

**Iowa Department of Inspections and Appeals**  
**Health Facilities Division**  
**Citation**

| FC# 6274                      |  | Date: September 15, 2016         |                                      |                 |
|-------------------------------|--|----------------------------------|--------------------------------------|-----------------|
| Donnellson Health Care Center |  | Survey dates: August 15-18, 2016 |                                      |                 |
| 901 State Street              |  |                                  |                                      |                 |
| Donnellson, Iowa 52625        |  |                                  |                                      |                 |
|                               |  | Class                            | Fine Amount                          | Correction date |
| 56.12<br>+                    | <b>481-56.12 (135C) Class I violation as a result of multiple lesser violations.</b> The director of the department of inspections and appeals may issue a citation for a class I violation when a physical condition or one or more practices exist in a facility which are a result of multiple lesser violations of the statutes or rules, but which taken as a whole constitute an imminent danger or a substantial probability of resultant death or physical harm to the residents of the facility.  | I                                | \$2,000<br><b>Held in suspension</b> | Upon Receipt    |
| 58.45<br>+                    | <b>481-58.45(135C) Dignity preserved.</b> The resident shall be treated with consideration, respect and full recognition of dignity and individuality, including privacy in treatment and in care for personal needs. (II)   |                                  |                                      |                 |
| 58.43                         | <b>481-58.43(135C) Resident abuse prohibited.</b> Each resident shall receive kind and considerate care at all times and shall be free from mental, physical, sexual, and verbal abuse, exploitation, neglect, and physical injury. Each resident shall be free from chemical and physical restraints except as follows; When authorized in writing by a physician for a specific period of time; when necessary in an emergency to protect the resident from injury to the resident or to others, in which case restraints may be authorized by designated professional personnel who promptly report the action taken to the physician; and in the case of an intellectually disabled individual when ordered in writing by a physician and authorized by a designated qualified intellectual disabilities professional for use during |                                  |                                      |                 |

Facility Administrator

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|                               | <p>behavior modification sessions. Mechanical supports used in normative situations to achieve proper body position and balance shall not be considered to be a restraint. (II)</p> <p><b>DESCRIPTION:</b></p> <p>Based on record review, staff interviews and review of the facility abuse policy/procedures, the facility failed to ensure each resident received consideration, dignity and free from abusive resident to resident altercations (Resident #9, #10, #14). The sample consisted of 16 residents. The facility reported a census of 41 residents.</p> <p>Findings include:</p> <p>1. Resident #9 had a Minimum Data Set (MDS) assessment with a reference date of 07/28/16. The MDS reflected Resident #9 had impaired short and long term memory deficits with severely impaired cognitive decision making skills. The MDS identified when Resident #9 sat in a wheelchair, the resident became independently mobile throughout the open units in the facility. The MDS indicated the resident displayed behaviors of physical and verbal aggression towards others. The MDS reflected the resident required extensive assistance from staff with toilet use, personal hygiene, transfers, and bed mobility. Diagnoses included diabetes mellitus, anxiety, intellectual and mental disabilities, and an explosive disorder.</p> <p>The Care Plan with a revision date of 07/27/2016,</p> |                                  |             |                 |

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|                               | <p>directed facility staff to assist the resident from activities if he/she becomes loud or bangs on tables or the wheel chair or offer the resident a sticker if agitated. On 08/08/2016, the plan was updated to include a staff member escorting Resident #9 through the dining room. The plan did not address any other interventions for resident to resident altercations and the safety of this resident or others.</p> <p>2. Resident #10 had a MDS with an assessment reference date of 6/9/16. The identified the resident as moderately cognitively impaired with a BIMS score of 10. The MDS indicated the resident had inattention behaviors which fluctuated. The resident had verbal behavioral symptoms directed toward others such as threatening, screaming at others or cursing at others. The MDS identified the resident used a wheelchair for a mobility device. The resident's diagnosis included non-Alzheimer's dementia, thyroid disorder, seizure disorder, anxiety disorder, depression and psychotic disorder.</p> <p>3. Resident #14 had a MDS with a reference date of 6/23/16. The MDS indicated the resident had diagnosis of severe intellectual disabilities, impulse disorder, anxiety and depression. The MDS indicated the resident had a BIMS score of 1 out of 15. A score of 1 identified severe cognitive problems. The MDS indicated the resident required 2 staff members to transfer and walk. The resident had lower and upper extremity impairments and used a wheelchair and walker for</p> |                                  |             |                 |

