

**Iowa Department of Inspections and Appeals
Health Facilities Division
Citation**

Citation Number: #6138		Date: June 20, 2023		
Facility Name: Osage Rehab & Health Care Center		Survey Dates: May 23 – June 13, 2023		
Facility Address/City/State/Zip		JS		
830 S. 5 th St. Osage, IA 50461				
Rule or Code Section	Nature of Violation	Class	Fine Amount	Correction date

58.19(2)b	<p>481—58.19(135C) Required nursing services for residents. The resident shall receive and the facility shall provide, as appropriate, the following required nursing services under the 24-hour direction of qualified nurses with ancillary coverage as set forth in these rules:</p> <p>58.19(2) Medication and treatment. <i>b.</i> Provision of the appropriate care and treatment of wounds, including pressure sores, to promote healing, prevent infection, and prevent new sores from developing; (I, II)</p> <p>Description:</p> <p>Based on staff interviews, record review, facility policy and procedure review, the facility failed to provide care consistent with professional standards of practice to prevent pressure ulcers from developing and from deteriorating on a resident with a history of pressure ulcers for one of two residents reviewed (Resident #2). The facility failed to identify the root cause and implement appropriate interventions. This failure resulted in Immediate Jeopardy to the health, safety, and security of the resident.</p>	I	\$8,000 (Held in Suspension)	Upon Receipt
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	<p>The State Agency informed the facility of the Immediate Jeopardy (IJ) that began April 13, 2023 on June 7, 2023 at 4:30 p.m.</p> <p>Facility staff removed the Immediate Jeopardy on June 8th, 2023 through the following actions:</p> <p>a. Head to toe assessments will be completed on 6/8/23 by the Regional Directors of Clinical Services (RDCS) or designee to ensure pressure injuries have been identified and treatment plans implemented. An audit was completed by the Regional Director of Clinical Services or designee to ensure preventive measures have been implemented for residents with pressure injuries or history/risk of pressure injuries.</p> <p>b. The RDCS or designee will complete education with licensed beginning 6/7/23-6/8/23 related to the requirements of implementation interventions to reduce the risk for pressure injuries for any residents with current pressure injuries or history/risk of pressure injuries.</p> <p>c. An audit will be completed by the Director of Nursing or designee weekly for 12 weeks to ensure licensed nurses continue to implement preventive measures for residents with pressure injuries or history/risk of pressure injuries. The</p>			
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	<p>results of these of these audits will be presented to the QA/QI committee monthly for 3 months for review and recommendations as needed. The Director of Nursing is responsible for monitoring and follow-up as needed.</p> <p>The scope lowered from "J" to "D" at the time of the survey after ensuring the facility implemented education and their policy and procedure.</p> <p>The facility reported a census of 38 residents.</p> <p>Findings include:</p> <p>1. An Admission Minimum Data Set (MDS) completed for Resident #2 with an Assessment Reference Date (ARD) of 3/12/23, documented diagnoses which included hypertension, neurogenic bladder, paraplegia, schizophrenia, and stage 2 pressure ulcers of sacral area. The MDS documented the resident had a Brief Interview for Mental Status (BIMS) score of 15 which indicated no impaired cognitive decisions and no impairments for hearing or the ability to be understood and understand others. The resident required extensive assistance of one staff for dressing, toilet use, and personal hygiene and</p>			
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	<p>independent with bed mobility, transfers, and locomotion on and off the unit. The MDS also documented functional limitation in range of motion to lower extremities on both sides and a wheelchair as primary mode of transportation. The MDS also documented the resident admitted with 3 stage 2 pressure ulcers (partial thickness of dermis presenting as a shallow open ulcer with a red or pink wound bed without slough) and pressure reducing device for chair & bed and pressure ulcer/injury care.</p> <p>The Braden scale for predicting pressure sores, dated 2/27/23 at 2:17 p.m., documented a score of 16, which indicated low risk for developing pressure ulcers.</p> <p>The Care Plan with a focus area initiated 2/27/23, indicated the resident had (3) pressure ulcer or potential for pressure ulcer development related to history of ulcers, immobility. Interventions include: *Administer treatments as ordered and monitor for effectiveness *(3/4/23) Stage 2 pressure ulcer times 3: coccyx every Monday, Wednesday, Saturday: cleanse</p>			
