

**Iowa Department of Inspections and Appeals  
Health Facilities Division  
Citation**

<b>Citation Number:</b>  <b># 6821</b>	Amended Citation – Fine amount reduced by 35% to \$1,300.00 on July 16, 2018 pursuant to Iowa Code Section 135C.43A	<b>Date:</b>  <b>July 2, 2018</b>		
<b>Facility Name:</b>  <b>Grandview Heights</b>	<b>Survey Dates:</b>  <b>June 11 to June 14, 2018</b>			
<b>Facility Address/City/State/Zip</b>  <b>910 East Olive Street Marshalltown, IA 50158</b>	<b>M. White</b>			
<b>Rule or Code Section</b>	<b>Nature of Violation</b>	<b>Class</b>	<b>Fine Amount</b>	<b>Correction date</b>

<b>58.19(2)b</b>	<p><b>481—58.19(135C) Required nursing services for residents.</b> The resident shall receive and the facility shall provide, as appropriate, the following required nursing services under the 24-hour direction of qualified nurses with ancillary coverage as set forth in these rules:</p> <p><b>58.19(2) Medication and treatment.</b></p> <p><i>b.</i> Provision of the appropriate care and treatment of wounds, including pressure sores, to promote healing, prevent infection, and prevent new sores from developing; (I, II)</p> <p>Based on clinical record review, observation and staff interviews, the facility failed to ensure completion of initial and/or ongoing assessments and interventions to identify, prevent or promote healing of areas of altered skin integrity for two of two residents reviewed (Residents #291 and #23). The facility identified a census of 92.</p> <p>Findings include:</p> <p>1. The Minimum Data Set (MDS) assessment for Resident #291, dated 5/28/18, recorded diagnoses of enterocolitis due to clostridium difficile (an infection of the colon by the bacteria known as c-diff), acute respiratory failure, fluid overload, severe protein calorie malnutrition, arthritis, high blood pressure and cirrhosis (liver damage). The MDS documented the</p>	<b>I</b>	<b>\$ 2,000</b>	<b>Upon Receipt</b>
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	<p>resident required the physical assistance of two for bed mobility, toilet use and transfer and the assistance of one for dressing and personal hygiene. The resident ate independently following set up. The MDS documented the resident had frequent incontinence of bowel and had an indwelling catheter for urination. The assessment also recorded Resident #291 had three Stage 2 pressure ulcers with one present on resident's admission date, 5/11/18.</p> <p>The resident's care plan dated 5/30/18 included a focus area of actual pressure ulcers and he had the potential of further pressure ulcer development related to impaired mobility, incontinent of bowel, varied oral intakes and low albumin and protein levels. The resident received comfort care. The care plan documented the goal that his pressure ulcers would show signs of healing and remain free of infection. Documented interventions instructed to assess, record and monitor the resident's wound healing per protocol, report improvements and declines to the medical doctor and assist resident to turn and reposition frequently. On 6/12/18, staff added the intervention to use a turn sheet and heel boots at all times.</p> <p>A Braden Scale for predicting pressure sore risk dated 6/6/18 documented the resident scored a 13, which identified the resident to be at risk for developing a pressure sore.</p>			
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	<p>During observation on 6/12/18 at 8:14 A.M, with Staff C, Registered Nurse Unit Manager /Quality Assurance, Resident #291 lay flat on his back in his bed a pillow had been placed under his knees and his heels lay directly against the mattress. The resident had a square skin dressing in place on the right inner ankle with a date of 6/8/18. His left great toe appeared reddened. The resident also had a bright red rash on his groin area on both buttocks and down the back of both thighs. The observation revealed five skin dressing patches on his back and one on his sacral area. One patch had a date of application of 6/7/18 and the remaining five showed no date. The patch on the sacral area was contaminated with BM.</p> <p>Record review showed the resident had a pressure wound identified on right inner foot and no treatment order could be found on the current Treatment Administration Record (TAR). The TAR also contained no treatment direction for the sacral area or rash to groin and buttocks.</p> <p>During an observation on 6/12/18 at 11:20 AM, the resident lay flat on his back with his heels directly on the mattress. Staff B, Registered Nurse (RN) entered the room, washed her hands and donned gloves. She prepared a clean surface barrier and laid out wound treatment supplies. Staff C, RN Unit Manager/ Quality Assurance entered room as an observer.</p>			
