Citation Number 7043	er:	Date: 9/18/19				
	of West Des Moines		Survey Dates: 8/26/19 to 9/4/19, 9/11/19			
Facility Addres 7951 E P True West Des Moin		SB				
Rule or Code Section	Nature	e of Violation	Class	Fine Ar	mount	Correction date
58.19(2)i,j	for residents. The refacility shall provide, a required nursing servidirection of qualified roverage as set forth 58.19(2) Medication at i. Provision of emerge arranging for transporwritten policies and provision of accurate intervention for all resadverse symptoms when the motional, or DESCRIPTION: Based on facility reconstant interviews, the factor of the factor of the motionary Refactor of the motion	in these rules: and treatment. ency medical care, including rtation, in accordance with rocedures of the facility; (I, re assessment and timely idents who have an onset of hich represent a change in physical condition. (I, II, III) rds, policy, Paramedic and acility failed to initiate CPR suscitation) to 1 out of 3 #1) reviewed at the time they The facility reported a residents.	1	\$10,000 (Held in susper	n	Upon receipt Page 1 of 26
Facility	y Administrator	Date	 e		_	Ç

Citation Number: 7043		Date: 9/18/19			
Facility Name: Arbor Springs of West Des Moi	nes	Survey I 8/26/19 t	Dates: o 9/4/19, 9/11/19		
Facility Address/City/State/Zip 7951 E P True Parkway West Des Moines, IA 50266	SB				
Rule or Code Section	Nature of Violation	Class	Fine Amount	Correction date	
embolism (math and shortness of Resident #1's E (BIMS) score at cognition) with thoughts. The Nunderstood Resunderstood the Resident #1 ne assistance of of activities of dail. The 6/5/19 Carristatus (whether time of death) at receive CPR). Policy: An untitled und facility name resulting the of pulmonary resulting pursuant to Federal Policy.	ssion, chronic pulmonary ter wedged in an artery in the last of breath. The MDS also noted Brief Interview for Mental Status is 3 out of 15 (severely impaired inattention and disorganized MDS indicated that people usually impaired in the MDS indicated that people usually impaired in the MDS, eded limited to extensive the or two staff members for ly living (ADLs). The Plan noted Resident #1's coor or not to be resuscitated at the as being a "full code" (elected to a stated policy document titled with vealed the following: Circumstances when cardio-listitation must be initiated, deral law requirement to carry of the discountry of the model of the carry of the discountry of the model in the discountry of the model in the mod	de ee e		Page 2 of 2	

If, within thirty (30) days of the receipt of the citation, you (1) do not request a formal hearing or; (2) withdraw your request for formal hearing, and (3) pay the penalty; the assessed penalty will be reduced by thirty–five percent (35%) pursuant to lowa Code section 135C.43A (2013).

Date

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		SB				
Rule or Code Section	Natur	e of Violation	Class	Fine A	Amount	Correction date
	immediately initiated 911 will be called for a support unless one of When the Resident or indicated that resuscitatending Physician has resuscitate (DNR)" or facility's clinical record When there is the presirreversible death definitive dependent lividity (bloamount of time without When a Physician states 3. If CPR is required, initiated by the Charge 4. If CPR is initiated, in Physician directs staff arrive and take over the face of the support of the	espiratory arrest, CPR will be by the Charge Nurse and advanced cardiac life if the exceptions applies: It responsible party has tation is not desired and the as issued a written "do not der that is maintained in the d; or esence of obvious signs of ined as rigor mortis a few hours after death) or bod settling after a significant aut circulation); or ates do not do CPR. It will be immediately to stop or paramedics				Page 3 of 2
Facilit	ty Administrator		e		_	

Citation Numb	er:				Date: 9/18/19	
	of West Des Moines		Survey Dates: 8/26/19 to 9/4/19,		, 9/11/19	
Facility Addres 7951 E P True West Des Moi		SB				
		35		<u>-</u>		
Rule or Code Section	Natur	e of Violation	Class	Fine A	mount	Correction date
	record. Record Review: A document titled low Scope of Treatment (that Resident #1 shoushe no longer had a please of Attorney for Health #1's known preference. A Health Status Note noted that Resident # that morning, had diff sounds throughout ar nurse also noted that temperature of 100.8 portable chest x-ray at A Medication Administ at 3:10 p.m. noted Resigns of discomfort.	ra Physician Orders for IPOST) dated 6/5/19 noted ald receive CPR at the point oulse and respirations. The response had been been been been been been been bee				

