

**Department of Inspections and Appeals
Health Facilities Division
Citation**

| | | | | |
|---|--|---------------------------------------|--|----------------------------|
| Number 4673 | Amended January 13, 2012 Fines reduced by 35% to \$4,875.00 pursuant to Iowa Code Section 135C.43A (2011) | Report date October 5, 2011 | | |
| Facility name Countryside Nursing and Rehabilitation | Surveyors Lea Tuma, RN | | Survey dates August 26 & 31, 2011, September 1, 13, 14, 20 and 23, 2011 | |
| Facility address 6120 Morningside Ave | License Only NF | | | |
| City Sioux City, IA. 51106 | HL | | | |
| Rule or Code Section | Nature of Violation | Class | Fine Amount | Correction Date |
| 58.19(2)j | <p>58.19(2) Medication and treatment. <i>j.</i> Provision of accurate assessment and timely intervention for all residents who have an onset of adverse symptoms which represent a change in mental, emotional, or physical condition. (I, II, III)</p> <p>DESCRIPTION:</p> <p>Based on record review, physician and staff interview, the facility failed to provide nursing provisions with timely assessment and interventions for one of four residents with an adverse change in physical condition. Resident #1 sustained a fall and complained of pain and required additional staff assistance for transfers as he/she could not bear weight. Staff interviews revealed when the resident could not stand at all, two days later, the facility transferred the resident to the hospital. The X-ray showed multiple fractures. The facility reported a census of 54 residents.</p> <p>Findings include:</p> <p>Admission Orders dated 8/12/11 documented Resident #1's diagnoses included osteoporosis and degenerative joint disease.</p> <p>A Resident Data Collection form dated 8/12/11 documented Resident #1 had no pain. The form also documented Resident #1 transferred with 1 person assist with full weight bearing ability, and ambulated with a device.</p> <p>The Medication Sheet for August 2011 showed Resident #1 received routine Ibuprofen 200 milligrams (mg) every 6 hours at 2:00 a.m., 8:00 a.m., 2:00 p.m., and 8:00 p.m.; and routine Lortab 5/500 mg every 6 hours at the same times from 8/13/11 to 8/29/11. The Medication Sheet also showed Resident #1 had an order for Lortab 5/500 mg every 6 hours as needed (prn), and APAP 325 mg 2</p> | I | \$5000.00 | Upon Receipt |

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| | <p>every 4 hours prn. The medication sheet showed Resident #1 received the scheduled medications; however he/she did not received the prn medications for pain.</p> <p>A Comprehensive Pain Assessment dated 8/12/11 documented Resident #1 stated experiencing no pain in the previous 5 days, and staff observed no signs of pain.</p> <p>The Comprehensive Pain Assessment indicated the possible signs of pain included:</p> <ul style="list-style-type: none"> a. Non verbal sounds (crying, gasping, moaning, groaning). b. Vocal statements of pain (that hurts, stop, ouch). c. Facial expressions (grimacing, wrinkled forehead, clenched fists or teeth). d. Protective body movements or postures (guarding, holding or rubbing a body part). e. Resistance to care. <p>An Admission Care Plan dated 8/12/11 identified functional activities of daily living with interventions:</p> <ul style="list-style-type: none"> a. Bathing/hygiene with assist of 1. b. Dressing/grooming with assist of 1. c. Toileting with assist of 1. d. Ambulation/transfer with supervision/cueing. <p>The care plan identified cognitive loss with the interventions to anticipate needs and observe for non verbal cues.</p> <p>The care plan identified pain with the interventions to monitor pain, administer pain medications as ordered and establish causative factors and ways to alleviate them.</p> <p>The Nurse's Notes dated 8/27/11 [Friday] at 2:15 a.m. documented a CNA (certified nursing assistant) went in Resident #1's room when she heard a noise and the</p> | | | |