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	<p>a. Staff B removed the Kerrafoam (a wound protection dressing) dated as applied on 6/8/18 from the resident's right ankle. Clear drainage ran down the side of the resident's ankle onto the bedding. Staff B measured the ankle wound, identified as pressure wound, with a paper measure strip that she laid against the wound. The wound measured 1.7 centimeters (cm) X 2.7 cm and had a shallow ulcer with a red and yellow wound bed. Staff B moved toward resident's back to start the treatment. On request, Staff B lifted resident's feet and revealed black eschar (a collection of dead tissue that is within a wound, flush with the skin surface and reflects deep tissue damage) on both heels. She touched the reddened left great toe, which had crossed over the second toe and separated them. An open area with a red wound bed and a small amount of drainage was against the second left toe. Staff B replaced resident's heels back directly on the mattress.</p> <p>b. Staff B then removed the Kerrafoam dressing close to resident's right shoulder blade. The dressing covered a linear open area that appeared to be from abrasion, tearing or shearing. Staff B cleansed and re-dressed this open area.</p> <p>c. Staff B removed the next dressing, below the first, which showed two circular areas that appeared to be abrasion, shear or skin tear. Staff B cleansed and re-dressed the open areas.</p> <p>d. The next dressing lower towards his spine was removed and showed a circular open area with a</p>		
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	<p>moderate amount of serous sanguineous (watery blood fluid) drainage. Staff B cleansed and re-dressed the open area.</p> <p>e. The next dressing fell on the resident's midback spine and when removed, revealed a softball size reddened area with two eschar areas one on each side of the resident's spine. Staff B cleansed the area and placed Aqaucel (an antimicrobial which inhibits the growth of microorganisms) and Kerrafoam dressing on this area.</p> <p>f. The next dressing lower on the spine recorded an applied date of 6/7/18. Staff B removed the dressing revealing a pink/red wound bed which she cleansed and covered with a new Kerrafoam dressing.</p> <p>g. The bottom dressing showed no date and was on the sacral region (lowest area of spine). Removal of the dressing showed an ulcer with a red wound bed and serous sanguineous drainage present. Staff B cleansed the wound and covered it with a Kerrafoam dressing. Then Staff C stated she was not aware of this last pressure area and the facility did not have a skin tracking sheet for it. Staff B did not measure it and Staff C requested she measure this wound (2.0 cm by 1.7 cm). Staff B then repositioned resident on his back, with his heels directly on the mattress, removed her gloves, washed her hands and left the resident's room. In an immediate interview, Staff C stated she would expect Staff B to measure a wound without being prompted. Staff C stated Staff B failed to assess and measure the three new areas on the resident's heels</p>			
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	<p>and between his right great and little toe. Staff C measured the new areas to send information to physician. The resident's left heel wound measured 2.2 by 0.5 cm, his right heel wound measured 3.0 by 1.5 cm and the wound to the second toe of his left foot measured 0.7 cm by 0.7 cm.</p> <p>Review of the Weekly Pressure Ulcer Record revealed resident had a pressure identified area on right inner foot noted on 5/23/18. The resident's TAR documented no treatment order. Review of the current TART revealed no treatment for the covered sacral wound or the rash to the resident's groin and buttocks. A room care plan utilized by the Certified Nurse Aides (CNA) directed to use heel boots.</p> <p>Staff completed three Weekly pressure ulcer records at this time:</p> <p>a. A weekly pressure ulcer record documented the date of onset for a stage 2 lower spine pressure ulcer as 5/11/18 with the next assessment on 5/23/18 then weekly through 6/6/18. This pressure area measured 0.5 cm by 1.0 cm with a dark purple surrounding area measuring 3.5 cm by 2.4 cm.</p> <p>b. A weekly pressure ulcer record identified a Stage 2 right inner foot with a date of onset on 5/23/18 and listed preventative measures to include heel boots. Weekly assessments were documented with the last one reading measurements of 1.7 cm by 2.2 cm. and the facility would be faxing physician for a new order.</p>			
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	<p>c. A weekly pressure ulcer record identified a Stage 2 upper spine pressure area with date of onset as 5/23/18. Weekly assessments completed through 6/6/18. This pressure area measured 1.2 cm by 0.7 cm.</p> <p>d. No weekly pressure ulcer record was in place for the pressure ulcer covered on the resident's sacral area.</p> <p>Staff sent a Routine Physician Notification form dated 4/23/18 (an error as the resident entered the facility on 5/11/18) on 5/23/18. It was returned with the word yes and without the physicians' signature. This notification requested treatment for open areas, with new areas identified as right inner foot and mid spine. The order showed a notation date of 5/24/18. The TAR showed this order to read foam dressing, apply to open areas topically every other day to promote wound healing, apply to spine, upper right back, and abdominal fold. It failed to include the area of the right inner foot.</p> <p>On 6/13/18, Staff C provided a weekly pressure ulcer record that had been initiated for the sacrum wound. It identified a Stage 2 wound that measured 2.0 cm by 1.7 cm. Weekly pressure ulcer records had also been started for the bilateral heel pressure area and the pressure found on the right foot second toe. She provided a paper faxed to the physician with updated condition of the resident's skin. The physician provided for new orders.</p>			