Facility Administrator	Date

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Facility Name Arbor Springs	: s of West Des Moines		Survey I 8/26/19 t), 9/11/19	
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Rule or Code Section	Natur	e of Violation	Class	Fine A	Amount	Correction date
	noted the physician of day for 10 days for an oday for 10 days for an A Health Status Note noted that Resident # A Health Status Note and documented by Staff E CMA (certified summoned Staff C to 7:10 p.m. Staff C doccolor changed and iddifficulty breathing. Stocheck vital signs in head of the resident's went to get an O2 couthe Nurse's station to status; which was spenoted that she then can order to send Res C called 911 for trans resident's full code state she used the mobile phusband before quick room. According to Staff C's	dated 8/20/19 at 7:25 p.m. Staff C RN (registered nurse) IA (certified nurse aide) and d medication aide) Resident #1's room at about tumented that Resident #1's entified the resident with taff C ordered Staff E CMA numediately and raise the sided. Staff C noted that she incentrator and stopped at check the resident's code ecified as a full code. Staff C alled the physician to obtain ident #1 to the hospital. Staff				Page 5 of 2

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Date

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West Des Moir	nes, IA 50266	SB				
Rule or Code Section	Natur	e of Violation	Class	Fine A	Amount	Correction date
	entered the room she color notably changed without respirations. Shear any breath or he for several seconds. It services) entered the detect any heart sour C pronounced Reside According to Staff C, examiner did not need told them the facility vintermediate care facility intermediate care fa	ility. views: stail Report dated 8/20/19 N, called at 7:12 p.m. for e of a full code resident with They arrived at 7:18 p.m. objective at 7:22 p.m. e Report dated 8/20/19 the facility at 7:18 p.m. after Advanced Life Support roblems. According to the #1 was deceased and they				

Facility Administrator Date

Citation Number 7043	er:		Date: 9/18/19			
Facility Name: Arbor Springs	of West Des Moines		Survey Dates: 8/26/19 to 9/4/19, 9/11/19			
Facility Addres 7951 E P True West Des Moin						
		SB				
Rule or Code Section	Natur	e of Violation	Class	Fine A	mount	Correction date
	emergent mode immedispatched to the facilibreathing. According staff informed them up just passed. The Paraconfirmed that Reside also confirmed that Reside also confirmed that Reside also confirmed that Reside also confirmed that Resident Pulse or respirations. pronounced Resident According to Paramedic 2 revealed because of a resident According to Paramed them outside Resident arrived and said the Paramedic 2 said she observed while Paramed determined she or respirations. Paramed told them Resident #1 According to the Paramedical than the Paramedical full code. The Paramedical full code and their protocological forms and their protocological forms.	lity for a report of difficulty to the Paramedic, facility pon arrival that Resident #1 amedic noted that she ent #1 had DNR orders. She esident #1 did not have a The facility Nurse #1 dead at 7:18 p.m. 19 at 2:18 p.m. with that they were dispatched thaving breathing problems. dic 2, the Facility Nurse met at #1's room when they				Page 7 of 26
Facilit	y Administrator	Dat	e			

Citation Numb	er:		Date: 9/18/19			
Facility Name: Arbor Springs	of West Des Moines		Survey Dates: 8/26/19 to 9/4/19, 9/11/19			
Facility Addres 7951 E P True West Des Moir						
Trock Boo mon	100, 17 (00200	SB				
Rule or Code Section	Nature	e of Violation	Class	Fine A	Amount	Correction date
	her outside of Reside arrived and said the F Paramedic 1 said she room and confirmed to respirations. When she did not see the appropriation with the nurse of the resuscitated paramedic, the nurse visited earlier in the discould probably die the When asked how they their dispatcher, the F verbally over the radic computer in the cab of Paramedic remember saying Resident #1 had difficulty breathing. The Paramedic to address report that said "full confirmed to paramedic 1, nursing more loosely than the until they arrive to assist themselves. The Paramedic more information of the said typically they said typically they	If that the facility nurse met nt #1's room when she first Resident just passed. It entered the Resident's hat she did not have a pulse asked, Paramedic 1 said oppropriate paperwork so she rese that Resident #1 should NR. According to the said Resident #1's spouse ay and he felt Resident #1 at night. If y received information from Paramedic said they get it of and updates on the off their transport vehicle. The red the dispatch report ad shortness of breath and the surveyor asked the sthe information on the ode". According to homes use terminology y do, so they have to wait				Page 8 of 26
Facilit	y Administrator	Dat	 e		_	

