

**Iowa Department of Inspections and Appeals
Health Facilities Division
Citation**

Citation Number: 9051		Date: January 28, 2021		
Facility Name: Carlisle Center for Wellness & Rehab		Survey Dates: November 2 – 24, 2020		
Facility Address/City/State/Zip 680 Cole St Carlisle, IA 50047		JM		
Rule or Code Section	Nature of Violation	Class	Fine Amount	Correction date

56.6(1)	<p>481—56.6(135C) Treble and double fines.</p> <p>56.6(1) Treble fines for repeated violations. The director of the department of inspections and appeals shall treble the penalties specified in rule 481—56.3(135C) for any second or subsequent class I or class II violation occurring within any 12-month period, if a citation was issued for the same class I or class II violation occurring within that period and a penalty was assessed therefor.</p>	I	<p>\$15,000</p> <p>(\$5000 x 3) trebled fine</p> <p>(Held in Suspension)</p>	Upon Receipt
58.28(3)e	<p>481—58.28(135C) Safety. The licensee of a nursing facility shall be responsible for the provision and maintenance of a safe environment for residents and personnel. (III)</p> <p>58.28(3) Resident safety.</p> <p>e. Each resident shall receive adequate supervision to protect against hazards from self, others, or elements in the environment. (I, II, III)</p> <p>DESCRIPTION:</p>			

