Iowa Department of Inspections and Appeals

Health Facilities Division

Citation

Citation Number: **1024**			**Date:** **8/11/21**
Facility Name: **Genesis Senior Living Center**		**Survey Dates:** **May 3 – July 27, 2021**	
Facility Address/City/State/Zip **5608 SW 9th St.** **Des Moines, IA 50315**	**JM**		

Rule or Code Section	Nature of Violation	Class	Fine Amount	Correction date
58.28(3)e	**481—58.28(135C) Safety.** The licensee of a nursing facility shall be responsible for the provision and maintenance of a safe environment for residents and personnel. (III) **58.28(3)** *Resident safety.* *e.* Each resident shall receive adequate supervision to protect against hazards from self, others, or elements in the environment. (I, II, III) **DESCRIPTION:** Based on record review, and staff, resident family member and physician interviews, the facility failed to provide adequate supervision and assistance to prevent hazards for 2 of 9 residents reviewed (Residents #7 and #9). On 4/30/21, a nurse left Resident #7 unsupervised on the commode in his room in order to enter the resident's adjoining	**I**	**$10,000**	**Upon Receipt**

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Facility Administrator Date

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	bathroom to obtain his wheelchair. When the nurse returned with the wheelchair, she found Resident #7 on the floor; he had fallen and sustained a laceration to the head due to striking his head on the floor when he fell. The facility sent the resident to the hospital Emergency Room (ER) and computed tomography (CT) scans showed bilateral (both sides of brain) subarachnoid hemorrhage (bleeding on the brain) and a subdural hematoma (bruising with concussion) of the left frontal lobe. Resident #7 died on 5/2/21 as a result of injuries sustained in the fall on 4/30/21. The facility reported a census of 50 residents. Findings include: 1. The 3/30/21 Minimum Data Set (MDS) Assessment tool revealed Resident #7 admitted to the facility 3/23/21 with diagnoses that included hemiplegia (paralysis on 1 side of the body), cerebrovascular accident (a stroke), aphasia (speech inability or difficulty) and atrial fibrillation (irregular heart beat).			

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	The MDS documented the resident displayed moderate cognitive impairment without symptoms of delirium, moderate difficultly hearing without hearing aid used, had unclear speech, usually understood others and could sometimes make themselves understood. The MDS also documented Resident #7 required extensive assist of 2 staff for surface-to-surface transfers, bed mobility, dressing, eating, toilet use, bathing and personal hygiene, was always incontinent of bowel and frequently incontinent of bladder. The MDS revealed the resident could not stand or ambulate (walk), and the assessment revealed he had fallen within 1 month prior to the admission and also since the admission without a sustained injury. A risk for falls related to history of falls care plan initiated 3/24/21 directed staff to: 3/23/21 - Anticipate resident needs and educate/remind him to call for assistance as needed.			

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	3/23/21 - Educate, provide supervision, and remind the resident to wear appropriate footwear. 3/24/21 - Scoop mattress to bed. Review of the incident reports revealed the following falls: On 3/24/21 at 8:10 a.m., staff observed the resident transferring themselves from their wheel-chair to the bed in room and during the attempt to stand, the resident slid onto floor with his legs extending outward, and landed on his buttocks. The resident sustained a 3.5 centimeter (cm) "U" shaped skin tear on the upper right elbow that required a dressing. Staff then applied a scoop mattress to the bed. On 4/15/21 at 3:15 a.m., a certified nursing assistant (CNA) answered the resident's bathroom call light and noted the resident sat on the floor in front of the toilet. The resident stated he took himself to the restroom, lost his balance, and slid to the floor. Staff identified			

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	no injuries and did not implement any new interventions. The record showed post fall vital signs and neurological assessments were initiated by Staff H, registered nurse (RN) and former assistant director of nursing (ADON) on 4/15/21 at 7:15 a.m. On 4/16/21 at 4:45 p.m., Staff H, RN and former ADON described the resident found lying on floor on right side with wheel chair tipped over him, the fall was unwitnessed. Noted blood on floor by resident's right arm. There was no documentation of post fall vital signs or neurological assessments in the resident's record. On 4/30/21 at 8:30 a.m., Staff I, licensed practical nurse (LPN), went into the room to check on Resident #7, assisted the resident to the commode, went to grab the wheel-chair from the bathroom, and when the nurse returned the resident lay on the floor bleeding from a laceration on the right side of the head. Staff then sent the resident to the hospital Emergency			

