids and nutrition as tolerated. Follow standards for outbreak testing and mitigation. Sanitize high touch surfaces to decrease the risk of infection. b. Initiated 12/8/2025, Resident #96 requires isolation precautions specifically related to the COVID-19 infection. Encourage resident to cover their mouth and nose when coughing or sneezing, ensure good infection control measures and PPE are used when working with resident. Contact and droplet isolation, encourage keeping door closed. c. Altered cardiovascular status related to hypertension and history of stroke. Assess for chest pain and shortness of breath and monitor vital signs per protocol. d. Diagnosis of COPD, give aerosol or			

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	bronchodilators as ordered monitoring for side effects and effectiveness. Monitor for signs and symptoms of acute respiratory insufficiency. Monitor, document, report any signs and symptoms of respiratory infection. Review of facility provided COVID-19 tracking spreadsheet indicated Resident #96's symptoms started on 12/7/2025, Resident #91 was removed from TBP on 12/12/2025 after 5 days of isolation/TBP. Review of Resident #96's Nursing Progress notes revealed the following: 12/6/2025 at 3:36 AM, Staff DD, RN, documented, Resident #96 requested nurse related to "chest pain." On assessment vital signs within normal limits. Skin warm/pink/dry. Resident reports "feeling like I can't catch my breath." Also describes "chest pain" as "sharp, and constant" located an inch to the right of sternum between ribs 5-6. Heart sound regular without extra sound, murmurs, gallops. Lung sounds clear to auscultation, except mild expiratory wheezes and course crackle to bases anteriorly, Resident #96 has history of COPD and centrilobular emphysema. Denies pain getting worse or better with cough/deep breathing. Denies feeling GI upset, indigestion, bloating. Abdomen is soft, flat, and non-tender. With reassurance that vital signs are stable, resident appeared to be generally calm. Requested a snack & V8. Rapid			

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	COVID test is POSITIVE. Contacted on-call provider with telephone orders for Portable chest x-ray 2 view, Mucinex twice daily x5 days, Molunupiravir (antiviral) 800mg by mouth every 12 hours x5 days. Resident #96 updated on positive result. 12/6/2025 at 5:39 AM, Staff DD, RN, documented, also received telephone order for albuterol inhaler, 2 puffs every 6 hours as needed. 12/6/2025 at 5:19 PM, Staff EE, LPN, documented, portable x- ray called x2 today, stated they will try to a send technician today. Resident #96 on isolation for COVID-19, started antiviral today. Vitals T 97.3, P 67, R 18, BP 137/76, SpO2 96% RA. 12/6/2025 at 9:27 PM, Staff EE, LPN, documented, on call provider called due to portable x-ray not able to come and do chest x-rays as ordered. Provider on call updated on Resident #96's status including vital signs. Okay for chest x-ray to be done when they are able. Resident #96 has no respiratory distress noted during shift, no shortness of breath or wheezing noted. On and off nonproductive cough noted, continue on COVID antiviral and Mucinex as ordered. Vitals T 97.3, P 77, R 18, BP 147/76, SpO2 96% RA. 12/7/2025 3:32 AM, Staff Z, LPN, documented, Resident #96, called this nurse and reported that she was having trouble breathing, on call provider notified and give orders to send the Resident #96 to the hospital to be evaluated. 911 called and Resident #96 was transferred to hospital.			

