

**Iowa Department of Inspections and Appeals  
Health Facilities Division  
Citation**

Citation Number: <b>9023</b>		Date: <b>December 23, 2020</b>		
Facility Name: <b>Pillar of Cedar Valley</b>		Survey Dates: <b>October 5 – 28, 2020</b>		
Facility Address/City/State/Zip  <b>1410 West Dunkerton Rd Waterloo, IA 50703</b>		<b>JM</b>		
Rule or Code Section	Nature of Violation	Class	Fine Amount	Correction date

<b>58.28(3)e</b>	<p><b>481—58.28(135C) Safety.</b> The licensee of a nursing facility shall be responsible for the provision and maintenance of a safe environment for residents and personnel. (III)</p> <p><b>58.28(3) Resident safety.</b></p> <p>e. Each resident shall receive adequate supervision to protect against hazards from self, others, or elements in the environment. (I, II, III)</p> <p><b>DESCRIPTION:</b></p> <p>Based on observations, staff and resident interviews and clinical record review, the facility failed to ensure 1 of 4 sampled residents received nursing supervision while consuming an altered textured diet and failed to protect residents against hazards in the environment. Resident #4 returned from the hospital to the facility on 9/24/20 and was placed in isolation. Resident #4 was to receive a pureed diet and was to be supervised while eating due to the altered textured diet, a diagnosis of dysphagia and the need for cueing. Resident #4 received a mechanically soft diet (wrong diet) and was not supervised during his breakfast meal on 9/30/20. Resident #4 choked on the food given to him and required administration of the Heimlich maneuver to remove the food trapped in his airway.</p>	<b>I</b>	<b>\$7,750</b>  <b>(Held in suspension)</b>	<b>Upon receipt</b>
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	<p>Resident #4 passed away the following morning less than 24 hours after the incident occurred.</p> <p>1. A Face Sheet titled Admission Record printed on 10/22/2020 at 3:26 p.m., documented Resident #4's most recent hospital stay was 9/10/20 to 9/24/20. It documented diagnoses included schizoaffective disorder, mild intellectual disabilities, mixed obsessional thoughts and acts, polydipsia (constant excessive drinking related to excessive thirst) and dysphagia (swallowing difficulties). Date of discharge was documented as 10/1/20 with mortician name and license number left blank.</p> <p>A care plan with a focus date of 3/16/20, directed staff that resident had a diagnosis of dysphagia. The resident was on a pureed diet with pudding thick consistency liquids. The goal was that Resident #4 would continue to remain free from aspiration with an intervention directing staff to follow diet recommendations. The care plan with a focus date of 3/16/20, directed staff that resident had a mental health disorder: schizoaffective disorder with a goal the resident was to remain free from major injury. An intervention directed staff to notify psychiatrist of any acute changes in behavior.</p> <p>A progress note dated 9/10/20 at 2:57 p.m., stated resident had a weight loss and a house supplement was added as well as antibiotic: Augmentin for possible aspiration and Zyprexa for behaviors.</p>			
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	<p>A progress note dated 9/10/20 at 3:47 p.m., documented resident made himself fall over a mat and his mental status was definitely in question.</p> <p>A progress note dated 9/10/20 at 4:30 documented that IMPACT (geriatric care team) ordered that Resident #4 be sent to the hospital for altered mental status.</p> <p>In an interview on 10/14/20, the DON provided scanned documentation of papers that were sent with resident to the hospital on 9/10/20. The papers included a Medication Review Report printed on 9/10/20 at 4:41 p.m., which documented Regular Diet Pureed Texture, Honey consistency.</p> <p>A Nutrition Note dated 9/15/20 at 10:09 a.m., documented by the hospital dietitian showed the resident's diet was mechanical soft ground meat with honey thick liquids. Dietitian visited with resident in his room. A sitter was at his bedside.</p> <p>A Nutrition Note dated 9/22/20 at 11:23 a.m., the hospital dietitian documented resident's diet was mechanical soft ground meat with honey thick liquids. Dietitian visited with resident in his room. A Patient Care Tech (PCT) was also present. The PCT reported the resident was on his 3rd meal tray already that day.</p> <p>In an interview on 10/14/20 at 1:08 p.m., the hospital dietitian stated she did not know for sure if resident had a sitter with him for all meals while he was at the hospital. She stated a Speech Therapist would have</p>			
