

**Iowa Department of Inspections and Appeals
Health Facilities Division
Citation**

Citation Number: #5334					Date: July 13, 2021
Facility Name: Eldora Specialty Care		Survey Dates: June 21-24, 2021			
Facility Address/City/State/Zip 1510 22 nd Street Eldora, IA 51360		MW/DC			
Rule or Code Section	Nature of Violation	Class	Fine Amount	Correction date	

58.28(3)e	<p>481—58.28(135C) Safety. The licensee of a nursing facility shall be responsible for the provision and maintenance of a safe environment for residents and personnel. (III)</p> <p>58.28(3) Resident safety.</p> <p>e. Each resident shall receive adequate supervision to protect against hazards from self, others, or elements in the environment. (I, II, III)</p> <p>DESCRIPTION: Based on observations, facility policy review and staff interviews, the facility failed to ensure supervision of residents during administration of medication and safe transfer assistance for 4 of 6 residents reviewed (Resident's #9, #11, #19 and #32). The facility reported a census of 34 residents.</p> <p>Findings include:</p> <p>1. Review of the Minimum Data Set (MDS) assessment dated 4/21/21 revealed Resident #19 had diagnoses of diabetes mellitus (DM), malnutrition and asthma. The MDS revealed Resident #19 had a Brief Interview for Mental Status (BIMS) score of 15 out of 15 which indicated intact cognition. The MDS further revealed Resident #19 required one person physical assist locomotion on and off the unit, dressing and toilet use.</p>	I	\$4,750.00	UPON RECEIPT	
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	<p>The Care Plan revised on 11/4/20 revealed Resident #19 used safety devices with a goal to remain safe in her environment.</p> <p>Observation on 6/22/21 at 9:00 AM revealed Resident #19 had a medication cup filled with medications left on her bedside tray table. Resident #19 was taking medications with no supervision. At 9:04 AM Resident #19 was still taking medications with no one watching.</p> <p>On 6/22/21 at 9:04 AM, Resident #19 was observed administering medication in her room without supervision. Resident #19 stated Staff L, Licensed Practical Nurse (LPN) always leaves her medications with her because she was "with it enough" and "all the nurse's leave medication with me in my room except one that doesn't trust me." Observed six medications in the medication cup. Resident #19 revealed she had had more medications but she had already taken some of them and "you're lucky you didn't come in here earlier because the potassium pill is so big I had to choke it down."</p> <p>On 6/22/21 at 9:06 AM, Staff L, LPN revealed she had left the medication with Resident #19 in her room as she had an order in place stating she can take medication unsupervised.</p> <p>Review of Physician Orders did not indicate Resident #19 had an order in place to self-administer medication while in the facility.</p> <p>During interview on 6/22/21 at 9:11 AM the Director of</p>			
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	<p>Nursing (DON) stated Resident #19 does not have an assessment for self-medication.</p> <p>A review of the Medication Administration Audit Report on 6/23/21 at 1:58 PM revealed Staff I, Licensed Practical Nurse (LPN), documented the administration of Resident #19's medications for 6/22/21 at 8:54 AM.</p> <p>Facility policy dated 1/2015, titled Medications Administration, revealed to assure each resident received the proper medications at the correct time as ordered by their physician, administer the medication, observe for the act of swallowing and observe resident for any adverse drug reaction.</p> <p>2. Review of the MDS assessment dated 6/9/21 revealed Resident #11 had diagnoses of cerebrovascular accident (CVA), hemiplegia and hypertension. The MDS revealed Resident #11 had a BIMS of 13 out of 15 which indicated intact cognition. The MDS further revealed Resident #11 required set-up help with eating and one person physical assist with transfers, walking and dressing.</p> <p>During observation on 6/22/21 at 12:39 PM, noted half a bottle of TUMS sitting on Resident #11's night stand next to her bed. Resident #11 revealed her previous physician recommended she take TUMS for the additional vitamins.</p> <p>Observation on 6/23/21 at 1:01 PM, half a bottle of TUMS remained on Resident #11's night stand next to</p>			