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| | <p>resident was on the floor. When asked what happened, Resident #1 replied he/she fell when going to the bathroom. Resident #1 had no complaints of pain or discomfort. Assessment revealed 2 teeth lost, a skin tear 1.5 by 2 centimeters (cm) to the left forearm, and a swollen cheek. At 2:35 a.m. staff notified the on-call supervisor. At 2:40 a.m. staff notified PACE (Program of All Inclusive Care for the Elderly) and received new orders regarding the skin tear. At 2:45 a.m. staff initiated neuros immediately and put ½ hour checks into effect. At 3:15 a.m. Resident #1 took scheduled pain medication at 2:30 a.m. and went back to bed to rest. Resident #1's face started bruising and was 7 cm by 4.5 cm without noted pain. The resident completed range of motion without any difficulties. Staff continued to monitor. At 7:00 a.m. staff called the family and left a message. At 11:00 a.m. the facility notified the resident's family of the fall. Resident #1 voiced no complaints of pain or discomfort. Resident #1's left cheek remained swollen and staff wrote the plan to continue to monitor. At 1:00 p.m. Resident #1 voiced no complaints of pain or discomfort from the fall. The left cheek remained swollen. At 8:25 p.m. staff followed-up from fall with neuro checks and the resident's ROM and neuro checks fell within normal limits. Staff noted continued swelling to the left cheek with bruising around the left eye and the resident complained of general discomfort. Staff administered their scheduled Lortab and Resident #1 had no further complaints at the time.</p> <p>The Nurse's Notes dated 8/28/11 at 5:00 a.m. recorded Resident #1 had continued neuro checks, his/her face remained swollen and bruised and the resident had no complaints of pain or discomfort. Resident #1 continued to take scheduled pain medications. Resident #1 did not comply with use of the call light, but remained on ½ hour checks. Staff provided assistance of 1 with transfers to the toilet. At 12:20 p.m. Resident #1 continued on neuro checks. His/her face was swollen and bruised with no</p> | | | |

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| | <p>complaints of pain or discomfort. At 2:00 p.m. staff documented the CNAs reported Resident #1 needed the assistance of 2 for transfers that day, wincing with pain to the left hip and leg. The nurse assessed Resident #1's legs and noted no swelling. Resident #1 complained of pain when extending their feet to the hand, and complained of pain to the calf area. Staff put pressure on Resident #1's left hip and upper leg with no complaints of pain in upper legs/hip. The writer notified the on-call PACE staff member and documented Resident #1 just received a PRN Lortab. PACE stated to see if that helped and give a call back if they think he/she should be seen. The incoming nurse went to assess Resident #1 and saw fluid on his/her left knee. Staff applied ice to the area and wrote they would continue to monitor. At 10:00 p.m. Resident #1 sat up in wheelchair with assistance of 2. He/she continued to complain of left knee pain. Staff administered the resident's scheduled pain medication and applied Ted hose for support. They planned to continue to monitor.</p> <p>Nurse's Notes dated 8/29/11 at 5:00 a.m. documented staff offered Resident #1 a pain reliever for general discomfort and elevated temperature. Staff provided the scheduled Ibuprofen at 2:00 a.m. with relief noted from the resident. Resident #1 rested in bed with their eyes closed with no further complaints. At 7:00 a.m. staff called PACE and received an order to transfer the resident to the hospital to be seen. Resident #1 complained of pain of the left hip, could not move the left leg, and the left leg appeared shortened and rotated. Staff left a message for the resident's family. At 12:15 p.m. the facility received notice Resident #1 admitted to the hospital with a fracture of the left femoral head and symphysis pubis.</p> <p>A Patient Transfer Form dated 8/29/11 documented Resident #1's inability to move the left leg, complained of pain in the left hip, and the left lower extremity was</p> | | | |