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	<p>decided if a sitter was needed. The dietitian then stated it did not look like a speech therapist saw him at the hospital. The dietitian verified "PCT" meant "Patient Care Technician." She said that if a resident has a sitter it would be 24/7. A sitter could be there for various reasons. She did believe this resident did have a sitter with him.</p> <p>In an interview on 10/14/20 with the Director of Risk Management at the hospital verified that resident did have a sitter with him. She stated when the resident was initially admitted they monitored him per video. The next day on the 9/11/20 they started staffing a sitter. She reported this resident could become violent and he was agitated at times. They found it best to have someone with him. He had intellectual disabilities. He started seeking food at 5 in the morning. They ordered more food to the unit. They did not want him to leave and felt it best that they had someone with him 24/7.</p> <p>A Discharge Diet communication from the discharging hospital dated 9/24/20, documented the resident's diet as regular mechanical soft and honey thick liquid diet.</p> <p>Progress note entries dated 9/24/20 documented the facility had entered orders.</p> <p>Progress note dated 9/25/20 at 4:58 a.m., documented this resident left his room several times during the shift. The nurse attempted to explain the purpose of isolation and COVID monitoring measures but the</p>			
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	<p>resident was unable to follow the teaching due to intellectual disabilities.</p> <p>A progress note dated 9/25/20 at 9:58 a.m., documented IMPACT was notified regarding resident's refusal to stay in his room and resident knocking trays and food off the tables in the hallway. An order for 1 mg Ativan intramuscular (injection) was obtained.</p> <p>A progress note dated 9/25/20 at 7:52 p.m., documented the resident forgot he ate supper and lunch, and that resident is supposed to be on precautionary isolation but doesn't understand that he needs to stay in his room.</p> <p>A progress note dated 9/26/20 at 5:33 p.m., documented resident was still exit seeking and leaving his isolation room.</p> <p>A progress note dated 9/27/20 at 12:39 p.m., documented new orders received that included a Speech Therapist to evaluate resident and a pureed diet.</p> <p>A progress note dated 9/27/20 at 1:06 p.m., documented resident was compliant with isolation precautions only leaving room to come to the nurses' station a few times.</p> <p>A progress note dated 9/28/20 at 2:50 p.m., documented resident did not meet SNF (skilled nursing) and will be notified to change level of care to ICF (intermediate level of care).</p>			
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	<p>A progress note dated 9/30/20 at 8:25 a.m., documented LPN was called into resident's room to assess resident, resident was laying on back in bed with eyes open and breakfast tray in front of him. Resident was not able to respond when asked if he was okay. The LPN performed the Heimlich maneuver and resident started to spit food up. Resident then took a deep breath and started talking. The writer checked resident's mouth for any remaining food and encouraged to spit out any food on the floor which resident did. It was noted that resident was given a mechanical soft diet for breakfast instead of pureed, the tray was promptly removed. Primary care provider was notified of incident with no new orders. Kitchen was notified of diet error. Head of bed was placed at 90 degrees and resident was encouraged to sit up.</p> <p>A progress note dated 9/30/20 at 12:00 p.m., documented the nurse sat with writer during lunch for safety.</p> <p>A progress note dated 9/30/20 at 6:53 p.m., documented the resident ate 100% of his supper and staff monitored resident while he ate. When he was done he asked for some pie. Resident took medications crushed and in pudding without any difficulty.</p> <p>A Progress note dated 10/1/20 at 5:57 a.m., documented resident's family was notified the resident had passed away.</p>			
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	<p>Record review revealed there were no progress notes between the 9/30/20 at 6:53 p.m. entry and the 10/1/20 at 5:57 a.m. entries.</p> <p>A Progress note dated 10/1/20 at 6:00 a.m., documented the medical examiner was paged to discuss if case needed to be examined.</p> <p>An Incident Report dated 9/30/20 at 8:05 a.m., documented there were no witnesses of the 9/30/20 8:25 choking incident and that the resident was unable to give a description. The notes on the Incident Report documented:</p> <ol style="list-style-type: none"> <li>1. 9/30/20 Tray card system defaulted to previous diet. Has been updated and is accurate.</li> <li>2. 9/30/20 Staff to be educated to be present if on an altered diet in isolation.</li> <li>3. 9/30/20 will review all diets of residents that eat in their rooms will be done to ensure the residents on altered diets are eating in supervised setting or supervised by staff in lounge or dining room.</li> <li>4. 10/2/20 dietary seating charts updated and staff notified for supervision of residents with altered diets.</li> </ol> <p>On 10/14/20 the Nursing Home Administrator (NHA) provided a copy of the 4 above interventions with handwritten notes. The notes documented that in Oaks and Elms there was no one on isolation with altered diet. 9/30 updated seating chart nurses' station and dining room. Willowwood- no changes. This resident was the only one in isolation with an altered</p>			
