

**Iowa Department of Inspections and Appeals  
Health Facilities Division  
Citation**

<b>Citation Number:</b> 8030		<b>Date:</b> April 2, 2020		
<b>Facility Name:</b> Garden View Care Center		<b>Survey Dates:</b> February 12 – March 19, 2020		
<b>Facility Address/City/State/Zip</b>  1200 W Nishna Rd Shenandoah, IA 51601				
JM				
Rule or Code Section	Nature of Violation	Class	Fine Amount	Correction date

<b>58.19(2)j</b>	<p><b>481—58.19(135C) Required nursing services for residents.</b> The resident shall receive and the facility shall provide, as appropriate, the following required nursing services under the 24-hour direction of qualified nurses with ancillary coverage as set forth in these rules:</p> <p><b>58.19(2) Medication and treatment.</b></p> <p><i>j.</i> Provision of accurate assessment and timely intervention for all residents who have an onset of adverse symptoms which represent a change in mental, emotional, or physical condition.</p> <p><b>DESCRIPTION:</b></p> <p>Based on record review, policy review, resident, physician and staff interview, the facility failed to accurate assessment and timely intervention for all residents who have an onset of adverse symptoms which represent a change in condition for 1 of 3 residents reviewed (Resident #2). On 1/24/20, Resident #2 admitted to the facility from the hospital with diagnoses that included diabetes, coronary artery disease, heart failure, high blood pressure, and atrial fibrillation (irregular heartbeat). During her stay at the facility, she was hospitalized on 1/28/20, returned to the facility on 2/5/20, and sent to the hospital again on 2/16/20. The facility failed to administer scheduled medications as prescribed, failed to monitor blood sugar levels as prescribed, and failed to monitor the</p>	I	<p><b>\$9,000 (\$3,000 x 3) Treble Fine</b></p> <p><b>(Held in Suspension)</b></p>	Upon Receipt
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Facility Administrator

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	<p>resident's weight as prescribed, which was verified by the resident's Primary Care Provider (PCP) in an interview on 2/24/20. The facility reported a census of 28 residents.</p> <p>Findings include:</p> <p>According to the Minimum Data Set (MDS) assessment tool dated 1/27/20, Resident #2 had diagnoses that included: coronary artery disease, heart failure, high blood pressure, renal (kidney) insufficiency, diabetes, encephalopathy (disease that alters brain function or structure), atrial fibrillation (irregular heart rhythm), and an implanted cardiac defibrillator. The Brief Interview for Mental Status (BIMS) score of 14 out of 15 indicated the resident displayed no cognitive deficits. The MDS documented the resident required either supervision or extensive assistance of one staff for activities of daily living (ADLs). The MDS also documented the resident required insulin injections and anticoagulant medication (blood thinner).</p> <p>Review of a care plan with a revision date of 2/17/19 revealed a diagnosis of diabetes and directed staff to administer medication as ordered. According to the care plan, education staff should provide education to the resident, family, and/or caregiver regarding the importance of compliance to prevent complications of the disease. The care plan also directed staff to monitor the resident's dietary compliance.</p>			
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	<p>The after Visit Summary related to the resident's 1/12/20 - 1/24/20 hospitalization directed the resident's blood sugar goal should range between 100-180. Check before meals and at bedtime unless the resident's Primary Care Provider (PCP) orders something different, and refer (Resident #2) to Nutritional Services for diabetes and failed nurse education.</p> <p>Hospital Discharge Medication Orders:</p> <ol style="list-style-type: none"> <li>1. Apixaban 5 mg tab by mouth (po) twice a day (BID) for irregular heart rhythm. Give next at bedtime (HS) 1/24/20.