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	12/7/2025 12:48 PM, Staff EE, LPN, documented, Resident #96 returned to facility via ambulance at around 10.30 am, Resident #96 had CTA (specialized CT scan) of the chest, abdomen and pelvis with and without IV contrast. Resident #96 has Abdominal Aortic Aneurysm (serious condition where the main artery in abdomen weakens, balloons out, and can potentially rupture) and needs to follow up with Vascular Surgery this week. Also, resident was placed on Plaxvoid (antiviral) twice daily x 5 days for COVID. Resident #96 appears stable upon arrival, alert to self and able to answer simple questions. No cough, SOB or wheezing noted at this time. Lung sound clear to auscultation bilaterally with normal breathing, SpO2 sat at 96% on room air. T 97.3, P 94, R 18, BP 150/90. Res is resting comfortably without any acute distress. 15. Review of MDS dated 11/8/2025 revealed Resident #97 was admitted to the facility on 9/15/2020 to a semi-private room. (Roommate with Resident #96) Resident #97's BIMS 0 (Resident was not able to complete assessment) and diagnoses of heart failure, type 2 diabetes mellitus, Alzheimer's Disease, and seizure disorder. Review of Resident #97's Care Plan revised 8/27/2025 failed to indicate Resident's risk for COVID.			

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	Review of Resident #97's nursing progress notes and orders, failed to provide documentation related to the following; Resident #97's exposure to COVID positive roommate, attempt to separate from roommate or provide interventions to reduce risk of transmission, and ordered monitoring for COVID symptoms. 16. Review of MDS dated 10/4/2025, revealed Resident #100's admission to the facility on 8/1/2024 in a semi-private room. (roommate Resident #85, who tested COVID positive on 12/2/2025), BIMS of 13 (cognitively intact) and diagnoses of hypertension, type 2 diabetes mellitus, asthma, and adult failure to thrive. Review of Resident #100's care plan, revised 12/6/2025 indicated the following focus and interventions: a. Altered cardiopulmonary status with potential for shortness of breath, lung congestion, edema, chest pain, decreased level of consciousness, cyanosis, diaphoresis, complaints of nausea and vomiting related to hypertensive heart disease and asthma. Interventions included avoiding overexertion, requiring frequent rest periods during completion of activities. Observe for signs and symptoms of cardiac decompensation and report to provider. b. Initiated 10/29/2024, Potential risk for community acquired infection while living in a healthcare setting. Follow standards for outbreak			

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	testing and mitigation and sanitize high touch surfaces to decrease the risk of infection. c. Revised 12/6/2025, resident required care isolation precautions specifically related to the COVID-19 infection. Encourage resident to cover their mouth and nose when coughing or sneezing, ensure good infection control measures and PPE are used when working with resident. Contact and droplet isolation, encourage keeping door closed. Review of facility provided COVID-19 tracking spreadsheet indicated Resident #100's symptoms started on 12/7/2025, (6 days after roommate tested positive) Resident #100 was removed from TBP on 12/12/2025 after 5 days of isolation/TBP. Review of Resident #100's Nursing Progress notes revealed the following: 12/6/2025 at 2:36 PM, Staff FF, LPN, documented, called to Resident #100's room at 1:35 PM with reports that Resident had fallen while this nurse was on break. Another nurse and CNA assisted Resident up and onto toilet. Resident had attempted to toilet self. No visible injuries, range of motion within normal limits. Resident #100 states attempted to transfer to toilet by herself and legs just were so weak she slid down to floor. Resident verbalized did not hit her head and had no pain related to fall. Immediate intervention: Checked for COVID as COVID in building Resident with runny			

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	nose and increased weakness. Test positive protocols initiated. 17. Review of MDS dated 10/4/2025 revealed Resident #118 was admitted to the facility on 11/16/2021 in a semi-private room. (roommate Resident #91), BIMS of 12. (moderate cognitive impairment) and diagnoses of stroke, hypertension, traumatic brain injury and abnormalities of gait and mobility. Resident #118 is dependent on staff with the assistance of a mechanical stand for transfers and wheelchair for mobility. Review of Care Plan revised 8/7/2025 indicated the following focus and interventions for Resident #118: a. Initiated 8/8/2024, high risk for COVID exposure due to communal living. Observe for signs and symptoms of COVID. Obtain rapid COVID test as indicated and report results to provider. Should Resident #118 have a positive test, isolate per CMS/CDC guidelines. b. Altered cardiovascular status related to hypertension. c. Needed oxygen therapy related to shortness of breath. Monitor for signs and symptoms of respiratory distress. Oxygen via nasal cannula as needed to keep SpO2 >90%. Review of Resident #118's nursing progress notes, failed to provide documentation related to the following; Resident #118's exposure to COVID			

