Citation Number: 6665		Amended Citation – Fine amount to \$1,300.00 on January 19, 2018. Code Section 135C.43A,			Date: 0 2017	ctober 11,
Woodland Ter	rance		Survey [Dates: Se	eptembe	er 25-28, 2017
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Rule or Code Section	Natur	e of Violation	Class	Fine A	mount	Correction date
58.19(2)b	residents. The reside facility shall provide, a required nursing serv direction of qualified r coverage as set forth 58.19(2) Medication a b. Provision of the ap of wounds, including healing, prevent infect from developing; (I,II) DESCRIPTION: Based on observation interviews, the facility interventions to preven pressure ulcer for 2 of (Residents #9 and #1 census of 104 residen Findings included: Resident #9 had a M assessment with a re The MDS identified th Interview for Mental S 13 identified the resid problems. The MDS i	in these rules: and treatment. propriate care and treatment pressure sores, to promote ation, and prevent new sores		\$2,000 (Held i suspe		Upon Receipt

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		n	
hyg MD upp low indi whe incl vas MD at r unh the	bility, transfer, dressing, toilet use, personal giene and total dependence for bathing. The DS identified the resident had no impairment in our extremity and presented with impairment ver extremity range of motion. The MDS licated this resident used a walker and eelchair for mobility. The resident's diagnoses luded presence of left hip joint, unspecified fall, scular dementia, anxiety, and depression. The DS further indicated the resident assessed was risk of developing pressure ulcers, and had no nealed pressure ulcers. The MDS identified e following was used for skin and ulcer atments utilized: pressure reducing device for d.		
Ris the the	Braden Scale for Prediction of Pressure Sore sk dated as completed 2/21/2017 documented e resident's score of 20. A score of 20 indicated e resident is low risk for pressure sore velopment.		
ide	e MDS with a reference date of 4/20/17 ntified descriptions of Stages of Pressure cers:		
a lo Dai	age I -Intact skin with non-blancable redness of ocalized area usually over a bony prominence. rkly pigmented skin may not have a visible nching; in dark skin tones only it may appear		Page 2 of 1

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with persistent blue or purple hues.	
Stage II-Partial thickness loss of dermis presenting as a shallow open ulcer with a red or pink wound bed, without slough. May also present as an intact or open/ruptured blister.	
Stage lull- Full thickness tissue loss. Subcutaneous fat may be visible but the bone, tendon or muscle is not exposed. Slough may be present but does not obscure the depth of tissue loss. May include undermining and tunneling.	
Stage live-Full thickness tissue loss with expose bone, tendon or muscle. Slough or eschar may be present on some parts of the wound bed. The wound often includes undermining and tunneling	3
The Weekly Skin Assessment form with an entry dated 2/21/17, indicated the heel(s) intact with ne sponginess noted. Buttocks are intact. Has surgical wound(s) present to left hip. Staples are dry and intact. No drainage noted. The surrounding tissue is pink and intact with small amount of edema present. No signs of infection noted, groin and abdominal folds are pink and intact. The resident returned from the hospital or this date.	
The Weekly Skin Assessment form with an entry	,

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	 on 3/23/17, identified the resident had a small open area on coccyx, and Desitin (skin barrier) was applied to the area. The Weekly Skin Assessment form continued to identify the following: On 3/24/17, the measurement entry identified the resident had a 1cm x 1 cm with .5 cm depth to the coccyx on the inner right buttock. On 3/25/17, the area on the coccyx presented as slough at the center with open granulation (healing) to edges. The open area measured 1.1 by 1.2 by 0.4cm. The open area to the coccyx remained open, and tunneling, area measured 1cmx1.3cm with 1 cm of depth, Wound bed described as black and necrotic (death of most of all of the cells in an organ or tissue) area had minimal amount of yellow slough present. Edges are dark pink non blanchable (does not turn red when pressed on) that is spongy. No odor present. Area was assessed by IMPACT nurse practitioner and staff received new orders. Resident will be seen by Wound Clinic on 4/3/17 for further evaluation. 					
		ntegrity with an onset date what the resident wanted to				

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happen was to have no sores or open areas. The Care Plan revealed skin interventions were updated with a low air mattress put into place on 3/29/17 and in wheelchair on 3/30/17 after the pressure area had developed.		
The record identified as treatment administration record dated 9/20/17 identified the wound treatment was to cleanse the wound with normal saline, gently pack with Aquacel HG, (wound dressing contained silver) cover with Meplix border every other day.		
Observations identified the following:		
On 9/25/17 at 11:30 a.m. Resident #9 observed in room, resting in bed, watching television. A pillow was under the left hip area. The bed was in low position.		
On 9/25/17 at 1:10 p.m., observed cares on this resident and a dressing was present over the coccyx area. Skin surrounding Mepilix dressing was intact and without redness. After cares were completed, resident requested to go back to lying on side to continue watching television and a pillow was placed under left side, under hip area.		
On 9/26/17 at 7:41 a.m. observation identified Staff G (licensed practical nurse) complete the		

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If, within thirty (30) days of the receipt of the citation, you (1) do not request a formal hearing or; (2) withdraw your request for formal hearing, and (3) pay the penalty; the assessed penalty will be reduced by thirty–five percent (35%) pursuant to Iowa Code section 135C.43A (2013).

