

**Iowa Department of Inspections and Appeals
Health Facilities Division
Citation**

Citation Number: #4337		Amended – 07/22/2021		Date: February 16, 2021	
Facility Name: Manorcare Health Services-Utica Ridge		Survey Dates: January 11-February 2, 2021			
Facility Address/City/State/Zip 3800 Commerce Blvd Davenport, IA 52807		MW, VW, TAG			
Rule or Code Section	Nature of Violation	Class	Fine Amount	Correction date	

58.19(1)n(1)	<p>481—58.19(135C) Required nursing services for residents. The resident shall receive and the facility shall provide, as appropriate, the following required nursing services under the 24-hour direction of qualified nurses with ancillary coverage as set forth in these rules:</p> <p>58.19(1) Activities of daily living. <i>n.</i> Nutrition and meal service. (1) Regular, therapeutic, modified diets, and snacks; (I, II, III)</p> <p>DESCRIPTION:</p> <p>Based on record review and interview, the facility failed to assess and evaluate a resident's significant weight loss and implement interventions to prevent further loss for 1 of 3 residents reviewed with a weight loss (Resident #2). The facility reported a census of 85 residents.</p> <p>Findings Include:</p> <p>1. The Minimum Data Set (MDS) Assessment Tool, dated 12/7/20, listed diagnoses for Resident #2 included heart failure, cancer, and debility related to cardiorespiratory conditions. The MDS stated the resident required extensive assistance of 1 staff for personal hygiene, walking, and bathing, and extensive</p>	CLASS I	\$5,000 (Held In Suspension)	UPON RECEIPT	
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	<p>assistance of 2 staff for bed mobility, transfers, dressing, and toilet use. The MDS listed the resident's Brief Interview for Mental Status (BIMS) score as 15 out of 15, indicating intact cognition.</p> <p>An 11/2/20 History and Physical report stated the resident presented to the Emergency Department with bilateral (pertaining to both sides of the body) hip fractures and listed the resident's weight as 122.98 lbs (pounds).</p> <p>The resident's facility Admission Record Report stated the resident had a hospital stay from 11/2/20-11/17/20 and initially admitted to the facility on 11/17/20.</p> <p>The Weights and Vitals Summary listed an 11/17/20 weight of 124.4 lbs.</p> <p>A Progress Note, dated 11/18/20, stated the resident admitted to the facility following a hip replacement and planned to discharge to home following her stay. The note stated the resident was in "good spirits".</p> <p>A facility Progress Note, dated 11/21/20, stated the resident discharged to the hospital due to vomiting and respiratory distress.</p> <p>A Hospital Dietician Report, dated 11/27/20, stated the resident had lost 4.2 lbs. from her stated weight and reported it was not significant but clinically relevant. The note stated the resident was receptive to trying Ensure Enlive chocolate (a dietary</p>				
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	<p>supplement) and stated the resident would return to the facility with dietary supplements 2-3 times per day. The note stated the facility Dietician should follow.</p> <p>A facility Progress Note, dated 11/28/20, stated the resident readmitted to the facility after a hospitalization.</p> <p>The Weights and Vitals Summary listed an 11/29/20 weight of 115 lbs. This calculated as a 7.56% loss from the resident's weight of 124.4 lbs prior to the hospitalization on 11/17/20.</p> <p>A 12/2/20 Nutrition Assessment, completed by the facility dietician, listed the resident's weight as 112 lbs. It stated the resident was underweight for an older adult and consumed 25-100% of meals. The assessment stated the resident did not like the food choices offered and the lack of salt was affecting her food intake. The notes stated the resident's was on a No Added Salt (NAS) diet and requested a regular diet. The note stated the Dietician obtained an order for a regular diet per the resident's request. The resident agreed to a "magic cup" (a frozen high calorie supplement) three times per day and listed a recommendation for a multivitamin with minerals.</p> <p>An Order Audit Report listed a 12/7/20 order for a magic cup three times per day. The facility lacked documentation of a magic cup initiated on 12/2/20 when the Dietician stated the resident agreed to it.</p>				
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	<p>The resident's December 2020 Medication Administration Record (MAR) listed an order for a multivitamin which started on 12/9/20. The MAR lacked documentation the resident received the vitamin prior to 12/9/20.</p> <p>A 12/10/20 the Nurse Practitioner report directed staff to continue the resident's NAS diet.</p> <p>The Order Summary Report with a list of active orders as of 12/27/20, listed an order for a NAS diet with an order date of 11/28/20. The orders did not list a change to a regular diet between the time the Dietician obtained an order for the change on 12/2/20 per the resident's request and the resident's death at the facility on 12/27/20.</p> <p>The Weights and Vitals Summary listed a 12/6/20 weight of 101.1 lbs, calculated as a 12.09% loss from the resident's readmission weight of 115 lbs on 12/29/20 and an 18.73% loss from the resident's original admission weight on 11/17/20.</p> <p>The Weights and Vitals Summary listed a 12/14/20 weight of 95.4 lbs, calculated as a 17.04% loss from the resident's readmission weight of 115 lbs on 12/29/20 and a 23.3% loss from the the resident's original admission weight on 11/17/20.</p> <p>An untitled Physician's Progress Note, dated 12/15/20, stated the resident's had lost 20 lbs since her initial admission. The note stated the resident</p>				