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	positive roommate, attempt to separate from roommate or provide interventions to reduce risk of transmission, provide COVID testing and monitoring for symptoms. 18. Review of Resident #126's discharge MDS dated 12/9/2025 revealed admission to the facility on 12/2/2025 in a private room, BIMS of 13 (cognitively intact) and diagnoses of peripheral vascular disease, type 3 diabetes mellitus, hemiplegia with right side weakness, seizures, expressive aphasia, and history of traumatic brain injury. Review of Care Plan initiated 12/2/205 identified the following focus and interventions: a. EBP due to pressure area on buttocks. Gowns and gloves to be worn with all direct cares. Infection Preventionist to educate staff on donning and doffing of equipment. Proper handwashing before and after all cares. b. High risk for COVID exposure due to communal living. Observe for signs and symptoms of COVID. Should Resident #126 have a positive test, isolate per CMS/CDC guidelines. c. Initiated 12/8/2025, requires isolation precautions specifically related to the COVID-19 infection. Encourage resident to cover mouth and nose when coughing or sneezing, ensure good infection control measures and PPE are used when working with resident. Observe signs and symptoms			

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	and inform provider if worsening. Observe for emergency warning signs and notify provider and ensure resident gets medical attention immediately as directed by code status. Ensure resident stays in room, away from other people as much as possible (contact and droplet precautions). Have oxygen available as ordered whenever needed for shortness of breath. Monitor vital signs and notify provider of abnormalities. Review of facility provided COVID-19 tracking spreadsheet indicated Resident #126's symptoms started on 12/6/2025. Review of Resident #126's Nursing Progress notes revealed the following: 12/6/2025 at 2:36 PM, Staff FF, LPN, documented, Resident #126 complained of occasional cough and head cold symptoms. COVID swab done with positive results. 19. Review of MDS dated 12/11/2025, revealed Resident #127 was admitted to the facility on 12/5/2025 in a semi-private room without a roommate, BIMS of 15 (cognitively intact) and diagnoses of A-fib, coronary artery disease, congestive heart failure, COPD, asthma, cardiomegaly, hypertension, stage 3 kidney disease, and encephalopathy. Resident #127 requires an assist of one with use of gait belt and walker for transfers and ambulation.			

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	Review of Care Plan initiated 12/5/2025 indicated the following focus and interventions for Resident #127: a. Altered cardiopulmonary status, avoid overexertion, notify staff of any shortness of breath, chest pain, irregular heartbeat. Observe for signs and symptoms if resident is unable to report and notify provider. Resident requires use of nebulizer treatments; auscultate lung fields as needed and notify provider of any abnormalities. Use of oxygen, 2 liters via nasal cannula at bedtime and as needed for SpO2 <90%. Observe for signs and symptoms of cardiac decompensation and report to provider if symptoms exist. b. High risk for COVID exposure due to communal living. Observe for signs and symptoms of COVID. Obtain a rapid COVID test as indicated and report results to provider. Should Resident #127 have a positive test, isolate per CMS/CDC guidelines. c. Enhanced Barrier Precautions (EBP) due to chronic wounds, gowns and gloves to be worn with all direct cares. Proper hand washing before and after all cares. d. Initiated 12/11/2025, require care isolation precautions specifically related to COVID-19 infection. Listen to lung sounds, noting areas of decreased or absent and presence of adventitious sounds. Observe for signs and symptoms and inform provider if worsening. Contact and droplet isolation, encourage to keep door closed.			