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Facility Name Arbor Springs	: s of West Des Moines		Survey I 8/26/19 t), 9/11/19	
Facility Addre 7951 E P True West Des Moi		SB				
Rule or Code	Natur	e of Violation	Class	Fine A	Amount	Correction date
Section						
	her by looking at the cit. According to the Pastarted CPR, asked for transportation to the Resident #1 was a full The Facility Death Resident #1 was a full The Facility Death Resident and A document titled Involved Staff C and Resident the co-Director of Nurfrom Staff C at about #1 passed away. Staff DON that a CNA called room. Staff C noticed breathing when she adocumented that Staff to get oxygen (O2) are get the resident's vitade DON that Resident #1 she returned to her room told her Resident #1 paramedics arrived right DON asked Staff C if	ecord identified Resident #1's leath on 8/20/19 at 7:18 p.m. d cardiopulmonary arrest. estigation of Charge Nurse #1 on 8/20/19 revealed that rsing (DON) received a call 7:30 p.m. stating Resident ff C RN informed the coed her to Resident #1's Resident #1's labored arrived. The co-DON ff C told her she left the room and had Staff E CMA stay and I signs. Staff C told the co-1 was not breathing when				Page 9 of 2

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Facility Addres 7951 E P True West Des Moin		SB				
		56				
Rule or Code Section	Naturo	e of Violation	Class	Fine A	Amount	Correction date
	don't know." The co-E Staff C that Resident staff initiates CPR ever According to the co-D "we have to do CPR e already gone?" The co A QAPI (quality assur improvement) Action documented: Concern: CPR not initiate as a full code. Root Cause Analysis: Resident's wishes to I Action items: re-education to initiate CPR. Facility investigation/ii The co-DON docume she had with Staff C co Staff C told the co-DO Resident #1's room of According to Staff C,	rance performance Plan dated 8/21/19 tiated on Resident indicated RN failed to follow be a full code. ated Staff C on appropriate Interviews: Inted a subsequent interview on 8/22/19 at 10:40 a.m. Interviews at 10:40 a.m				Page 10 of 2

Facility Administrator Date

Citation Numb	er:	Date: 9/18/19				
Facility Name: Arbor Springs	of West Des Moines		Survey Dates: 8/26/19 to 9/4/19, 9/11/19			
Facility Addre 7951 E P True West Des Moi	_	SB				
		35				
Rule or Code Section	Natur	e of Violation	Class	Fine A	Amount	Correction date
	Resident #1's spouse	and private caregiver sat				
	next to the resident's Resident #1's eyes w did not respond to ver co-DON's documenta Resident's room and administer Tylenol to spouse's request.	bed at the time. Staff C said ere closed and the resident rbal stimuli. According to the tion, Staff C said she left the told Staff E CMA to Resident #1 per the				
	received at about 5:00 Staff C told the co-DC Resident #1's unit to i	d an order another nurse 0 p.m. to the pharmacy. ON she went back to inform her spouse about the at he and the Resident's				
	CNA called her to Rep.m. Staff C told the control of the CD CNA and Staff E CD CNA and Changed to noted that Staff C told CMA to check Reside E CMA had to leave the equipment. The RN to D CNA with the reside get O2 (oxygen). According to the CD CNA with the control of the CD CNA with the cD CNA w	coon, Staff C told her that a sident #1's unit about 7:10 co-DON that she found Staff MA in Resident #1's room. Ficulty breathing and her ashen/pale. The co-DON of her she instructed Staff E cent #1's vital signs, but Staff he room to get the cold the co-DON she left Staff cent as she left the room to ording to the co-DON's C stopped at the Nurse's to the O2 storage room; at				Page 11 of 2

If, within thirty (30) days of the receipt of the citation, you (1) do not request a formal hearing or; (2) withdraw your request for formal hearing, and (3) pay the penalty; the assessed penalty will be reduced by thirty–five percent (35%) pursuant to lowa Code section 135C.43A (2013).

Date

Citation Number: 7043 Facility Name: Arbor Springs of West Des Moines Facility Address/City/State/Zip 7951 E P True Parkway West Des Moines, IA 50266			Survey I 8/26/19 t		Date: 9/18/19 , 9/11/19	
West Des Moir	nes, IA 50266	SB				
Rule or Code Section	Natur	e of Violation	Class	Fine A	mount	Correction date
	which time she realized code. The RN called that which time he auth #1 to ER (emergency 911 and also attempted spouse on the portable of the According to what State headed back to Reside coming down the hall. #1's room, Staff C told CMA "was shaking headed there were breathing. Staff C told listened to Resident # Staff C pronounced the p.m. According to the EMS for coming and a charges for coming. The Staff C pronounced the EMS for coming and a charges for coming. The told the paramedic code. The RN told the them the Resident was a full code and According to the co-DON CPR, Staff C RN told #1 was a full code and According to the co-DON CPR, Staff C RN told #1 was a full code and According to the co-DON CPR, Staff C RN told #1 was a full code and According to the co-DON CPR, Staff C RN told #1 was a full code and According to the co-DON CPR, Staff C RN told #1 was a full code and According to the co-DON CPR.				Page 12 of 2	