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	<p>her bed.</p> <p>Review of Physician Orders did not indicate Resident #11 had an order in place to self-administer medication while in the facility.</p> <p>On 6/23/21 at 2:35 PM notified the Director of Nursing (DON) the resident had half bottle of TUMS on her night stand. Resident #11 informed the DON she took the TUMS when the facility didn't have any available at the facility and she had the TUMS since she admitted. The DON removed the TUMS and informed Resident #11 she would try to get an order for her to have the TUMS in her room.</p> <p>During interview on 6/23/21 at 11:10 AM, the DON acknowledged medications should not be left with a resident without supervision without an order to self-administer medication.</p> <p>3. The MDS assessment dated 3/31/21 for Resident # 9 documented diagnoses of dementia, schizo affective disorder (a mental illness that can affect your thoughts, mood and behavior) and hypothyroidism (underactive thyroid). The MDS showed the Brief Interview for Mental Status (BIMS) score of 15, indicating no cognitive impairment.</p> <p>On 6/21/21 at 12:24 p.m., observation of a medication cup with several medications including orange pills was noted on her lunch tray sitting to the left of the</p>			
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	<p>resident's recliner in her room. No nursing staff observed in the room or hallway outside of the resident's room.</p> <p>4. The Annual Minimum Data Set (MDS) with reference date of 4/15/20 documented Resident#32 had diagnoses including Parkinson's disease, stroke, cognitive communication deficit, and dementia. The MDS documented the resident had a BIMS score of 6 out of 15, which indicated severely impaired cognitive skills. The MDS documented the resident could sometimes understand, and sometimes make concrete requests. The resident had difficulty focusing attention. The MDS documented the resident required extensive assistance of one staff member for transfers, walking in his room, and toilet use.</p> <p>The Care Plan revealed the resident had a focus area of potential for falls secondary to impaired balance, visual impairment, and had a history of falls initiated on 4/13/18. The Care Plan included an intervention dated 11/2/18 that showed the resident was to have assist of 2 staff and walker for ambulation.</p> <p>A Witnessed Fall Report dated 5/30/20 with time of 7:50 p.m., documented as follows; This nurse down center hall way passing medication, certified nurses aide (CNA) called this nurse to the residents room as the resident had been lowered to the floor. Upon entering the room the nurse observed the resident sitting on the floor beside his bed with legs bent up.</p>			
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	<p>Resident assisted up with two staff and with a gait belt to the bed. Noted the resident had a 5.5 centimeter by 4.5 centimeter abrasion to the outer right knee area. The area had been cleansed with wound cleanser and left open to the air. No rotation or shortening noted to the residents legs. Pedal pulses palpable. Vitals completed. Immediate action taken post fall had been documented as follows; the resident would be transferred by two staff when going to bed at bedtime with a gait belt. The Fall Report documented predisposing situation factors happened during the transfer, the resident did not have on proper footwear (gripper socks), and a gait belt had not been used during the transfer. Witness to the fall had been documented as Staff K, CNA. The person documented as preparing the report had been Staff A, Registered Nurse.</p> <p>An Employee Coaching Worksheet dated 5/30/20 documented Staff A, Registered Nurse (RN) had coached Staff K, CNA to use a gait belt on residents when transferring whether to bed, or bathroom, or just to the wheelchair, and even when walking a resident. Staff A, RN, and Staff K both signed the Coaching document.</p> <p>The Nursing Guidelines and Procedure Manual dated 1/2015 edition contained a policy titled Gait Belts (for use in ambulation and transfer). The policy documented gait belts should be used by all staff, to allow for easier handling of residents which should help to avoid injuries both to residents and staff. The Guidelines were documented as follows:</p>			
