

**Iowa Department of Inspections and Appeals
Health Facilities Division
Citation**

Citation Number: 6745		Date: January 31, 2018		
Facility Name: Rowley Memorial Masonic Home		Survey Dates: January 8-10, 2018		
Facility Address/City/State/Zip 3000 E Willis Ave Perry, IA. 50220				
		HL		
Rule or Code Section	Nature of Violation	Class	Fine Amount	Correction date

58.28(3)e	<p>481- 58.28(3) Resident safety. e. Each resident shall receive adequate supervision to protect against hazards from self, others, or elements in the environment. (I, II, III)</p> <p>DESCRIPTION:</p> <p>Based on observation, record review and staff interview, the facility failed to ensure that the resident environment remained as free of accident hazards as possible; and each resident received adequate supervision and assistance devices to prevent accidents for 3 of 10 residents reviewed. Resident #1 fell and sustained a pelvic fracture on 12/14/17. Interviews with staff revealed prior to the fall, staff observed the resident self-transferring and toileting self; and Resident #1 did not reliably use the call light. The facility failed to revise the resident's plan of care based on Resident #1's needs. Resident #3 had 8 falls in 6 months, hitting their head during 4 of the falls. The facility failed to fully investigate the falls to identify if interventions were in place or revise interventions to increase supervision of the resident. Resident #2 fell during self-transfers to the toilet or from bed. The facility failed to increase supervision of the resident. Facility census was fifty-one (51) residents.</p> <p>Findings include:</p> <p>1. A Minimum Data Set (MDS) with assessment reference date of 11/27/17 assessed Resident #1 with a Brief Interview for Mental Status (BIMS) score of "12"</p>	I	<p>\$5000.00 Held In Suspension</p>	<p>Upon Receipt</p>
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Facility Administrator