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	Review of facility provided COVID-19 tracking spreadsheet indicated Resident #127's symptoms started on 12/9/2025, Resident #127 was removed from TBP on 12/12/2025 after 3 days of isolation/TBP. Review of Resident #127's Nursing Progress notes revealed the following: 12/9/2025 at 3:14 PM, Staff U, RN documented resident was feeling nausea and congested. COVID test administered and positive result noted. Resident is on droplet precaution. During an interview on 12/17/2025 at 4:05 PM, Stall L, RN, reported the PPE worn depended upon the type of isolation a person was in. If COVID, a gown, gloves, mask and face shield should be worn. A regular mask can be worn or N95 mask. In an interview on 12/17/2025 at 3:55 PM, Staff JJ, Environmental Services Supervisor reported they are supposed to wear an N95 mask whenever they enter or work in a room with someone who has COVID. A linen cart with a yellow bag may be in the room but linens are supposed to be bagged up in a yellow bag and secured, and then can be placed into the laundry chute. In an interview on 12/16/2025 at 5:00 PM, DON stated, the facility follows CDC guidance for positive COVID-19 cases. Per the facility's medical director recommendations, as soon as residents show symptoms, those residents are tested for COVID-19			

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	with an antigen nasal swab test, if the resident tests positive they are immediately placed in Transmission Based Precautions (TBP) until their symptoms have improved, once symptoms have improved they are taken off the TBP. During this time COVID-19 positive residents are prescribed medications to treat their symptoms. DON reports to Iowa Department of Public Health (IDPH) weekly to update them on new and current positive COVID-19 residents. DON informed the survey team, there had been employees who had tested positive and stayed home during the time of their illness. DON stated due to COVID-19 positive residents in this unit, staff who have worked on this unit will continue to be scheduled there and not be assigned to the other units to reduce the risk of transmission. During an interview on 12/16/2025 at 5:00 PM, Facility Administrator stated, the facility only tests residents for COVID-19 that are showing symptoms due to the COVID cases within the facility not being widespread. Facility Administrator stated, the facility providers do not prescribe antiviral medications like Paxlovid as it is not covered by most resident's insurance. The Facility Administrator acknowledged one situation, Resident #59 is COVID-19 positive and roommate Resident #36 has not been tested and stated, due to Resident #36 being asymptomatic he has not been tested. Like influenza, not testing unless			

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	symptomatic. Facility Administrator continued, Resident #36 and Resident #59 had not been separated due to no available room and if Resident #36 were to show symptoms of COVID-19, he would be tested. The isolation time and separation of positive COVID residents should be based on their symptoms not positive testing. When a resident does show signs or symptoms, they are to be tested and placed in transmission-based precautions immediately. During the interview on 12/16/2025 at 5:00 PM, the Facility Administrator and DON were notified of observations of the staff's failure to follow proper infection control practices including; improper wear of PPE, not using correct PPE for residents/room in TBP, improper handling of contaminated linens, and TBP resident's doors left open. The Administrator and DON stated these practices were not acceptable. DON stated her expectations of staff before entering a resident's room that is on TBP, staff member would don an N95 respirator mask, gown, gloves, and goggles or face shield and before exiting the room, PPE would be doffed and place in the yellow infectious waste bin by the resident's door before exiting, using hand hygiene and replacing standard surgical mask before exiting the room. In an interview on 12/23/2025 at 11:14 AM, Facility's Medical Director stated he reviews the			

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	facility's Infection Control Policies annually. His expectation of nursing staff for residents who show symptoms of COVID-19, is to follow the usual procedure; the resident is put in isolation and testing is administered. Once the test is confirmed positive, the resident continues TBP and nursing staff follows the infection control procedure. If needed the resident is then prescribed appropriate medications. If the positive resident has a roommate that is neg, the positive resident should be moved to a private room if available. If there is not a room available, the resident that is negative should be screened and monitored, following the usual precautions treating this room as both residents being COVID positive. The Facility's Medical Director stated his expectations for staff caring for residents that are in TBP would be wear the appropriate PPE including, a gown, gloves, mask, goggles or face shield as is expected in the Infection Control Policy. In an interview on 12/23/25 at 11:45 AM, Staff P, QA, stated she has only been at Trinity Lutheran for a short time and is still learning the facility's process. She does hold an Infection Preventionist Certification and is assisting with infection prevention (but is not primary Infection Preventionist) in addition to her primary role as Quality Assurance. Recently she took over the infection module in the facility's electronic health			