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	<p>diet. Informed immediate education to those present. Also on Nurse 24 hour report</p> <p>A Report Sheet dated 9/30/20 directed staff that resident is on a pureed diet, choked on breakfast this a.m., Heimlich performed, and directed staff resident needs supervision with meals and vital signs completed every shift for 72 hours.</p> <p>In an interview on 10/12/20 at 2:00 p.m., the NHA stated resident did not pass away from being served the wrong diet. The NHA said they investigated the incident and the dietary supervisor did not know that when she put his diet order in the system, it didn't save. The resident received a mechanical soft diet while at the hospital and when he returned he was placed on a mechanical soft diet on 9/24/20 per doctor's order. The NHA reported the diet was changed to a pureed diet with honey consistency on 9/26/20 per doctor's orders, and added the medical examiner declined to come to the facility and said it was a heart attack.</p> <p>In an interview on 10/12/20 at 2:10 p.m., the DON stated she talked with the county medical examiner (ME) and he said he didn't feel he needed to come and see the resident unless the medical director or family requested it. Family was notified and they declined further ME intervention. The DON added IMPACT was notified, and 2 ARNP's and 1 physician made the decision it was not necessary for the medical examiner to review. The DON reported the IMPACT team was aware of the choking episode per progress note on</p>			
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	<p>9/30/20 at 10:02 a.m. and ordered vital signs for 72 hours.</p> <p>An undated email from IMPACT ARNP (Advanced Registered Nurse Practitioner) to the Director of Nursing (DON) documented the death certificate was completed by the ARNP and Cause of Death was Cardiorespiratory arrest.</p> <p>In an interview on 10/13/20 at 12:45 p.m., Staff A Licensed Practical Nurse (LPN), reported she had done the Heimlich on this resident that morning. It was at breakfast time and Staff B Certified Nurse Aide (CNA), told Staff A that this resident was choking. Staff A said she immediately noticed he was delivered the wrong diet. Staff A stated there might have been scrambled eggs and pancakes. Staff A knew that he was supposed to have pureed food. Staff A asked the Assistant Director of Nursing (ADON), to complete a respiratory assessment to confirm accuracy of Staff A's assessment. Staff A educated staff that residents on specialized diets should not be eating by themselves. She added the resident was on quarantine and his tray had already been delivered his tray. Staff A reported she observed the resident eating his pureed lunch and coached the resident to slow down as he was eating a little fast. Staff A stated the dietary staff do pass meal trays to residents in isolation and identified Staff D, Dietary Aide/CNA as the person who gave this resident the tray with the food that he choked on that morning. Staff A stated the ADON had a conversation with Staff D. Staff A reported the resident came back from the hospital on a mechanical soft diet and on</p>			
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	<p>9/27/20 the order was changed to pureed. Staff A stated she was there the night of 9/27/20 and ensured he received the right diet.</p> <p>In an interview on 10/13/20 at 1:18 p.m., Staff B, CNA, stated they were passing trays the morning of the choking episode. Staff B stated Staff D thought the resident was choking. Staff B stepped into the resident's room and then grabbed Staff A; the resident had been laying on his back but Staff B did not know this resident very well. Staff B was making the trays and Staff D was delivering them. The resident's diet went from mechanical soft when he came to the unit to a pureed diet. Staff B reported the nursing and dietary staff got into it over what the resident's diet was. Staff B said if she remembers right, he received mechanical soft the first day he was on Willowwood. Staff B had not seen the resident's tray before it went into the room. Staff B reported residents with altered diets usually eat in the common area, but this resident was in isolation at that time. Staff B said that normally they leave the trays outside of the room for those residents that are on an altered diet and was unsure why the resident got his tray. Staff B's understanding is that somebody needed to be in the room with this resident while he ate his meal. Staff B said there is often miscommunication between dietary aides and nursing staff in general, for example taking trays into isolation rooms. Staff B reports she knows residents diet from slips or word of mouth. Usually slips are accurate on trays. Staff B said there is a verbal shift to shift report between CNA's. The ADON told staff after this incident to be with residents on altered diets in their rooms.</p>			