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| | <p>shortened and rotated.</p> <p>A History and Physical dated 8/29/11 documented Resident #1 came to the emergency room with severe left hip pain. According to the history, Resident #1 tripped and fell on Saturday. He transferred from the nursing facility today with severe left hip pain. Resident #1 had a left hip fracture and significant tachycardia.</p> <p>The x-ray dated 8/29/11 documented Resident #1 had a comminuted (broken into several pieces) fracture of the left femoral neck (left hip) and fractures of the right superior and inferior pubic rami (pubic bone). The hospital record identified the resident had surgery.</p> <p>During an interview on 9/1/11 at 9:19 a.m. Staff B LPN (Licensed practical nurse) stated she works the overnight shift. Staff B stated they found Resident #1 lying on the floor on his/her left side. Staff B noted an injury to Resident #1's face, teeth and 1 arm was bleeding. Staff B did ROM with Resident #1 before they got him/her up. Resident #1 denied pain which surprised Staff B because of the look of his/her face. Staff B stated they stood Resident #1 with assistance of 2. Resident #1 stated s/he fell trying to go to the bathroom and was incontinent of urine. Staff B stated Resident #1 showed no bruising or any other signs of injury to the hip. Staff B stated on Saturday overnight Resident #1 was on 30 minute checks. He/she went to the bathroom with assistance of 1 staff. Resident #1 stayed in bed, but was up and awake. Resident #1 had no pain to his/her face, but received routine pain medication. Staff B stated if Resident #1 required the assistance of 2 and complained of pain she would be concerned and call PACE and request to have him/her seen. Staff B stated she would also notify the family of the change of condition.</p> <p>During an interview on 9/1/11 at 9:31 a.m. Staff J CNA stated she worked overnight when Resident #1 fell. Staff</p> | | | |

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| | <p>J stated she heard him/her yelling for help and went to his/her room. Resident #1 laid on the floor between the bed and the wall on his/her left side. Staff J got the nurse. She helped the nurse assist Resident #1 to the wheelchair and Resident #1 seemed okay. When asked about his/her face he/she put his/her hand to it and said that must have been bad. Staff J brought Resident #1 to the dining room and he/she sat there until 3:30 a.m. then assisted the resident back to bed. Staff J stated Resident #1 complained of his/her leg hurting at the inner thigh and the nurse thought maybe he/she pulled a muscle. Staff J stated normally Resident #1 had standby assistance of 1 person. Staff J stated on the 2-10 shift Saturday Resident #1 was a little more confused and required more assistance. Staff J stated 1 person could transfer, but sometimes she had 2 just because she knew he/she fell. Resident #1 did not bear as much weight on that side. On the 2-10 shift Sunday Resident #1 had much more confusion. Resident #1 needed the assistance of 2 and could not stand at all...the resident leg hurt pretty bad. Staff J asked the nurse if he/she could have anything for pain, but she could not recall what time. Staff J stated Resident #1 kept his/her feet on the foot pedals that day. Staff J stated she felt concerned about Resident #1's leg because it hurt and she/he wasn't putting weight on it.</p> <p>During an interview on 9/1/11 at 2:46 p.m. Staff L CNA stated she had not worked with Resident #1 prior to the last weekend. Staff L stated on Saturday he/she needed assistance getting in bed after lunch. On Sunday morning, Resident #1 could not get out of bed and she could not get him out of bed because he/she couldn't stand. Resident #1 complained of pain to the left leg and didn't put weight on it. Staff L reported to the nurse. Staff L stated seeing a big change from Saturday to Sunday. Resident #1 stated his/her leg hurt and he/she couldn't stand on it.</p> <p>During an interview on 9/1/11 at 8:41 a.m. Staff C LPN</p> | | | |