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	<p>(moderate cognitive impairment). The resident required extensive staff assistance of one staff with bed mobility, transfers, and toileting. The resident required limited staff assistance with ambulation in room, dressing and personal hygiene. The resident was occasionally incontinent of bladder and frequently incontinent of bowel. A "balance during transitions and walking" test revealed the resident was not steady and only able to stabilize with staff assistance in all areas of testing. The MDS identified the resident with almost constant pain with intensity of "7" that interfered with sleep and daily activity.</p> <p>A facility admission record dated 12/15/17 revealed the resident admitted to the facility 11/20/17 with a primary diagnosis of fractured sacrum.</p> <p>A fall risk assessment dated 11/20/17 identified the resident as a moderate fall risk. In response to the question "has the resident ever fallen before". The facility wrote "no" [inaccurate].</p> <p>Review of physical therapy (PT) notes dated 12/6/17 revealed the resident was a continued fall risk and recommendations continued for the resident to have one person close by for supervision (ambulation) with recommendations for CGA (contact guard assistance) of one [staff] for gait with front wheeled walker. The resident required 2-3 attempts to stand at times and required verbal cues for proper hand placement and safety.</p> <p>An incident report dated 12/14/17 at 9:10 a.m. and</p>			
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	<p>documented by Staff A RN (registered nurse) revealed staff heard a noise in the resident's bathroom and found the resident on the floor on her back parallel to the sink with her head near the toilet. The resident stated she was "going to the bathroom". Staff observed an abrasion to the left elbow.</p> <p>A progress note dated 12/14/17 at 9:52 a.m. revealed the resident complained of pain at level "5" on a scale of 0 to 10 with 0 being no pain and 10 being the worst pain. There was no shortening or external rotation noted. The resident denied increased pain related to the fall. The resident was able to bear weight. The resident informed staff she thought she should see a doctor.</p> <p>A progress note dated 12/14/17 at 10:20 a.m. revealed staff called the physician who had no clinic openings and directed staff to send the resident to the ER (emergency room). Staff called the resident's family to see if they could transport the resident to the ER. Staff attempted to sit the resident on the side of the bed and the resident was unable to tolerate sitting up due to pain. Staff then decided to call for an ambulance.</p> <p>A progress note dated 12/14/17 at 11:04 a.m. identified the resident heard a "pop" sound when she moved the left leg and then staff transferred her to ER.</p> <p>A progress note dated 12/14/17 at 1 p.m. revealed the resident returned to the facility with diagnosis of left superior and inferior pubic rami fracture. The physician increased the resident's hydrocodone to 1 every 4</p>			
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	<p>hours as needed for pain and orders for PT to evaluate and treat the new fracture.</p> <p>A hospital emergency room (ER) history and physical dated 12/14/17 revealed the resident admitted to the nursing home to recuperate from a sacral fracture received from a fall prior to Thanksgiving. The ER history and physical dated 12/14/17 revealed the resident arrived to ER with moderate pain in the left hip and groin. The onset was just prior to arrival at the ER and the result of a fall. The resident fell and landed on her left side. Staff got her up and into bed. The resident complained of discomfort to the left hip so she came to the ER. The resident had a history of sacral fracture from a previous fall and was at the nursing home getting therapy for it. The resident stated the pain was doing pretty well until this fall and now she has increased discomfort. The ER musculoskeletal exam showed limited range of motion and tenderness in the left anterior and posterior hip. There was moderate pelvic tenderness.</p> <p>A radiology report dated 12/14/17 of the left hip identified moderately displaced and comminuted fractures of the inferior and superior pubic rami on the left.</p> <p>The physician discharge information dated 12/14/17 at 12:28 p.m. revealed the treatment for the injuries would be pain control with initial rest and then slowly start physical therapy to allow for healing of the pelvic fractures. The resident had pain when sitting up</p>			
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	<p>beyond approximately 45 degrees and therefore needed to transfer back to the facility per ambulance. The physician identified this would be a long recovery and they would take it one day at a time.</p> <p>Pain Control</p> <p>Prior to the 12/14/17 fall with fracture, the resident received the following for pain control:</p> <p>Fentanyl (narcotic) Patch 50 microgram (mcg.) per hour change every 3 days. Ordered 11/30/17. Hydrocodone/APAP (narcotic) 5/325 milligrams (mg.) one every 6 hours PRN (as needed)</p> <p>After the 12/14/17 fall:</p> <p>Fentanyl Patch same as before Hydrocodone/APAP 5/325 mg. one every 4 hours PRN (ordered 12/14/17) Changed to Oxycodone 5 mg every 4 hours PRN on 12/20/17 Changed to Oxycodone 5 mg. 2 tablets every 4 hours PRN on 12/23/17.</p> <p>After the fall, the 12/27/17 MDS identified a decline in status with BIMS of "7" (severe cognitive impairment) and extensive staff assistance needed with transfers, dressing, toileting and personal hygiene. The resident did not ambulate. The resident reported occasional pain with pain intensity of "7" that limited day to day activities and interfered with sleep. The MDS also identified the resident developed a pressure sore.</p>			
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	<p>Care Plan</p> <p>A care plan dated 11/29/17 identified the resident with a problem of ADL (activity of daily living) deficit related to rehab and urinary incontinence. The care plan identified the resident transferred with the assistance of one staff. The resident used wheelchair for distance and a walker and one staff assistance in the room. Staff should start walking the resident to the restroom using a front wheeled walker and assistance of 1 as pain allowed.</p> <p>Staff Interviews:</p> <p>On 1/8/18 at 1:27 p.m. Staff A RN stated she was assisting Resident #1's roommate when she heard a walker rattling and then saw the resident on the bathroom floor. Staff A pushed the resident's wrist button to summon help. Staff A stated the resident was reliable about using the call light and Staff A peeked in on the resident earlier in the shift and the resident's eyes appeared closed and she rested comfortably. Staff A stated it appeared the resident took 2 steps into the bathroom and went down. Staff A assessed the resident's range of motion and asked the resident to move her legs. The resident complained of pain in the left gluteal region and rated the pain as 5 on a 0 to 10 scale. Staff A palpated the resident's hips with no complaints of pain. Staff A pressed on the pubic bone and there was no increased pain (same level). They put a gait belt on the resident and assisted her to stand with no increased pain. The resident started walking</p>			
