

**Iowa Department of Inspections and Appeals
Health Facilities Division
Citation**

Citation Number: #8002		Date: 2/11/2020		
Facility Name: Salem Lutheran Home		Survey Dates: 1/27-30/2020		
Facility Address/City/State/Zip 2027 College Avenue Elk Horn, Iowa 51531		SB		
Rule or Code Section	Nature of Violation	Class	Fine Amount	Correction date

58.19(2)b	<p>481—58.19(135C) Required nursing services for residents. The resident shall receive and the facility shall provide, as appropriate, the following required nursing services under the 24-hour direction of qualified nurses with ancillary coverage as set forth in these rules:</p> <p>58.19(2) Medication and treatment.</p> <p>b. Provision of the appropriate care and treatment of wounds, including pressure sores, to promote healing, prevent infection, and prevent new sores from developing; (I, II)</p> <p>DESCRIPTION:</p> <p>Based on observations, record review, family and staff interviews the facility failed to provide care to prevent a pressure ulcer and failed to provide care to prevent deterioration of pressure ulcers for 1 of 3 residents reviewed. (Resident #54) The facility reported a census of 54 residents.</p> <p>Findings include:</p> <p>The Face Sheet for Resident #54 documented diagnoses to include left femur fracture, heart failure, anemia and stage 3 pressure ulcer dated 10/17/19.</p>	I	\$8,750	UPON RECEIPT
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	<p>The resident's Care Plan contained an update on 8/12/19 following a fall with fracture from independent in room to needing staff assist of 2 and the total lift.</p> <p>The significant change Minimum Data Set (MDS) dated 8/19/19 documented Resident #54 did not have any pressure ulcers but was at risk of developing pressure ulcers. It coded her as needing extensive assist of 2 staff for bed mobility and total care of 2 staff for transfers. She scored 11/15 on her Brief Interview of Mental Status (BIMS) which indicated moderate cognitive impairment. The resident utilized an indwelling foley catheter and was always incontinent of bowel.</p> <p>The Braden Assessment on 8/19/19 documented she scored at 16 for being at mild risk for pressure related breakdown. The Braden Assessment on 9/27/19 documented she scored at 13 for being at moderate risk for pressure related breakdown. The Braden Assessment on 11/12/19 documented she scored 15 for being at mild risk for pressure related breakdown. The Braden Assessment on 1/21/20 documented she scored 11 for being at high risk for pressure related breakdown.</p>			
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	<p>The quarterly MDS dated 9/25/19 documented the resident did not have any pressure ulcers but was at risk of developing pressure ulcers. It coded her to require extensive assist of 2 staff for bed mobility and total care of 2 staff for transfers. She scored 9/15 on her BIMS indicating moderate cognitive impairment. the MDS identified the resident as always incontinent of urine and frequently incontinent of bowel. It also coded her as having a significant weight loss.</p> <p>The Progress Note dated 10/2/2019 at 11:59 AM documented the resident returned from a medical appointment accompanied by her son with an order to remove the sling when the resident is in her wheelchair and that the care plan was updated.</p> <p>The Wound Data Collection Tool dated 10/17/19 documented the resident with a red moist area to her coccyx. The Wound Data Collection Tool dated 10/22/19 documented no rash noted.</p> <p>The Skin Observation form dated 10/30/19 documented the right buttock with a red open area measuring 2cm (centimeters) by 1cm and covered with border foam dressing.</p>			
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	<p>The Order Summary Report dated 10/17/19-1/31/20 lacked any documentation of the order for border foam dressing or any other orders for the open area to the right buttock until 11/3/19. The Progress Notes lacked documentation of physician notification until 11/2/19.</p> <p>The Wound Data Collection form dated 11/5/19 documented the resident with a stage 3 area to her coccyx measuring 2cm in length by 0.7cm in width by 0.2cm in depth. Wound characteristics documented 80 percent granulation, 10 percent slough and 10 percent eschar.</p> <p>The Skin Observation form dated 11/5/19 documented the resident with an open area to her right buttock measuring 2.5cm by 1.1cm, an open area to her lower left buttock measuring 2.5cm by 1cm and an open area to her upper left buttock measuring 2cm by 2.5cm. The form indicated the facility faxed the physician for an order for Allewyn wound dressing.</p> <p>There was no further documentation regarding the left upper and lower buttock areas.</p> <p>The Progress Note dated 11/5/19 at 10:58 AM documented the dietician recommended Prostat nutritional supplement twice daily. The chart lacked any documentation of requesting that</p>				