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	<p>Staff B mentioned another resident who they all knew prior to him going into isolation so knew he had to be supervised eating, but added Staff B was unfamiliar with this resident because he had resided in the Aspen (Intermediate Care) wing prior to returning from the hospital to Willowwood.</p> <p>In an interview on 10/13/20 at 1:50 p.m., Staff D Dietary Aide/CNA, had brought resident his tray that day. It was on the ticket as mechanical soft. One day he would get pureed and another day he would get mechanical soft. He was in isolation and it was the first time Staff B brought his tray. He was sitting on the edge of the bed and Staff D sat the tray on the tray table, left the room, and continued to pass trays. She was opening a milk for a resident who was across the hall from Resident #4, when she heard choking, so she went out into the hall, called out Resident #4's name and when he didn't answer she looked into his room. She say the resident laying on his bed and she went and got Staff B. Staff D stated that usually people in isolation are on Elms right. This resident was on a locked unit- Willowwood. Staff D said that residents that need supervision sit out in the dining room and usually would already be out there in the dining room so that's where she would deliver the trays. Staff D said the diets are on the tickets. Staff D had not received training on supervision with altered diets and said they don't tell us dietary aides which residents should be supervised and who isn't. Staff D went on to say that as a CNA you get told all that kind of stuff. This was the first time she had seen this resident and</p>			
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	<p>she did not know he was up there as she usually serves trays on Pine.</p> <p>In an interview on 10/13/20 at 2:02, Staff D stated the resident received scrambled eggs that morning with toast. She reported the diet was not altered at all. She believed he received some kind of cold cereal but did not remember what kind and could not remember what this resident had to drink.</p> <p>In an interview on 10/27/20 at 4:30 p.m., Staff U stated she sat with resident during supper the evening of the choking episode. Staff U stated resident did fine at supper and was up walking around. He did request pie but Staff U did not give it to him as he was on a pureed diet. Staff U does not recall if nursing staff sat with resident during mealtime in his room prior to the choking incident.</p> <p>In an interview on 10/14/20 at 11:00 a.m., Staff E, Licensed Practical Nurse (LPN), from Aspen (the ICF unit resident lived on prior to going to the hospital and returning to Willowood SNF), stated they would have to remind this resident to slow down as he would shovel in food. Resident's diet was pureed with honey thick (liquids). Staff E stated if there was ample staff this resident would eat in the PT (physical therapy) area and would sit by the wall otherwise he would eat in the community room. The resident did not eat in his room. This resident would eat too fast and too much and would cough occasionally. Staff E was here the day that resident was sent to the hospital. Staff E</p>			
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	<p>stated this resident had always been on a pureed diet since the day he admitted to the facility.</p> <p>In an interview on 10/14/20 at 11:50 a.m., the DON stated this resident went to the hospital for increased behaviors. He was to be admitted to psych but they would not take him because he had a g-tube. She said his hemoglobin level was low so he was admitted and procedures were ordered, and then he returned to the facility in isolation. She verified the resident was at the hospital from 9/10/20 through 9/24/20.</p> <p>In an interview on 10/14/20 at 11:55 a.m., the NHA stated this resident was so excited to come back to the PMI unit (Willowwood) as he had wanted to go to that unit all along. The NHA concurred the isolation was set up for the resident upon his return with a cart outside of his room.</p> <p>In an undated typed and signed statement, Staff F, Dietary Director stated this resident's diet was downgraded to pureed on 9/25/20. Staff F had the assistant manager change the already printed tickets through Wednesday 9/30/20 and that a ticket must have gotten missed because the resident received pureed up until that day. Staff F had an email out to the company that provided the food to see if there was a time and date stamp of diets changed.</p> <p>In an interview on 10/14/20 at 11:30 a.m., Staff F, Dietary Manager stated on Friday the 25th of September she was off work and the ADON had emailed Staff F regarding a diet change for Resident</p>			
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<b>Facility Address/City/State/Zip</b>  1410 West Dunkerton Rd Waterloo, IA 50703		<b>Survey Dates:</b>  October 5 – 28, 2020		