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	<p>reported she had a decline in her appetite since being at the facility but had not been taking her antidepressant. The note also stated the resident had chronic diarrhea several times per day and was usually on loperamide (an antidiarrheal). The note stated the physician would restart the resident's loperamide and antidepressant.</p> <p>The facility lacked documentation of physician and family notification of the resident's weight loss between the resident's readmission on 11/28/20 and 12/15/20 when the physician noted the weight loss. The facility lacked documentation of an additional intervention carried out aside from the magic cup initiated on 12/7/20 and the multivitamin on 12/9/20. The facility lacked documentation of whether or not the resident consumed the magic cup and lacked documentation of ongoing assessments of the resident's weight or an evaluation as to whether the magic cup was effective.</p> <p>The Weights and Vitals Summary included the following weights (in lbs): 11/17/20: 124.4 11/19/20: 114 Resident was in the hospital from 11/21/20-11/28/20 11/29/20: 115 11/30/20: 114.6 12/1/20: 110.6 12/2/20: 110.6 12/3/20: 103 12/4/20: 102.6</p>				
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	<p>12/5/20: 100.8 12/6/20: 101.1 12/7/20: 98.6 12/9/20: 98.8 12/10/20: 99 12/11/20: 98.6 12/12/20: 98.9 12/13/20: 97.1 12/14/20: 95.4 12/15/20: 94.8 12/16/20: 94.2 12/17/20: 99 12/18/20: 94.8 12/19/20: 94.4 12/20/20: 94.2 12/21/20: 93.4 12/22/20: 93 12/24/20: 93.2</p> <p>A 12/18/20 Progress Note stated the family requested to discharge the patient to home on 12/21/20.</p> <p>A 12/21/20 Progress Note stated the resident tested positive for COVID-19.</p> <p>A 12/24/20 Progress Note stated the family requested a Hospice evaluation.</p> <p>The resident's December 2020 Documentation Survey Report v2 lacked documentation staff offered the resident fluids on the following 6:00 a.m.-2:00 p.m. shifts: 12/4/20 and 12/19/20 and on the following 2:00</p>				
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	<p>p.m.-10:00 p.m. shifts: 12/1/20, 12/9/20, 12/12/20, 12/15/20, 12/18/20, 12/21/20, 12/22/20, and 12/23/20. The report documented the resident did not consume any of her meals from 12/20/20-12/27/20.</p> <p>The facility had documentation the resident's Advanced Registered Nurse Practitioner (ARNP) aware the resident was not eating according to the 12/21/20 ARNP Progress Note. The facility lacked further documentation of provider notification the resident was not eating from 12/21/20 until the time the resident was sent to the emergency room on 12/25/20.</p> <p>An Emergency Department Report, dated 12/25/20, stated the resident admitted to the ER due to hypoxia (inadequate oxygen in the blood) and hypotension (low blood pressure). The note stated the resident had dry, cracked oral mucous membranes and her labs were consistent with acute kidney injury likely secondary to dehydration.</p> <p>A 12/25/20 Progress Note stated the resident returned from the hospital.</p> <p>A 12/27/20 Progress Note stated the resident expired at the facility at 6:10 p.m.</p> <p>Care Plan entries, dated 11/17/20, stated the resident would experience no significant weight change and included the following interventions: a. Vitamin and mineral supplements.</p>				
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	<p>b. Honor food preferences. c. Supplements (dietary). d. Report intolerance to current diet. e. Review weights and notify the physician and responsible party of significant weight change. f. Snacks per resident preference.</p> <p>The Care Plan lacked additional resident centered, specific interventions based on the residents likes and dislikes to assist the resident in maintaining or gaining weight.</p> <p>The facility policy "Weight Measurement", dated 03/2018, directed staff to compare weights to the previous weight and review discrepancies with the nurse. The policy stated discrepancies were considered to be 5 lbs if the patient was over 100 lbs. The policy directed staff to notify the physician and the responsible party of the weight loss and stated the dietician would evaluate and document in the nutrition progress notes.</p> <p>The untitled facility policy regarding Care Plans, dated 2013, stated the facility would create a Comprehensive Care Plan to include individualized interventions which focused on specific risk factors.</p> <p>The facility policy "Change in Condition", dated 11/2016, stated the facility must immediately inform the resident, the resident's physician, and the resident's representative when there was a significant change in the resident's physical, mental, or</p>				
