

Iowa Department of Inspections and Appeals
Health Facilities Division
Citation

Number FC#4427		Amended October 20, 2010 Fine reduced by 35% to \$1950.00 pursuant to Iowa Code Section 135C.43A (Supp. 2009)	Report date October 8, 2010	
Facility name Good Samaritan Society- Newell		Survey: September 21-24, 2010		
Facility address 415 West Highway 7 P.O.Box 395		Surveyors: Nancy Nelson RN, Lea Kinney-Tuma RN, Annette Deveaux RN		
City Newell, Iowa 50568		ds/jg		
Rule or Code Section	Nature of Violation	Class	Fine Amount	Correction Date
58.19(2)b	<p>481—58.19 (135C) Required nursing services for residents. The program plan for nursing facilities shall have the following required nursing services under the 24-hour direction of qualified nurses with ancillary coverage as set forth in these rules:</p> <p>58.19(2) Medication and treatment.</p> <p><i>b. Wound care; (I, II)</i></p> <p>DESCRIPTION:</p> <p>Based on observation, record review and staff interviews, the facility failed to prevent the development of an avoidable pressure ulcer which required wound care for one of nine active resident's reviewed (Resident # 5). The facility reported a census of forty residents.</p> <p>Findings include:</p> <p>1. According to a Diagnosis Description form, dated 6/29/2010, Resident # 5 had the following diagnosis: a late effect fracture, of the C-6 vertebrae, with a spinal cord injury due to a Motor Vehicle Accident in 2002, paraplegia, history of post operative cardiovascular accident (stroke) With right hemiplegia (paralysis) and depression.</p> <p>An admission Minimum Data Set (MDS) assessment, with an assessment reference date of 7/6/20010 revealed Resident # 5 had an admission date of 6/29/2010. The MDS revealed the resident had no difficulty with memory or decision making, required the assistance of two staff with bed mobility, required total dependence on staff for transfer and the resident had not walked during the seven (7) day assessment period. The same MDS indicated the resident had limitations in range of motion and partial loss</p>	I	\$3,000.00	Upon Receipt

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	<p>of voluntary movement in the neck, arms and feet, had full loss of voluntary movement in one hand and both legs. The MDS further documented an assessment of the resident's skin revealed no pressure ulcers (any lesion caused by pressure resulting in damage of underlying tissue). The MDS identified the definition of the different stages of pressure ulcers as the following:</p> <p>Stage 1- A persistent area of skin redness (without a breakdown in the skin) that does not disappear when pressure is relieved.</p> <p>Stage 2 - A partial thickness loss of skin layers that presents clinically as an abrasion, blister or shallow crater.</p> <p>Stage 3 - A full thickness of skin is lost...</p> <p>Stage 4 - A full thickness of skin and subcutaneous tissue is lost...</p> <p>Review of the Facility Pressure Ulcer Practice Guidelines revealed the following:</p> <p>a. Prevention strategies will be developed and implemented at the time of the initial admission assessment based upon causative factors which contribute to the resident's risk for skin breakdown.</p> <p>b. The same facility Pressure Ulcer Practice Guidelines described an avoidable pressure ulcer as: Avoidable means that the resident developed a pressure ulcer and the center did not do one or more of the following: Define and implement interventions that are consistent with resident needs.</p> <p>Review of the resident's record revealed no initial nursing care plan had been completed at the time of the resident's admission to the facility. Because the facility did not complete an initial nursing care plan, no</p>			

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	<p>interventions had been developed or implemented to prevent the resident's risk for skin breakdown until a comprehensive care plan had been developed on 7/14/2010 (15 days after admission).</p> <p>On 9/23/2010 at 7:59 a.m., Staff N was interviewed and confirmed no initial nursing care plan had been completed.</p> <p>Review of a facility Care Plan policy reflected an initial/temporary care plan would be developed upon admission as soon as a problem was identified.</p> <p>Review of a Comprehensive Care Plan, dated 7/14/2010 indicated the resident had a potential for impaired skin integrity related to paraplegia, right sided hemiplegia, no weight bearing and the need for extensive assistance with bed mobility. The care plan directed staff to float the heels off the bed in order to avoid pressure on the heels whenever necessary (PRN). The care plan included instructions for staff to float (such as placing a pillow under the ankles to "float" the heels off the bed in order to avoid pressure on the heels) the resident's heels whenever necessary (PRN).</p> <p>Review of a facsimile to a Physician on 7/23/2010 indicated the staff had identified a 2.5 by 3.5 cm. (centimeter) blister on the left heel. The nurse documented the resident's heels would be floated in bed. Further review of the resident's Comprehensive Care Plan revealed a new intervention had been added to the care plan on 7/23/2010 (after the development of a stage 2 pressure ulcer) and instructed staff to float the resident's heels when in bed as opposed to floating the resident's heels PRN.</p> <p>Review of the Care Plan Approach records for Resident #</p>			

