

**Iowa Department of Inspections and Appeals  
Health Facilities Division  
Citation**

Citation Number: <b>7070</b>		Date: <b>December 10, 2019</b>		
Facility Name: <b>Anamosa Care Center</b>		Survey Dates: <b>November 24-26, 2019</b>		
Facility Address/City/State/Zip:  <b>1209 East Third Street Anamosa, Iowa 52205</b>		<b>MW, TAG</b>		
<b>Rule or Code Section</b>	<b>Nature of Violation</b>	<b>Class</b>	<b>Fine Amount</b>	<b>Correction date</b>

<b>58.19(2)b</b>	<p><b>481—58.19(135C) Required nursing services for residents.</b> The resident shall receive and the facility shall provide, as appropriate, the following required nursing services under the 24-hour direction of qualified nurses with ancillary coverage as set forth in these rules:</p> <p><b>58.19(2) Medication and treatment.</b></p> <p><i>b.</i> Provision of the appropriate care and treatment of wounds, including pressure sores, to promote healing, prevent infection, and prevent new sores from developing; (I, II)</p> <p><b>DESCRIPTION:</b></p> <p>Based on observation, record review and staff interview, the facility failed to provide an admission assessment and physician clarification for use of an ED boot (stabilizer boot) resulting in the development of a pressure ulcer for 1 of 4 residents (Resident #46). The facility identified a census of 58 residents.</p> <p>The Admission Record showed Resident #46 admitted to the facility on 10/16/19 with a diagnoses of pulmonary embolism, pneumonia, pressure ulcer of the left ankle, Stage 4, dementia without behavioral disturbance, peripheral vascular disease, atherosclerotic heart disease, venous insufficiency,</p>	<b>I</b>	<b>\$4,500</b>	<b>UPON RECEIPT</b>
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	<p>cognitive communication deficit, type 2 diabetes with other diabetic neurological complications, obesity, and hyperlipidemia.</p> <p>The Minimum Data Set (MDS) Assessment dated 10/23/19 showed a Brief Interview for Mental Status Score (BIMS) of 3 indicating severe memory impairment. The resident required extensive assistance with toileting, personal hygiene, dressing and had a Foley catheter. The MDS identified the resident at risk of pressure ulcers with a Stage IV pressure ulcer present upon admission and a Stage III pressure ulcer that developed after admission.</p> <p>A review of the Physician Transfer Order Report from the hospital, dated 10/16/19, did not address a physician order for the ED boot to resident #46 right lower extremity. The Physician Transfer Order Report dated 10/16/19 and the Treatment Administration Record dated 10/17/19 showed the resident admitted to the facility with a physician order for Santyl Ointment 250 units per Gram, apply topically every evening shift to wounds to bilateral ankles and affected area on right foot. Apply moist gauze and Kerlix.</p> <p>The Certificate of Care for Nursing Home Admission signed by the physician 10/16/19 documented the resident did not have chronic wounds.</p> <p>The Braden Scale for Predicting Pressure Sore Risk, completed 10/16/19, identified a score of 15, indicating the resident at risk of developing a pressure ulcer.</p>			
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	<p>The Admission Nursing Assessment, dated 10/16/19, failed to reveal any skin assessment documentation regarding a pressure ulcer to the right lateral foot or the presence of a ED boot to the right lower extremity.</p> <p>The Admission Progress Note, dated 10/16/19, identified the resident admitted with a bruise to the right hand, left antecubital and a wound to the left malleolus (ankle bone). The Admission Progress Note did not address any documentation of a wound to the right lateral foot or the presence of a ED boot to the right lower extremity.</p> <p>The Baseline Care Plan, dated 10/17/19, identified the resident had a stage 4 pressure ulcer to the left Malleolus (ankle) with treatment and would be seen at the wound clinic. The Baseline Care Plan did not identify the resident wore an ED boot to the right lower extremity when admitted on 10/16/19 or any wounds to the right lower extremity.</p> <p>A Nursing Home Rounds dictation, dated 10/18/19, by Resident #46 attending physician, documented the resident complained of pain with the ED boot. The physician documented that the resident would have the boot removed from the right lower extremity and protect his/her feet with boots on when he/she lays down. The dictation documented the resident had a fall the day prior to 10/1/19, had a boot placed to the lower extremity and the ankle is chronically deformed due to poor healing of a previous fracture in 2017. The Nursing Home Round dictation lacked documentation</p>			