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	<p>supplement until she seen by her physician on 11/12/19.</p> <p>The Progress Note dated 11/7/19 at 11:16 AM documented her appetite was less with intake of meals at 25 to 50 percent. The Progress Note dated 11/10/19 at 2:59 PM documented her appetite was still poor.</p> <p>The Progress Note dated 11/12/19 at 10:14 AM documented the dietician continues to recommend Prostat.</p> <p>The Clinic Note dated 11/12/19 documented the physician order for the Prostat.</p> <p>The Wound Data Collection form dated 11/12/19 documented the dressing was not present and the resident with a stage 3 area to her coccyx measuring 2cm in length by 1.3cm in width by 0.2 cm in depth. Wound characteristics documented 100 percent slough.</p> <p>The Skin Observation form dated 11/12/19 documented the resident had a open area to her right upper buttock measuring 2cm by 0.9cm by 0.1cm.</p> <p>The Progress Note dated 11/13/19 at 12:59 PM documented the resident experienced pain with dressing changes and the facility would request</p>			
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	<p>stronger pain medication from the physician. The Progress Note dated 11/15/19 at 1:08 AM documented the physician ordered Tylenol (analgesic) 500 milligrams every 6 hours for 7 days and then to report back to the physician.</p> <p>The significant change MDS dated 11/12/19 documented the resident at risk for pressure ulcer development with one stage 3 pressure ulcer. The MDS coded the resident to require extensive assist of 2 staff for bed mobility and total care of 2 staff for transfers. She was unable to complete the BIMS and was documented as having modified independence for cognitive skills. It coded her as always incontinent of bowel and bladder.</p> <p>The Wound Data Collection form dated 11/19/19 documented the dressing as not present and the resident had a stage 3 area to her coccyx measuring 2.5cm in length by 2cm in width by 0.7cm in depth. It also documented a stage 2 area on the residents right buttock measuring 2cm by 1cm by 0.2cm in depth. The facility faxed the physician to request a treatment change and to request an indwelling urinary catheter due to "large amount of urinary incontinence".</p> <p>A care plan with revision on 11/6/19 identified the resident with a pressure sore related to</p>			
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	<p>hypertension, anemia and decreased mobility. The care plan contained the intervention to avoid positioning on back with initiation date and revision dates of 11/6/19. The care plan directed staff to provide pressure reduction mattress to bed with initiation and revision dates of 11/23/18. On 1/30/20 at 10:47 AM the Director of Nursing (DON) described this pressure reduction mattress as the same mattress provided to all residents.</p> <p>The care plan did not contain every 2 hour repositioning interventions until 11/26/19 when it directed staff to turn and reposition the resident every 2 hours when in bed. The care plan directed staff to leave the sling under the resident until canceled on 6/17/19. (A physician note 10/2/19 identified sling as under the resident). The care plan did not identify pressure reduction for the wheelchair or recliner until date initiated 11/26/19 and revision on 12/17/19. The care plan identified low air loss mattress date initiated 11/16/19 and revision 12/17/19.</p> <p>The Care Plan lacked any revisions or updates prior to 11/26/19 except for the intervention to avoid positioning resident on her back. It was added on 11/6/19 after the sores developed.</p> <p>The Wound Data Collection form dated 11/26/19 identified the wound dressing not present and the</p>			