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	record software, and is currently updating it, but it did not appear this module had been previously used to track positive covid cases. Staff P, QA, stated she was not aware the facility had the capability to separate roommates when one is COVID positive, interventions can be put in place to reduce risk of transmission to the negative roommate, the curtain/dividers in their rooms can help. Staff P stated the isolation/TBP time for COVID positive residents is 10 days and symptom free but they have gone back and forth with the providers about this and currently have been removing residents from isolation/TBP based on symptoms. Staff P, stated for TBP staff are expected to wear a gown, gloves, face shield/goggles, N95 mask for PPE, these should be donned prior to entering the room and doffed at the doorway before exiting, not to wear the contaminated PPE out into the hallway, including removing their N95 mask. Staff P, was not aware of any staff audits being completed related to use of PPE, she has observed staff not following correct precautions when using PPE and has stopped and educated those employees at that time. During interviews and email communication on 12/17/2025 and 12/18/2025, the IDPH Nurse Clinician, stated when communicating with long term care facilities regarding positive COVID-19, recommendations are to follow the CDC guidelines. In an email on 12/17/25 at 1:27 PM, IDPH Nurse			

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	Clinician provided the following highlights from the CDC Infection Control Guidance that is recommended: 1. Asymptomatic patients with close contact with someone with COVID infection should have a series of three viral tests for COVID-10. Testing is recommended immediately (but not earlier than 24 hours after the exposure) and, if negative, again 48 hours after the first negative test and, if negative, again 48 hours after the second negative test. This will typically be day 1 (where day of exposure is day 0), day 3, and day 5. 2. TBP for patients with COVID-19 infection: a. At least 10 days have passed since symptoms first appeared AND b. At least 24 hours have passed since last fever without the use of fever-reducing medications AND c. Symptoms (e.g. cough, shortness of breath) have improved. 3. Resident placement with suspected or confirmed COVID-19 infection: a. Ideally, residents should be placed in a single-person room b. If limited single rooms are available, or if numerous residents are simultaneously identified to have known COVID-19 exposures or symptoms concerning for COVI-19, residents should remain in their current location. In email communication on 12/18/2025 at 8:27 AM, IDPH Nurse Clinician, reported CDC resources are			

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	emailed to all facilities to ensure containment. The CDC does recommend a broader approach with testing when additional cases are identified. As part of the broad-based approach, testing should continue on affected unit(s) or facility-wide every 3-7 days until there are no new cases for 14 days. Review of document dated 12/18/2025 at 11:43 PM, Facility Nurse Practitioner provided the following: Regarding COVID positive patients with roommates: I have been made aware that a patient tested positive for COVID with a roommate that tested negative and was not moved out of the room. However, the negative roommate is considered exposed to the virus and it would not be prudent to move this patient in with another patient that has not been exposed. Doing this would potentially spread the illness to another resident. This is outlined in the CDC recommendations for managing respiratory illnesses in nursing homes. Per CDC recommendations, it is suggested to move the positive resident to another room if available. The CDC also goes on to state "moving residents to a single room is often not practical and in those situations, residents could remain in their current location." This is likely the case at Trinity. Nursing home staff is wearing appropriate PPE and taking			

