

**Iowa Department of Inspections and Appeals  
Health Facilities Division  
Citation**

<b>Citation Number:</b> 7013					<b>Date:</b> July 19, 2019
<b>Facility Name:</b> Cedar Falls Health Center		<b>Survey Dates:</b> June 24-27, 2019			
<b>Facility Address/City/State/Zip</b>  1728 W 8 <sup>th</sup> Street Cedar Falls, Iowa 50613		MW			
<b>Rule or Code Section</b>	<b>Nature of Violation</b>	<b>Class</b>	<b>Fine Amount</b>	<b>Correction date</b>	

<b>58.28(3)e</b>	<p><b>58.28(3) Resident safety.</b> e. Each resident shall receive adequate supervision to protect against hazards from self, others, or elements in the environment. (I, II, III)</p> <p><b>DESCRIPTION:</b></p> <p>Based on observation, record review, facility policy and staff interviews the facility failed to ensure that each resident receives adequate supervision to prevent elopement for 1 of 13 residents (Resident #48), identified by the facility at increased risk for elopement, who exited the facility unsupervised, which resulted in an immediate jeopardy to residents health and safety. The facility reported a census of 56 residents.</p> <p>1. Resident #48 had a Minimum Data Set (MDS) assessment dated 5/9/19, that documented a diagnosis of anxiety disorder, Schizophrenia and Schizo affective disorder, bipolar type and a score of 4 of 15 on a BIMS (brief interview for mental status) test which indicated severely impaired cognition. The MDS documented no wandering and independent with ambulation in room and corridor.</p>	I	<b>\$4500 (Held in suspension)</b>	<b>UPON RECEIPT</b>
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Facility Administrator