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	<p>The facility's Wound/Dressing change protocol dated 2/27/15 directed to verify treatment on TAR, date and initial any new dressing replaced and conduct weekly measurements to monitor for any changes.</p> <p>On 6/12/18 at 12:39 P.M., Staff C stated she would expect all pressure and open wound areas to have been assessed and the assessment sent to the physician for treatment orders. She would expect skin to be assessed for new and worsening areas of pressure. She would expect a resident's heels to be protected and recommended the patient have a turning sheet for repositioning. She stated she had been gone for three weeks and generally does the skin assessments. She had expected the RN charge nurses to monitor and assess for skin changes while she was off but felt it had not been done effectively. She would expect a barrier cream to be used by CNA staff and or a treatment would be in place for the excoriated areas to his groin and buttock.</p> <p>During an interview with the Director of Nursing (DON) on 6/13/18 at 3:50 P.M., she stated she would expect skin assessments to be timely and accurate even when the Unit Manager was off. She stated she felt there had been a system failure while the Unit Manager was off. She would expect new skin conditions to be assessed and the physician to be informed.</p>			
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	<p>During a phone interview on 6/14/18 at 11:55 AM, the resident's primary Physician stated he would expect new skin issues to be assessed by the nurses and treated for residents even if they were on comfort care.</p> <p>2. The MDS assessment for Resident #23, dated 3/21/18, documented her diagnoses included Alzheimer's disease, depression, rheumatoid arthritis and osteoarthritis. The MDS documented the resident as at risk for developing pressure ulcers and without ulcers at the time of the assessment. Resident #23 required the physical assistance of two for bed mobility and transfers and the physical assistance of one with dressing.</p> <p>The resident's care plan, initiated on 3/31/17, recorded a focus area of the potential for pressure ulcer development related to decreased mobility and incontinence. Staff added an intervention on 4/23/18 to apply heel boots on at all times and Resident #23 should not wear shoes.</p> <p>A Weekly Pressure Ulcer Record documented the resident developed a pressure sore on the right outer heel on 4/23/18. The record documented the area had been a Stage 2 wound and measured 1.0 centimeters (cm) x 0.7 cm, an intact blister.</p> <p>A Weekly Pressure Ulcer Record documented the</p>			
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	<p>resident developed a pressure sore on the left outer heel on 4/23/18. The record documented the area had been a Stage 2 wound and measured 3.5 cm x 3.0 cm, an intact blister.</p> <p>A Weekly Pressure Ulcer Record documented Resident #23 developed a pressure sore on the left inner heel on 4/23/18. The record documented the area had been a Stage 2 wound and measured 2.0 cm x 2.0 cm, an intact blister.</p> <p>On 6/13/18 at 10:18 a.m., Staff C, RN assessed the resident's heels with findings as follows:</p> <p>a. Right outer heel - Stage 2, 0.8 cm x 1.0 cm.; Staff C stated the area had begun as fluid filled blister.</p> <p>b. Left outer heel - Stage 2, dark color, 3.5 cm x 3.0 cm; Staff C stated the wound could be eschar and the resident complained of pain when Staff C touched it.</p> <p>c. Left inner heel - Stage 2 a dry hardened area, 1.4 cm x 1.5 cm. The resident moaned when socks were placed on after Staff C assessed the areas.</p> <p>During interview on 6/13/18 at 10:39 a.m., Staff C stated the heel lift boots were not implemented until after the resident developed blisters to both heels. When asked why the heel lift boots had not placed prior or an intervention to float the resident's heels,</p>			
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	<p>Staff C stated the resident had not been at risk for pressure sores. The surveyor and Staff C reviewed the resident's MDS assessment and Braden scale which documented a risk of developing pressure sores. Staff C stated she had not been aware of that.</p> <p>On 6/13/18 at 11:24 a.m., the DON stated the floor nurses completed the Braden assessments and they should have notified the nurse manager.</p> <p><b>Facility Response:</b></p>			
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