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	<p>and walked fine from the bathroom back to bed. The resident's daughter came and they discussed whether to send the resident to the ER for examination. The daughter preferred to wait. Shortly after, the daughter informed Staff A that the resident lifted her left leg and heard a pop. The pain then increased so they decided to send the resident to the ER. Staff A was asked why she moved the resident if she had pain and responded, she got the resident up after the fall because there was no increased pain and everything else checked out fine. Staff A stated the resident wanted to see the doctor because the resident thought something was wrong, however nothing seemed to be wrong when Staff A assessed the resident.</p> <p>On 1/9/18 at 10:20 a.m. Staff B, CNA (certified nurse aide) stated a call light came on and when she answered it, the resident and Staff A were in the bathroom and the resident was on the floor. Staff B stated she thought the resident went to the toilet about 1 and ½ hours before the incident. Staff A assessed the resident and the resident denied pain or injury. They got the resident up and there was no indication there was anything wrong. A couple hours later the resident said she was hurting and she went to ER. Staff B stated the resident did try to self-transfer/ambulate without assistance more than once prior to the incident. Staff B caught the resident a couple times when the resident was up per self. Staff B informed more than one nurse about it. Staff B stated there was no protocol on checking the resident. Staff B stated they knew this could happen because the resident felt better.</p>			
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	<p>On 1/8/18 at 3:20 p.m. Staff C, CNA stated she caught the resident up on her own before the fall. Staff C saw the resident at least 2 times on the toilet after walking there per self. When Staff C told the resident she should not transfer/ambulate per self, the resident apologized. She stated she told nurses when the resident got up per self.</p> <p>On 1/8/18 at 3:20 p.m. Staff D CNA stated she caught the resident up on her own and on the toilet 2 or 3 times before the resident fell. Staff D said she reminded the resident to use the call light and the resident would just smile. Staff D stated the resident didn't always remember she wasn't supposed to ambulate without assistance. Staff D told nurses when the resident self-transferred.</p> <p>On 1/10/18 at 7:25 p.m. Staff E RN stated she caught the resident up unassisted before the 12/14/17 fall and then assisted the resident the rest of the way. She stated she had caught the resident less than 5 times. She stated she rarely saw the resident's call light on. Staff E stated she did not think the resident had the cognition to use the call light.</p> <p>Observation</p> <p>On 1/8/18 at 9:10 a.m. observation showed the resident on her back in bed. The resident stated she fell when she used a 2 step foot stool and hurt her tailbone. The resident denied falling at the facility. The resident said she got up a little bit but it was painful.</p>			
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	<p>Review of the resident's medication orders revealed the resident had pain medication changes on 12/23/17 to Oxycodone 5 milligrams 2 tablets every 4 hours as needed moderate pain. The 12/27/17 MDS (after the 12/14/17 fall) identified the resident with occasional pain that limited activity and made it hard to sleep.</p> <p>On 1/9/18 at 10:55 a.m. the care plan nurse stated no care plan revisions were made based on staff knowing the resident self-transferred and tried to toilet self. She was not aware the resident self-transferred until the day of the fall (12/14/18). Following that fall, the new intervention was to keep a commode by the bed. She also stated the care plan did not contain any revision based on the resident not being reliable with call light use.</p> <p>2. A MDS with assessment reference date of 11/10/17 assessed Resident #3 with a BIMS score of "5" (severe cognitive impairment). The resident required extensive staff assistance e with transfers and bed mobility. The resident required limited staff assistance with toileting and personal hygiene. A "balance during transitions and walking" test identified the resident as not steady and only able to stabilize with staff assistance while toileting. The resident was identified as not steady and able to stabilize self in all there areas of testing.</p> <p>A physical therapy (PT) recommendation at end of therapy dated 3/31/17 identified the resident should</p>			
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	<p>use a front wheeled walker and shoes with all mobility.</p> <p>An incident report dated 8/3/17 at 11:58 a.m. identified an unwitnessed fall in the resident's bathroom. Staff found the resident on her back in the bathroom. The intervention following the incident was to move the plastic organizer into the shower room to free up space. The fall investigation did not identify what the resident had on her feet when the fall occurred.</p> <p>An incident report dated 8/3/17 at 2:15 p.m. identified an unwitnessed fall in the resident's room. Staff found the resident on the floor between the bed and wall with right foot under the left leg. Bleeding was noted by the resident's right eye. The incident report identified a 2.5 cm. cut in the eyelid with swelling and purple discoloration. The resident transported to the emergency room (ER). The incident report revealed the resident's left shoelace was untied. The intervention was for the resident's family to come and free up space in the room.</p> <p>ER records dated 8/3/17 revealed a CT (computerized tomography) and scan was done which with negative results. The physician performed 0.5 cm. repair to the right upper eyelid full thickness laceration. The skin was closed with adhesive. The ER report also identified a contusion to the right eye.</p> <p>An incident report dated 10/1/17 at 5 a.m. identified an unwitnessed fall in the resident's room. Staff observed the resident sitting on the floor next to the bed. The resident did not sustain injury. The resident stated she</p>			