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	necessary precautions to prevent further spread of COVID. Review of the Official State of Iowa Website- Iowa Health and Human Services identified COVID-19 outbreak as three or more COVID-19 positive residents occurring within a 14-day period and is to be reported immediately. Review of facility provided Infection Control Policy and Procedure dated 7/13/2019 revealed the following: The Trinity Center has established an Infection Prevention and Control Program designed to provide a safe, sanitary, and comfortable environment to prevent the development and transmission of communicable disease and infection as per accepted national standards and guidelines. 1. The designated Infection Preventionist is responsible for oversight of the program and serves as a consultant to our staff on infectious disease, resident room placement, implementing isolation precautions, staff and resident exposures, surveillance, and epidemiological investigations of exposure of infectious diseases. 2. All staff are responsible for following all policies and procedures related to the program. 3. Surveillance: a. A system of surveillance is utilized for prevention, identifying, reporting, investigating, and controlling			

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	infections and communicable disease for all residents, staff, volunteers, visitors, and other individuals providing services under a contractual arrangement based upon a facility assessment and accepted national standards. b. The Infection Preventionist serves as the leader in surveillance activities, maintains documentation of incidents, findings, and any corrective actions made by the facility and reports surveillance findings to the facility's Quality Assurance and Performance Improvement (QAPI) Committee. c. The RN's and LPNS's participate in surveillance through assessment of residents and reporting changes in condition to the residents' physicians and management staff, per protocol for notification of changes and in-house reporting of communicable disease and infections. 4. Standard Precautions: a. All staff shall assume that all residents are potentially infected or colonized with an organism that could be transmitted while providing resident care services. b. Hand hygiene shall be performed in accordance with our facility's established hand hygiene procedures. c. All staff shall use personal protective equipment (PPE) according to the established facility policy governing the use of PPE. d. Licensed staff shall adhere to safe injection and medication administration practices, as described in			

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	relevant facility policies. e. Environmental cleaning and disinfection shall be performed according to facility policy. All staff have responsibilities related to the cleanliness of the facility and are to report problems outside of their scope to the appropriate department. 5. Isolation Protocol (Transmission-Based Precautions): a. A resident with an infection, symptomatic, or communicable disease shall be placed on transmission- based precautions as recommended by current CDC guidelines. b. Residents on transmission-based precautions should be placed into a private/single room if available/appropriate, or are cohorted with residents with the same pathogen, or share a room with a roommate with limited risk factors, in accordance with national standards. c. Residents will be placed on the least restrictive transmission-based precaution for the shortest duration possible under the circumstances. d. When a resident on transmission-based precautions must leave the resident care unit/area, the charge nurse on that unit/area shall communicate to all involved departments the nature of the isolation and shall prepare the resident for transport in accordance with current transmission-based precaution guidelines. e. Residents with tuberculosis will be discharged to a facility where airborne precautions are able to be			

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	initiated. f. Immunocompromised (weakened immune system) and myelosuppressed (bone marrow) residents shall be placed in a private room if possible and shall not be placed with any resident having an infection or communicable disease. g. Visitors coming to visit a resident who is on transmission-based precautions or quarantine, will be informed by the facility of the potential risk of visiting and precautions necessary when visiting the resident. 5. COVID-19 Testing: a. Anyone with even mild symptoms of COVID-19, regardless of vaccination status, should receive a viral test for SARS-CoV-2 as soon as possible. b. Asymptomatic residents with close contact with someone with SARS-CoV-2 infection should have a series of three viral tests for SARS-CoV-2 infection. Testing is recommended immediately (but not earlier than 24 hours after exposure) and, if negative, again 48 hours after the first negative test and, if negative, again 48 hours after the second negative test. This will typically be at day 1 (where day of exposure is day 0), day 3, and day 5. i. Due to challenges in interpreting the result, testing is generally not recommended for symptomatic people who have recovered from SARS-CoV-2 infection in the prior 30 days. Testing should be considered for those who have recovered in the prior 31-90 days; however, an antigen test			

