

**Iowa Department of Inspections and Appeals
Health Facilities Division
Citation**

Citation Number: 6763	Amended Citation – Fine amount reduced by 35% to 1950.00 on March 01, 2018. Pursuant to Iowa Code Section 135C.43A	Date: February 16, 2018		
Facility Name: Halcyon House		Survey Dates: February 1, 2018		
Facility Address/City/State/Zip 1015 South Iowa Ave Washington, IA. 52353	HL			
Rule or Code Section	Nature of Violation	Class	Fine Amount	Correction date

58.28(3)e	<p>481- 58.28(3) Resident safety. e. Each resident shall receive adequate supervision to protect against hazards from self, others, or elements in the environment. (I, II, III)</p> <p>DESCRIPTION:</p> <p>Based on record review and staff interviews, the facility failed to ensure residents received adequate supervision during transfers to prevent accidents for two (2) of four (4) residents at risk for falls. Resident #4 fell on 11/28/17 and sustained an arm fracture when staff transferred her without a gait belt for her safety. Resident #2 sustained minor injuries when staff failed to follow her care plan for transfers. The facility census was 47 residents.</p> <p>Findings include:</p> <p>1. The Minimum Data Set (MDS) assessment dated 11/2/17 Resident #4 had diagnoses of hypertension, anxiety, depression, multiple myeloma (not in remission), pain and palliative care.</p> <p>The MDS revealed Resident #4 had no cognitive impairments. Resident #4 required extensive assistance of two staff with transfers. Resident #4 had balance issues and only able to stabilize with staff assistance.</p> <p>The CNA (Nurse Aide) Pocket Care Plan directed staff to transfer Resident #4 with assist of one staff and a</p>	I	\$3000.00	Upon Receipt
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Facility Administrator

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	<p>walker; if not using a walker provide assistance of two staff, refuses walker at times and prefers to spend time in bed.</p> <p>The Care Plan revealed Resident #4's abilities vary from day to day and during the day based on level of pain, weakness, fatigue and shortness of breath and may need more help at times than others.</p> <p>The Incident Report dated 11/28/17 revealed the Nurse walked with Resident #4 to the bathroom using the front wheeled walker. Resident #4's gait slow and steady. Resident #4 complained of the right arm hurting on the way to the bathroom. Resident #4 pivoted in front of the toilet and grabbed the grab bars on both sides of the toilet. Resident #4's hands grasped the bars and elbows rested on the bar. Resident #4 lowered on the toilet and ended up crooked on the toilet with a thud. Three popping sounds heard and then Resident #4's arm went slack to the floor and Resident #4 complained of pain. The Nurse administered pain and anxiety medications and called hospice.</p> <p>An interview on 2/1/18 at 1:26 p.m. Staff B reported he/she answered Resident #4's call light. Resident #4 wanted pain medication. Staff B left to get the pain medication. When Staff B returned with the pain medication Resident #4 reported he/she needed to go to the bathroom really bad. Staff B assisted Resident #4 to the toilet without a gait belt.</p> <p>The Radiology Consultation Report dated 11/28/17 of the right shoulder revealed Resident #4 sustained a</p>			
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	<p>mildly displaced mid right humerus fracture. Resident #4 had degenerative changes of the right shoulder.</p> <p>The Care Plan updated 11/28/17 revealed Resident #4 sat down hard on the toilet and sustained a right arm fracture from the safety rail. The Care Plan directed the staff to provide assistance of two staff with transfers and ambulation.</p> <p>An interview on 2/1/18 at 2:17 p.m. the Interim Director of Nurses reported she expected staff to use a gait belt for all transfers that require one to two staff physical assist. The Interim Director of Nurses reported the staff received education on the use of gait belts and also implemented the nurses wear a gait belt as part of the uniform in addition to the nurse aides.</p> <p>2. According to the Minimum Data Set (MDS) assessment dated 12/28/17 Resident #2 had diagnoses of anemia, hypertension and dementia.</p> <p>The MDS revealed Resident #2 had moderate cognitive impairments. Resident #2 required extensive assistance of two staff with bed mobility, transfers, dressing, toilet use and personal hygiene. Resident #2 had balance issues and only able to stabilize with staff assistance.</p> <p>The Care Plan updated 9/7/17 directed the staff to transfer with a sit to stand lift and two staff.</p> <p>The CNA (Certified Nurse Aide) Pocket Care Plan directed the staff to transfer Resident #2 with a sit to stand lift and two staff.</p>			
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	<p>The Incident Report dated 1/29/18 at 3:50 p.m. revealed Resident #2 at the edge of the bed and Nurse Aide assisting Resident #2 to get up. The Nurse Aide had a gait belt in place and providing assistance of one staff. The Nurse Aide reported the wheelchair slipped backwards and Resident #2 fell to the floor. Resident #2 sustained skin tears to both wrists. The staff administered first aid. The fall investigation revealed the Nurse Aide called in to cover the evening shift. The Nurse Aide failed to have a pocket care plan and transferred Resident #2 without the sit to stand lift. The investigation revealed a coaching session completed with the staff.</p> <p>The Care Plan updated 1/29/18 revealed an intervention of teaching for staff on transferring Resident #2 safely.</p> <p>An interview on 2/1/18 at 4:51 p.m. Staff A reported he/she just started working at the facility. Staff A reported this was his/her first time working on Resident #2's household. Staff A did not get a pocket care plan at the start of the shift. Staff A did not know how much assist Resident #2 required for transfers. Staff A asked Resident #2 if he/she required one or two staff. Resident #2 told Staff A one staff. Staff A reported he/she took Resident #2's word. Staff A reported he/she placed a gait belt around Resident #2. Resident #2 was sitting in the recliner. Staff A locked the wheelchair. Staff A assisted Resident #2 to stand and pivot to the wheelchair. Resident #2 started to sit in the wheelchair. The wheelchair moved backwards and Resident #2 grabbed Staff A's arms.</p>			
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	<p>Staff A reported he/she lowered Resident #2 to the floor. Resident #2 had skin tears on each wrist. Staff A reported it was his/her mistake and he/she should have had a pocket care plan. Staff reported feeling awful that Resident #2 has bandages on both wrists.</p> <p>FACILITY RESPONSE:</p>			
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