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	<p>#4. Staff F explained that she was off Friday and Monday so she had printed tickets through the next Wednesday on Thursday, the day before she had received the email from Staff C. Staff F reports she called Staff G, Dietary Director, (Staff F's assistant) who had quit during this survey, and told Staff G that this resident's diet was changed and to change the tickets. Staff F came in on Saturday 9/26/20, cooked breakfast, worked breakfast and lunch with no concerns brought to her Saturday, Sunday, Monday or Tuesday. Staff F cooked breakfast on Wednesday morning. Staff D told her that a resident had choked on his omelet. Staff F said she had made him a pureed tray. Staff F went in to her computer program to see if diet had been changed to mechanical soft. She noticed Staff G had not changed the diet in the system because the tickets were printed through Wednesday. Staff G would have handwritten on the tickets. Staff F stated she could have caught it after breakfast on that Wednesday because she would have printed off new tickets. Staff F stated she talked with Staff G about it and Staff G told her she had hand written pureed on all of his tickets. Staff F said when Resident #4 lived on Aspen he was always on a pureed, honey thick diet. This resident went to the hospital and they put him on mechanical soft. He returned to the facility on mechanical soft. Then the diet was downgraded to pureed on the 25th (of September). This resident had never been on Mechanical soft prior to that. He had always been pureed. All tickets said mechanical soft until Staff F reprinted after changing the diet in the system on that Wednesday. Staff F said that dietary staff do not serve</p>			
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	<p>trays to isolation rooms. Staff F stated she was not made aware that Staff D had even done that (brought tray to a resident in an isolation room). Staff F said in all fairness the only isolation rooms were in Elms prior to this resident going to Willowood. Staff F said she knew this resident was in isolation because he had returned from the hospital. Staff F stated she had not changed the diet order in the system.</p> <p>In an interview on 10/14/20 at 11:07 a.m., the ADON, stated she came into the facility shortly after the choking incident had happened and was notified when she came to the unit that the Heimlich had been done. Staff A asked her to check Resident #4's lungs because she had done an assessment but was having difficulty with the resident moving around. The ADON listened to the resident's lungs, the resident did fine with lunch, and Staff C received no reports of any further concerns. The ADON stated after finding out about the diet, she had asked who had served him the tray, and then spoke with Staff F about the tray ticket. Staff F said she had changed it in the system but it hadn't saved correctly and Staff D served the resident a mechanically altered. The ADON told Staff D that if a resident has an altered diet you cannot leave a tray in a resident's room; anybody in isolation and on an altered diet had to have staff stay with them in the room. The ADON stated she educated staff on Willowood and added there are seating charts for all units and she, the DON, Staff F, and another ADON had met after this incident and went over seating charts to make sure everyone was out of their rooms who had an altered diet. On 10/14/20 at 12:05 p.m.,</p>			
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	<p>Staff C stated she had put up the isolation sign before Resident #4 came back from the hospital. Staff C set an isolation bin outside of room door and garbage and laundry bins inside of the room. The isolation sign went on the mantle of the door. Staff C reiterated that the resident had all isolation set up prior to him coming back from the hospital. The Isolation cart had gowns, gloves, goggles, and face shields.</p> <p>In an interview on 10/14/20 at 12:12 p.m., Staff H, Development Assistant (DA), stated he worked with this resident in Aspen prior to his hospitalization and verified the resident ate a pureed diet in the common PT area so staff could be present when he ate. Staff D added the resident drank honey consistency liquids and was on the same diet the whole time he was in Aspen. Staff H said he had no problems with the resident choking but staff had to remind him to take a drink in between bites.</p> <p>In an interview on 10/14/20 at 2:30 p.m., Staff G, Dietary Director, heard Staff F say that she (Staff F) could not believe that she (Staff F) did not change the slips on the day the resident choked. Staff G stated that when diets needed to be changed somebody would tell Staff F what the changes were and Staff F would update the computer. Staff G said the residents who came to the dining room already had COVID-19 and those who hadn't ate in their rooms. Staff G added she was the evening supervisor, did not deliver trays, and was never told to change diet slips for this resident. Staff G said Staff F never said anything about changing diet slips. When asked about Staff F</p>			
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	<p>calling her to ask her to change the slips, Staff G checked her phone and said she did not receive any calls from Staff F on 9/25/20. Staff G has gotten an email before. Staff G, when asked if she received any communication either email, a phone call, etc., about changing the diet tickets for Resident #4, Staff G stated she did not. Staff G stated she did not change any slips, she did not cross out mechanical soft diet and did not write pureed on this resident's diet slips.