

**Iowa Department of Inspections and Appeals  
Health Facilities Division  
Citation**

Citation Number: 6758		Amended Citation – Fine amount reduced by 35% to \$325.00 on March 01, 2018. Pursuant to Iowa Code Section 135C.43A		Date: February 21, 2018		
Union Park Health Services				Survey Dates: December 4-5, January 29, 2018		
2401 E. 8 <sup>th</sup> Street Des Moines, Iowa 50316						
		DS				
Rule or Code Section	Nature of Violation			Class	Fine Amount	Correction date

<p><b>58.19(1)n(5)</b></p> <p>+</p>	<p><b>481-58.19(135C) Required nursing services for residents.</b> The resident shall receive and the facility shall provide, as appropriate, the following required nursing services under the 24-hour direction of qualified nurses with ancillary coverage as set forth in these rules:</p> <p><b>58.19(1) Activities of daily living</b></p> <p><i>n.</i> Nutrition and meal service.</p> <p>(5) Assistance with food preparation and meal assistance including total assistance if needed; (II, III).</p>	<p>II</p>	<p>\$500</p>	<p>Upon Receipt</p>
<p><b>58.24(1)n(5)</b></p>	<p><b>481-58.24(135C) Dietary.</b></p> <p><b>58.24(4) Therapeutic diets and nutritional status.</b></p> <p><i>d.</i> The facility shall ensure that each resident maintains acceptable parameters of nutritional status, such as body weight, unless the resident's clinical condition demonstrates that this is not possible (I, II, III).</p> <p><b>DESCRIPTION:</b></p> <p>Based on observation, record review, and staff interviews, the facility failed to ensure Resident #5 maintained acceptable parameters of nutritional status and failed to provide the nutritional supplements as recommended to the resident in order to prevent a significant weight loss. The sample consisted of 4 residents and the facility reported a census of 61 residents.</p>			

Facility Administrator

Date \_\_\_\_\_

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	<p>Findings include:</p> <p>1. The physician History &amp; Physical document dated 3/18/17, identified Resident #5 had diagnoses that included bipolar disorder (mental illness), schizoaffective disorder (mental illness), and post-traumatic stress disorder and left hearing loss for Resident #5. The Minimum Data Set (MDS) assessment with a reference date of 9/15/17 indicated the resident had a Brief Interview of Mental Status (BIMS) score of 6. A score of 6 identified the resident with a severe cognitive impairment. The MDS indicated the resident required set-up and supervision for eating and had no significant weight loss of 5% or more in 1 month or 10% for more in 6 months.</p> <p>The Care Plan identified a problem dated 9/12/17 that the resident at risk for weight loss related to the diagnoses of bipolar and schizoaffective disorders and paranoia. The Care Plan approach indicated the resident able to feed herself but may require assistance at times and preferred to eat meals in the Restorative Dining Room. The Care Plan goal plan identified the resident would consume 50-75% for 2 of 3 meals each day and maintain a healthy weight.</p> <p>The form titled Quarterly Nutritional Progress</p>			
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	<p>Note, signed by the consulting dietician dated 9/14/17, identified the resident with a significant weight loss of 5.4% in 30 days and 7.9% in 90 days. The note indicated the dietician questioned the accuracy of the admission weight. The dietician recommended the resident weighed weekly for monitoring purposes. The MDS dated 9/15/17 failed to contain this information.</p> <p>The documentation completed by the consulting dietician dated 10/12/17, indicated the resident refused breakfast and lunch on this day. The dietician recommended the resident receive 60 milliliters (ml) of 2 Cal supplement 3 times daily (TID) due to meal refusal and overall downward weight trend.</p> <p>Documentation completed by the consulting dietician on 11/9/17 documented the resident had a significant weight loss of 5.8% in 30 days and 12.2% in 90 days and 18.8% in 180 days. The note further documented the resident currently being seen by the speech therapist and the resident requires direct feeding assistance most of the time. The dietician recommended increasing the 2 Cal supplement to 60 ml four times a day (QID) and Ensure supplement offered when meals are refused.</p> <p>The ST (speech therapy)-Therapist Progress &amp;</p>			
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	<p>Discharge Summary dated 11/29/17 indicated the resident treated by the therapist 11/1-11/29/17 for oral phase dysphagia (difficulty swallowing). The summary documented the resident requires assistance with feeding due to difficulty following commands and noted poor hand-motor coordination with decreased visual and depth perception and the resident would remain seated at the assisted dining table for meals.</p> <p>Continuous observation of the resident in the dining room beginning at 11:40 AM identified the following:</p> <p>At 11:40 AM-resident seated in wheelchair at table with 2 other residents.</p> <p>At 11:43 AM-dietary aide pours resident beverages into 2-handled cups in front of the resident.</p> <p>At 12:01 PM-resident food served. Staff did not unwrap [open] the resident's silverware or open the package that contained a dinner roll and prepare it for the resident.</p> <p>At 12:10 PM-resident has not initiated feeding self; remained seated in the wheelchair with eyes closed and leaning slightly to the right. Staff A, certified nursing assistant (CNA) sat at the resident's table to visit with another resident. Staff A observed Resident #5 but did not attempt to assist her.</p>			
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	<p>At 12:17 PM-Staff A sat on the resident's left side and handed the resident a spoon and then left the table.</p> <p>At 12:23 PM-observer requested Staff A taste the resident mashed potatoes/gravy and ground turkey with 2 separate disposable spoons. When asked if the food items were palatably hot, Staff A replied "not at all". Staff A did not reheat the resident's food or ask the resident about an alternate meal selection.</p> <p>At 12:25 PM-Staff B, CNA, sat down on the resident's left side and offered the resident a bite of mashed potatoes and gravy. Staff B cued the resident to take a bite but the resident refused.</p> <p>At 12:31 PM-Staff B transported the resident out of the dining room.</p> <p>On 12/5/17 at 8:15 AM, Staff C, CNA/restorative aide, was interviewed and stated Resident #5 needs fed by staff as over the last couple of months the resident had a decline and sometimes pockets food in her mouth but often refuses meals and/or assistance.</p> <p>On 12/5/17 at 9:20 AM, Staff B, CNA, was interviewed and stated the resident needs to be fed by staff. Staff B stated the resident has really declined over the last 2 months. Staff B stated the resident often refuses meals and/or lets food run out the sides of her mouth.</p>			
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	<p>Review of the meal consumption record for Resident #5 dated 11/16/17 through breakfast 12/5/17, identified the resident refused 33 of 84 meals served. Review of the Medication Administration Record (MAR) for November and December, 2017 revealed staff only offered a can of Ensure supplement 1 time on 11/16/17 and 2 times on 12/1/17 since order received on 11/16/17.</p> <p>On 1/29/18 at 2:27 PM the resident's physician was interviewed and stated she was aware of the resident's significant weight loss and felt it is unavoidable due to the resident's diagnoses of bipolar and schizoaffective disorders. The physician stated being aware the resident often refused meals and/or eating assistance but would expect staff to attempt to assist the resident with eating and would also expect staff provide the resident assistance with drinking a can of Ensure if refuses meals as ordered.</p> <p><b>FACILITY RESPONSE:</b></p>			
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