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	instead of a nucleic acid amplification test (NAAT) is recommended. ii. Guidance for work restrictions, including recommended testing for HCP with higher-risk exposures is based on current CDC guidance and facility policy. (See Managing Healthcare Personnel with SARS COV-2 Infection or Exposure). c. Testing considerations for an outbreak of SARS-Cov-2 can be found in the Luther Park Community Coronavirus Testing. d. Performance of pre-admission testing is at the discretion of the facility. e. Performance of expanded screening testing of asymptomatic HCP without known exposures is at the discretion of the facility. f. The facility will have a plan as to how SARS-CoV-2 exposures in the facility will be investigated and managed and how contact tracing will be performed. g. If healthcare-associated transmission is suspected or identified, the facility may consider expanded testing of HCP and residents as determined by the distribution and number of cases throughout the facility and ability to identify close contacts. If an expanded testing (e.g., affected unit as opposed to the entire facility) approach is taken and testing identifies additional infections, testing should be expanded more broadly. If possible, testing should be repeated every 3-7 days until no new cases are identified for at least 14 days.			

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	h. Residents and staff who refuse testing or are unable to be tested will be addressed as per facility policy. 6. Equipment Protocol: a. All reusable items and equipment requiring special cleaning or disinfection shall be cleaned in accordance with our current procedures governing the cleaning and disinfection of soiled or contaminated equipment. b. Single-use devices must be discarded after use and are never used for more than one resident. c. Reusable items potentially contaminated with infectious materials shall be placed in an impervious clear plastic bag. Label bag as "CONTAMINATED" and place in the soiled utility room for pickup and processing. d. The contaminated reusable items will be cleaned with a germicidal detergent prior to storing for reuse. 7. Linens: a. Laundry and direct care staff shall handle, store, process, and transport linens to prevent the spread of infection. b. Clean linen shall be always separated from soiled linen. c. Clean linen shall be delivered to resident care units on covered linen carts with covers down. d. Linen shall be stored on all resident care units on covered carts, shelves, in bins, drawers, or linen closets.			

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	e. Soiled linen shall be collected at the bedside and placed in a linen bag. When the task is complete, the bag shall be closed securely and placed in the soiled utility room. f. Laundry services staff should not handle soiled linen unless it is properly bagged or appropriate PPE is being used (e.g., gloves). 8.Staff Education: a. All staff shall receive training, relevant to their specific roles and responsibilities, regarding the facility's infection prevention and control program, including policies and procedures related to their job function. b. All staff shall demonstrate competence in relevant infection control practices. c. Direct care staff shall demonstrate competence in resident care procedures established by our facility. 8. Outbreak Mitigation: a. An outbreak at Trinity Center is considered 3 or more positives of the same illness including residents and designated staff on a hall within 72 hours. For example, two residents become positive and a staff member that only works that hall becomes positive within 72 hours of each other. b. If the illness spreads to residents on other units, then masking will be required for the whole floor. For example, one hall is in an outbreak and another hall has a resident that becomes positive with the same illness. c. If illness spreads to both floors, masking will be			

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	required for the whole building. d. If no additional positives occur for 14 days, masks can be discontinued on the designated hall or floor. e. EVS will increase disinfection during facility outbreaks. Review of CDC guidance updated 12/11/2025 (also stated in CDC Infection Control Guidance: SARS-COV-2 dated 6/24/2024) revealed the following practices for COVID-19 in Long Term Care Facilities: Health Care Professionals (HCP) who enter the room of a patient with suspected or confirmed COVID-19 infection should adhere to Standard Precautions and us an approved particulate respirator with N95 filters or higher, gown, gloves, and eye protection. (i.e. goggles or face shield that covers the front and sides of the face) A. Duration of Transmission Based Precautions for Patients with COVID-19 infection should continue to wear source control until symptoms resolve or, for those who never developed symptoms, until they meet the criteria to end isolation as listed. 1. At least 10 days have passed since symptoms first appeared AND 2. At least 24 hours have passed since last fever without the use of fever-reducing medications AND 3. Symptoms (e.g. cough, shortness of breath) have improved. B. Residents placed in Transmission Based Precautions for acute respiratory infection should primarily remain in their rooms except for medically			

