

**Iowa Department of Inspections and Appeals
Health Facilities Division
Citation**

Citation Number: # 1008		Date: 5/26/21		
Facility Name: Rehabilitation Center of Lisbon		Survey Dates: May 10-17, 2021		
Facility Address/City/State/Zip 905 West Main Street Lisbon, IA 52253		MW, VW, TAG		
Rule or Code Section	Nature of Violation	Class	Fine Amount	Correction date

58.28(3)e	<p>481—58.28(135C) Safety. The licensee of a nursing facility shall be responsible for the provision and maintenance of a safe environment for residents and personnel. (III)</p> <p><i>58.28(3) Resident safety.</i></p> <p>e. Each resident shall receive adequate supervision to protect against hazards from self, others, or elements in the environment. (I, II, III)</p> <p>Amended July 28, 2021 following an IDR conducted on July 14, 2021.</p> <p>DESCRIPTION:</p> <p>Based on observation, record review, resident and staff interviews the facility failed to identify an environmental hazard when they left a shower chair unlocked while a resident showered. The staff member stepped away from Resident #11 to obtain a towel, the resident attempted a self-transfer, and fell when the shower chair rolled away. The fall resulted in a right hip fracture for 1 of 2 residents reviewed for accidents. (Resident #11). The facility reported a census of 50 residents.</p> <p>Findings Include:</p> <p>Resident #11's Minimum Data Set (MDS) Assessment dated 2/12/21 showed the resident required assistance of one staff for bathing. The MDS identified the resident with a Basic Interview for Mental Status</p>	Class I	\$5,250 COLLECT	Upon Receipt
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Kristal Klostermann _____ 07/29/21
 Facility Administrator Date

If, within thirty (30) days of the receipt of the citation, you (1) do not request a formal hearing or; (2) withdraw your request for formal hearing, and (3) pay the penalty; the assessed penalty will be reduced by thirty-five percent (35%) pursuant to Iowa Code section 135C.43A (2013).

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	<p>(BIMS) score of 12 indicating the resident had mildly impaired cognitive skills. The MDS also showed the resident with diagnoses of Non-Alzheimer's Dementia, Muscle Weakness, and other abnormalities of gait and mobility.</p> <p>The Care Plan with a revision date of 2/17/21 showed Resident #11 with a Focus Area in regards to Activities of Daily Living (ADL's) noting the resident with the potential for alteration in functionality related to activity intolerance that is exacerbated by his dementia, anxiety and dyspnea (problem breathing) with his Chronic Obstructive Pulmonary Disease (COPD) that is potentiated by his anxiety. The resident has a chronic cough. Due to his multiple co-morbidities including Diabetes, hypertension (high blood pressure) and above mentioned diagnosis, and use of psychoactive medications, he is at risk for decline in ADL/mobility independence. The Care Plan directed staff to provide assistance of one with bathing and showering as an intervention for Resident #11.</p> <p>The Progress Note dated 4/29/21 at 2:45 p.m., titled Incident Report stated the Nurse summoned to the shower room, where upon entering noted the resident lying on the floor of the shower, under the shower head, on his left side with his knees bent and the resident holding them with his hands. The shower floor wet and the water to the shower turned off with the resident lying naked with no shoe covers, there was a towel placed under his head. The Certified Nursing Assistant (CNA) assisting Resident #11 with a shower stated the resident was sitting on the shower chair that</p>			
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Kristal Hostermann
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	<p>was not locked and washing himself under the shower head. The CNA stated he went around the corner of the shower room to obtain more towels and he noted the resident was grabbing the grab bar affixed to the wall and at the sink to the left of the shower and he attempted to stand up unassisted and lost his balance. The resident went to sit on the shower chair which rolled away from the resident and he fell to the floor, landing on his right hip and right side. The CNA stated the resident did not hit his head or lose consciousness and independently rolled from his right side to his left and immediately reported pain. The Progress notes during the assessment of Resident #11 The Progress Note revealed Resident #11 was sent to the emergency department.</p> <p>The History and Physical from a hospital admission dated 4/29/21 revealed right intertrochanteric (hip) fracture. The notes from the physician revealed Resident #11 presented to the emergency room after a fall in the shower. Resident #11 reported pain is 10 out of 10. (Pain scale rating 1-10 with a 1 indicates mild pain to a 10 severe pain).</p> <p>During an observation on 5/11/21 11:49 a.m., Resident # 11 propelled self to the dining room in the wheelchair with upper extremities.</p> <p>During an observation on 5/12/21 at 8:38 a.m., surveyor viewed the Kepler shower room, the towel cabinet is in a separate area from the shower in the room. The towel cabinet was 12 steps from the shower</p>			
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Kristal Klostermann 05/29/21
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	<p>head area and on the other side of the south wall of the shower.</p> <p>During an interview on 5/12/21 at 10:02 a.m., Resident # 11 stated he recalled the fall he had in the shower. I was in the shower and the chair I was in got loose underneath me and I slipped right underneath it and fell. I had lot of pain on a scale of 1-10, I would rate it a 10. Resident #11 reported still having a lot of pain and continue to rate it at a 8 out of 10.</p> <p>During an interview on 5/12/21 at 10:01 a.m., with Staff G, Certified Nursing Assistant (CNA) and Staff H, CNA stated they would never leave a resident unattended in the shower to get towels from the cabinet and always have the brakes locked on the shower chair.</p> <p>During an interview on 5/12/21 at 10:47 a.m., Staff E, Registered Nurse (RN) stated on 4/29/21 Staff F, Certified Nursing Assistant/Certified Medication Aide (CNA/CMA) summoned her to the Kepler shower room. She observed Resident #11 in the shower laid out on the wet floor with legs drawn up to his chin. Resident #11 appeared alert and verbal. Staff F, CNA/CMA told Staff E, RN Resident #11 was in the shower chair with the brakes unlocked and he had gone around the corner to get some towels. He came back and Resident #11 stood, attempted to grab onto the shower bar and sink and fell. Staff E, RN stated I will probably get in trouble for telling you this but Staff F, CNA/CMA should have had the brakes on the shower chair and should never have left him unattended to get the towel.</p>			
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Krystal Klostermann
Facility Administrator

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	<p>sight for a few seconds to grab the towels out of the cabinet to put on the floor and the chair. I did leave him unattended to grab the towels. He should have been supervision with the shower when he fell.</p> <p>In another follow-up interview on 5/12/21 at 4:17 p.m. with Staff F, CNA/CMA stated he could not recall where the privacy curtain on the shower was located at the time of the fall. He did lose sight of the resident when he was getting the towels out of the cabinet but then when coming back he could see out of the corner of his eye the resident was standing and he rushed to get to the resident but he fell any way.</p> <p>The Administrator provided a statement dated 5/13/21 stated we do not have a bathing policy. Staff are trained on how to bath a resident in their CNA course and after they are hired. We expect staff to provide individualized cares tailored to each resident's needs and preferences.</p> <p>The shower chair noted with a label from Direct Supply with a Model # VL SC17 P FRSB. The Manual provided by the facility during the IDR entitled Operation Instructions, directed under the Operation Information: Showering – Transfer user into the chair. Move user into shower and lock casters.</p>			
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	FACILITY RESPONSE:			
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