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	<ol style="list-style-type: none"> 1. Each staff member will have a gait belt readily available for use, when on duty. 2. Provide instructions to the resident. 3. Apply the belt around the resident's waist snug enough to eliminate the possibility of sliding up on the ribs. 4. Assist the resident to the edge or the chair/bed/surface, with both feet flat on the floor. 5. Staff are to use proper body mechanics: Bend and lift with your knees and not your back, Keep your back straight at all times. 6. Bring the resident to a standing position by grasping the with both hands, while remaining upright yourself. 7. Use the gait belt during ambulation to stabilize the resident by grasping the belt firmly in the middle of the resident's back. 8. Walk along side and slightly behind the resident, while holding onto the belt. 9. If a resident begins to lose their balance, draw resident close to you ease him/her down with your hold of the gait belt. this protects you and the resident from head or body injury. Call for assistance and do not move the resident until he/she has been assessed by the nurse. <p>A Case Summary with submitted date 6/14/20 by the facility Administrator documented the company policy had been that all resident transfers of any type require a gait belt for the safety of the resident. The Administrator documented that during an interview Staff K reported she had been oriented to the use of a gait belt, and she said, "Unless it's right there I don't use it. I have one floating around here somewhere".</p>				
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	<p>The Administrator documented the interview had been witnessed by her and the Nurse Consultant.</p> <p>The Orientation Checklist: Nursing Assistant dated 5/17/19 for Staff K, CNA documented she had been instructed on assist ambulation with use of a gait belt, and resident transfers.</p> <p>The Nurses Note dated 5/31/20 at 6:00 a.m. documented the resident had yelled out in pain when his right leg had been moved, staff assisted the resident to sit at the side of the bed, with maximum assist of two staff. The resident had not been able to bear weight, and the resident complained of pain to the right upper leg, the staff then laid him back down in bed.</p> <p>An x-ray report dated 5/31/20 documented the resident had a slightly displaced fracture of the right hip, and an orthopedic consultation had been recommended. The x-ray report documented the resident had a right femur (upper leg bone) demonstrate a slightly displaced subcapital fracture.</p> <p>The Nurses Note dated 5/31/20 at 1:35 p.m. documented new orders for the resident to be sent by ambulance to the emergency room.</p> <p>The Nurses Note dated 6/5/20 at 1:35 p.m., documented the resident had returned to the facility after a right hip repair surgery.</p> <p>On 6/22/21 at 10:45 a.m. Staff H, CNA, reported that</p>				
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	<p>during a one person assist transfer the gait belt is put on the resident before the transfer.</p> <p>On 6/22/21 at 10:45 a.m. noted Staff H, CNA had a gait belt on her waist.</p> <p>On 6/22/21 at 10:50 a.m., Staff D, Certified Medication Aide (CMA) reported that during a transfer gait belts are used for all two person and one person transfers.</p> <p>On 6/22/21 at 10:50 a.m. noted Staff D, had a gait belt around her waist.</p> <p>On 6/22/21 at 11:03 a.m. Staff G, CMA reported Resident#32 could be, a one assist or even two assist at the time of his fall on 5/30/20, and always use a gait belt with any transfers. Staff G reported staff had been provided education to wear the gait belts if not in use.</p> <p>On 06/22/21 at 3:00 p.m. Staff I, Licensed Practical Nurse (LPN) the resident had been a transfer of one to two people depending on his status, for example in the morning it maybe ok to use one staff member, and then two in the afternoon maybe needed for safety. Staff I reported that gait belts should be use with all transfers.</p> <p>On 6/22/21 at 3:33 p.m., Staff A, RN reported Resident#32 had been a transfer of one with a gait belt, at the time of his fall on 5/30/20. Staff A, RN reported she heard Staff K, CNA yell her name for help, she entered the residents room and the resident was on the floor. Staff K did not use a gait belt when</p>			
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	<p>she transferred the resident, and no other staff had been in the room. Staff A reported there had been no gait belt in the room, on the resident, or on Staff K, CNA. Staff A, RN stated the gait belt could have helped with the fall and injury. Staff A, LPN reported that after the fall had been assessed by the management team there had been in services about gait belt use.</p> <p>On 6/22/21 at 12:03 p.m. the Director of Nursing reported gait belts should be use for all transfers.</p> <p>On 6/23/21 at 12:22 p.m. Staff B, reported gait belts should always be used for transfer that require one or two staff members to assist a resident.</p> <p>On 6/23/21 at 12:33 p.m. Staff C, RN reported that on 5/30/20 the resident would have been a one to two person assist with transfers, and a gait belt should always be used for those type of transfers.</p> <p>FACILITY RESPONSE:</p>			
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