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	<p>with wound cleanser, place Aquacel Ag on wound base cover with sacral border, and as needed. *(3/4/23) Assess/record/monitor wound healing weekly, measure length, width, and depth where possible. Assess and document status of wound perimeter, wound bed, and healing process. Report improvements and declines to the Medical Doctor. *(4/20/23) Cushion in wheelchair *(3/4/23) Follow facility policies/protocols for the prevention/treatment of skin breakdown.</p> <p>A Medical/Nursing Communications form dated 4/1/23 at 9:46 p.m., documented, after bathing during a transfer from chair to bed resident obtained a 0.3 cm by 0.3 abrasion to right ischeum. No bleeding or pain. Bumped on wheelchair pedal per resident reports. After cleansing, border dressing placed for protection. Will change on bath days and as needed until healed then will discontinue.</p> <p>The Non-Pressure Weekly Skin Record dated 4/2/23 at 10:47 a.m., documented, first observed on 4/1/23 a small bruise on right buttock. Measurements: 0.3 centimeters (cm) by 0.3 cm.</p>			
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	<p>A Physician Order dated 4/13/23, instructed staff to apply Mepilex to right hip reassure wound every day until healed. Monitor for signs of infection. Off load with position changes every 2 hours.</p> <p>A Nursing Home Progress Note dated 4/13/23 with no time, documented, nursing staff noticed a sore on his right hip. He has had a coccyxgeal sore that had been healing. He started to notice this area on his right hip and they did place a Mepilex on it last night. It has not had a lot of drainage. Denies any fevers or chills.</p> <p>*SKIN= Stage 2 pressure ulcer noted on the right hip. Measuring tool not available at time of evaluation but appears to be about 2 cm in diameter. No surrounding erythema or drainage. Mepilex placed back over the area.</p> <p>*PLAN= continue stage II pressure ulcer treatment with wound cleanser and Aquacel Ag in the wound base and then a sacral border every Monday, Wednesday, and Saturday until healed. Plan to do same cares to the Stage II pressure ulcer on the right hip.</p> <p>The Non-Pressure Weekly Skin Record dated 4/15/23 at 8:04 p.m., documented first observed</p>			
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	<p>on 4/15/23, a bruise to the right buttock, with the wound surface has a strong odor, measurements of 0.3 cm by 0.4 cm with no exudate, yes to odor, and progress as declining.</p> <p>A Physicians Order dated 4/16/23 with no time, instructed staff to cleanse the wound with cleanser, and Aquacel Ag to wound base of right hip pressure ulcer along with Mepilex every Monday, Wednesday and Saturday until healed.</p> <p>A Wound Clinic Progress Note dated 4/20/23 at 10:53 a.m., documented, diagnosis= pressure ulcer of right hip. Patient paraplegic currently in a loaner wheelchair with a gel cushion. He is getting custom wheelchair cushion when he discharges home which is possibly next week. He self transfers and is up in a wheelchair most of the day.</p> <p>Location= right hip Stage=unstageable Size=3.2 cm by 4.0 cm by 0.2 cm Drainage color= serosanguinous Drainage amount=large Drainage odor=moderate Wound base= 90% slough. 10% pink</p>			
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	<p>Wound Care= Recommend new evaluation for wheelchair cushion. Instructed patient to lay down between meals and limit time spent in wheelchair. Reposition off wound while in bed every 2 hours.</p> <p>A Non-Pressure Weekly Skin Record dated 4/22/23 at 3:33 p.m., documented first observed on 4/3/23, a right buttock pressure ulcer, with wound measurements as 4.0 cm by 4.0 cm by 3.0 cm. Exudate=yes Type of Exudate= serosanguinous; thin, watery, pale, red/pink drainage Amount of Exudate= moderate Odor=yes Tissue Type/Wound Bed= slough</p> <p>A Pressure Injury Weekly Assessment dated 4/26/23 at 3:42 p.m., documented pressure ulcer to right buttock which measures 3.0 cm by 4.0 cm by 2.5 cm as a Stage I. Exudate= serosanguinous, large amount Odor= present Wound bed appearance= slough</p> <p>A Pressure Injury Weekly Assessment dated 5/6/23 at 12:43 p.m., documented pressure ulcer</p>			
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	<p>to right buttock which measures 4.0 by 4.0 by 3.0-4.0 as a Stage III Exudate= serosanguinous, large amount of purulent drainage Odor=present Wound bed appearance= slough, necrotic tissue</p> <p>A Pressure Injury Weekly Assessment dated 5/13/23 at 8:45 p.m., documented pressure ulcer to right buttock which measures 5.0 cm by 3.0 cm by 3.0 cm, Stage IV. Exudate= purulent drainage, heavy amounts Odor=strong Wound bed appearance=necrotic Comments=current treatment is not effective, resident states he goes to see the wound doctor on Monday.</p> <p>A Wound Clinic Progress note dated 5/15/23 at 9:00 a.m., documented, patient is a paraplegic after falling off a ladder in October 2022, he has the wound for a month. Wound location= right buttock Wound Measurements= 3.5 cm by 4.5 cm by 4.9 cm Exudate=large Exudate type=purulent</p>			