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	<p>fell out of bed. The report did not identify what the resident wore for footwear or if the walker was available. The intervention was "med review". A resident status sheet submitted to the physician for medication review, dated 10/3/17 revealed the physician stated he would discontinue the rivastigmine (for dementia) patch. A progress note dated 10/3/17 at 3:54 p.m. revealed the resident's family declined the discontinuation of the medication.</p> <p>An incident report dated 10/4/17 at 7:05 p.m. revealed an unwitnessed fall in the resident's room. Staff observed the resident on the floor with back against chair. The resident hit her head. The resident could not identify why she fell. The report did not identify what the resident was trying to do. The resident had a 2 cm. by 2 cm. red area to the back of the head. The resident had socks on only. Staff instructed the resident to wear shoes. The resident was not using a walker. The intervention following the incident was to check orthostatic blood pressures each shift for 3 days.</p> <p>An incident report dated 11/1/17 at 4:30 p.m. revealed an unwitnessed fall in the resident's room. Staff found the resident laying on the floor across from the bed. The resident laid on her back and it appeared the resident hit her head on the bottom drawer. The resident said she fell out of bed. Staff assessed a soft tender area to the left side of the back of the head. The report did not identify what the resident wore for footwear or if the walker was available. The intervention following the incident was to remove wheels from bed.</p>			
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	<p>An incident report dated 12/18/17 at 6:05 a.m. revealed an unwitnessed fall in the resident's room. The resident was on the floor between the bed and closet. The resident stated she slipped off the side of the bed. The walker was next to the bed. The resident wore improper footwear. The intervention was staff placed gripper socks on the resident's feet and assisted the resident into bed. Staff informed the family of the resident having difficulty getting in and out of bed due to the height of the bed. Resident had her own personal bed and required assistance to get in and out of bed.</p> <p>On 1/10/18 at 2:20 p.m. the DON stated the care plan nurse thought the family placed a new box spring on 12/21/17.</p> <p>An incident report dated 12/31/17 at 2:30 p.m. revealed an unwitnessed fall in the resident room. Staff found the resident on the floor leaning against the foot of the bed on the right side across from the dresser. The resident said she slid off the bed. Staff assessed slight redness measuring 4 inches by 3 inches on the mid back area. The report did not identify what the resident had on her feet and if she used the walker. The intervention following the incident was to put walker in reach and resident told to notify nurse aides when wanting to transfer. Staff would also obtain an order for PT and OT (occupational therapy) to evaluate.</p> <p>An incident report dated 1/15/18 at 3:29 p.m. revealed</p>			
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	<p>an unwitnessed fall in the resident's bathroom. The resident reported standing next to spouse and waited for him to finish using the toilet. The resident got tired of waiting and sat down. The resident did not sustain injury. The report identified the resident had shoes on and used a walker. The intervention after the incident was to instruct resident to use the call light and hourly checks for toileting and safety for 24 hours.</p> <p>A care plan dated 3/17/16 identified the resident with a problem of falls. The care plan directed staff to ensure the resident wore proper footwear when ambulating and on 12/18/17 the care plan directed staff to apply gripper socks to the resident in bed. The care plan also directed staff to make comfort rounds. Make every 2 to 3 hour comfort and toileting rounds. The comfort round interventions were dated 3/17/16. On 1/19/18 at 10 a.m. the care plan nurse identified "comfort rounds" as every 2 hours. Staff checks on the resident, changes them, offers water, reposition them and ensures the call light is available.</p> <p>3. A MDS with assessment reference date of 11/17/17 assessed Resident #2 with a BIMS score of "11" (moderate cognitive impairment). The resident required extensive staff assistance with bed mobility, transfers, dressing, personal hygiene and bathing. The resident had functional limitations in range of motion on one side of the upper and lower extremities. The resident was frequently incontinent of bladder and occasionally incontinent of bowel. The resident did not ambulate. A "balance during transitions and walking"</p>			
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	<p>test, revealed the resident as not steady and only able to stabilize with staff assistance when moving on and off the toilet and surface to surface transfers. The resident was unable to complete any other areas of the balance test. The resident had a diagnosis of stroke with left side weakness.</p> <p>A physical therapy (PT) discharge instruction sheet directed staff to assist the resident with 2 staff and use a wheelchair for mobility.</p> <p>An incident report dated 9/25/17 at 9 a.m. revealed the resident fell when he attempted to self-transfer to the toilet. The resident's wife stated she could not get there in time to stop the resident. The resident did not sustain injury. Staff educated the resident and the resident's wife to request assistance from nursing staff for all transfers. (Bathroom related) The fall investigation did not identify when staff last saw or toileted the resident.</p> <p>An incident report dated 10/7/17 at 6:15 p.m. revealed the resident pulled on the door to the bathroom and fell to the floor with the wheelchair sliding away. The resident hit his head on the foot board. Staff assessed a 2 inch abrasion to the forehead. (Bathroom related). The intervention was to not place the resident in front of the bathroom door as the resident thinks he can use it for a transfer bar. The fall investigation did not identify when staff last saw or toileted the resident.</p> <p>An incident report dated 11/15/17 at 11:15 a.m. revealed the resident tried to get up per self. Staff</p>			
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	<p>observed the resident lying beside the bed with his head at the foot of the bed. The resident wore gripper socks. The resident's bed contained a waffle mattress that elevated the height of the bed. Staff assessed a 3 inch red area on the left side of the coccyx that resolved after staff lifted the resident from the floor. The resident was incontinent of bowel. The resident stated he needed to use the bathroom so he tried to get there. (Bathroom related) The intervention following the incident was to remove the waffle mattress and get a PT evaluation. The fall investigation did not identify when staff last saw or toileted the resident.</p> <p>An incident report dated 12/6/17 at 12:30 a.m. revealed the resident rolled out of bed. Staff observed a superficial abrasion to the top of the scalp 4 centimeters (cm.) in diameter with slight swelling. The resident stated he tried to get more comfortable because his back hurt and then he was on the floor. The intervention was 1 hour checks and offer Tylenol PM at the earliest nonverbal signs of pain. A care plan dated 6/2/17 identified the 1 hour checks done for 24 hours only. On 1/10/18 at 1:30 p.m. the care plan nurse confirmed the hourly checks were for 24 hours only. The fall investigation did not identify siderail use or when staff last saw or toileted the resident.</p> <p>An incident report dated 12/9/17 at 2:23 p.m. revealed the resident fell at his wife's apartment when the resident attempted to stand up. The resident did not sustain injury. The resident stated he was going to the</p>			
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Facility Administrator