Facility Administrator

Date

Citation Number: 7043				Date: 0/18/19	
Facility Name: Arbor Springs of West Des Moines		Survey I 8/26/19 t	Dates: to 9/4/19, 9/11/19		
Facility Address/City/State/Zip 7951 E P True Parkway West Des Moines, IA 50266	SB				
			II —		
Rule or Code Na Section	ure of Violation	Class	Fine Amo	ount	Correction date
seconds." The co-IC RN again why she said "at that mome was behind me and difference at that phone behind the room and saw sign time of death for 30 the room. The co-DON docure 8/22/19 at 12:00 phone behind that Standard 4:00 phone behind the caregiver left and peeked in on Resident #1's room at about 4:00 phone behind the caregiver left and peeked in on Resident with a signs and Standard Staff C to look the co-DON that Standard Staff C to go to the nurse's radioed Staff C RN saying she was on Staff D said she we Staff C; at which time	e started CPR for those 11 DON noted that she asked Staff e did not start CPR. Staff C nt I was down the hall. EMS I I didn't think it made a bint." Staff C also told the co- e walked into Resident #1's so of death, she did not call to 60 seconds after being in mented her interview on m. with Staff D, CNA. The co- off D told her she went into with Staff E, CMA on 8/20/19 with the Resident's caregiver d she went in the room again Staff D CNA told the co-DON ound 6:30 p.m. and she ent #1; at which time she ok at the resident. Staff D told aff E checked Resident #1's of C went to get O2; which she room before Staff C left again station. Staff D said she again; who responded by the phone with the ambulance. Int to the Nurse's station to get me they returned to the ether. Staff D told the co-DON				Page 13 of 2

If, within thirty (30) days of the receipt of the citation, you (1) do not request a formal hearing or; (2) withdraw

Date

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		35				
Rule or Code Section	Natur	e of Violation	Class	Fine A	Amount	Correction date
	good." Staff D said Rebreathing. She watch Resident's heart and told the co-DON that listened to Resident # The co-DON docume 8/22/19 at 1:40 p.m. we reported that she first room about 3:00 p.m. and private caregiver DON she overheard For caregiver that she wo later because the resident's room we suppertime to give he the co-DON that Residistress, her mouth we were shut and she had Staff E CMA said Residy saying "OK" when medicine, but the resident in the resident in the resident in the co-DON that Residistress, her mouth we were shut and she had staff E CMA said Residue in the resident, but the resident, but the resident, but the resident in the co-DON that Residistress, her mouth we were shut and she had staff E CMA said Residue in the resident in the resident in the co-DON that the resident in the co-DON that Residistress, her mouth we were shut and she had staff E CMA said Residue in the co-DON that the resident in the co-DON that the resident in the co-DON that the resident in the co-DON that the co-DON that Residistress, her mouth we were shut and she had staff E CMA said Residue in the co-DON that the resident in the co-DON that the resident in the co-DON that the resident in the co-DON that the co-DON	ed Staff C listen to the EMS walked in. The CNA one of the paramedics also £1, but nobody started CPR. Inted her interview on with Staff E CMA. Staff E went into Resident #1's with the resident's husband present. Staff E told the co-Resident #1's spouse tell the uld have to bring him back ident "was going to die co-DON she went back into				

Facility Administrator Date

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Page 14 of 26

Citation Numb	er:				Date: 9/18/19	
Facility Name: Arbor Springs	of West Des Moines		Survey D 8/26/19 to		, 9/11/19	
Facility Addres 7951 E P True West Des Moir						
		SB				
Rule or Code Section	Natur	e of Violation	Class	Fine A	mount	Correction date
	her vital signs kit and According to Staff E, sign readings despite told the co-DON she Resident #1's pulse, heither. Staff D left and room with Staff C. Be understand what Staft told her to go get O2, retrieve the O2 herse that Staff C returned by paramedics. Staff paramedic listened, be #1's heartbeat. An Affidavit dated 9/5 signs assessment of morning on 8/20/19 a her that the resident hyet. Staff C indicated Resident #1's temper	she could not get any vital her attempts. Staff E CMA even told Staff D to check out Staff D could not feel it d returned to the resident's cause Staff D did not f C RN wanted when she Staff C left the room to lf. Staff E told the co-DON with the O2; followed closely E told the co-DON a ut could not hear Resident /19 verified Staff C's vital Resident #1 late in the fter another staff informed had not gotten out of bed she only documented ature of 100.8 F in the				
	remainder of her vital hour report; which sho 100.8 temperature, th #1's blood pressure o	rd, but hand wrote the signs assessment on the 24 e provided. Besides the le Nurse recorded Resident of 138/86, 22 breaths per leats per minute and 90% O2				
						Page 15 of 26
Facilit	y Administrator	Dat	 e		_	