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| | <p>stated he worked Saturday and Sunday day shift. On Saturday he assisted Resident #1 to the bathroom. He wheeled Resident #1 to the bathroom and assisted him/her to transfer to the toilet. Resident #1 did not complain of pain. On Sunday at the end of the shift the CNAs reported Resident #1 required assist of 2 staff to transfer and complained of pain to the left hip and leg. Staff C assessed Resident #1 and he/she only complained of pain to the calf. Staff C called PACE and they stated to see if the pain medication Resident #1 took helped and to call if he thought Resident #1 needed to be seen. It was the end of Staff C's shift and he reported to Staff F. Staff C stated Staff F went down with him and discovered an area of fluid on Resident #1's left knee. Staff C stated Resident #1 experienced a change of condition between Saturday and Sunday. Staff C did not notify Resident #1's family or the physician.</p> <p>During an interview on 9/1/11 at 11:34 a.m. Staff A LPN stated she worked as an aide on the floor the past weekend on 2-10 shift. Staff A stated she worked with Resident #1 Saturday before supper. They went in Resident #1's room around 5:00 p.m. to get him/her up for supper and had trouble getting the resident up. Resident #1 complained of pain to the left leg and limited mobility of the left leg. Resident #1 did stand and pivot with 2 assist and the gait belt. Resident #1 grabbed on to the bed rail and the wheelchair when they were attempting to transfer him/her. Staff A stated she reported to the nurse Resident #1's complaints of pain to the left leg. On Sunday, they got Resident #1 up for supper with the assistance of 2 and a pivot transfer. Resident #1 did not verbalize pain, but he/she guarded and held onto his/her left leg. Staff A stated she reported to the nurse. Staff A stated she did not assist Resident #1 to bed after supper.</p> <p>During an interview on 9/1/11 at 2:11 p.m. Staff M CNA stated she worked the 2-10 shift Saturday and Sunday</p> | | | |

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| | <p>and worked with Resident #1. Staff M stated she couldn't really remember one day from the other. She knew the one day Staff A told her they needed to put TED hose on him/her. Staff M stated Resident #1 grimaced and said "Ow, ow, ow ", when they put them on the left leg. Staff M stated Resident #1 normally needed the stand-by assistance of 1. Staff M stated it took 2 of them to get him/her up. It was difficult but they got him/her in the chair and took the resident out to supper. Resident #1 kept leaving the dining room and experienced more confusion. Staff M felt pretty sure Resident #1 did not put weight on his/her left leg.</p> <p>During an interview on 9/1/11 at 12:30 p.m. Staff K, LPN stated on Saturday she knew Resident #1 had fallen and they were doing neuro checks. Staff K stated Resident #1 was fine until they got him/her up. During supper staff informed her Resident #1 complained of pain and she told them he would get pain medication soon (scheduled medication at 8:00 p.m.). After supper Resident #1 was able to move the leg, but did say he had pain in the left leg. Staff K stated no other complaints after that. Staff K stated she and Staff F got report together on Sunday. Day shift reported Resident #1 complained of pain to the left leg and they called PACE. PACE said to continue medications, monitor and if no improvement to call back. Staff K stated Staff F went to Resident #1's room with the day shift nurse, noted fluid on the knee and got an ice pack for the knee. Staff K stated she did not know Resident #1's status during the shift.</p> <p>During an interview on 9/1/11 at 8:56 a.m. Staff H CNA stated she did not work on Resident #1's hall, but she helped with him/her after lunch on Sunday. Resident #1 had urinated in the bed and Staff L needed assistance with the resident. Staff H stated when getting Resident #1 up, it literally took both staff to do everything. They had to lift him/her to stand him/her off the bed. Resident #1 did not seem to bear weight. Staff H stated Staff L</p> | | | |