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	<p>Wound odor=yes Slough=100% Assessment/Plan=Pressure injury of right buttock. Stage 4. Patient presents today for initially treatment evaluation in this clinic of the pressure injury on the lateral right buttock near the trochanter. The wound is 100% necrotic with a foul odor. Patient does not recall noting an odor of bleach with the dressing changes. Patient has the appropriate wheelchair waiting for him when he is discharged from the nursing home. Apparently there is some rule that prevents the use of that chair in the facility. Explained to patient this is going to take along time to heal. Offloading= He will need a better wheelchair cushion, instructed to remain off of the right side while in bed as much as possible. Plan= This is a medical device related pressure injury from an old fitting wheelchair.</p> <p>A Wound Clinic Progress note dated 5/17/23, documented, chief complaint=pressure ulcer right hip, patient still in wheelchair from last week with no adjustments. Continue current treatment. Area worsened. Needs wheelchair adjustment or new wheelchair!</p>			
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	<p>A Pressure Injury Weekly Assessment dated 5/20/23 at 1:48 p.m., documented a pressure injury on the right buttock which measures 10.0 cm by 7.0 cm by 5.0 cm an unstageable. Exudate=purulent and copious amounts Odor=very strong Wound bed appearance=completely covered with slough and eschar Comments= current treatment does not seem effective and wound progressively getting worse</p> <p>A Wound Clinic Progress note dated 5/23/23 at 10:00 a.m., documented, this patient presents for wound assessment. Wound location=right buttock Wound measurements=4.4 cm by 5.4 cm by 4.5 cm Exudate=large Exudate type=purulent Wound odor=yes Slough=100% Assessment/Plan= Patient presents for follow up of right buttock wound. He has not discharge from the rehabilitation facility yet. Tissue in the wound bed still consists of majority necrotic/slough. Discussed offloading/pressure relief, patient states</p>			
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	<p>he will try to remind himself to reposition more often. Discussed Emergency Room precautions.</p> <p>The Progress notes dated 3/23/23 at 11:49 a.m., documented, "coccyx resolved." discontinue treatment. Education provided on support surfaces, may need different wheelchair cushion, if area reoccurs such as a Roho cushion. He will need pressure relieving mattress if he doesn't already have one. He is able to move himself in bed and turns from side to side at night. He already knows to reposition chair, lifts while in wheelchair.</p> <p>The Progress notes dated 4/1/23 at 9:41 p.m., documented, after bathing during a transfer from chair to bed he obtained a 0.3 cm by 0.3 cm abrasion to right ischeum. No bleeding or pain. "Bumped on wheelchair pedal". he reports. After cleansing, bordered dressing placed for protection. Will change on bath days and as needed until healed then discontinue.</p> <p>The Progress notes dated 4/13/23 at 00:19 a.m., documented, Doctor notified of 2.6 cm by 0.7 cm open area to right ischeum with odor and</p>			
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	<p>drainage. I understand you will see him on rounds today. Do you desire wound nurse to see him?</p> <p>The Progress notes dated 4/13/23 at 9:04 a.m., documented, received physician orders paper after doctor complete rounds. "Mepilex to right hip pressure wound every day until healed. monitor for signs of infection. Off load with position changes every 2 hours.</p> <p>The Progress notes dated 4/17/23 at 8:31 a.m., documented, received facsimile from doctor related to new physicians orders "wound cleanser and Aquacel Ag to wound base of right hip pressure ulcer along with Mepilex every Monday, Wednesday and Saturday until healed.</p> <p>The Progress notes dated 4/20/23 at 1:02 p.m., documented, resident saw wound nurse today. Wound nurse assessed right hip at this time and cleansed with wound cleanser and Aquacel Ag to wound base and covered with border foam. Wound nurse recommended we get new wheelchair cushion which we have gotten. Wound nurse instructed patient to lay down between meals and decrease time spent in wheelchair. Repositioning often.</p>			
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	<p>The Progress notes dated 4/22/2023 at 1:38 p.m., documented, Return fax, new orders received from Doctor. Cleanse with wound cleaner, apply Aquacel AG and cover with Mepilex on Monday, Wednesday, Friday.</p> <p>The Progress Notes dated 4/26/2023 at 3:52 p.m., Wound Care Nurse: Weekly Assessment Note Text: wound nurse here to see resident. orders to cleanse area with Normal Saline. apply 1/4 strength Dakins solution moistened gauze into wound base, cover with abdomen pad and secure with tape. change 2 times a day and as needed. continue offloading area when in bed and laying down in between meals. will see again in 2 weeks</p> <p>The Progress notes dated 4/28/2023 at 3:18 p.m. documented, Resident stated he is getting new custom wheel chair through insurance once he makes the move. Insurance will not cover custom chair until he moves out the facility</p> <p>The Progress notes dated 5/5/2023 at 4:59 a.m., documented, dressing change to left hip wound. Drainage purulent, strong order, necrotic wound bed, 0.5 cm deep tunneling area normal</p>			