</li> <li>2. Aspirin 81 mg tablet po daily (QD) for heart health. Give next dose in a.m. on 1/25/20.</li> <li>3. Calcium/Vitamin D 500 mg/200 units tablet po BID for osteoporosis. Give next dose at HS on 1/24/20.</li> <li>4. Carvedilol 6.25 mg tablet po BID with meals for blood pressure and heart rate. Next dose due evening 1/24/20.</li> <li>5. Ezetimibe 10 mg tablet po at HS for cholesterol with next dose due at HS on 1/24/20.</li> <li>6. Famotidine 20 mg tablet po BID for heartburn with next dose due in the evening on 1/24/20.</li> <li>7. Ferrous Sulfate 325 mg tablet po QD with breakfast as iron supplement with next dose due 1/25/20 in a.m.</li> <li>8. Furosemide 20 mg tablet po QD for edema (swelling) with the next dose due 1/25/20 in a.m.</li> <li>9. Glargine (Lantus) insulin 10 units QD with breakfast for type 1 diabetes with the next dose due on 1/25/20 in a.m.</li> <li>10. Lispro (Humalog) insulin 4 units 3 times daily (TID)</li> </ol>			
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	<p>with meals for type 1 diabetes with next dose due in the evening of 1/24/20.</p> <p>11. Isosorbide 60 mg/24 hour tablet po QD for chest pain with next dose due on 1/25/20 in a.m.</p> <p>12. Pravastatin 40 mg tablet po at HS for cholesterol with next dose due at bedtime on 1/24/20.</p> <p>A fax sent to the PCP dated 1/25/20 requested the PCP to specify any other orders for Resident #2 in to hospital discharge. ordered: a diabetic, low salt diet, weights 3 times per week (M-W-F), and blood sugar checks 4 times a day before meals and at bedtime.</p> <p>The January 2020 Medication Administration Record (MAR) documented:</p> <p>a. Staff gave the 1st dose of Aspirin 81 mg. on 1/26/20 instead of 1/25/20. The MAR revealed no administration of ordered medication on 1/28/20. Staff wrote "insulin not required."</p> <p>b. Staff gave the 1st dose of Ezetimibe 10 mg at HS on 1/25/20 instead of 1/24/20.</p> <p>c. Staff gave the 1st dose of Ferrous Sulfate 325 mg in a.m. on 1/26/20 rather than 1/25/20.</p> <p>d. Staff gave 1st dose of Furosemide 20 mg in a.m. on 1/26/20, not 1/25/20 as ordered.</p> <p>e. Staff gave the 1st dose of Glargine Insulin 10 units in a.m. on 1/26/20 instead of 1/25/20. The MAR revealed the staff administered Glargine in the a.m. of 1/27/20 with a blood sugar level of 453.</p> <p>f. Staff gave the 1st dose of Isosorbide 60 mg/24 hour in a.m. on 1/26/20 instead of 1/25/20 as ordered.</p> <p>g. Staff gave the 1st dose of Pravastatin 40 mg at HS</p>			
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	<p>on 1/25/20, not 1/24/20. The MAR revealed staff failed to give the medication on 1/24/20 because the medication was on order.</p> <p>h. Staff gave the 1st dose of Apixaban 5 mg in a.m. of 1/26/20 instead of HS on 1/24/20. The MAR recorded staff did not give it in the a.m. of 1/25/20 because staff did not schedule it. The resident did not receive the medication in evening on 1/25/20 due to medication not available, or on 1/28/20 with no explanation documented by staff.</p> <p>i. Staff gave the 1st dose Calcium/Vitamin D 500 mg/200 units in the evening on 1/25/20 instead of bedtime on 1/24/20. The MAR revealed the medication had been omitted the evening of 1/24/20 and the morning of 1/25/20 because staff did not schedule it on the MAR, 1/26/20 due to not available, and 1/28/20 with no explanation given.</p> <p>j. Staff gave the 1st dose of Carvedilol the evening of 1/25/20 instead of the evening of 1/24/20 as ordered. The MAR revealed staff failed to give the medication on 1/24/20 in the evening due to medication on order and 1/28/20 with no explanation recorded. According to the MAR, the resident did not receive the medication 1/25/20 in the a.m. because staff did not schedule it on the MAR to be given.</p> <p>k. Staff gave the 1st dose of Famotidine on the evening of 1/25/20 rather than the evening of 1/24/20 as ordered, because staff did not schedule it, 1/25/20 due to medication unavailable, 1/28/20 with no explanation, and 1/29/20 due to resident "hospitalized." The MAR also revealed medication not given in a.m. on 1/25/20 because staff failed to list the order on the MAR at that time.</p>			