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	<p>current treatment as collagen/hydrogel and border foam. The form identified the resident with an unstageable pressure ulcer on her sacrum measuring 3cm in length by 4cm in width by 2cm in depth. Wound characteristics documented 25 percent slough and 75 percent eschar with a foul odor present. The wound appeared reddened with purulent drainage. The second Wound Data Collection form dated 11/26/19 documented the resident had a stage 2 pressure area on her right buttock measuring 1.4cm in length by 0.9cm in width by 0.1cm in depth. The form identified a large pressure ulcer next to this sore with possible infection. The resident grimaced and flinched with pain.</p> <p>A physician order dated 11/28/19 revealed an order for levofloxacin (antibiotic) 750 milligrams (mg.) daily every other day for coccyx wound until 12/9/19.</p> <p>A wound care specialist started seeing the resident 11/28/19.</p> <p>The Wound Data Collection form dated 12/3/19 documented the resident had an unstageable pressure ulcer on her sacrum measuring 3.8cm in length by 3.7cm in width and no depth measured. Wound characteristics documented 95 percent slough and 5 percent eschar with tunneling.</p>				
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	<p>Mechanical debridement scheduled for the pressure sore that day. The form identified the resident with continuous pain to the area, The physician ordered hydrocodone (narcotic) for the pain. The description of the wound was listed as possible worsening of infection, increased size/drainage and worsening pain. The wound had a foul necrotic odor. he second Wound Data Collection form dated 12/3/19 documented the resident had a stage 2 pressure area on her right buttock measuring 1.5cm in length by 1.6cm in width by 0.2cm in depth. The form identified the resident with dull achy pain from the wound that worsened while sitting and caused the resident to flinch/grimace. Staff placed the resident in bed between meals.</p> <p>The Wound Data Collection form dated 12/10/19 documented the resident had an unstageable pressure ulcer on her sacrum measuring 5.2cm in length by 6.2cm in width and 3.4 cm in depth. Wound description documented possible worsening of infection, increased size and drainage and worsening pain. The resident grimaced with light touch and laid down after meals. The resident utilized Fentanyl (narcotic) and hydrocodone for pain. Wound characteristics documented 80 percent slough and 20 percent eschar with a foul necrotic odor present. Tunneling was present. The treatment was Santyl</p>			
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	<p>in wound bed covered with border foam. Mechanical debridement at the bedside was scheduled. The second Wound Data Collection form dated 12/10/19 documented the resident had a stage 2 pressure area on her right buttock measuring 1.5cm in length by 01.6cm in width by 0.2cm in depth.</p> <p>A physician fax dated 12/12/19 identified a treatment change for the sacral pressure wound. The new order directed staff to apply wet to dry packing, using Dakins solution .0125 daily and PRN (as needed) and cover with foam dressing.</p> <p>The Wound Data Collection form dated 12/17/19 documented the resident had an stage 4 pressure ulcer on her sacrum measuring 6.1cm in length by 4.2cm in width and 4.2 cm in depth. Wound description documented resident hollering out and grimacing in pain. Staff administered pain medication prior to the treatment change. Wound characteristics documented 90 percent slough and 10 percent epithelization and a foul odor in her room. Staff documented dressing and treatment as Dakins gauze in wound bed, covered with border foam, diathermy, pressure reduction mattress on bed and cushion on chair, repositioning and pain management. The second Wound Data Collection form dated 12/17/19 documented the resident had a stage 2 pressure</p>				
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	<p>area on her right buttock measuring 1.5cm in length by 0.9cm in width by 0.2 cm in depth.</p> <p>The quarterly MDS dated 12/18/19 documented the resident was at risk for pressure ulcer development and had one Stage 4 pressure ulcer. It coded her as needing extensive assist of 2 staff for bed mobility and transfers, having an indwelling catheter and always incontinent of bowel.</p> <p>The Wound Data Collection form dated 12/24/19 documented the sacral wound measured 5.9 cm in length by 5 cm in width and 4.2 cm in depth. Wound characteristics documented 60 percent granulation 20 percent slough and 20 percent eschar with a strong four odor. The second Wound Data Collection form dated 12/24/19 documented the resident had a stage 2 pressure area on her right buttock measuring 1 cm in length by 0.8 cm in width by 0.2cm in depth.</p> <p>A fax to the physician dated 12/28/19 revealed an update of the coccyx wound. The wound previously contained pink edges on exterior opening and those edges now appear green/black. The resident is totally dependent with cares in bed and doesn't reposition on own. Staff turns every 2 hours and transfers the resident with a hoyer lift. The whites of the</p>			