Facility Name: Arbor Springs of West Des Moines Facility Address/City/State/Zip 7991 E P True Parkway West Des Moines, IA 50266 Rulle or Code Section Staff interviews with staff working when the incident occurred: An interview on 8/26/19 at 12:45 p.m. with Staff D CNA revealed that she entered Resident #1's room with Staff E about 7:00 p.m. According to Staff D, Resident #1 not only looked different, she breathed slower than she normally idd. Staff D said her color changed too, she appeared somewhat pale. Staff D said she worked since 6:00 a.m. that day and Resident #1'did not want to get out of bed that day. The resident acted differently and they did a chest x-ray during the day. Staff D said she called over the radio for Staff C to come and she responded right away. According to Staff D, Staff C RN left to get 02. Staff D said Staff C RN returned shortly with the oxygen. When asked, Staff D said she thought Resident #1 was still breathing at that time, but did not know for sure. Staff D CNA said Staff C left again to go to the nurse's station. Staff D said she radioed for Staff C RN to come back because Resident #1 had more difficulty breathing, Staff D said Staff C redioed back and said she was on the phone with the ambulance. Staff D said Staff C returned. Staff D CNA said Staff C checked the resident with her stethoscope when the ambulance arrived. Staff D CNA said Staff C checked the resident with her stethoscope when the ambulance arrived. Staff D	Citation Number: 7043				Date: 9/18/19	
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incident occurred: An interview on 8/26/19 at 12:45 p.m. with Staff D CNA revealed that she entered Resident #1's room with Staff E about 7:00 p.m. According to Staff D, Resident #1 not only looked different, she breathed slower than she normally did. Staff D said her color changed too, she appeared somewhat pale. Staff D said she worked since 6:00 a.m. that day and Resident #1 did not want to get out of bed that day. The resident acted differently and they did a chest x-ray during the day. Staff D said she called over the radio for Staff C to come and she responded right away. According to Staff D, Staff C RN looked at Resident #1 and told Staff E to get vital signs and then Staff C RN left to get O2. Staff D said Staff C RN returned shortly with the oxygen. When asked, Staff D said she thought Resident #1 was still breathing at that time, but did not know for sure. Staff D CNA said Staff C left again to go to the nurse's station. Staff D said she radioed for Staff C RN to come back because Resident #1 had more difficulty breathing. Staff D said Staff C radioed back and said she was on the phone with the ambulance. Staff D said Resident #1 still had respirations at the time Staff C returned. Staff D CNA said Staff C checked the resident with her stethoscope when the ambulance arrived. Staff D	Code	Natur	e of Violation	Class	Fine Amount	
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		CNA revealed that sh room with Staff E about Staff D, Resident #1 roteathed slower than said her color change somewhat pale. Staff 6:00 a.m. that day and to get out of bed that differently and they did day. Staff D said she Staff C to come and shadcording to Staff D, Resident #1 and told then Staff C RN left to RN returned shortly what asked, Staff D said she still breathing at that the sure. Staff D CNA said the nurse's station. Staff C RN to come be had more difficulty broadined back and said the ambulance. Staff respirations at the time CNA said Staff C che	the entered Resident #1's but 7:00 p.m. According to not only looked different, she she normally did. Staff D ad too, she appeared D said she worked since d Resident #1 did not want day. The resident acted d a chest x-ray during the called over the radio for she responded right away. Staff C RN looked at Staff E to get vital signs and o get O2. Staff D said Staff C with the oxygen. When he thought Resident #1 was time, but did not know for ack because Resident #1 eathing. Staff D said Staff C d she was on the phone with D said Resident #1 still had he Staff C returned. Staff D cked the resident with her			Page 16 of 2
Facility Administrator Date		ty Administrator				. 230 10 01 2

Citation Number: 7043				Date: 9/18/19			
Facility Name: Arbor Springs of West Des I	<i>f</i> loines			Survey Dates: 8/26/19 to 9/4/19, 9/11/19			
Facility Address/City/State/Z 7951 E P True Parkway West Des Moines, IA 50266	SB						
Rule or Code Section	Nature of Viola	ion	Class	Fine A	mount	Correction date	
EMS arrived of how stress EMS checked pulse. Staff Paramedics Staff D said situation. She Staff D said whether or now when asked expired. An interview revealed that #1's room at resident had her mouth. It that described make right be with the resident and she appropriate said she told checked Resident the arm and the level) on her	I; but could not say sful things were. A sed the Resident and D said neither Staff initiated CPR. The facility talked to be told them nobod she did not know in the CNA said help to con 8/26/19 at 1:05 at she and Staff D et about 7:00 p.m. Staff D to call the sident #1's vital sigulous pulse oximeter (chrifinger but they did reinger but they did reinger but they did	coording to Staff D, d did not detect a c C nor the c her about the y started CPR. Staff C knew ould receive CPR. CPR certificate in p.m. with Staff E entered Resident taff E said the d coming out of D used a term is people commonly of E said Resident Staff E CMA said her color changed ale. Staff E CMA nurse while she ins. Staff E said on the resident's tecks pulse and O2				Page 17 of 2	