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	<p>l. Staff gave the 1st dose Furosemide on 1/25/20 in the evening rather than 1/24/20 as ordered. The MAR revealed the resident did not receive the medication in the evenings on 1/24/20 due to not scheduled, 1/25/20 due to not available, and 1/28/20 with no explanation. According to the MAR, the resident did not receive the medication on the mornings of 1/25/20 because they had not scheduled it to be given yet.</p> <p>m. Staff administered the 1st dose of Lispro Insulin 4 units at lunch on 1/25/20 (blood sugar 483) instead of on the evening of 1/24/20 as ordered. The MAR revealed the resident did not receive the Lispro on the evening of 1/24/20 and morning of 1/25/20 because staff failed to schedule it on the MAR, and on 1/28/20 with no explanation.</p> <p>n. According to the MAR, staff checked the resident's blood sugar at 4:00 p.m. on 1/24/20 as ordered. The MAR documented a blood sugar level of 378 at 9:00 p.m. on 1/24/20. The MAR revealed staff failed to check her blood sugar at 11:00 a.m. on the mornings of 1/25/20 because they did not add it to the MAR to direct staff to check it.</p> <p>Review of the January 2020 Treatment Administration Record (TAR) documented staff failed to check Resident #2's weight on Monday, 1/27/20 because staff did not schedule it to be done.</p> <p>An EMAR Orders Administration Note dated 1/24/20 at 5:00 p.m. noted Resident #2 admitted to the facility. The author wrote she documented her entry "after some time" without a specific time of admission. According to the note, the resident reportedly broke</p>			
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	<p>her wrist, some ribs and her pelvis after she fell at home and a diabetic specialist followed her for diabetes.</p> <p>Health Status Notes revealed:</p> <p>a. On 1/25/20 at 11:19 a.m., staff documented they entered all of Resident #2's medications into the computer. The nurse contacted the pharmacy and they reported they would deliver all medication that night.</p> <p>b. On 1/25/20 at 11:53 p.m., staff documented the resident's medication arrived during her shift and she gave 4 units of Humalog at bedtime. The nurse noted resident's heartbeat irregular and lung sounds diminished, with swollen lower legs and ankles.</p> <p>c. On 1/26/20 at 10:45 p.m. documented the resident as an insulin dependent diabetic. The nurse noted that the resident's lungs were diminished and she had swollen lower legs and ankles.</p> <p>d. On 1/28/20 at 2:54 a.m. documentation an order that directed a diabetic, low salt diet, weight 3 times weekly, and check blood sugars before meals and at bedtime.</p> <p>e. On 1/28/20 at 11:20 a.m., the resident displayed shortness of breath and her lungs sounded "tight". The nurse also documented administered 2 puffs from a breathing treatment. According to the documentation, the resident reported only slightly improved symptoms with continued shortness of breath. The nurse obtained a physician's order to give a stat, one-time dose of Lasix (water pill) and reassess the resident in 3 hours.</p> <p>f. On 1/28/20 at 11:43 a.m. documented Lasix 40 mg</p>			
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	<p>given as ordered. The nurse documented the resident's heart rate at 104 beats per minute with a blood oxygen level at 96% on 2 liters of supplemental oxygen. The nurse coached the resident to pursed lip breathe and take slow, calming breaths through her nose.</p> <p>g. On 1/28/20 at 4:25 p.m., the resident's condition seemed to improve that afternoon. The nurse documented the resident continued with shortness of breath and rapid breathing and the nurse awaited the physician's return call.</p> <p>h. On 1/28/20 at 4:46 p.m. documented the nurse obtained an order to send the resident to the ER (Emergency Room).</p> <p>The document titled Weight Summary showed Resident #2's January weights as 135 lbs. on 1/26/20 at 12:11 p.m. and 135 lbs. on 1/27/20 at 8:15 a.m.