

**Iowa Department of Inspections and Appeals
Health Facilities Division
Citation**

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|--|----------------------------|--|--------------------|------------------------|-------------------------------|
| Citation Number: 6827 | | | | | Date: July 20, 2018 |
| Facility Name: Pleasant Acres | | Survey Dates: June 12-19 & 20-21, 2018 | | | |
| Facility Address/City/State/Zip 3099 Railroad Street Hull, IA 51239 | | MW | | | |
| Rule or Code Section | Nature of Violation | Class | Fine Amount | Correction date | |

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| 58.28(3)e | <p>58.28(3) Resident safety. e. Each resident shall receive adequate supervision to protect against hazards from self, others, or elements in the environment. (I, II, III)</p> <p>DESCRIPTION:</p> <p>Based on record review, observation, resident interview and policy review the facility failed to always ensure residents remain free of injury during assisted transferring for 1 of 5 residents reviewed. (Resident #3) The facility identified a census of 48 current residents.</p> <p>Findings include:</p> <p>1. According to the Minimum Data Set (MDS) dated 2/15/18 Resident #3 had diagnoses that included anemia, hypertension, hyperlipidemia, depression, kyphosis and dyspnea. The MDS identified the resident had a BIMs score of 15 which indicated intact cognition. According to the MDS the resident required extensive assistance with bed mobility, transfers, ambulation, dressing and toilet use.</p> <p>The resident's Care Plan initiated on 10/7/14, and revised on 11/17/15 identified the resident had a</p> | I | \$5350.00 (Held in Suspension) | UPON RECEIPT |
|------------------|--|----------|---|-------------------------|

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| | <p>potential for falls related to a history of falls; altered balance, hypertension, osteoporosis, spinal stenosis, depression, and history of TIA/CVA. A Focus area dated 8/1/17 revealed staff were instructed on proper use and importance of gaitbelt. The care plan also directed staff resident may be transfer independently in her room from recliner.</p> <p>Interventions included but not limited to the following: Aides instructed on proper use and importance of a gaitbelt. 8/1/17. Monitor resident for safety techniques and provide cues/prompts and increased assistance as needed. Initated 10/7/14 and updated 3/23/18. Ensure resident has gripper socks or slippers on when going to BR or ambulating in room during the night and early AM. Initated 8/13/16, and updated 8/17/16. Ensure call light is pinned to the bed at bedtime. Add grip strips beside the bed. Initiated 8/7/17. Resident is to be one (1) assist with transfers and ambulation. Resident re-educated to use the call light and wait for assistance. Initiated 6/2/16. Staff to assist resident with HS cares as noted to be slightly unsteady. Initiated 4/26/16.</p> <p>According to the Resident Transfer Determination Form dated 2/26/18 at 8:15 AM Resident #3</p> | | | |
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| | <p>required minimum assistance with gait belt and may use walker for transfers. The resident bears weight less than 4 seconds. Has upper body strength. Sits up with assistance. Unsteady. Follows directions.</p> <p>Review of the Progress Notes dated 4/19/18 at 6:36 PM revealed the CNA assisted the resident with transferring for supper. CNA turned to grab the wheelchair when she thought the resident stable enough to stand. The resident fell on her left side under the bed, resulting in a gash to her left upper eye. Moderate amount of bloody exudate noted from the area. Vital signs and neuros in place. The ambulance called and the resident transferred to the Emergency room via ambulance.</p> <p>Review of the Incident Report dated 4/19/18 at 6:26 PM revealed the CNA (certified nursing assistant) assisted the resident to stand and walk to the dining room. The resident fell on her left side and her head hit the edge of the bed.</p> <p>The Emergency Room visit Notes dated 4/19/18 documented the resident had a fall (from standing height) she was walking back from the bathroom getting ready to sit in the chair and tripped and fell forward. They believe that she hit the left side of her head on the bed rail or the floor, she had</p> | | | | |
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| | <p>quite a bit of bleeding. She ended up somewhat underneath the bed after the fall. They got her up and sat her in a chair. She did not remember anything about the fall. She complained of some back pain so EMS services were requested. The resident had ecchymosis of the left orbital ridge, and active bleeding of the left superior orbit, swelling over the left eye and tenderness of the superior orbital ridge left eye and zygomatic arch of the left cheek.</p> <p>Review of the Radiology Details dated 4/19/18 revealed the resident had acute fracture of the cervical spine an additional acute type 2 fracture through the base of the odontoid which is minimally distracted.</p> <p>The Major Injury Determination Form (MIDF) completed by the Registered Nurse on 4/20/18 at 7:30 AM documented: On 4/19/18 at 6:30 PM the resident fell in her room causing a cervical fracture. The CNA turned from standing resident to grab the wheelchair to follow the resident ambulating. The resident requires limited to extensive assistance with transfers, limited assistance with dressing, toileting, and ambulation. Independent with eating with set up assistance. The physician signed the MIDF on 5/15/18 at 2:00 PM and indicated: After reviewing the circumstances of the incident causing the</p> | | | | |
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| | <p>injury, the previous functional ability of the resident and the resident's prognosis, I believe the injury sustained is a major injury.</p> <p>Review of the Progress Notes dated 4/21/18 revealed the resident arrived back from the hospital via med star. Resident placed in recliner. Could not bear any weight on left leg. Resident states that she has pain in her left hip area when Range Of Motion (ROM) performed. Call placed to family and physician. Family would like to wait for further treatment. Call placed to ER Physician ok to wait until Monday. Feels like this is related to what happened on Thursday (4-19-18). Resident denies pain when sitting in her recliner. Only with movement does she feel pain. Will continue to monitor.</p> <p>Progress Notes dated 4/22/18 at 3:40 PM documented the resident confused, with left hip pain and left foot turns in. Pain with movement. Unable to bear weight to left hip. Neuros reveals left pupil unresponsive and right pupil sluggish. Bilateral hand grips reveal left hand slightly weaker. Denies dizziness and headache. Resident sent to hospital by ambulance for evaluation.</p> | | | | |
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| | <p>Progress Notes dated 4/22/18 at at 7:05 PM documented the resident admitted to acute care, with a pelvic fracture.</p> <p>Progress Note dated 4/25/18 at 11:55 AM documented resident returned to facility from hospital. Resident only bears weight to right leg.</p> <p>When interviewed on 6/13/18 at 3:30 PM the resident stated Staff use the gait belt all the time now; prior to the fall they did not use it consistently.</p> <p>Review of the Incident Report dated 8/1/17 at 11:02 PM revealed the resident walked from the bathroom to her bed and lost strength in her legs. The resident lowered to the floor around the arms by the CNA. The gaitbelt not in place. The resident's legs in front of her and arms at her sides. Vital signs normal, denied headache or dizziness and no new injuries noted.</p> <p>Review of the Policy and Procedure titled Gait Belt dated 1/13 directed staff to do the following to minimize the risk of injury to the resident and caregiver while performing transfers and ambulating:</p> <p>a. Review any special precautions or approaches to take when using a gait belt with a resident. Obtain assistance as needed.</p> | | | | |
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| | <p>b. Fasten the gait belt securely around the resident's waist with the buckle at the side. The belt should not come in contact with the resident's skin.</p> <p>c. Position one hand under the belt.</p> <p>d. Position the other hand under the belt. The belt should be snug.</p> <p>e. Transfer the resident using proper body mechanics.</p> <p>f. Remove belt.</p> <p>g. Assist resident to a comfortable position with call light in reach.</p> <p>h. Instruct resident to notify nursing staff for assistance with transferring and ambulation.</p> <p>FACILITY RESPONSE:</p> | | | |
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