If, within thirty (30) days of the receipt of the citation, you (1) do not request a formal hearing or; (2) withdraw your request for formal hearing, and (3) pay the penalty; the assessed penalty will be reduced by thirty–five percent (35%) pursuant to lowa Code section 135C.43A (2013).

Date

Citation Numb	er:				Date: 9/18/19	
Facility Name: Arbor Springs	of West Des Moines		Survey I 8/26/19 t		, 9/11/19	
Facility Addres 7951 E P True West Des Moir		SB				
Rule or Code Section	Natur	Class	Fine A	mount	Correction date	
	of Resident #1's mout did not respond to he her. When asked, Sta CPR certification. Staff E CMA said Stat	r felt any breaths coming out th. Staff E said Resident #1 r as she tried to speak to aff E said she did not have ff C arrived and they r could not get any vital sign				
	readings. According to wanted Staff D to get Staff D said she did n Staff E said they were a "crazy moment." Stato get the O2 and call said Staff C did not powhen she returned, in attempted to get vital					
	time. She said a para to listen, but said she #1's heart or anything point, I think Staff C to neither Staff C nor the	CMA, EMS arrived at that medic used a stethoscope could not hear Resident i. Staff E CMA said "at that old EMS to initiate CPR", but a paramedics tried. Staff E eft the room at that time.				
	to staff working the ne Staff E, they said CPF	facility provided education ext morning. According to R should be started nurse should be notified				Page 18 of 2

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Facility Addres 7951 E P True West Des Moir		SB				
Rule or Code Section	Natur	Class	Fine A	mount	Correction date	
	Staff E said they also call the ambulance. Staff E said she was in when her husband an Although Resident #1 rattling noise, she had then too. Staff E said a physician. Staff E said a physician staff E said a physician. Staff E said a physician. Staff E said a physician. Staff E said a physician staff E said a physician. Staff E	n Resident #1's room earlier of sitter were visiting. did not make the same of some difficulty breathing. Resident #1's husband was aid she overheard him of have to bring him back to use his wife "was not going. 19 at 1:35 p.m. with the conce would expect Staff C to when Resident #1 no use or a heartbeat. The conpanicked and did not know use to the co-DON, Staff C CPR when she went back dessed Resident #1. She are relieved Staff C and many the staff C, who was all did have stayed with the all times and delegated the				Page 19 of 26

If, within thirty (30) days of the receipt of the citation, you (1) do not request a formal hearing or; (2) withdraw your request for formal hearing, and (3) pay the penalty; the assessed penalty will be reduced by thirty–five percent (35%) pursuant to lowa Code section 135C.43A (2013).

Date

Facility Name: Arbor Springs of West Des Moines Facility Address/City/State/Zip 7951 E P True Parkway West Des Moines, IA 50266 Rule or Code Section Other staff: An interview on 8/27/19 at 3:30 p.m. with Staff G, RN revealed that she knew to look in the Resident's paper chart and the electronic chart to find the resident requested to be a full code, staff needed to begin chest compressions if the resident stopped breathing and no longer had a heartheat. Staff G said staff should call 911 and apply O2 on a resident with a pulse and no respirations. Staff G said staff should monitor the resident and begin chest compressions if When the resident no longer has a pulse. According to the RN, none of those interventions apply if a resident has a DNR code status. An interview on 8/27/19 at 4:05 p.m. with Staff H, RN revealed that she had CPR certification. Staff H RN said resident's charts are either labeled with DNR or full code and their code status is also located in the electronic health record. When asked, Staff H said staff should initiate CPR at the point when the resident no longer has a pulse or respirations. Staff H said staff should continue CPR until the physician directs staff to stop or a paramedic takes over. She said "rescue breathing" should be started if they are not breathing but still have a slight pulse.	Citation Numb	er:				Date: 9/18/19	
Rule or Code Section Other staff:						, 9/11/19	
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Page 20 of 2€		H RN said resident's of DNR or full code and located in the electror asked, Staff H said st point when the reside respirations. Staff H s CPR until the physicial paramedic takes over breathing" should be	charts are either labeled with their code status is also nic health record. When aff should initiate CPR at the ent no longer has a pulse or said staff should continue an directs staff to stop or a c. She said "rescue started if they are not				
							Page 20 of 26