</p> <p>The After Visit Summary regarding hospitalization for acute on chronic systolic heart failure between 1/29/20 - 2/5/20 identified a goal to keep the resident's blood sugar level in the 100-180 range and to check her blood sugar before meals and at bedtime unless instructed by her doctor. The physician described the resident's discharge condition as stable. The summary directed the resident should follow-up with her PCP in 1 to 2 weeks and any of the following should be reported; temperature, severe uncontrolled pain, extreme fatigue, difficulty breathing, persistent nausea and vomiting, and signs of infection. The physician ordered daily weights after the resident's first void and before breakfast and report a gain of 3 lbs. in 24 hours</p>			
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	<p>or 5 lbs. pounds from discharge hospital weight. Also, contact provider if resident showed signs/symptoms of fluid overload: weight gain, shortness of breath, difficulty breathing with exertion, cough, new/increased swelling in lower legs, shortness of breath while lying flat, new or increased oxygen needs, and increased fatigue or weakness. The summary directed a resident with Type 1 diabetes should receive insulin and make all efforts to receive a consistent carbohydrate diet.</p> <p>The 2/5/20 Hospital Discharge Medication Orders directed:</p> <ol style="list-style-type: none"> <li>1. Apixaban 5 mg tablet po BID with the next dose due at bedtime that night.</li> <li>2. Aspirin 81 mg tablet po QD with the next dose due the next morning.</li> <li>3. Calcium/Vitamin D 500 mg/200 units po BID with the next dose due that evening.</li> <li>4. Carvedilol 6.25 mg tablet po BID with meals with the next dose due that evening.</li> <li>5. Ezetimibe 10 mg tablet po at HS with the next dose due at bedtime that night.</li> <li>6. Famotidine 20 mg tablet po BID with the next dose due at bedtime that night.</li> <li>7. Ferrous Sulfate 325 mg tablet po QD with breakfast with the next dose due the next morning.</li> <li>8. Glargine insulin 6 units injected QD with breakfast for Type 1 diabetes the next dose due the next morning.</li> <li>9. Lispro insulin 3 units injected TID with meals for type 1 diabetes with the next dose due the next afternoon. 0.</li> </ol>			
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	<p>10. Isosorbide 60 mg/24 hour po QD with the next dose due the next morning.</p> <p>11. Pravastatin 40 mg po at HS with the next dose due at bedtime that night</p> <p>12. Ropinirole 0.25 mg tablet, 3 tablets po HS with the next dose due at bedtime that night.</p> <p>13) Torsemide 20 mg tablet po QD with the next dose due the next morning.</p> <p>A Health Status Note dated 2/5/20 at 1:30 p.m. documented the resident re-admitted from the hospital.</p> <p>A Health Status Note dated 2/6/20 at 4:43 a.m. documented the resident's bedtime blood sugars 448. The nurse obtained an order to administer 15 units of insulin now. A follow up test revealed the resident's blood sugar results as 339.</p> <p>An EMAR Orders Administration Note dated 2/5/20 at 6:15 p.m. documented Ropinirole 0.25 mg. as unavailable.</p> <p>An EMAR Orders Administration Note dated 2/8/20 at 10:31 p.m. directed staff to weigh the resident daily and contact the PCP with 2 lb. gain in one day or a 5 lb. gain in a week k related to heart failure. The nurse documented they had not checked the Resident's weight before breakfast; therefore it would not be accurate.</p> <p>A phone order dated 2/9/20 at 9:25 a.m., noted by the nurse on 2/13/20, directed staff to inject Glargine 10 units QD for Type 1 diabetes.</p>			