Date

If, within thirty (30) days of the receipt of the citation, you (1) do not request a formal hearing or; (2) withdraw your request for formal hearing, and (3) pay the penalty; the assessed penalty will be reduced by thirty-five percent (35%) pursuant to Iowa Code section 135C.43A (2015).

**Iowa Department of Inspections and Appeals
Health Facilities Division
Citation**

Citation Number: 6745		Date: January 31, 2018		
Facility Name: Rowley Memorial Masonic Home		Survey Dates: January 8-10, 2018		
Facility Address/City/State/Zip 3000 E Willis Ave Perry, IA. 50220		<div style="border: 1px solid black; height: 20px; width: 100%;"></div> <div style="border: 1px solid black; height: 20px; width: 100%; text-align: center;">HL</div>		
Rule or Code Section	Nature of Violation	Class	Fine Amount	Correction date

	<p>bathroom. (Bathroom related) The fall investigation did not identify when staff last toileted the resident. The intervention for the incident was to ensure the resident's foot pedals were on and wheelchair locked when the resident worked on projects.</p> <p>An incident report dated 12/12/17 at 9:15 p.m. revealed the resident was lying on the floor parallel to the bed. The resident did not sustain injury. The resident exhibited confusion stating his bed was sold and he needed to clean it up before it was picked up. The fall investigation did not identify siderail use or when staff last saw or toileted the resident. The intervention was 1 hour checks for 24 hours.</p> <p>A care plan dated 6/2/17 identified the resident with a problem of falls due to stroke that left the resident unable to use his left side. The care plan directed staff to transfer with 2 or more staff and a gait belt. The care plan directive for toileting was 1 or more staff assist the resident with toileting. There was no frequency identified or any change in the toileting plan even though the resident had falls related to bathroom needs. The care plan did not contain any information about siderails.</p> <p>Observation showed on 1/8/18 at 1:07 p.m. one staff transfer the resident to the toilet with a gait belt. On 1/10/18 at 3:30 p.m. the DON (director of nursing) stated the facility asked PT reevaluate the resident today for transfer needs and the PT was going to change the resident from needing 2 staff to assist with transfers to 1 staff for transfers.</p>			
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	<p>Observation showed on 1/8/18 at 2:57 p.m. the resident in bed which was at regular height with siderails up on each side of the bed. The siderails covered the center portions of the bed on each side with a small open space at the foot and head of bed on both sides.</p> <p>FACILITY RESPONSE:</p>			
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