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	<p>5 revealed staff had not documented the resident's heels had been floated until 7/23/2010, (after the development of a stage 2 pressure ulcer).</p> <p>Review of the resident 's left heel pressure ulcer Wound Flow Sheets included the following wound length/width measurements and characteristics:</p> <p>On 7/23/2010 the wound measured 2.5 cm (centimeter) by 3.5 cm. The skin was intact with, no drainage and 100% eschar (black crust),</p> <p>On 7/24/2010, the wound measured 3.2 cm by 4.5 cm. The skin was intact with no drainage and 100% eschar;</p> <p>On 7/30/2010 the wound measured 3.5 cm by 4.5 cm. The skin was intact with no drainage and 100% eschar present;</p> <p>On 7/31/2010 the wound measured 3.8 cm by 5 cm. The skin was intact and no drainage, present with100% eschar;</p> <p>On 8/4/2010 the wound measured 3.8 cm by 4.8 cm. The skin was intact with minimum drainage, and the wound had 100% eschar present;</p> <p>On 8/8/2010 the wound measured 3.7 cm by 4.2 cm. and the skin intact with minimum drainage present and the wound had 100% eschar;</p> <p>On 8/26/2010 the wound measured 3 cm by 5.5 cm. with the skin intact and no drainage present. The wound had 100% eschar present. The resident reported discomfort.</p> <p>On 8/26/2010 the wound measured- 3 cm by 4.5 cm. skin intact, scant drainage, 100% eschar and</p>			

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	<p>the resident reported discomfort.</p> <p>On 8/27/2010 the wound measured 3.5 cm by 4.5 cm. with skin intact, minimum drainage and 100% eschar present. The resident reported discomfort.</p> <p>On 8/28/2010 the wound measured 3 cm by 4.5 cm and the skin intact, minimum drainage with 100% eschar present. The resident expressed discomfort.</p> <p>On 8/29/2010 the wound measured the same as 8/28/2010 and the resident continued to express discomfort.</p> <p>Further review of the resident's Wound Flow Sheets revealed daily assessments of the left pressure ulcer continued. An assessment, dated 9/20/2010 (59 days after identified) revealed the size of the pressure ulcer had been 3 cm by 3.5 cm, skin intact, no drainage, 5 % eschar and had not yet resolved.</p> <p>Observation on 9/22/2010 at 6:49 a.m. revealed Staff E and Staff Q had repositioned Resident # 5 in bed to his/her right side position. A pillow had been placed under the resident's left leg and the left heel had been floated. The resident's right foot laid directly on the bed and the right heel had not been floated.</p> <p>Observation on 9/23/2010 at 1:27 p.m. revealed Resident # 5 laid in bed on his/her back. Staff C (the acting Director of Nursing-DON) removed a blanket that had covered the resident's legs and feet. Further observation revealed the resident had worn a heel protector on his/her left heel. The resident had a pillow under his/her calves but had not had enough cushion in the pillow to float the resident's right heel. The resident's right heel laid directly on the bed.</p>			

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	<p>On 9/22/2010 at 10:421 a.m., Resident #5 was interviewed and stated could not reposition self in bed and required staff assistance.</p> <p>During an interview on 9/22/2010 at 3: 50 p.m., Staff B stated the instructions to float a resident 's heels PRN meant to float the heels after a resident started to experience skin breakdown on the heels.</p> <p>During an interview on 9/ 23/ 2010 at 7:30 a.m., Staff Q stated instructions to float a resident's heels PRN meant to float the heels if a resident's heels had appeared to have increased fluid accumulated.</p> <p>During an interview on 9/23/2010 at 7:40 a.m., Staff V1 stated instructions to float a resident heels PRN meant to float the heels if the heels felt soft or the resident complained of discomfort in the heels.</p> <p>During an interview on 9/23/2010 at 7:41 a.m. Staff Q1 stated instructions to float a resident 's heels PRN meant to float the heels if they had been red or soft.</p> <p>During an interview on 9/23/2010 at 1:27 p.m., the acting DON stated since the resident' s admission, the resident 's bed had a sheerless pressure reducing mattress The acting DON further stated the sheerless pressure reducing mattress had been the same mattress used for all resident's at the time of admission.</p> <p>During an administrative meeting on 9/23/2010., Staff N stated an air mattress overlay had not been placed over the resident's mattress until 7/14/2010</p> <p>During an interview on 9/24/2010 at 7:25 a.m., the acting DON confirmed resident's heels should be floated prior to</p>			

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	any skin breakdown such as redness or softness. During a telephone interview on 9/24/2010 at 8:30 a.m., Resident #5's spouse confirmed the resident had difficulty in the past with skin breakdown and blisters on both feet.			

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