

**Iowa Department of Inspections and Appeals
Health Facilities Division
Citation**

Citation Number: 7069		Date: December 10, 2019		
Facility Name: Bloomfield Care Center		Survey Dates: November 18 - 26, 2019		
Facility Address/City/State/Zip 800 North Davis St Bloomfield, IA 52537		MW JS		
Rule or Code Section	Nature of Violation	Class	Fine Amount	Correction date

58.28(3)e	<p>481—58.28(135C) Safety. The licensee of a nursing facility shall be responsible for the provision and maintenance of a safe environment for residents and personnel. (III) (III)</p> <p>58.28(3) Resident safety</p> <p>e. Each resident shall receive adequate supervision to protect against hazards from self, others, or elements in the environment. (I, II, III)</p> <p>DESCRIPTION:</p> <p>Based on record review and staff interviews, the facility failed to provide the proper assistance with transfers for 1 of 5 sampled (Resident #1) which resulted in significant bruising. The facility reported a census of 60.</p> <p>Findings include:</p> <p>According to the Minimum Data Set assessment dated 10/31/19, Resident #1 had diagnoses of dementia, stroke, diabetes mellitus and congestive heart failure. Resident #1 had short and long-term memory impairments and required total staff assistance with transfers, dressing, toilet use and personal hygiene.</p>	I	\$6, 500	Upon Receipt
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	<p>The Care Plan updated on 8/7/19 revealed Resident #1 directed the staff to provide assistance of two staff with a total mechanical lift.</p> <p>According to the Late Entry Progress Note dated 9/17/19 at 4:30 p.m., Staff B documented a Nurse Aide summoned her to Resident #1's room. The Nurse Aide reported she pivot transferred Resident #1 from her bed to her wheelchair. The Nurse Aide walked behind the wheelchair to position Resident #1 in the wheelchair. Resident #1 slid forward and twisted her knees. Staff B assessed Resident #1's knees and saw no redness or swelling. Staff B palpated Resident #1's knees and she complained of pain and grimaced. At 7:48 p.m., Staff administered a Tylenol suppository for pain.</p> <p>During an interview on 11/20/19 at 1:00 p.m., Staff A (Nurse Aide) stated on 9/17/19 she assisted Resident #1 up for supper. Staff A stated Resident #1 required a total mechanical lift, but her partner was busy helping someone else. Staff A transferred Resident #1 by herself. Staff A stood in front of Resident #1 and wrapped her arms under Resident #1's arms. Resident #1 held</p>			
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	<p>onto Staff A's arms. Staff A stated she did not use a gait belt. Resident #1 stood and maybe took a step as she pivoted and sat down onto the edge of the wheelchair. Staff A stated she moved behind Resident #1 to pull her up in the chair and before she could, Resident #1 fell forward to her right and onto her knee, twisting it. Staff A lifted Resident #1 off the floor by lifting under her arms. Staff A stated she then reported the incident to Staff B. Staff A stated she had returned to work following maternity leave from May to August 2019 and Resident #1 required a total mechanical lift when she returned.</p> <p>During an interview on 11/19/19 at 1:19 p.m., Staff B (Registered Nurse) stated Staff A summoned her to Resident #1's room. Staff B observed Resident #1 sitting in her wheelchair. Staff A reported she attempted to transfer Resident #1 by herself from the bed into her wheelchair. Staff A stated as she pivoted Resident #1 and sat her down on the wheelchair, Resident #1 slid forward and twisted her knees. Staff A stated she was aware Resident #1 required a total mechanical lift and denied Resident #1 ever hit the floor. Staff B stated she assessed Resident #1 noting tenderness in her knees, but no obvious</p>			
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	<p>injury. Staff B told staff B, this is why you follow the care plan. Later that evening Resident #1 guarded her right knee. Staff B failed to document the incident in the progress notes and failed to share what had happened with the on-coming nurse.</p> <p>During an interview on 11/19/19 at 3:40 p.m., Staff C (Registered Nurse) stated during report on the morning of 9/18/19 she was told Resident #1 was complaining of knee pain. Staff C had no knowledge of the improper transfer that resulted in Resident #1 twisting her knee the day before. Staff C stated it was very unusual for Resident #1 to complain of pain, so she contacted the Nurse Practitioner and received an order for an x-ray. Staff C stated a day or so later, she heard an improper transfer injured her knee.</p> <p>According to Progress Notes dated 9/18/19 at 7:27 a.m., Staff C documented the Nurse Aide reported Resident #1 grimaced and guarded her left knee during cares. Staff C observed Resident #1 guard and rub her knee. Knee swollen without redness or bruising. Staff C notified the Nurse Practitioner.</p>			
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	<p>According to the Progress Notes dated 9/18/19 at 8:40 a.m., the Nurse Practitioner noted Resident #1 had left knee pain and swelling and ordered an x-ray. At 9:45 a.m., Resident #1's x-ray results negative for fracture.</p> <p>The Radiology Report dated 9/18/19 of left knee indicate bone density lateral to femoral component of total knee prosthesis may be part of the patella or even an old bone fragment. An acute bone fragment seems unlikely with no joint effusion.</p> <p>In an interview on 11/19/19 at 12:51 p.m. and 11/21/19 at 2:05 p.m., the Assistant Director of Nursing (ADON) stated changed Resident #1 from a pivot transfer with assistance of two staff to a total mechanical lift transfer with assist of two. The ADON stated Resident #1 had started to decline and one day while assisting Resident #1 in the shower it was evident, she could not bear weight to transfer safely. The ADON stated when implementing a change in transfer status she updates the Care Plan and passes the information along to the nurse for report. The ADON verified the accuracy of the statement she typed on 9/30/19. The ADON stated Staff C informed her</p>			