Citation Number: 7043					Date: 9/18/19	
Facility Name Arbor Springs	: s of West Des Moines		Survey I 8/26/19 t), 9/11/19	
Facility Addre 7951 E P True West Des Moi	-	CD.				
		SB				
Rule or Code Section	Natur	e of Violation	Class	Fine A	Amount	Correction date
	LPN, revealed that shor electronic chart to a According to the LPN started if a Resident is breathing and without calls 911. Staff F LPN said she in distress if she was Staff F said she would person with knowledge under her supervision Staff F LPN, that wou completely fatigued a staff needed to continuntil the Resident becompletely fatigued a staff needed to continuntil the Resident becompletely fatigued a staff needed to continuntil the Resident becompletely fatigued a staff needed to continuntil the Resident becompletely fatigued a staff needed to continuntil the Resident becompletely fatigued a staff needed to continuntil the Resident becompletely fatigued a staff needed to continuntil the Resident becompletely fatigued a staff needed to continuntil the Resident becompletely fatigued a staff needed to continuntil the Resident becompletely fatigued a staff needed to continuntil the Resident becompletely fatigued a staff needed to continuntil the Resident becompletely fatigued a staff needed to continuntil the Resident becompletely fatigued a staff needed to continuntil the Resident becompletely fatigued a staff needed to continuntil the Resident becompletely fatigued a staff needed to continue the fatigued as the fatigued as the fatigued as the fatigued and the fatigued as the fatigued	would stay with a Resident the one certified in CPR. dutilize an uncertified ge of CPR to relieve her and guidance. According to ald be better than becoming and ineffective. Staff F said the CPR until EMS arrived or comes responsive, has a				Page 21 of 2

Facility Administrator Date

If, within thirty (30) days of the receipt of the citation, you (1) do not request a formal hearing or; (2) withdraw

your request for formal hearing, and (3) pay the penalty; the assessed penalty will be reduced by thirty–five percent (35%) pursuant to lowa Code section 135C.43A (2013).

Citation Number: 7043					Date: 9/18/19	
Facility Name: Arbor Springs	of West Des Moines		Survey I 8/26/19 t), 9/11/19	
Facility Addre 7951 E P True West Des Moi		SB				
				I =•		0
Rule or Code Section	Nature of Violation			Fine A	Amount	Correction date
	p.m. Staff C said she	first went to Resident #1's				
	room when someone called her there at about 3:10 p.m. The RN said she assessed Resident #1, but she did not check her vital signs. Staff C stated Resident #1 would not open her eyes or respond to the questions. Staff C RN said she documented her assessment in the electronic health record.					
	inform the resident's I administer Tylenol to C RN said she return Resident #1 resided a resident's spouse tha	ned to Resident #1's room to nusband that staff would his wife at his request. Staff ed to the unit where another time to inform the t they obtained an order for said the CNAs told her the				
	room until a CNA call Staff C stated neither her they did not get a attempted to check th did they tell her Resid intermittently and wou when they attempted RN said she, Staff D a Resident #1's room to Resident #1 "wasn't le	le Resident's vital signs, nor dent #1 stopped breathing ald not respond to them to interact with her. Staff C				Page 22 of 2

If, within thirty (30) days of the receipt of the citation, you (1) do not request a formal hearing or; (2) withdraw your request for formal hearing, and (3) pay the penalty; the assessed penalty will be reduced by thirty-five percent (35%) pursuant to Iowa Code section 135C.43A (2013).

Date

Citation Number: 7043			Date: 9/18/19			
Facility Name: Arbor Springs of West Des Mo	ines		Survey Dates: 8/26/19 to 9/4/19, 9/11/19			
Facility Address/City/State/Zip 7951 E P True Parkway West Des Moines, IA 50266	SB					
Rule or Code Section	Nature of Violation	Class	Fine Amount	Correction date		
Staff C said shead of her be and went to the O2. Staff C said sheation to check way back. She physician to go to the hospital a full code. Stathey had difficusigns, she had full code; they lights flashing. Staff C said sheat tempted to come way back to the room; at which could not get a signs. Staff C being even modropped. Staff heart and lung not hear anythe did not start C literally right the assessed Res	her color had changed to as he asked Staff E to check Resident asked Staff D to raise to the color had she left the rose other side of the building to did she stopped at the nurse's extreme Resident #1's code status as stated she immediately called the order to for Resident #1 when she realized the resident #1 when she realized the resident #1's vital difficulty breathing and she should come with sirens on a she with the staff E informed her she areading of Resident #1's vital described Resident #1's vital described Resident #1's vital described Resident #1's color ashen and the resident's C RN listened to the resident's C RN listened to the resident s with her stethoscope and coing. When asked, Staff C sa PR at that point because EM area." She said a paramedic ident #1 also and could not her could the Paramedics did not a could the Paramedics did not the could the paramedic did not the c	sident he com o get s on the ed the 1 to go ent was I them al was a and and her t #1's he al or as jaw ht's could id she S "was		Page 23 of 2		