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Facility Administrator | Date

Department of Inspections, Appeals, and Licensing
Health & Safety Division
Citation

Citation Number #11014		**Report date** January 8, 2026
Facility name Trinity Center at Luther Park		**Survey dates** December 15, 2025 - December 23, 2025
Facility address 1555 Hull Avenue		
City Des Moines, IA	**CP**	

Rule or Code Section	Nature of Violation	Class	Fine Amount	Correction Date
	necessary purposes. If they must leave their room, they should practice physical distancing and wear a facemask for source control. The resident should be removed from Transmission Based Precautions as soon as they are deemed no longer infections to other. C. Preventing Spread of Covid-19 among residents: 1. Apply appropriate Transmission Based Precautions for symptomatic residents based on the suspected cause of their infection. 2. When available, residents can be placed in a single person room to minimize the risk of spread to roommates. Moving residents to a single room is often not practical and in the situations, resident could remain in the current location. In shared rooms: a. Consider ways to increase ventilation. b. Use of facemasks at all times by both residents while in the room may also reduce the risk of spread, but is often impractical and not routinely recommended. c. Symptomatic residents should not be placed in a room with a new roommate unless they have both been confirmed to have the same respiratory infection. d. Roommates of symptomatic residents- who have already been potentially exposed- should not be placed with new roommates, if possible. They should be considered exposed and wear a facemask for source control around others.			

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	20. The MDS assessment dated 10/18/25 revealed Resident #2 had diagnoses of dementia, pulmonary edema, and cardiomegaly (enlarged heart). The MDS documented the resident had dependence on staff for bed mobility and toileting hygiene. The MDS indicated the resident had an indwelling catheter. The Care Plan revised 10/31/25 revealed Resident #2 had an indwelling catheter and had a history of urinary tract infections. The care plan directed staff to check and change the resident in bed. Observation on 12/16/25 at 12:28 PM, Staff Q, certified nursing assistant (CNA) donned a yellow gown and gloves, and emptied Resident #2's catheter bag. Staff Q removed his gloves and washed his hands. At 12:36 PM, Staff R, certified medication aide (CMA) placed a package of disposable wipes on the bed. Staff Q obtained a clean brief and placed it on the overbed table. The package of disposable wipes fell off the bed and onto the floor. Staff R picked the package of wipes off of the floor and held the package in her hand. Staff Q removed the tabs on the resident's brief, then Staff R opened the package of wipes, took the disposable wipes from the package and handed the wipes to Staff Q as Staff Q provided pericare to the resident's front and backside. Staff Q removed his gloves and washed his hands while Staff R placed a clean brief on the resident.			

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	In an interview on 12/23/25 at 11:35 AM, Staff S, LPN, reported the disposable wipes that fell on the floor should have been thrown away. In an interview 12/23/25 at 12:34 PM, Staff T, Assistant Director of Nursing (ADON), reported she expected staff place the package of disposable wipes on a clean environment on the bedside table. Staff should not put the disposable wipes on the bed. Staff T stated the package of disposable wipes that fell on the floor should have been thrown away. An Infection Prevention and Control Program effective 7/13/19 revealed supplies are stored and maintained as clean prior to use. The EBP sign directed staff to wear gloves and a gown for the following: High-Contact Resident Care Activities. a. Dressing b. Bathing/Showering c. Transferring d. Changing Linens e. Providing Hygiene f. Changing briefs or assisting with toileting g. Device care or use: central line, urinary catheter, feeding tube, tracheostomy			

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	h. Wound Care: any skin opening requiring a dressing On 12/17/25 at 4:27 PM, DON, stated all staff should follow the CDC guidelines for PPE use. A policy titled “Enhanced Barrier Precautions” effective 5/29/24 directed staff to position a trash can inside resident room near the exit for discarding PPE after removing prior to exit of the room. **FACILITY RESPONSE**			

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