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	<p>A phone order dated 2/9/20 at 9:28 a.m., noted by the nurse on 2/13/20, directed staff to inject Lispro 5 units TID for Type 1 diabetes.</p> <p>A phone order dated 2/9/20 at 9:30 a.m., noted by the nurse on 2/13/20, directed staff to inject Lispro 5 units one time only for a blood sugar reading of 562 until 2/9/20 at 11:59 p.m.</p> <p>A Health Status Note dated 2/9/20 at 9:34 a.m. revealed staff contacted the on-call doctor to report a blood sugar level of 562. The nurse obtained a new order to increase Glargine insulin to 10 units every morning and increase Lispro insulin to 5 units with each meal and 5 extra units "now".</p> <p>An EMAR Orders Administration Note dated 2/9/20 at 10:31 p.m. revealed the resident's weight had not been checked before breakfast.</p> <p>The Doctor's Orders and Progress Notes dated 2/11/20 at 2:04 p.m. contained orders as follows:</p> <ol style="list-style-type: none"> <li>1) Obtain daily weights for 2 weeks and fax results to the PCP's attention on Thursdays.</li> <li>2) Give insulin after meals, never before. Hold meal time insulin if Resident #2 eats less than 25% of her meal.</li> <li>3) The Resident reported she is not receiving evening meal insulin on a regular basis. She is Type 1 diabetic and requires regular timely insulin administration to avoid death.</li> </ol>			
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	<p>4) Please ensure Resident #2 is on a no added salt and diabetic diet. She needs both; not one or the other.</p> <p>5) Administer 5 units of Lispro once "now" for a blood sugar reading of 528. Re-check her blood sugar in 2 hours and call the PCP with the results. Staff documented on the order that they called the PCP at 4:30 p.m. to clarify and received an order to re-check the Resident's blood sugar and administer 5 units if it measured higher than 400. The nurse documented the Resident's blood sugar level as 193 at that time.</p> <p>A Health Status Note dated 2/11/20 at 5:12 p.m. documented receipt of a fax from the resident's PCP regarding the residents diet, insulin, and weights and an order to administer 5 units of Lispro for a blood sugar level of 528. The order directed staff to re-check the blood sugar in 2 hours and notify PCP of results. The nurse documented that she had not given the 5 units of Lispro because she had not observed a blood sugar result that high on her shift. The nurse consulted the PCP to know to do since she had not given the 5 extra units of Lispro, had not re-checked in 2 hours or called back. The PCP ordered her to check Resident #2's blood sugar "now" and administer 5 units of Lispro if the blood sugar level was over 400. The PCP also ordered her to call him back after re-checking the Resident's blood sugar in 2 hours. The nurse documented Resident #2's blood sugar as 193.</p> <p>A phone order dated 2/12/20 at 8:15 a.m., noted by the nurse on 2/13/20, directed staff to inject Lispro 5 units additional STAT (immediately) for high blood sugar.</p>			
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	<p>A phone order dated 2/12/20 at 8:17 a.m., directed the resident to receive Lispro 5 units one time only after breakfast until 2/12/20 at 11:29 a.m. for a high blood sugar reading.</p> <p>A Health Status Noted dated 2/12/20 at 8:20 a.m., documented a blood sugar reading of 500 before breakfast. The nurse obtained an order to administer 5 units of insulin in addition to the scheduled dose, and another 5 units after the resident ate breakfast. The PCP also ordered the nurse to call with the blood sugar results before lunch.</p> <p>A Health Status Noted dated 2/12/20 at 10:39 a.m., the nurse documented resident's blood sugar still high. She then notified the PCP of uncontrolled blood sugars.</p> <p>Fax correspondence dated 2/12/20 at 1:25 p.m. notified the PCP the resident had lost 11 pounds. The nurse documented the resident's 1/26/20 weight as 135 pounds and her 2/5/20 weight as 124 pounds. The nurse also notified the PCP that the resident consumed anywhere between 0-50% of her no added salt (NAS) diet. The PCP documented that he attributed her weight loss to treatment of acute heart failure and ordered the facility to "please perform her ordered daily weights".</p> <p>The Doctor's Orders and Progress Notes dated 2/13/20 noted the resident's weight as 136.8 pounds. The PCP ordered:</p>			