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	<p>of the presence of a stage 3 pressure ulcer to the right lateral foot.</p> <p>A Physician order, dated 10/18/19, instructed to discontinue all treatments, except the left ankle wound treatment.</p> <p>Physical Therapy Daily Treatment Notes dated 10/21/19 and 10/22/19 documented the resident required assistance with completing exercises to the right lower extremity due to the increased weight to the extremity from the resident wearing the ED boot.</p> <p>Resident #46 saw the attending physician at the wound clinic on 10/23/19. The Wound Clinic Provider Note, dated 10/23/19, documented a diagnosis of a new stage 3 (pressure) injury to the right foot. The subjective narrative, as dictated by the attending physician, documented the right foot wounds were healed, but unfortunately, he/she developed a pressure injury from the ED boot. The attending physician dictated to remove the ED boot at this time due to causing more harm than helping. The wound to the right lateral foot presented as a black, unstageable wound that required debridement on 10/23/19. Post debridement the wound to the right lateral foot showed a stage 3 pressure injury measuring 1 cubic centimeter (CM) in length, by 0.8 cm in width, by 0.1 cm in depth. The physician documented the wound to the right lateral foot reopened 10/23/19 due to a deep tissue injury (DTI) resulting from the ED boot.</p>			
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	<p>A Wound/Skin Healing Record, dated 10/23/19, provided by the facility, documented a stage 3 pressure ulcer to the right lateral foot with an onset date of 10/23/19 per the wound clinic assessment.</p> <p>The facility Progress Notes dated 10/16/19-10/22/19 lacked documentation the condition of right lateral foot had been assessed, until the wound clinic appointment 10/23/19 when the Stage 3 to the right lateral foot received debridement. The facility progress note dated 10/23/19 documents a new wound site on the right lateral foot, a stage 3 pressure ulcer.</p> <p>The Care Plan, with an initiation date of 10/24/19, identified the resident had a stage 3 pressure ulcer to the right lateral foot. The Care Plan directed the following care:</p> <ul style="list-style-type: none"> <li>a. Prevalon boot on when in bed, initiated 11/7/19.</li> <li>b. Wound clinic appointment weekly as ordered, initiated 10/24/19.</li> <li>c. Assess the pressure ulcer for location, stage, size (length, width, depth), presence and absence of granulation tissue, epithelization and condition of surrounding skin weekly, initiated 10/24/19.</li> <li>d. Apply treatment as ordered, initiated 10/24/19.</li> <li>e. Assist with repositioning, initiated 10/24/19.</li> <li>f. Monitor skin during cares. Report any further skin breakdown (sore, tender, red or broken areas), initiated 10/24/19.</li> <li>g. Provide incontinence care after each incontinence episode, initiated 10/24/19.</li> <li>h. Use pressure reduction cushion to chair, initiated 10/24/19.</li> </ul>			
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	<p>i. Use pressure reduction mattress when resident in bed, initiated 11/14/19.</p> <p>A physician order signed by the physician on 11/7/19 directed the staff to apply Prevalon boots on both feet when in bed.</p> <p>During an observation on 11/25/19 at 1:33 p.m., Staff A, Certified Nursing Assistant (CNA) and Staff F, CNA, transferred the resident to bed utilizing a mechanical standing lift. The resident wore gripper socks in bed. Staff A and Staff F did not apply the Prevalon boots to both feet per the 11/7/19 physician order or per the care plan.</p> <p>During an observation on 11/26/19 at 9:30 a.m., Staff K, Licensed Practical Nurse (LPN), set up a clean field and supplies. Staff K proceeded to complete Santyl treatment as ordered by the physician for Resident #46's Stage 3, right lateral foot pressure ulcer. The pressure ulcer measured 0.8 cm in length, 0.5 cm in width, and 0.1 cm in depth. The wound bed had a small amount of brown, tan slough present, no odor or drainage. The peri-wound area remained pink. The resident reported he/she did not have pain to the wound area.</p> <p>During an interview on 11/25/19 at 11:06 a.m., Staff B, CNA, reported if a resident wears a special boot, the CNA's would not remove the boot to look at the skin. The nurse would remove and look at the skin.</p>			
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	<p>During an interview on 11/25/19 at 11:09 a.m., Staff D, Registered Nurse (RN), reported nurses would only remove a immobilization boot to look at the skin if ordered to do so by a physician.</p> <p>During an interview on 11/25/19 at 3:00 p.m., The Director of Nursing (DON) stated the resident got the boot on 10/1/19 in the emergency room after a fall with fracture. The Don stated the resident did have the boot on until 10/23/19 after the wound clinic visit.</p> <p>During an interview on 11/25/19 at 1:57 p.m., Staff A, CNA, reported she remembered the resident admitted with a boot on the right lower extremity.