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	<p>Based on observation, clinical record review, and staff interviews, the facility failed to ensure staff provided adequate nursing supervision and assistive devices to prevent accidents for 2 of 4 residents reviewed (Residents #45 and #158). On 11/19/20 at 4:40 p.m., Staff A left Resident #45 in bed unattended and without a fall mat and body pillow as directed by the Care Plan. As a result, the resident fell from her bed to the floor and sustained a fractured hip and a laceration to her head. The facility identified a census of 52 residents at the time of this investigation.</p> <p>Findings include:</p> <ol style="list-style-type: none"> 1. According to the Minimum Data Set (MDS) assessment tool dated 10/13/20, Resident #45 had diagnoses that included Alzheimer's disease, atherosclerosis, depression, hypertension, and contractures. The MDS documented the resident displayed severe cognitive and memory impairment and could not understand or be understood by others. The MDS documented Resident #45 required assist of 2 staff with bed mobility, transfers, dressing, and personal hygiene, and did not walk during the assessment timeframe. The MDS documented no history of falls during the MDS look back period. 			
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	<p>A Morse Fall Risk Assessment Form dated 9/13/19 documented a score of 55 which placed her at a high risk for falls.</p> <p>The resident's undated Care Plan documented the resident experienced an activities of daily living (ADL's) self-care performance deficit related to (r/t) diagnosis of Alzheimer's disease, hypertension, depression, and osteoarthritis. The Care Plan directed the following interventions or actions:</p> <ul style="list-style-type: none"> a. Apply air loss mattress to bed b. Ensure the proper positioning of the resident's lower extremities when in w/c by applying hip abductor pillow, straightening the hips, and lowering leg rests with pillows folded under calves to float heels. c. Transfer the resident with assist of 2 staff and the Hoyer Lift. d. Staff to propel and utilize the resident's wheelchair for locomotion. e. Place knee support pillow between knees in bed and when up in w/c, and may use strap on pillow around the resident's leg if needed. Monitor the inside of the resident's thighs/knees for redness. f. The resident requires assist of 2 staff for bed mobility. 			
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	<p>On 11/20/20, the facility submitted a timely report to the Iowa Department of Inspections and Appeals as required that documented on 11/19/20, Resident #45 fell from the bed to the floor and sustained a head laceration and fractured hip as a result.</p> <p>An Incident Report form dated 11/19/19 at 4:40 p.m. documented dietary staff told the nurse they found the resident on the floor. When the nurse entered the room they saw the resident lying on her right side on the floor with blood under their head and facing the bed. The nurse completed an assessment including vital signs, cleansed the laceration to the resident's right brow cleansed with normal saline and applied ice. The resident was unable to follow commands and indicate or describe pain. Staff ensured the resident remained on the floor until 911 arrived and placed a pillow under the residents head and covered the resident with a blanket with assistance from the Director of Nursing (DON) and an additional floor nurse.</p> <p>During an interview on 11/20/20 at 11:48 a.m. Staff A, CNA, (Certified Nursing Assistant) stated she entered the resident's room to assist Resident #45 out of bed for dinner. Staff A reported she raised the bed and, in the midst of providing cares, another CNA urgently</p>			
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	<p>required her assistance. She verified she did not lower the bed at that time and did not see a side rail to raise. Staff A said she thought the body pillow and fall mat were only used on night shift. She said believed interventions were on the pocket care plans, but she had not checked it prior to providing care for Resident #45. Staff A stated when she left the room, Resident #45 lay flat in bed and close to the wall with the bed in a raised position and no body pillow in place. She added she did not know Resident #45 would roll out of bed and was shocked when the administrator informed her of the resident's fall.</p> <p>During an interview on 11/20/20 at 2:52 pm, Staff B, the previous DON, stated the facility had placed care guides on the back of every resident's door. She said Resident #45 had rolled out of bed prior to the event on 11/19/19, and the facility added the directive to staff to lower the bed and replace the fall mat when Resident #45 was in bed to the care guide at that time. Staff B stated Staff A confirmed she had not read the care guide prior to providing cares for the resident.</p> <p>During an interview on 11/20/20 at 3:30 p.m., Staff C, the previous Administrator, stated she remembered the incident. Staff C said other staff had reported Staff A had been in the dining room when Resident #45 fell</p>			
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	<p>out of bed. Staff C added that signage was posted on the walls at the time of the fall that directed staff to place the pillow on the bed and put the bed in the low position, so Staff A should not have left Resident #45 unattended and in that position.</p> <p>2. According to the Minimum Data Set (MDS) assessment tool dated 9/29/20, Resident #158 had diagnoses of Alzheimer's disease, cerebral vascular accident ("stroke") and coronary artery disease (CAD). The MDS revealed the resident scored 3 out of a possible 15 on the Brief Interview for Mental Status (BIMS) test, which meant the resident demonstrated severely impaired cognition. The MDS documented Resident #158 required extensive assistance of 1 staff for transfers, walking in his room, and toilet use.</p> <p>The Care Plan revised on 9/27/20 revealed Resident #158 was at risk for falls and instructed staff to follow the facility fall protocol.</p> <p>Review of transfers which included how Resident #158 moved between surfaces from 11/6/20-11/18/20 indicated Resident #158 required extensive assistance to complete dependence on staff for transfers during that time period.</p>			
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	<p>During an observation on 11/10/20 at 1:00 PM, after Resident #158 was given a shower in a shower chair, Staff D, Licensed Practical Nurse (LPN) and Staff E, Certified Nurse Aide (CNA) transferred Resident #158 without the use of a gait belt from a shower chair to a wheelchair.</p> <p>The facility policy titled Gait Belts (for use in ambulation and transfer), indicated gait belts should be used by all staff to allow for easier handling of resident which should help to avoid injuries both to residents and staff. The policy further indicated each staff will member will have a gait belt readily available for use when on duty. Procedures included apply the belt around the resident's waist, bringing the resident to a standing position by grasping the belt with both hands and if the resident begins to lose their balance, ease him/her down with your hold on the gait belt as this protects you and the resident from head or body injury.</p> <p>On 11/19/20 at 3:51 PM, the Administrator revealed if a resident requires assistance with transferring then the staff is required to use a gait belt during the transfer.</p>			
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	<p>On 11/23/20 at 12:44PM, the Director of Nursing (DON) revealed there is not a facility fall policy in place.</p> <p style="font-weight: bold; margin-top: 20px;">FACILITY RESPONSE:</p>			
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