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| | <p>thought something was wrong.</p> <p>During an interview on 9/1/11 at 3:03 p.m. Staff F Registered Nurse (RN) stated on Sunday when she came to work Staff C assessed Resident #1 due to complaints of leg pain. Staff F stated when she felt Resident #1's knee he/she had a little fluid around the left knee. Staff F had them give Resident #1 an ice pack and put his/her Ted hose on. Staff F stated Staff C couldn't figure out where the pain came from. Resident #1 complained of knee and calf pain. Staff F stated the CNAs reported Resident #1 was hurting, but said he/she pivoted okay. Staff F stated Resident #1 received his/her scheduled pain medications. Staff F stated she did not know Resident #1 demonstrated more confusion. Staff F stated Resident #1 sat up for about 1 and 1/2 hours that evening, the rest of the time he/she spent in bed. Staff F stated she looked in on Resident #1 and got him/her another ice pack around 7:30 or 8:00 p.m. Resident #1 wore his/her pants at that time. Staff F stated she asked Staff K if Resident #1 had anything for breakthrough pain but didn't think he/she did. Staff F stated she looked in on Resident #1 at 8:30 or 9:00 p.m. and he/she still had pants on. Staff F stated Resident #1 exhibited facial grimacing and stated "Ow, ow, ow " when assessing him/her earlier in the shift.</p> <p>During an interview on 9/1/11 at 8:11 a.m. Staff E LPN stated she worked the night shift 9/29/11 and she had the resident transported to the hospital that morning. Staff E stated when she started her shift the off going nurse reported Resident #1 had fallen and injured his/her left cheek. They reported he had a swollen knee and they applied TED hose. They did not report the resident experienced pain. They had Resident #1 on 30 minute checks so she walked up and down the halls and looked in the resident's room. Resident #1 slept with his/her clothes on. Staff E went in Resident #1's room once to peek at his/her cheek. Staff E did not move Resident #1.</p> | | | |

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| | <p>At 2:00 a.m. Staff E gave Resident #1 his/her scheduled pain medication. Staff E stated she asked Resident #1 if he/she had pain and he/she said no. Staff E did not know if the CNA got Resident #1 up during the night. Staff E stated Resident #1 wore khaki pants. Staff E stated she did not know Resident #1 needed 2 staff assistance. Staff E stated she had already changed shifts when the day shift CNA came and said she couldn't get the resident up. Staff E went to Resident #1's room and noted his/her knee as swollen and the leg shortened and rotated. Staff E assisted in getting Resident #1 ready to transport. Staff E stated when Staff G LPN pointed out the charting from the previous day regarding the resident's complaints of pain of the left leg she felt bad. If she had known Resident #1 had pain and required more assistance she would have assessed Resident #1's leg.</p> <p>During an interview on 9/20/11 at 11:14 a.m. Staff N CNA stated she worked 08/28/11 at 10:00 p.m. to 8/29/11 at 6:00 a.m. Staff N stated this to be the first time she worked in the facility. Staff N stated they told her who to check on during rounds, but not of any problems with residents. Staff N stated on 11:00 p.m. rounds, Resident #1 was soaked from head to toe. Resident #1 still wore his/her pants and she had to change the resident. Staff rolled Resident #1 with difficulty because he/she resisted and said "Ow" when rolled. Resident #1 also wore Ted hose and they were also wet but he/she would not let her remove them. Staff N stated she figured Resident #1 fell because of the bruising to his/her face. Staff N stated she reported to the nurse Resident #1 soaked the bed and would not let her remove the Ted hose. Staff N also took Resident #1's temperature and he/she had a fever. Staff N stated she checked Resident #1 on rounds after that and he/she remained dry. Staff N did not reposition or move Resident #1; he/she remained on his/her back the rest of the night as far as she knew.</p> <p>During an interview on 9/1/11 at 9:46 a.m. Staff I CNA</p> | | | |