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	<p>1. Change Glargine to 12 units QD. 2. Change Lispro to 7 units TID after consumption of 50% of the resident's meals. 3. Torsemide 20 mg by mouth once "today". 4. Fax the resident's blood sugar log to the PCP on 2/19/20.</p> <p>A Health Status Note dated 2/13/20 at 1:25 p.m. documented the resident's PCP saw her on routine rounds. The nurse documented she discussed blood sugar management and new dosing with the PCP, and he wanted to get her blood sugar levels down into the 200's.</p> <p>An EMAR Orders Administration Note dated 2/13/20 at 7:17 p.m. noted Ezetimibe 10 mg was unavailable.</p> <p>A Health Status note dated 2/14/20 at 3:49 p.m. documented the nurse called the PCP after getting 3 consecutive "HI" blood sugar readings. The nurse obtained an order to give 6 units fast acting insulin (Humalog) and recheck blood sugar in 2 hours.</p> <p>A Health Status Note dated 2/14/20 at 11:53 p.m. documented that the resident had eaten an ice cream snack, potatoes for lunch and a cookie. The nurse noted that she observed 4 consecutive "HI" results when she tested the resident's blood sugar level. According to the nurse's documentation, another RN obtained an order to administer 5 units of Humalog "now" and recheck it in 2 hours; at which time the resident's blood sugar measured 577. The nurse documented that administered the scheduled insulin</p>			
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	<p>and the resident did not eat much for her evening meal, but stated she felt "so much better". The resident slept most of the evening before her blood sugar was checked again; at which time it measured 270.</p> <p>A Health Status Note dated 2/15/20 at 2:45 a.m. documented a blood sugar reading of "HI" and the resident with decreased responsiveness. The nurse documented the resident's vital signs as temperature 99.6 F., respirations 24 (breaths per minute) and shallow, blood pressure 112/60 and oxygen level 94%. She described the resident as being weak and unable to ambulate. Documentation revealed the resident had not been given the after meal insulin, so she administered it. After consulting an on-call doctor, the nurse rechecked the blood sugar in 20 minutes per order; which she documented as "HI". The nurse documented the resident did not respond to her but whimpered throughout their encounter. The resident could not answer questions. An order was obtained to send the resident to the ER.</p> <p>EMAR Orders Administration Note dated 2/15/20 at 7:51 p.m. documented staff missed checking Resident #2's blood sugar before supper. The nurse documented the current reading as "HI".</p> <p>A phone order dated 2/16/20 at 12:37 a.m. authorized the facility to send the resident to the ER immediately for persistent hyperglycemia with continued decreased level of consciousness.</p>				
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	<p>A Health Status Note dated 2/16/20 at 4:13 a.m. documented the resident was admitted to the hospital for further observation.</p> <p>A review of the February 2020 MAR revealed:</p> <ol style="list-style-type: none"> <li>1. Staff administered the 1st dose of Aspirin 81 mg. by mouth for heart health on the morning of 2/8/20 instead of 2/6/20 as ordered. The MAR revealed the resident did not receive the medication on 2/6/20 and 2/7/20 due to hospitalization (resident was readmitted on 2/5/20). 2/9/20, 2/10/20 and 2/11/20 doses were not administered without an explanation and 2/14/20 due to the resident refusal.</li> <li>2. Staff administered the 1st dose of Ezetimibe 10 mg. by mouth for cholesterol at bedtime on 2/5/20 as ordered. The MAR documented the resident did not receive the medication on 2/13/20 because the medication was not available.</li> <li>3. Staff faxed daily weights to PCP on Thursday 2/13/20 related to congestive heart failure as ordered on 2/11/20.</li> <li>4. Staff administered Glargine 10 units on the mornings of 2/9/20 through 2/13/20 as ordered (MAR initialed for both 8 and 10 units on 2/9/20) on 2/9/20.</li> <li>5. Staff administered Glargine 12 units for type 1 diabetes on the mornings of 2/14/20 and 2/15/20 as ordered on 2/13/20.</li> <li>6. Staff administered the 1st dose of Ropinirole 0.25 mg. for restless leg syndrome at bedtime on 2/6/20 instead of 2/5/20 as ordered. Medication documented as being unavailable.</li> <li>7. Staff did not administer the dose of Calcium/Vitamin</li> </ol>			