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dressing change as ordered regarding pressure area on coccyx. Staff G used a saline flush to cleanse the wound and patted the area dry. Staff G measured the pressure area at this time and the area measured 1.2cmx1.2cmx.6cm. A silver AG dressing (wound dressing) was applied into wound and wound was covered with Mepilex. (dressing)		
On 9/26/17 at 8:36 a.m. resident was brought to the dining room for breakfast. Resident was asked what she wanted for breakfast and ate independently. Staff G brought resident a glass of Arginaid (resource drink that promotes wound healing.)		
In an interview on 9/26/17 at 10:30 a.m. Staff G was asked if resident had the pressure area before the fall with fracture and Staff G stated no.		
In an interview on 9/26/17, Staff F (Registered Nurse) was asked when air mattress was placed on the resident's bed and the resident's wheelchair had been initiated. Staff F stated she would have to get back to me. Staff F then verified that the air mattress and air cushion were initiated after the pressure area developed.		
In an interview on 9/27/17 at 8:00 a.m. with Staff H, (WP health supervisor) acknowledged the		Page 6 of

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Date

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pressure area had not develope month after surgery. She stated still getting up out of bed but wh and acknowledged that this resi spending more time in bed then had fallen. Staff H acknowledge and air cushion for the wheelch after the pressure area discover referred to the documentation fr Registered Nurse Practitioner th perhaps area was suspicious fo injury from surgery.	the resident was en questioned dent was before resident d the air mattress air were placed red. Staff H om the Advanced hat revealed
In an interview on 9/27/17 at 1:0 surgeon stated this pressure are from surgery. Resident would he on their side during the surgery.	ea would not be ave been placed
On 9/27/17 at 1:47 p.m. the Adv Nurse Practitioner (ARNP) was documentation indicating perha- the pressure was from how pos surgery. The ARNP stated that speculation because of how fas area opened and worsened.	interviewed about os the cause of tioned during the this was
On 9/27/17 at 2:15 p.m. Staff A Supervisor), Staff B (Health Sup F were interviewed and informe made by the surgeon and the A	bervisor), and Staff d of the statement

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stated the wound progressed so quickly that is why the ARNP was contacted to get this resident into the wound clinic quicker. Staff F also stated it was not their standard of practice to automatically put an air mattress on a bed and that no other preventative interventions were in place prior to the pressure wound being discovered.		
2. The MDS assessment dated 8/12/17 for Resident #11 identified a BIMS score of 3. A score of 3 indicated the resident had a severe cognitive impairment. The MDS revealed the resident required the extensive physical assistance of 2 persons for bed mobility, transfers, and dressing. The MDS documented range of motion impairment on 1 side of the lower extremity. The MDS identified diagnoses that included other fracture and non-Alzheimer's dementia. The MDS recorded no unhealed pressure areas.		
The Care Plan focus area, revised 7/14/17, identified an ADL (Activities of Daily Living) self- care performance deficit related to dementia and impaired mobility with right fibula fracture currently. The Care Plan directed staff to provide 1 or 2 (person) assist with dressing and 1 assist transfer with walker for stability. The care plan informed staff to use 2 (person) assist as needed and the resident NWB (non-weight bearing) to the		

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right lower extremity with CAM (controlled ankle movement) boot on at all times; elevate as much as possible. The focus area revised 7/14/17 identified a potential for skin breakdown related impaired mobility and incontinence. The care plan directed staff to check the resident's skin weekly for breakdown and report to the physicia as needed. The Weekly Skin Assessment dated 9/17/17 at 10:39 p.m. documented the resident's skin WNL (with-in normal limits), skin intact, and free from breakdown. The Weekly Skin Assessment dated 9/23/17 at 12:20 p.m. documented no skin areas under	n n
sections abrasion/skin tear/rash, pressure, or other. Observation on 9/26/17 at 8:00 a.m. revealed Staff C, RN, Staff E, Certified Nurse Aide (CNA) and Staff D, RN, entered the resident's room to provide cares. Staff C removed the resident's CAM boot from the right lower extremity. Staff C then removed the inner brace off the foot revealing the presence of a skin area on the bac of the right heel/Achilles tendon area. The nicke coin sized skin area with a dime-sized, dark scabbed center area; with reddened skin surrounding did not blanch easily when touched	; ;k I

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	that on the previous F brace and CAM boot measuring the area. In an interview on 9/2 (Health Supervisor), a Supervisor) provided Resident #11. Staff A were to do weekly ski staff should observe f any changes or new a stated they would hav report observed area removed. Staff A and nurse is responsible f floor. Staff A and Staff forward was to measu it to the physician. In an interview on 9/2 (Registered Nurse) as appeared the approxi Staff C confirmed she of the right heel/Achill Staff C commented th size on 9/22/17 as it o	documentation regarding and Staff B clarified nurses in assessments and CNA for skin issues daily reporting areas. Staff A and Staff B ve expected staff to note and on the heel when the boot Staff B stated the MDS for measurements on the first if B said the plan going ure area, Stage it, and report 26/17 at 9:55 a.m., Staff C greed the area observed mate size of a nickel coin. e saw the area on the back les tendon area on 9/22/17. he area looked the same did on 9/26/17 but the s dark. Staff C stated skins on shower days and				

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9/22/17 it was a hectic day and she did not		
document the skin area and she should have.		
Review of the clinical record on 9/26/17 at 10:00		
a.m. revealed the record lacked documentation of		
the skin area observed on the back of the right		
heel/Achilles tendon area.		
FACILITY RESPONSE:		
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