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	<p>on 9/18/19 Resident #1 guarded her legs and had pain. Staff C reported Resident #1 had a pivot transfer, but unaware what happened to cause her leg pain. Staff C then called the nurse practitioner and received orders for an x-ray and pain medication. The ADON stated at this time she did not observe any bruising, but noted some slight swelling to the knees and lower extremities. The ADON stated Staff C stated she had only heard a rumor that staff transferred Resident #1 improperly. On 9/23/19, the staff informed the ADON that Resident #1's condition had changed over the weekend and now had significant bruising to her lower legs.</p> <p>During an interview on 11/19/19 at 4:55 p.m., the Director of Nursing (DON) stated she returned to work on Friday, 9/20/19, and several staff reported Resident #1 had pain in her legs. The DON stated she assessed Resident #1 and found no bruising or discoloration at the time and no pain or discomfort. On Monday, 9/23/19 there was a significant change in condition and Resident #1 was visibly uncomfortable. That same day the DON and the Administrator visited with Resident #1's daughter who was upset. The DON stated she initiated an investigation and interviewed</p>			
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	<p>Staff B on 9/24/19. Staff B stated two aides transferring Resident #1 and she slipped out of her wheelchair, but did not hit the floor, so Staff B did not fill out an incident report. The DON stated sometime during that week she had also spoken to Staff A. Staff A stated "they" got her up and she slipped out of the wheelchair as she was attempting to pull her up from behind. The DON stated she did not initially know Resident #1 required a total mechanical lift. On Friday, 9/27/19, the Corporate Nurse visited and Staff A re-enact the transfer. Staff A failed to use the total mechanical lift as directed by the Care Plan. The facility terminated Staff A.</p> <p>According to the Progress Note dated 9/18/19 at 4:30 p.m., Staff B documented Resident #1 had a light bruise under her left knee and darker bruising on lateral aspect of right leg and under knee.</p> <p>According the Progress Notes dated 9/20/19 at 6:53 a.m., the Nurse Practitioner visited Resident#1 for swelling and bruising in bilateral lower extremities, pain, and limited movement. No falls, but she may have been standing/pivot transferred instead of lift transferred just prior to</p>			
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	<p>onset of symptoms. X-ray of left knee done yesterday was negative. Has swelling, bruising, and complains of pain worse since yesterday. The Nurse Practitioner noted Resident #1 had two plus pitting edema (swelling), right ankle with ecchymosis (bruising), left calf with ecchymosis, swelling to the left knee with possible effusion. Resident #1 winced with palpation of knees, thighs and hips. The Nurse Practitioner ordered additional x-rays of left femur, hip and pelvis and right knee, femur, hip and pelvis.</p> <p>Review of the Radiology Report dated 9/20/19 of bilateral pelvis, right and left femur and right knee on 9/20/19 revealed no acute fractures or abnormalities.</p> <p>According to the Progress Notes dated 9/22/19 at 10:47 a.m., Staff D (Registered Nurse) documented Resident #1's Primary Care Physician notified and orders obtained for additional pain medications for Resident #1's leg pain. At 2:07 p.m., Staff D summoned to Resident #1's room. Resident #1 had bruising both legs all the way to her feet with swelling of the posterior leg.</p> <p>According to the Progress Notes dated 9/23/19 at</p>			
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	<p>1:39 p.m., the Nurse Practitioner documented Resident #1 had continued knee pain, bruising to bilateral legs and posterior knees, right foot swelling and bruised arch. The Nurse Practitioner ordered an x-ray of the right foot.</p> <p>Radiology report dated 9/24/19 of right foot indicate no obvious fractures or dislocations. No acute right foot pathology.</p> <p>According to progress notes dated 9/25/19 at 8:00 a.m. by the DON, the DON notes Resident #1 with order for a CT scan that afternoon.</p> <p>According to progress notes dated 9/25/19 at 4:25 p.m. by Staff B, Staff B notes Resident #1 returned to facility following a CT scan and notes a family member claims resident has muscle strain-twisting and feels the facility has lied to her about the origins of her mother's injury.</p> <p>Radiology report dated 9/25/19 notes reason for exam osteopenia with history of fall and suspected fracture, CT scan of pelvis and left femur. Impression: negative CT study of the pelvis and left femur for evidence of occult fracture.</p>			
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	<p>According to the Progress Notes dated 9/26/19 at 6:00 p.m. by Staff B, Staff B notes Resident #1 with some facial grimacing with movement, but not as much as previously noted. Right foot remains edematous and bruising on right leg is dark purple with some yellow coloration noted.</p> <p>According to the Progress Notes dated 9/27/19 at 3:28 p.m. by the ADON, the ADON notes bruising to bilateral extremities still present upon assessment, there are no new areas of concern, bruising is in various stages of color and healing.</p> <p>During an interview on 11/20/19 at 2:29 p.m., the Primary Care Physician indicated he was not aware of the total extent of Resident #1's injury in September. He understood the injury was the result of an improper transfer. The Physician reported Resident #1 had a quick decline in November and believed her cause of death was due to a myocardial infarction. The Physician stated given the time between the injury and her death, he did not believe the injury had any bearing on her decline or death.</p> <p>FACILITY RESPONSE:</p>			
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