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	<p>surrounding wound color. Expressed concern to resident, wound nursing following. Will update DON in AM. Extensive time teaching the importance of off loading hip and mobilization. Verbalized understanding and was very receptive to teaching.</p> <p>The Progress notes dated 5/9/2023 at 00:18 a.m., documented, Continues with bactrim for treatment of skin concern right trochanter. No adverse reaction to antibiotic. Temperature 98.4. Good amount of fluid drank. Dressing is clean, dry, intact.</p> <p>The Progress notes dated 5/10/2023 10:30 p.m., documented, Continues with antibiotic to promote wound healing to right hip without adverse reaction. Wound nurse saw resident today; continue same treatment. M.D. updated.</p> <p>The Progress notes dated 5/11/2023 9:05 a.m., documented: seen by wound clinic on 5/10/23, progress note sent to doctor to review.</p> <p>The Progress notes dated 5/13/2023 1:14 a.m., documented: Continues with antibiotic for right</p>			
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	<p>hip wound without adverse reaction. Decreased drainage of wound noted. Temperature 97.4.</p> <p>The Progress notes dated 5/13/2023 3:02 p.m., documented: Resident continue with antibiotic therapy for right hip wound. Resident with no adverse effects to medication at this time. Resident without s/s of increased infection and remains afebrile.</p> <p>The Progress notes dated 5/15/2023 2:37 a.m., documented: Resident remains on antibiotic treatment to promote wound healing. Will be ending May 19, 2023. No adverse effects noted from therapy thus far. Resident remains afebrile, free of pain, and off loading of right hip. Able to verbalize needs, no concerns at this time.</p> <p>The Progress notes dated 5/15/2023 at 12:24 p.m., documented: resident returned from his wound care appointment with new orders: "cleanse with Dakins and rinse with normal saline. then use Dakins soaked gauze roll for packing in the wound. secondary dressing is secured with tape. twice per day. it is important that half strength Dakins solution is used in this dressing change"</p>			
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	<p>The Progress notes dated 5/17/2023 3:00 p.m., documented: Wound nurse here today for pressure ulcer to right hip. Resident with measurements of 4.7 x 5.0 x 5.0 cm with Serosanguinous drainage of moderate large amount. Foul odor, undermining noted at 3 and 7 at 2.5. 10% of wound bed is pink with 90% black and slough tissue. peri wound intact and edge is well defined</p> <p>The Progress notes dated 5/17/2023 at 3:07 p.m., documented: Orders to continue current treatment. Area worsened. Needs new wheel/ac or for his to be adjusted. Will be seen in 1 week if still facility. Has wound appointment set up with discharge.</p> <p>The Progress notes dated 5/23/2023 3:39 p.m., documented: Resident returned from wound appointment. Consultation form states to continue same wound care. Ensure packing is 1 whole piece and not multiple/separate pieces. Zinc oxide cream or skin barrier to surrounding skin to prevent breakdown. Periods of repositioning while in bed and in wheel/chair. Remind resident to reposition himself in the wheel/chair to relieve pressure.</p>			
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	<p>Interview on 5/24/23 at 3:05 p.m., the maintenance supervisor confirmed and verified that Resident #2 came into the facility with that wheelchair and that the black hard plastic piece is in the right place for an open area on the resident right hip and that the facility failed to intervene with an intervention to prevent a pressure ulcer from occurring.</p> <p>Interview on 5/24/23 at 9:05 a.m., Physical Therapy Assistant, confirmed and verified that Resident #2 came into the facility with that wheelchair and that the facility failed to do an evaluation on the recommendation from the Wound Clinic for a new pressure cushion and it is expected that staff follow through with that recommendation. In reviewing the wheelchair it is possible that the black hard plastic positioning device could be the culprit of the pressure ulcer and that it is expected that the staff notify the therapy department of any new orders or evaluation for positioning.</p> <p>Interview on 5/24/23 at 2:05 p.m., Staff A, Certified Nursing Assistant (CNA), stated that Resident #2 would position themselves on the right side of the buttocks and would need to be</p>			
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Facility Administrator