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	Room (ER) and called 911 for ambulance transport. Physical therapy notes transcribed between 4/16/21 and 4/29/21 revealed the resident had a static sitting balance (position held in a position for up to 45 seconds) that ranged from "did not tolerate" to fair, and a dynamic sitting balance (controlled repetitive movements of muscles and ligaments) that ranged from "did not tolerate" to fair. The notes revealed the resident had a fair static and dynamic sitting balance on 4/29/21, and a poor static and dynamic sitting balance on 4/28/21. The hospital records revealed staff evaluated the resident in the ER after a fall at the nursing home that resulted in head trauma with a laceration to right temple and below the right eye. Computed tomography (CT) scans revealed acute bilateral (both sides of brain) subarachnoid hemorrhage (bleeding on the brain) and a subacute subdural hematoma (bruising with concussion) of the left frontal lobe.			

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	The facility's self-assessment submitted with their self-reported incident related to the resident's 4/30/21 fall revealed the following: On 4/30/21 at 8:00 a.m., Staff found the resident on his left side near his bed. The resident stated he attempted to transfer himself from the bed, lost his balance, and hit his head on the bed frame. The facility noted a laceration to the left side of the head and applied and maintained pressure until transport arrived. The facility concluded the resident's injury was caused by a fall and documented the resident passed away on 5/2/21. A progress note transcribed 4/30/21 at 3:17 p.m. by Staff N, facility social worker documented the hospital called and reported the resident admitted to the hospital and had orders for a neurological physician consult and palliative care.			

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	Staff interviews revealed: 5/12/21 at 10:40 a.m., Staff I, LPN, stated she was currently employed by a sister-facility, no longer worked at the facility, the last day she worked at the facility was on 4/10/21. Staff I reported on the morning of 4/30/21, she received phone calls from Staff A, RN, and the facility's corporate nurse Staff G, RN, with requests for her to work at the facility that day due to staff call-ins. Staff I stated she arrived to the Side 2 unit of the facility at approximately 8:15 a.m., staff B, LPN was there, she didn't receive report on any of the residents and none of the morning medications had been administered to the residents she was responsible for. Shortly after she arrived, she was notified that the resident was scheduled for a family visit at 9:00 a.m. so she went to the resident's room to get him up and ready for the visit. When she entered his room the resident was awake and tried to climb out of the bed, she called for assistance, Staff B helped her transfer him from the bed to the commode, she got			

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	the resident's wheel-chair, called out for Staff B to assist with the transfer and when she turned around the resident was on the floor. It appeared he had fallen forward out of the commode and struck his head on the floor, she didn't think he had attempted to self-transfer. The resident bled from a laceration on his head, she notified the medical provider immediately for orders to transfer to the hospital and called 911 for an ambulance. On 5/11/21 at 10:15 a.m., Staff B, LPN, stated on the morning of 4/30/21, she helped Staff I, LPN transfer the resident to the commode because he required assist of 2 staff for transfers. Staff I remained in the room, and Staff B left the room and walked approximately 30 feet toward the nurse's station. Staff B stated in less than a minute, Staff I called for help because the resident was on the floor. On 5/11/21 at 1:20 p.m., Staff A, registered nurse (RN) stated the resident behaved impulsively, attempted to			

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	transfer independently, would self-transfer and was a high fall risk. Due to the resident's impulsiveness, he should not have been left alone unless he was in bed or safely positioned in a chair. 5/11/21 at 12:09 p.m., Staff D, RN and former interim director of nursing (DON), stated the resident was a high fall risk, he was always incontinent of bowel and bladder and did not use the commode, she didn't know why staff would have transferred the resident to the commode but should not have left him alone when he was positioned on the commode due to his balance problems and impulsiveness. During another interview on 7/13/21 at 9:25 a.m., Staff D stated after a resident falls, the nurse should always initiate the protocol for post fall vital signs and neurological assessments if the fall was unwitnessed or the resident hit their head when they fell. 5/11/21 at 10:47 a.m., Staff F, CNA, stated on 4/30/21, the resident was assigned to her and she saw the			