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	<p>D 500 mg./200 units on 2/8/20, 2/9/20, 2/12/20 and 2/13/20 with no explanation or due to the medication being unavailable.</p> <p>8. Staff administered Lispro 4 units TID at lunch on 2/5/20 instead of 3 units as ordered on 2/5/20. Staff administered 3 units in the evening of 2/5/20 and TID on 2/6/20 through the morning dose on 2/9/20; at which time they discontinued that dose with a blood sugar level of 562.</p> <p>9. Staff administered Lispro 15 units one time only on 2/5/20 at 10:00 p.m. for a blood sugar reading of 448.</p> <p>10. Staff administered Lispro 5 units one time only on 2/8/20 at 9:29 a.m. for a high blood sugar reading.</p> <p>11. Staff administered Lispro 5 units one time only on 2/9/20 at 9:41 a.m. for a blood sugar reading of 562.</p> <p>12. Staff administered Lispro 5 units TID at lunch on 2/9/20 through the lunch dose on 2/11/20 as ordered on 2/9/20.</p> <p>13. Staff administered Lispro 5 units TID (if Resident #2 ate at least 25% of her meal) starting in the evening on 2/11/20 through the lunch dose on 2/13/20; at which time they discontinued that dose with a blood sugar level of 459.</p> <p>14. Staff administered Lispro 5 units immediately on 2/12/20 at 8:25 a.m. for a high blood sugar reading.</p> <p>15. Staff administered Lispro 5 units one time only after breakfast on 2/12/20 at 9:08 a.m. for a high blood sugar reading.</p> <p>16. Staff administered Torsemide 20 mg in addition to Resident #2's normal dose immediately for edema on 2/13/20 at 4:45 p.m.</p> <p>17. Staff administered Lispro 7 units TID at lunch (if Resident #2 ate at least 50% of her meal) starting at</p>			
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	<p>supper on 2/13/20 through the lunch dose on 2/15/20. 18. Staff administered Lispro 6 units one time only on 2/14/20 at 5:36 p.m.</p> <p>19. Staff checked the resident's blood sugar before meals and at bedtime starting at 4:00 p.m. on 2/5/20 through 11:00 a.m. on 2/15/20. The MAR lacked documentation of a blood sugar check at 4:00 p.m. on 2/15/20. Documentation revealed the 9:00 p.m. blood sugar reading as 5000.</p> <p>Review of the February 2020 Treatment Administration Record (TAR) revealed it failed to direct staff to weigh the resident after the resident's first morning urination (void) and before breakfast as ordered on 2/5/20. The TAR failed to contain documentation that indicated the staff weighed the resident daily as ordered. The TAR also failed to contain documentation that verified staff faxed the resident's blood sugar log to the PCP on 2/19/20 as ordered.</p> <p>A document titled Weight Summary documented the resident's February weights as follows:</p> <ol style="list-style-type: none"> <li>1. 2/12/20 at 8:24 a.m. = 135.1 pounds.</li> <li>2. 2/13/20 at 9:46 a.m. = 136.8 pounds.</li> <li>3. 2/14/20 at 8:23 a.m. = 134.7 pounds.</li> <li>4. 2/15/20 at 12:14 p.m. = 136.5 pounds</li> </ol> <p>The 2013 Blood Glucose Testing procedure to monitor blood glucose level directed staff to verify the physician's order for blood glucose testing and reporting parameters and notify the physician if the blood glucose is out of parameter range. The policy</p>			