If, within thirty (30) days of the receipt of the citation, you (1) do not request a formal hearing or; (2) withdraw your request for formal hearing, and (3) pay the penalty; the assessed penalty will be reduced by thirty–five percent (35%) pursuant to lowa Code section 135C.43A (2013).

Date

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Facility Name: Arbor Springs of West Des Moines			Survey I 8/26/19 t), 9/11/19	
Facility Address/City/State/Zip 7951 E P True Parkway West Des Moines, IA 50266		SB				
Rule or Code Section	Natur	e of Violation	Class	Fine A	Amount	Correction date
	start CPR either. Staff C said she did not tell them to start CPR, she assumed they would just do it. She said she did not meet EMS outside of the room and tell them Resident #1 already expired and she was a DNR. Staff C said she called the co-DON at 7:29 p.m. to report Resident #1 expired. Staff C RN said the facility called her on 8/21/19 and said not to come to work due to investigation of the incident. They called her again later and told her to come in on 8/22/19 at 10:00 a.m.; at which time she met with the Administrator, the co-DON and their Attorney for about 1½ hours. Staff C said the Administrator asked why she did not start CPR. Staff C said she responded by telling her "EMS was right behind me; it was their job." When asked about her response to the co-DON asking why she did not start CPR, Staff C said she could not say whether or not she told the co-DON "I just don't know, I just don't know." Staff C RN also said she did not remember asking them "do you mean you're supposed to start CPR once they're dead?", but could not deny she said it because "there was so much going on." Staff C said it did not seem strange that EMS did not start CPR knowing Resident #1 was a full code; "it didn't dawn on me to question why they didn't."					

Page **24** of **26**

Facility Administrator

Date

Citation Number: 7043			Date: 9/18/19	
Facility Name: Arbor Springs of West Des Moines		Survey I 8/26/19 t	Dates: to 9/4/19, 9/11/19	
Facility Address/City/State/Zip 7951 E P True Parkway West Des Moines, IA 50266	SB			
Rule or Code Natu Section	re of Violation	Class	Fine Amount	Correction date
contained active Am for Staff C to perform training 8/30/18. Abatement: Following the incider Resident #1 not rece completed the follow The facility reeducat policy completed 8/2 The facility reeducat The facility audited a all charts had signed 8/21/19. The facility audited a contained labels with resident code status The facility audited precords) accurate completed 8/23/19.	Abatement: Following the incident on 8/20/19 involving Resident #1 not receiving CPR the facility completed the following: The facility reeducated nurses on the facility CPR policy completed 8/25/19 The facility reeducated Staff C on 8/20/19. The facility audited all resident charts to ensure all charts had signed IPOST orders completed 8/21/19. The facility audited all charts to ensure they contained labels with correct stickers to identify resident code status completed 8/21/19. The facility audited point click care (electronic records) accurate code status for each resident			
				Page 25 of 2

If, within thirty (30) days of the receipt of the citation, you (1) do not request a formal hearing or; (2) withdraw your request for formal hearing, and (3) pay the penalty; the assessed penalty will be reduced by thirty–five percent (35%) pursuant to lowa Code section 135C.43A (2013).

Date

	onanon				
er:				Date: 9/18/19	
		Survey I 8/26/19 t	Dates: to 9/4/19	, 9/11/19	
Parkway					
,	SB				
Natur	Nature of Violation		Fine A	mount	Correction date
This abatement result for the facility.	ted in past noncompliance				
	This abatement resul	of West Des Moines ss/City/State/Zip Parkway nes, IA 50266 SB Nature of Violation This abatement resulted in past noncompliance	of West Des Moines ss/City/State/Zip Parkway nes, IA 50266 SB Nature of Violation Class This abatement resulted in past noncompliance	of West Des Moines Survey Dates: 8/26/19 to 9/4/19 Ss/City/State/Zip Parkway nes, IA 50266 SB Nature of Violation Class Fine A	of West Des Moines Survey Dates: 8/26/19 to 9/4/19, 9/11/19 SB SB This abatement resulted in past noncompliance

Facility Administrator	Date

Page 26 of 26