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	resident in bed between 6:30 a.m. and 7:00 a.m. when she checked on him. Staff F stated the resident had a tendency to lean forward when he sat up so staff had to put his feet up in the recliner when he was seated in his room. 7/1/21 at 10:42 a.m., Staff W, hospitalist physician stated she examined the resident in the ER on 4/30/21 for his head injury associated with a fall at the facility, he was extremely thin and dehydrated, appeared cachectic, his mouth was very dry and he had not received adequate oral hygiene care. In addition to emergent care for the resident's head injury, the resident also required emergent intravenous therapy to treat his dehydration. 7/1/21 at 12:45 p.m., Staff X, radiologist physician stated the small acute bilateral subarachnoid hemorrhage was consistent with the injury on 4/30/21, and the subacute left frontal lobe subdural hematoma did not occur from the fall on 4/30/21, but it possibly			

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	could be consistent with the unwitnessed falls that occurred 2 weeks prior. The left frontal lobe subdural hematoma was not present on a head CT scan completed in February, 2021 at the hospital, and likely developed from a fall after February as it was consistent with 1 or more weeks old. During an interview on 5/18/21 at 4:10 p.m., the resident's family member and responsible party (RP) stated the resident had a stroke that led to right side paralysis and problems with sitting balance. She stated they had seen him lean forward or to his right in the wheelchair sometimes when they saw him at scheduled facility visits. The RP stated the facility did not notify her of the 3/24/21 fall and on 4/15/21 the facility notified them the resident's wheel-chair had fallen over on top of him when he transferred himself in the bathroom. On 4/30/21, they had just left their home at approximately 8:40 a.m. en route to the scheduled facility visit when they received a call from the nurse who said the resident had an X-ray and the doctor had			

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	ordered a medication due to the results. Before they hung up they told her the resident had leaned forward when he reached for his oxygen tubing, fell out of his chair, and cut his head when it hit the floor so they were sending him to the ER. The RP stated they met the resident at the hospital and stayed with him, the nurses at the hospital and the ER doctor were very concerned about his injuries from the fall. The RP stated since the resident's death on 5/2/21, they had contacted the facility 3 different times to request copies of his records, and as of the time of the interview they still had not received them. The RP reported family elected for hospice care because the physician's explained he probably wouldn't have survived the surgery to relieve the bleeding on his brain, and so that meant the resident died as a result of the injuries from the fall. 2. Facility records revealed Resident #9 had diagnoses that included dementia with behavioral disturbance,			

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	anxiety, encephalopathy and pneumonia due to inhalation of food/vomit, the resident admitted at 4:00 p.m. on 3/19/21, discharged to family at 4:16 p.m. on 3/20/21, admitted for short-term Respite care at 12:36 p.m. on 4/29/21, and discharged to family care at 6:00 p.m. on 4/30/21. Progress note entries revealed: 3/19/21 at 6:26 p.m., resident confused, spoke only Italian language, non-compliant with remaining in bed and undressed self frequently. 3/20/21 at 6:26 a.m., resident removed clothing and attempted self-transfers from bed, Staff P, CNA, assigned to the resident for 1 to 1 supervision/care for resident safety. 3/20/21 at 12:00 p.m., Oxycodone (strong narcotic analgesic) 5 milligrams given per order for pain and restlessness, 1 to 1 staff assignment continued. 3/20/21 at 1:32 p.m., resident encouraged to nap until			

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	family arrived to take the resident home, Oxycodone effective to reduce pain symptoms and restlessness, 1 to 1 staff assignment for resident safety continued. 4/29/21 at 12:36 p.m., arrived by personal vehicle accompanied by spouse, admitted for short Respite stay, resident believed he was at the facility for a doctor appointment. 4/29/21 at 3:40 p.m., Wandergard transponder bracelet (an electronic device that alerts facility when resident near an exit door) placed on resident's ankle due to wandering. 4/30/21 at 12:00 p.m., nurse practitioner (NP) at facility and authorized Ativan (an anti-anxiety medication) 0.5 milligrams administered oral 3 times a day for anxiousness. Resident does not want to remain in his room, ambulating with cane outside of the transitional hallway (restricted due to COVID-19 infection control precautions in place at that time at the facility) and			

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	ambulated towards the front door. Has been redirected away from the front door several times by staff, hitting staff with his cane, punched at staff and pulled the activity director's hair because he wanted to leave the facility and go home with his spouse. 4/30/21 at 12:30 p.m., Ativan 0.5 mg administered for anxiety and aggressive behavior. 4/30/21 at 5:00 p.m., resident fell in facility foyer as he attempted to leave, sustained a 2.0 centimeter (cm) abrasion on his right cheek and a 0.2 cm abrasion on the bridge of his nose. Ambulated resident back to his room and assisted into bed. Vital signs and neurological assessment completed (per fall assessment protocol). 4/30/21 at 5:03 p.m., resident got out of bed and fell again, 3 cm by 3 cm hematoma (bruise) with scant bleeding noted at mid-occipital area (back of the head).			