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	<p>also directed staff to document the blood glucose level on the MAR or in progress notes, and also the resident's response to their blood glucose level if out of parameter range.</p> <p>During an interview on 2/24/20 at 12:45 p.m., the Director of Nursing (DON), stated staff are to fax admission orders to the pharmacy as soon as the discharge orders are in the building. The DON described their admission process as "broken." When asked, the DON also stated staff should check the emergency medication kit (e-kit) for medication on hand to ensure medication can be administered as prescribed. She added staff should call the pharmacy if specific medications are not in the facility/e-kit, and pharmacy can deliver them STAT if necessary. The DON stated the pharmacy delivers by midnight and they are pretty good about getting the medication here in a timely manner. The DON stated she spoke to the doctor about making sure insulin was administered as prescribed and informed him they were working on the processes.</p> <p>During an interview on 2/24/20 at 2:54 p.m. with Resident #2's PCP, he stated he expected the facility to notify him of a high blood sugar reading. The PCP stated he did not write specific orders about when to notify him, but facilities usually have a policy with the threshold somewhere between 300 and 500, and he certainly expected to be notified for any reading over 500. The PCP also stated he would have expected the facility staff to check the resident's blood sugar and administer all medications as ordered, especially after</p>			
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	<p>a lengthy hospitalization for congestive heart failure as Resident #2 had prior to her 1/24/20 admission to the facility. The PCP said medication and diet adherence would probably be the greatest factors in preventing re-admission to the hospital, and not tracking blood sugar and not receiving medications as ordered could have potentially contributed to the resident being re-hospitalized after her 1/24/20 admission. The PCP reported uncontrolled diabetes could potentially be a risk factor for developing infection such as pneumonia, and added hyperglycemia (high blood sugar) is an independent predictor for morbidity and mortality in pneumonia. The PCP said hyperglycemia and the resulting complications directly resulted in Resident #2 being hospitalized on 2/15/20. He stated pneumonia and congestive heart failure were factors that contributed to that hospitalization, and the 2/15/20 hospitalization could be directly attributed to blood sugar control. The PCP said he expected staff to followed physician's orders in a timely manner and administer medications as ordered.</p> <p>In an interview on 3/9/20 at 10:58 a.m., the Nurse Consultant stated the resident's blood sugars had been out of control and she felt relieved that they called the doctor and sent her to the hospital. The Nurse Consultant reported the facility did not accept the resident back after her second hospitalization because her blood sugars were too brittle (variable, hard to manage), and added they had too many temporary agency nursing staff in the building and could not meet Resident #2's needs.</p>			
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	<p>On 3/12/20 at 11:00 a.m. the Dietary Supervisor reported in an interview she had worked as a cook in the facility for a couple of years, left for approximately 9 months, and came back about a week ago as the Supervisor. The Dietary Supervisor stated the difference between a diabetic diet and a regular diet are a smaller scoop size for starches, a smaller or different dessert than a regular diet, and they either do not receive bread and butter or just get a half of a slice. The Dietary Supervisor stated a regular diet also has lower sodium and does not differ from a no added salt diet. The Dietary Supervisor stated the diets are followed carefully as far as she knows. She stated she could only speak for herself because there were no other cooks on the shift she worked but only the cook plates the food. She stated there is no record of what type of diet a resident gets served on any particular day they just follow the order. The Dietary Supervisor stated she can only assume a resident got served the type of diet the physician ordered.</p> <p><b>FACILITY RESPONSE:</b></p>			
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