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	<p>resident's eyes appear yellow and the resident's stomach remains distended.</p> <p>The Wound Data Collection form dated 12/31/19 documented the sacral wound measured 6.5 cm in length by 6.5 cm in width and 4 cm in depth. Wound characteristics documented 75 percent granulation 25 percent slough with a strong four odor. Current wet to dry dressing being used until the wound vac arrives.</p> <p>The Wound Data Collection forms dated 1/6 and 1/7/20 did not include measurements. Tunneling was described as 4.8 cm. ay 10-12 o'clock. there were no other measurements. No other wound assessments found for the right buttock.</p> <p>The Wound Data Collection form dated 1/14/20 documented the stage 4 pressure ulcer on her sacrum measured 5.9 cm in length by 5.4 cm in width and 4 cm in depth. Resident described to be in pain continuously with movement. Wound characteristics documented 92 epithelized and 8 percent slough with a mild four odor. Apiece of bone was removed from the wound bed. Documentation of conversation with family about hospice. The dressing/treatment listed: LALAP mattress, high protein diet, shakes/Prostat, NWPT-60mmhg (wound vac) and talked with family about hospice.</p>			
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	<p>The Order Summary Report dated 1/14/20 documented an order for hospice level of care.</p> <p>A physician order dated 1/16/20 revealed the physician discontinued the wound vac and directed staff to use saline gauze with foam for dressings. Change 3 times a week and PRN.</p> <p>A clinic note dated 1/16/20 revealed the resident is 95 years old and was seen for follow up. The resident admitted to hospice due to decline in function and nonhealing and worsening wound. The family requests discontinuation of wound vac. The physician documented the resident did not appear ill and rested peacefully in bed. The resident did not respond to commands appropriately.</p> <p>The Wound Data Collection form dated 1/21/20 documented the stage 4 pressure ulcer on her sacrum measured 6 cm in length by 5.4 cm in width and 5.3 cm in depth. The evaluation of the wound included the comment "increased bone". Resident described as moaning in pain during bed checks. Wound characteristics documented a piece of bone removed from the wound bed during cares.</p>				
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	<p>The Wound Data Collection form dated 1/28/20 documented the stage 4 pressure ulcer on her sacrum measured 6.5 cm in length by 6 cm in width and 5.5 cm in depth.</p> <p>Observations showed on 1/29/20 at 9:45 AM LPN Staff F and CNA (certified nurse aide) Staff G present to help with the bed mobility. The resident laid on the right side on an alternating air mattress. Both staff washed their hands and donned gloves. Staff G held the resident in place on her right side while Staff F removed an old dressing exposing an open wound approximately the size of a baseball. Staff F identified tunneling present. She removed her gloves and used hand sanitizer, she then applied clean gloves and used saline soaked gauze to clean the wound and also used saline spray to flush the wound. Staff G removed her dirty gloves, used hand sanitizer and applied clean gloves. She used 3M skin prep spray and sprayed around the edge of the wound and then packed it with 2 wet 4x4 gauze pads that she fluffed. She then covered it with a foam dressing. The resident grimaced and said ouch several times during cares.</p> <p>Observation on 1/27/20 at 2:40 PM of the resident in bed laying on her back. Observation on 1/28/20 at 10:40 AM of the resident in bed laying on her back asleep.</p>			
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	<p>Observation on 1/30/20 at 10:45 AM of the resident in bed laying on her back asleep with no pillows found in her bed for positioning.</p> <p>The resident's daughter in law stated on 1/28/20 at 10:41 AM that she and her husband are concerned with how the pressure ulcer developed here. The physician told them last fall at a doctor appointment that the blue sling should not be left under the resident because it contributed to the breakdown. She stated it took the facility quite awhile before they started removing it from under her.</p> <p>The DON stated on 1/30/20 at 10:47 AM she expected nurses to notify the physician immediately with any new open areas and then update the care plan. She also expected staff to update the care plan ongoing with changes and also expected initiation of dietician recommendations immediately.</p> <p>FACILITY RESPONSE:</p>				
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