Date

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**Iowa Department of Inspections and Appeals
Health Facilities Division
Citation**

Citation Number: #6138		Date: June 20, 2023		
Facility Name: Osage Rehab & Health Care Center		Survey Dates: May 23 – June 13, 2023		
Facility Address/City/State/Zip 830 S. 5 th St. Osage, IA 50461		JS		
Rule or Code Section	Nature of Violation	Class	Fine Amount	Correction date

	<p>reminded to position in the center of the wheelchair seat and keep the right hip off the hard black plastic piece on the right side of the wheelchair. Resident #2 would use a slide board and transfer from the bed to the wheelchair independently.</p> <p>Interview on 5/24/23 at 1:05 p.m., Staff B, Certified Medication Aide (CMA), stated that Resident #2 was independent with self transfer by the use of a slide board and would need reminded to center the buttock in the center of the wheelchair due to Resident #2 would position the right hip on the hard black plastic piece on the right side of the wheelchair.</p> <p>Interview on 5/24/23 at 1:30 p.m., Staff C, Licensed Practical Nurse (LPN), stated that Resident #2 would transfer from the bed to the wheelchair independently with the use of a slide board and would need reminded to position the buttock in the center of the wheelchair cushion to take the pressure off the right hip that would be positioned on the hard black plastic piece on the right side of the seat of the wheelchair.</p>			
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Facility Administrator

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	<p>Interview on 5/25/23 at 12:05 p.m., Staff E, (Physician) confirmed and verified that the pressure ulcer on the right hip was a mechanical device pressure ulcer and that the pressure ulcer was avoidable if the facility would have followed the recommendation to look at the device in the wheelchair that was causing the pressure ulcer.</p> <p>Interview on 5/30/23 at 5:05 p.m., Staff D, Registered Nurse (RN), stated that Resident #2 would transfer from the bed to the wheelchair independently with the use of a slide board and would not position in the center of the wheelchair cushion and would need to be reminded to keep off the right hip. It is the expectation of the facility staff to intervene and attempt different interventions to keep a pressure injury from developing.</p> <p>Interview on 5/31/23 at 2:20 p.m., the facility corporate quality assurance nurse confirmed and verified that it is the expectation of the facility staff to intervene with alternative interventions to keep a pressure injury from developing and implementing measures or interventions from deteriorating.</p>			
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Facility Administrator

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	<p>The Skin Care and Wound Management Treatment Protocol for Stage II Pressure Ulcer dated 9/11 documented: A Stage II pressure ulcer is defined as a partial thickness loss of dermis presenting as a shallow open ulcer with a red pink wound bed, without slough. May also present as an intact or open/ruptured serum filled blister. Procedure: *Obtain a physician order for treatment. Verify resident/patient has an order for pain medication. *Implement treatment protocol as ordered. *Document wound measurements and characteristics on the Skin Grid-Pressure no less than weekly. More frequent documentation may be indicated based on change in condition of wound. *Review effectiveness of treatment plan every 2 weeks and revise as needed.</p> <p>The Skin Care and Wound Management Treatment Protocol for Stage III and IV Pressure Ulcer dated 6/15 documented: *A Stage III pressure ulcer is defined as a full thickness tissue loss. Subcutaneous fat may be visible but bone, tendon, or muscles are not exposed. Slough may be present but does not</p>			
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Facility Administrator

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	<p>obscure the depth of tissue loss. May include undermining and tunneling.</p> <p style="padding-left: 40px;">*A Stage IV pressure ulcer is defined as a full thickness loss with exposed bone, tendon or muscle. Slough or eschar may be present on some parts of the wound bed. Often include undermining and tunneling.</p> <p>Procedure:</p> <ul style="list-style-type: none"> *Read and select the treatment protocol. Consider the type of wound, drainage, and depth when selecting the treatment options. *Obtain a physician order for treatment. *Implement treatment protocol as ordered. *Verify prevention interventions are in place. *Review effectiveness of treatment plan every 2 weeks and revise as needed. <p>Facility Response:</p>			
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Facility Administrator

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