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| | <p>stated she worked Monday 6-2. During report they mentioned Resident #1 fell. Staff I stated normally Resident #1 as up and dressed by the time she got there. He/she still lay in bed in a gown and a brief. Staff I noticed Resident #1 had a black eye when she went in his/her room. Staff I started to take down the sheet and saw Resident #1's leg appeared shortened and rotated. Staff I asked Resident #1 to move his/her leg and his/her face got red and he couldn't do it. Staff I wiggled Resident #1's toe and he/she was in so much pain s/he almost cried. When Staff I asked Resident #1 if he/she had pain he/she said no. Staff I stated she reported Resident #1 couldn't move his leg and had a lot of pain.</p> <p>During an interview on 9/1/11 at 9:06 a.m. Staff G LPN stated on Monday morning they reported Resident #1 took a fall and knocked out teeth and bruised his/her face. Staff I went down to get him/her up but she couldn't. Staff G went to Resident #1's room and asked him/her to do ROM and he/she could not. Resident #1 denied pain. Staff B noticed Resident #1's leg shorter and rotated. Staff G stated she and 2 other nurses made calls and arranged for Resident #1's transport to the hospital. Staff G stated Resident #1 normally needed 1 person limited assistance. If he/she required 2 assist and complained of pain she would be concerned and request to have him seen.</p> <p>During an interview on 9/13/11 at 11:51 a.m. the PACE nurse stated Staff C told her Resident #1 needed 2 person assist with transfers, but did not tell her he/she winced with pain during transfer. The PACE nurse stated she told Staff C if Resident #1 needed to go to the emergency room to let her know and she would help facilitate that, but she did not receive a call back.</p> <p>During an interview on 9/20/11 at 10:53 a.m. the resident's physician stated she would expect to be notified if a resident experienced pain and did not bear</p> | | | |

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Administrator

Date

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Health Facilities Division
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| | <p>full weight after a fall. She would expect to be notified immediately of the change of condition, and would have the resident evaluated for injury.</p> <p>A PACE team progress note dated 8/27/11 at 2:28 a.m. documented they received a phone call from Staff B LPN to report Resident #1 had fallen... Resident #1 had been a little more confused than normal. Resident #1 had a skin tear to the left forearm, knocked out 2 teeth and had some swelling to the left cheek. Staff B stated Resident #1 had scheduled Lortab and she would give same for probable discomfort from falling. Resident #1 did not seem to have any other injuries. They encouraged Staff B to call at any time with further questions or concerns.</p> <p>A PACE team progress note dated 8/28/11 at 2:15 p.m. documented they received a call from Staff C LPN with a condition report, stating Resident #1 had increased weakness and calf pain. Staff C stated Resident #1 needed assist of 2 to transfer. Staff C stated he did assess for a fractured hip, but Resident #1 did not have hip pain. He gave Resident #1 Lortab for pain and would call with concerns.</p> <p>The Provider Contract between PACE and the facility outlined the Nursing Facility Operational Guidelines included providing nursing facility care based on state and federal guidelines and to notify PACE of any change in participant status.</p> <p>The facility Fall Intervention Policy directed with each fall the resident would be assessed for 72 hours. With any abnormal findings regarding the assessment the Charge Nurse would notify the doctor.</p> <p>The facility policy Sudden Change of Resident Condition directed the attending physician would be notified and the family contacted immediately.</p> <p>FACILITY RESPONSE:</p> | | | |

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| 56.12 | 481-56.12(135C) Class I violation as a result of multiple lesser violations. The director of the Department of Inspections and Appeals may issue a citation for a Class I violation when a physical condition or one or more practices exist in a facility which are a result of multiple lesser violations of the statutes or rules, but which taken as a whole constitute an imminent danger or a substantial probability of resultant death or physical harm to the residents of the facility. | I | \$2500.00 | Upon Receipt |
| 58.18(2) | 481—58.18(135C) Nursing care. 58.18(2) Residents shall be protected against hazards to themselves and others or the environment. (II, III) | | | |
| 58.43(4) | 58.43(4) Physicians' orders are required to utilize all types of physical restraints and shall be renewed at least quarterly. (II) Physical restraints are defined as the following: Type I—the equipment used to promote the safety of the individual but is not applied directly to their person. Examples: divided doors and totally enclosed cribs. | | | |
| 58. 43(4) | 481—58.43 (135C) Resident abuse prohibited. Each resident shall receive kind and considerate care at all times and shall be free from mental and physical abuse. Each resident shall be free from chemical and physical restraints except as follows: when authorized in writing by a physician for a specified period of time; when necessary in an emergency to protect the resident from injury to the resident or to others, in which case restraints may be authorized by designated professional personnel who promptly report the action taken to the physician; and in the case of a mentally retarded individual when ordered in writing by a physician and authorized by a designated qualified mental retardation professional for use during behavior modification sessions. Mechanical supports | | | |