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	4/30/21 at 6:00 p.m., discharged home with family per their request. An incident report related to the 4/30/21 falls revealed: 4/30/21 at 5:00 p.m., completed by Staff A, registered nurse (RN), stated resident was found on floor in foyer with abrasion to right cheek and across bridge of nose, the resident fell when he tried to leave the facility. He had been wearing glasses, appeared he hit the door frame. At 5:03 p.m. resident fell immediately following the 5:00 p.m. fall, found in doorway of room with a 3 cm by 3 cm mid-occipital abrasion. The staffing schedule for Side 1, where the resident was located, on 4/30/21 revealed: Staff A, RN, scheduled from 6:00 a.m. to 6:00 p.m., 2 CNA's were scheduled for the 6:00 a.m. to 2:00 p.m. shift (usually 3 CNA's), 2 CNA's were scheduled for			

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	the 2:00 p.m. to 10:00 p.m. shift (usually 3 CNA's). The staffing schedule for Side 2 on 4/30/21 revealed the nurse assigned from 6:00 a.m. to 6:00 p.m. had not reported to work. Per staff interviews, the facility had a nurse from another facility come in at 8:15 a.m. and work until relieved by an agency nurse that arrived at 11:30 a.m., 3 CNA's were scheduled from 6:00 a.m. to 2:00 p.m., and 1 CNA scheduled from 2:00 p.m. to 4:30 p.m. was relieved by another CNA scheduled at 4:00 p.m. (leaving 1 CNA for the area when there were usually 3). Staff interviews revealed: 5/6/21 at 9:50 a.m., Staff A, RN, stated the resident had advanced dementia and didn't speak English. Even before his family left when he was admitted he was restless and tried to get up without assistance. He continued to try to get up on his own, he was disrobing, and they didn't have the staff to make him a			

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	1 to 1 which is what he needed. The resident was looking for his family, tried to go out exit doors, he hit staff when they tried to redirect him away from the doors. Staff A was on the phone to notify the physician of the fall at 5:00 p.m. when the resident had another unwitnessed fall in his room, again looking for his family. His family came and picked him up after that. 6/1/21 at 9:00 a.m., the facility administrator stated decisions about resident's accepted for admission were made by their management team that included herself, the director of nursing, social worker, activity director, dietary manager and maintenance supervisor (their inter-disciplinary team). During an interview on 5/11/21 at 2:11 p.m., the resident's family member stated they had contacted different staff at the facility at different times after the 4/30/21 discharge in attempts to get more information about the resident's falls and injuries, but the facility			

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	would not provide the information. They noticed bruising on the right side of his face, both knees, his right hand and left forearm, and a lump on his head when he was discharged on 4/30/21. The family member stated the resident had dementia which had impacted his memory and judgement, but he had not had physical behaviors when at home and had a calm demeanor prior to his admission to the facility. The family member expressed serious concern for the resident's injuries and the facility's refusal to explain how they had occurred. FACILITY RESPONSE:			

_____ _____

Facility Administrator Date

If, within thirty (30) days of the receipt of the citation, you (1) do not request a formal hearing or; (2) withdraw your request for formal hearing, and (3) pay the penalty; the assessed penalty will be reduced by thirty–five percent (35%) pursuant to Iowa Code section 135C.43A (2013).

Iowa Department of Inspections and Appeals

Health Facilities Division

Citation

Citation Number: **1024**				**Date:** **8/11/21**
Facility Name: **Genesis Senior Living Center**		**Survey Dates:** **May 3 – July 27, 2021**		
Facility Address/City/State/Zip **5608 SW 9th St.** **Des Moines, IA 50315**	**JM**			
Rule or Code Section	**Nature of Violation**	**Class**	**Fine Amount**	**Correction date**

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Facility Administrator Date

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