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|                               | <p>mobility. The Care Plan, initiated on 7/6/16, identified the resident had a behavior problem by hitting other residents.</p> <p><b>INCIDENTS:</b></p> <p>A review of incident reports identified the following:</p> <p>On 06/20/2016 at 8:30 a.m., Resident # 10 hit Resident # 9 on the arm while # 9 wheeled past him/her. The resident had no injuries.</p> <p>On 06/21/2016 at 4:45 p.m., Resident #9 struck Resident # 10 on the shoulder. Resident #10 had no injuries. The staff separated the residents.</p> <p>On 07/30/16 at 6:00 p.m. Resident # 9 wheeled through the dining room area and reached for a packet of sugar. Resident #14 hit Resident #9 repeatedly on the right arm with a spoon. As Resident # 9 returned to his/her dining spot, Resident # 14 again hit Resident # 9 on the left arm with his/her fist. The nursing assistants separated the 2 residents. Resident #9 received no injuries.</p> <p>On 08/08/2016 (no time) at a round table by the nursing carts, Resident # 9 struck Resident # 10 on the right knee with a fist. Staff directed Resident # 9 to the television area.</p> <p>On 08/08/2016 at 5:00 p.m., Resident # 9 wheeled by Resident #10. Resident # 9 reached out and hit Resident #10 on the arm. Resident #10 received</p> |                                  |             |                 |

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|                               | <p>no injuries. The facility updated the Care plan to escort Resident # 9 through the dining room. The August 2016 physician's order sheet contained an order for Lorazepam (for anxiety) 0.5 milligrams three times a day and Lorazepam 1 milligrams four times a day as needed for Resident #10.</p> <p>On 08/17/2016 at 3:00 P.M., Staff B (Certified Nursing Assistant) was interviewed and stated being aware of Resident # 9's behaviors and being witness to an altercation between Resident # 9 and # 10. Staff B stated the nurses told the aides to make sure to keep Resident #9 and #10 separated, especially at meal times around the dining room area.</p> <p>On 08/17/2016 at 11:18 A.M., Staff E (Certified Nursing Assistant) escorted Resident #9 (in a wheel chair) to the dining room. Resident #10 sat in the dining room. Staff verbalized that Resident # 9 and #10 might see each other in the hall and shake their fists at each other, or reach out and tap one another on the shoulder without causing any injury. If these 2 residents are in the dining room, a staff person needs to always be present.</p> <p>An observation of Resident #9 and #10 in the dining room on 08/16/2016 from 11:00 A.M. to 12:00 P.M., noted neither resident had any altercation issues. Staff E continued to be present in the dining room.</p> <p>On 08/17/2016 at 11:40 A.M., Staff A (Licensed</p> |                                  |             |                 |

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|                               | <p>Practical Nurse) was interviewed and stated being present on 08/08/2016 when Resident # 9 wheeled by and slapped Resident # 10 on the shoulder. Staff A stated she was aware of other instances, but none in which either resident sustained any injuries. Staff A stated Resident # 9 usually instigated the altercations and all staff are instructed to escort Resident #9 and #10 when they are up and around the dining room area. Sometimes Resident # 9 will sit in a recliner in the front lounge and watch television. Staff denied any other resident would seek Resident # 9 out just to strike out.</p> <p>On 08/17/2016 at 10:40 A.M., the Director of Nursing (DON) was interviewed and stated Resident #9 and Resident #10 once shared a room. The competition between the two for staff time and attention became so bad, they were separated. The DON stated she identified the need to keep the 2 residents separated due to bickering and both residents are mobile in their wheel chairs. The DON stated the behaviors were not done in anger and neither resident sustained any injuries.</p> <p>The facility policy and procedures titled <b><u>Abuse Prevention Program</u></b> revised August 2006, documented a commitment to the residents to protect them from abuse by anyone including staff, other residents, etc. The implementations to prevent abuse included and directed staff to identify patterns and occurrences of potential mistreatment/abuse, and timely reporting and</p> |                                  |             |                 |

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|                               | investigation. Physical abuse is identified as hitting, slapping, pinching, kicking, etc.<br><b>FACILITY RESPONSE:</b> |                                  |             |                 |

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