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	<p>psychosocial status.</p> <p>During an interview on 1/19/21 at 2:32 p.m., the Director of Nursing (DON) stated she could not locate any additional dietary interventions for Resident #2 other than a magic cup. She stated a weight loss would trigger if it occurred in a 30 day time period. She stated it would not trigger for a shorter period of time. When the surveyor asked if the facility could miss a weight loss due to this, she stated "potentially".</p> <p>During an interview on 1/19/21 at 3:30 p.m., the Registered Dietician stated if a resident had an 8-10 pound weight loss in a week, it should trigger. She stated though that weight changes were triggered for the period of 1 month and 6 months and may not trigger for a shorter period of time. She stated she completed Resident #2's initial assessment but did not complete any follow up.</p> <p>During an interview on 1/20/21 at 7:45 a.m., the Registered Dietician stated she completed the resident's assessment on 12/2/20 and liberalized the diet, started a magic cup, and recommended a multivitamin. On 12/7/20, she continued those interventions. She stated on 12/7/20, she already had interventions in place. She stated the unit managers would let her know of weight losses and stated unless someone told her of more of a weight loss, she would not have followed up. She stated the resident told her 110-115 lbs was her usual weight. She stated they would notify the physician of a weight loss if it</p>				
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	<p>triggered for the period of 1 month or 6 months. She stated they may not inform the physician of a weight loss in a shorter period of time. She stated with Resident #2, the month period hadn't passed yet.</p> <p>During an interview on 1/26/21 at 9:28 a.m., Staff P, Physician, stated if a resident's weight decreased from 115 lbs-101 lbs in a period of a week, she would want the facility to notify her. She stated with weight loss, they may start an appetite stimulant. If the facility tried a supplement and it wasn't working or the resident did not like it, she would expect them to try something different. If a magic cup was the intervention, she would want the facility to evaluate whether or not it was effective. She stated if a resident returned from the hospital with a weight loss, the facility should monitor the weight even more closely</p> <p>During an interview on 1/26/21 at 9:52 a.m., the Food Service Director stated the facility Dietician assessed weight loss. She stated the Dietician discussed the resident's preferences of food. She stated she wasn't provided a list of weight losses in the facility.</p> <p>During an interview on 1/26/21 at 10:30 a.m., Staff Q, Licensed Practical Nurse (LPN) stated she would want to know if a resident's weight decreased from 115 lbs to 101 lbs in 1 week. She stated if this happened, she would let the Dietician and the physician know and would start giving snacks and Ensure (a dietary supplement).</p>				
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	<p>During an interview on 1/26/21 at 10:58 a.m., Staff F, Registered Nurse (RN) stated the facility Dietician flagged residents with weight loss. She stated if a resident's weight decreased from 115 lbs to 101 lbs in a period of a week, they should notify the physician.</p> <p>During a interview on 1/27/21 at 8:05 a.m., Staff D RN/Nurse Manager stated if a resident's weight decreased from 115 lbs to 101 lbs in a week and the weight was accurate, he would expect staff to notify the doctor and the Dietician for supplements. He stated they would notify the family and inquire if the resident had any comfort foods. He stated staff should evaluate the effectiveness of an intervention such as a magic cup.</p> <p>During an interview on 1/27/21 at 8:54 a.m., Staff M RN/Nurse Manager stated if a resident had a weight loss, she would let the Dietician and the physician know. She would want to figure out the reason, possibly the resident had food preferences and the family could bring in food. She stated the Certified Nursing Assistants (CNA's) weighed the resident and it was the nurses' responsibility to look at the previous weight to see if there was a change and if so to notify the physician. She stated if a resident's weight decreased from 115 lbs to 110 lbs in 1 week, she would speak to the physician to determine the root cause. She stated she wasn't sure if staff monitored interventions such as a magic cup to see if residents consumed them. She stated if a resident had a weight loss during a hospital stay, this would be a</p>				
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	<p>trigger to keep an eye on the resident's weight.</p> <p>During an interview on 1/27/21 at 10:43 a.m., the DON stated the Dietician monitored weights on a 30 day basis and was not sure about weight losses which occurred in a shorter period of time. When the surveyor asked whether the facility should notify the physician if a resident's weight decreased from 115 lbs to 101 lbs in the period of a week, she stated she was not sure how that worked outside of the 30 day time frame and stated she would check the facility policy and get back to the surveyor.</p> <p>During subsequent email correspondence on 1/27/21 at 1:49 p.m., the DON wrote that the facility followed the regulatory guidelines for a notification of a 5% weight loss in 30 days.</p> <p>FACILITY RESPONSE:</p>			
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