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	<p>A care plan dated as initiated 4/29/19 identified a focus area titled resident is an elopement risk/wanderer as evidenced by disoriented to place, impaired safety awareness, resident wanders aimlessly with interventions that included attempt to distract from wandering by offering pleasant diversions, structured activities food, conversation, television, book of which resident prefers. A revision date of 6/4/19 established a goal that the resident will not leave facility unattended through the review date. Interventions include that included if resident expresses desire to leave facility due to missing friends/family, assist with calling family/friends. Intervene to assure safety and notify nurse if notice resident is attempting to remove Wander Guard device. Invite to scheduled activities. Resident may have staff or responsible party to go outside. Encourage to be properly dressed for inclement weather if resident insists on going outside. Elopement Risk form and/or face sheet with photo is placed in the Elopement Book at each nurses station. Repeat Wandering and at Risk for Elopement assessment routinely and with significant change in condition. Wander Alert-wander guard applied, check placement and function every shift.</p> <p>A Progress note dated 6/2/19 at 3:55 p.m., documented Staff B (licensed practical nurse)</p>				
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	<p>observed resident sitting on the couch in the lobby at 3:45 p.m. Staff A (certified nursing assistant) was in room A1 doing a 1-1 with a resident, Staff A asked if someone would sit with the resident while Staff A went to the kitchen for ice. Staff B sat in room A1 for less than 5 minutes. When Staff B and Staff A switched back Staff A observed out the window that resident was outside. Staff A and Staff B asked if resident was OK, and where they were going. Resident stated "You cant touch me". Staff A and Staff B both stated "We wont". Staff A using a calming speech and redirection to convince resident to follow staff back inside. Resident reassured by promising they could talk to the social worker on Monday. "I want to go home. I want to go to my house on 22nd street. I don't want to be trapped here". Calming speech and redirection to get resident to come back in with Staff B and Staff A. Wander guard in place and functioning. Head to toe assessment complete. No abnormal findings.</p> <p>An incident summary with no date, documented on Sunday 6/2/19 between 3:45 p.m., and 3:50 p.m., resident was observed in the front facility parking lot by Staff A. The resident had a BIMS score of 4, for which indicated severely impaired for decision making abilities. Staff A saw the resident from the window of room A1 and upon arriving outside to redirect the resident with Staff</p>			
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	<p>B, the resident had opened a door to a van sitting in the parking lot belonging to another resident family member. Resident was dressed in pants and a light weight long sleeved shirt with tennis shoes on. Resident had 4 wheeled walker with as well. The outside temperature at the time the resident was noted to be outside was 75 degrees Fahrenheit. No rain or inclement weather noted. Staff A and Staff B immediately went outside to accompany the resident back into the facility. Resident was noted to be a bit upset but did not resist retuning to the building. Head to toe assessment of resident completed by Staff B, with no injuries noted. Proper placement and function of resident wander guard verified at this time. Wander guard system and door alarms checked for proper functioning as well. Staff re-education provided on elopement policy and procedures.</p> <p>A Wandering and at Risk for Elopement form dated 6/2/19, identified the resident with a score of 9 for which indicated resident is at moderate risk for wandering.</p> <p>A Wandering and at Risk for Elopement form dated 4/11/19, identified the resident with a score of 10, for which indicated resident is at moderate risk for wandering.</p>				
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	<p>Review of the Alarm Protocol with an issued date of 6/25/19, had a purpose to maintain residents safety by responding to door alarms and assessing the reason for the alarm. Guidelines include:</p> <ul style="list-style-type: none"> <li>*Staff are expected to respond to ALL door alarms at All times.</li> <li>*The following steps will be taken when a door alarm sounds.               <ol style="list-style-type: none"> <li>1. The alarm panel will be checked by staff to identify which door is sounding.</li> <li>2. Staff will respond to the door alarm, to assess the cause of the sounding alarm, including a visual assessment of the area outside of the door.</li> <li>3. If the cause of the sounding alarm is not identified, staff will conduct a visualized resident count and document the resident count using the daily census sheet.</li> <li>4. The Missing Resident Protocol will be implemented by staff in the event that a resident is observed outside the secured doors or if the resident count is inaccurate.</li> </ol> </li> </ul> <p>During an interview on 6/24/19 at 3:42 p.m., Staff A (certified nursing assistant) stated that she was doing a 1-1 on a resident in room A1, for which is the east side of the south hallway, facing the parking lot, she stated that the resident wanted a glass of ice so she asked Staff B (licensed practical nurse) to take over the 1-1 while she ran</p>				
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	<p>to the kitchen to get some ice. Staff A stated as she was going by the smokers door (south door on the center hallway) alarms were sounding and she didn't think anything about the alarms sounding and proceeded to go by the A-B nurses station (on the east side of the facility) and passed right by the wander guard door alarm panel ( on the north wall of the A-B nurses station) and walked into the resident room when Staff A looked out the window facing the parking lot and saw a resident attempting to get into a van. Staff A ran out of the room and yelled at Staff B that a resident was in the parking lot outside. Staff A and Staff B went and pushed the codes on the left and right side of the front exit doors to silence the alarms and proceeded to go outside and persuade the resident back into the facility. Staff A admitted that she had failed to look at the wanderguard panel on the north wall behind the A-B nurses station and just felt it was the door that the smokers were coming in.</p> <p>During an interview on 6/24/19 at 3:45 p.m., Staff B stated that the resident was last seen sitting in A-B lobby area on a love seat. Staff B stated that Staff A asked if she would take over the 1-1 on the resident in room A1. Staff A came back to the room with in 1-2 minutes and Staff B walked out of the room, got to the front entrance of the facility and Staff A came running out of A1 room and</p>			
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	<p>stated that a resident was outside in the parking lot attempting to get in a van. Staff A and Staff B went out the front doors after punching in the codes to silence the alarms and proceeded to assist the resident back into the facility.</p> <p>During an environmental tour on 6/24/19 at 4:00 p.m., the Administrator demonstrated the actions the staff and resident had taken and the route the resident took on 6/2/19 after exiting the facility and assisted to measure the distances as described below:</p> <p>The distance from where the resident was last seen to the parked van in the parking lot was 73 surveyor steps, from the parked van, stepping over a 5 1/2 inch cement parking curb was 36 more surveyor steps to a 4 lane highway (Hudson Road) for which cars and delivery trucks were traveling by at 35 mile per hour.</p> <p>The Nation Weather Service Forecast Office for 6/2/19, documented the temperature at 77 degrees Fahrenheit.</p> <p><b>FACILITY RESPONSE:</b></p>			
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