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| | <p>used in normative situations to achieve proper body position and balance shall not be considered to be a restraint. (II)</p> <p>DESCRIPTION:</p> <p>Based on clinical record review and staff interview, the facility failed to protect Resident#3 from hazards in the environment. Resident #3 sustained a head laceration when he/she climbed over the side rail and fell out of bed. The physician's order indicated no restraints or side rails were approved and the side rails assessment determined the resident did not need restraint or side rail(s). The facility reported a census of 54 nursing facility residents.</p> <p>Findings include:</p> <p>A Resident-Data Collection assessment dated 7/22/11 at 10:30 a.m. documented Resident #3 admitted to the facility with a diagnosis of dementia. The assessment documented Resident #3 required 2 people and/or total assistance with transfers. The assessment indicated Resident #3 answered questions reluctantly and inappropriately. Resident #3 comprehended slowly and demonstrated disorientation to time and place.</p> <p>A Fall Risk Assessment dated 7/22/11 scored Resident #3 at 15; a score above 10 represents a high risk for falls.</p> <p>The physician order's dated 7/22/11 documented restraints and side rails were not being used.</p> <p>A Side rail Assessment dated 7/22/11 documented at the time side rails were not indicated. The assessment revealed documented the resident did not use the side rails to aide in positioning.</p> <p>The Nurse's Notes dated 7/24/11 at 8:45 p.m. documented Resident #3 transported to the hospital.</p> | | | |

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| | <p>Resident #3 climbed over the side rail and fell out of bed hitting his/her head on the dresser.</p> <p>An Incident Report dated 7/24/11 at 8:30 p.m. documented Resident #3 fell and sustained an injury to the back of the head. Resident #3 went to the hospital and was seen by a physician.</p> <p>An Emergency Room (ER) report dated 7/24/11 documented Resident #3 tried to get up out of bed that had rails without any assistance and fell and hit his/her head. Resident #3 had a 4 centimeter (cm) scalp laceration to the occipital (back, lower) scalp region. ER staff copiously irrigated the laceration and placed 5 staples in the laceration to close it. The report documented to remove the staples in 10 days and the nursing facility should watch for signs of infection.</p> <p>During an interview on 9/13/11 at 3:13 p.m. Staff A Licensed Practical Nurse (LPN) stated she remembered working the evening Resident #3 fell. Staff A stated he/she had full side rails up. Staff A had not worked for a few days and questioned if the rails should be up after the incident, and he/she should not have had the side rails up. Staff A stated they normally took the side rails off the bed if they were not using them. Staff A thought Resident #3 had a different bed than prior to a hospitalization and for some reason they didn't get taken off. Staff A stated Resident #3 crawled over the rail and fell, hitting his/her head on the nightstand. Staff A stated they found Resident #3 between the bed and the nightstand. The drawer of the nightstand had been pulled out like he/she grabbed on to it. Staff A stated the bed was regular height as opposed to a low bed. Staff A stated there would have been no reason to have the side rail up at that time.</p> <p>The Admission Care Plan dated 7/22/11 identified a falls/safety risk with a goal to minimize the potential for</p> | | | |

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| | significant injury. The interventions included: a. Keep call light within reach. b. Orthostatic hypotension precautions. c. Assess for fall risk upon admission. d. If unable to use the call light, assess for alternative device or system. e. Provide ADL assistance as needed. f. Assess resident's footwear for proper fit and non skid soles. g. Removed side rails from bed on 7/25/11. h. Scoop mattress on 7/25/11. FACILITY RESPONSE: | | | |

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