</p> <p>During an interview on 11/25/19 at 4:05 p.m., Staff H, Physical Therapist Assistant (PTA), reported the resident did admit with a boot to the right lower extremity. She remember the team discussing the boot at the Medicare meeting on 10/23/19 as the resident did not have a physician order for a boot to the right lower extremity. She reviewed the therapy treatment notes for October 2019 and stated the resident continued to wear the boot on 10/21/19 and 10/22/19.</p> <p>During an interview on 11/25/19 at 4:53 p.m. via phone, Staff I, Doctor of Physical Therapy (DPT), reported the resident admitted with a boot to the right lower extremity. The resident had a fall a few weeks before coming to the nursing home and needed the boot to stabilize the weight bearing of the right foot due to a fibula injury. She reported the resident wore the</p>			
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	<p>boot to the right lower extremity for about 1 and a half weeks and did report pain, but the pain came from the right knee and calf area, not the right foot. Staff I could not recall if the right extremity boot had been physician ordered.</p> <p>During an interview on 11/25/19 at 5:07 p.m., via phone, the Primary Care Physician and Wound Clinic Physician stated the resident had a history of wounds to the right foot. The resident had been place in a special boot on 10/1/19 at the hospital emergency department. He confirmed he saw the resident on 10/18/19 and addressed the ED boot to the right lower foot should be removed. He reported he might not have dictated to wait in his note because he wanted to talk to the resident's son before removing the boot. He stated the use of a stabilizer boot is the standard of care for a fibular fracture. He reported he would expect the nurses to remove the ED boot and assess the skin with admission. However, as he did not order the boot, the facility should have clarified further instruction with the hospital regarding the use of the boot, if the boot had not been physician ordered. He stated the right foot, Stage III pressure ulcer had reopened. The wound resulted from a fall with injury to the right fibula and the boot did not help the situation but does not feel the area would have been unavoidable. He stated he saw the wound when he did rounds 10/18/19 and assessed again on 10/23/19 when he saw the resident in the wound clinic.</p> <p>During an interview on 11/26/19 at 7:05 a.m., Staff K, Licensed Practical Nurse (LPN), stated resident did</p>			
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	<p>admit with a boot to the right lower extremity. She reported the resident admitted between 5:00 p.m. - 5:30 p.m. and it is a busy time of day. Staff K reported she did not know if the ED boot had a physician order as the Assistant Director of Nursing (ADON) takes care of the admission orders. Staff K reviewed her admission assessment documentation from 10/16/19. She reported the assessment did not have documentation the right lower extremity had been assessed. She stated she could not remember 100% if she did or did not remove the boot to assess the right lower extremity and foot.</p> <p>During an interview on 11/26/19 at 7:33 a.m., the Director of Nursing (DON), reported she doesn't know why the resident's boot to the right lower extremity did not get removed on 10/18/19. She stated the boot should have been removed if the physician dictated the boot to be removed on 10/18/19. The DON confirmed the facility did not have a physician order for a ED boot to the right lower extremity for Resident #46.</p> <p>During an interview on 11/26/19 at 7:36 a.m., the ADON, reported she does not see the resident or assess the resident when they are admitted to the facility. She gets the physician orders from the hospital and puts the orders in the computer. The ADON reported she did not know resident #46 had admitted with a ED boot to the right lower extremity. She reported if the ED boot did not have a Physician Order, it should have been clarified with the physician.</p>			
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	<p>During an interview on 11/26/19 at 10:36 a.m., Staff C, Licensed Practical Nurse (LPN), reported she assisted Staff K with the assessment of Resident #46 on 10/16/19. Staff C reported she could not recall if they did or did not remove the boot, but thought they may not have removed the boot and assessed the right foot. She reported she did not know if the ED boot had a physician order as the admission orders were done by the ADON.</p> <p>During an interview on 11/26/19 at 10:15, the DON reported she would have expected the nurses to document the presence of an ED boot and to assess the skin condition of the right lower extremity upon admission.</p> <p>The nurse consultant reported 11/26/19 at 10:18 a.m., the facility did not have a pressure ulcer or admission skin assessment policy.</p> <p><b>FACILITY RESPONSE:</b></p>			
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