</p> <p>An email correspondence dated September 25, 2020, was initiated by the Speech Therapist at 12:01 p.m. and sent to the ADON and documented the resident came back from hospital with orders of an upgraded diet to mechanical soft diet. The Speech Therapist had called the hospital and there was no record of speech therapy. The Speech Therapist requested Staff C get an order to return resident to pureed with honey liquids. Staff C responded at 12:04 p.m. and forwarded on to Staff F asking Staff F to downgrade Resident #4's diet to pureed with honey thick. Staff C wrote that she had requested the order to be officially changed but for nursing judgement can change it now. Staff F responded at 1:24 p.m., OK. The mechanical soft made me (face emoji with a straight lined mouth).</p> <p>In an interview on 10/14/20 at 4:00 p.m., Staff F stated she had taken everything off of her phone and there was no way to show that she had called Staff G to ask her to change the order on diet tickets. When asked about her call history, Staff F stated, no, that it wouldn't be in there. Staff F said she remembers seeing tickets that had the changes written on them. Staff F said</p>			
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	<p>other dietary staff could verify. Staff F said Staff I would have worked some of the days during the time the tickets were changed.</p> <p>In an interview on 10/14/20 at 4:05 p.m., Staff I, FSW, stated she didn't remember this resident having changes on his ticket/slip but she sees hundreds of tickets each day. Staff I said she did not remember seeing anything scratched out or written on this resident's diet slips. Staff I verified that she worked some of the days between 9/25/20 to 9/30/20.</p> <p>In an interview on 10/19/20 at 1:44 p.m., Staff J, Facility Contracted Dietitian, Staff J stated she would evaluate a resident returning from the hospital if she was requested to do so. Staff J stated she was unaware of an issue with Resident #4. Staff J works on Minimum Data Sheets (MDS) for residents. Staff J prints weight reports then she deals with concerns by faxing the ADONs to do follow up and added she had sent emails to Staff F when she would like to add pudding or something for an individual resident. Staff J reported a lot of information is communicated through emails and the nurses are responsible to obtain any doctor's orders.</p> <p>In a progress note dated 8/14/20 at 4:16 p.m., Staff J documented weight decrease for Resident #4. Due to pureed diet with honey thick liquid diet and fluid restriction, Staff J recommended trying a yogurt as am snack with no fruit pieces and a pudding as an afternoon snack to see if the snacks would satisfy his hunger and stop him from going to the kitchen to</p>			
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	<p>obtain food and see if his weight would then be maintained. Staff J faxed the doctor with this information and recommendation for adding 4 ounces of honey thick Shaklee twice a day to help stabilize his weight.</p> <p>In an interview on 10/13/20 at 9:54 a.m., Staff K Speech Therapist for facility, stated she had checked with the hospital after resident had returned from the hospital to see if resident had been seen by speech therapy there. Staff K stated whenever someone is on an altered diet they should have somebody with them during meals. Resident #4 had coughing and eating difficulties. He was unable to follow strategies due to Intellectual Disabilities and poor impulse control. Staff K stated if this resident was on anything other than a pureed diet then he would have been at risk for choking as his impulses could not be controlled and he required constant reminders. Staff K said the resident returned on the 24th (of September) and she did her evaluation on the 25th (of September). After changing a resident's diet, Staff K's expectation would be for staff to monitor a resident and to observe and report any difficulties. Staff K had seen Resident #4 previously so pureed texture wasn't a new diet but mechanical soft was. Based on prior knowledge of diet, Staff K changed him back to pureed diet stating he felt it was for his safety.</p> <p>An email dated 9/24/20 at 10:52 was provided by Staff K on 10/20/20. The email went to Team Pillar and received by Staff K. It stated Resident #4 would be returning that day to Room 221 Willowood. Staff K</p>			
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	<p>stated she was alerted to the resident's return from the hospital by this email.</p> <p>In a Speech Therapy SLP evaluation and Plan of Treatment dated 9/25/20, Staff K documented her goal was to determine safest diet and clarify diet change upon re-admit. Potential for achieving rehab goals was documented as excellent with staff participation. Staff K documented that the current referral reason was Resident #4 resided at the facility and was placed in the hospital. Resident returned to this facility with orders for Speech Therapy to evaluate and treat as indicated. Resident left with orders for a pureed diet. Resident returned with orders for mechanical soft diet with no explanation of the change given. Staff K documented the prior treatment outcome was compensatory strategies to upgrade from pureed diet to mechanical soft diet was addressed. After multiple sessions, the resident was not able to independently use the strategies and was at risk for aspiration. The resident was discontinued on a diet of mechanical soft food. The prior level of function was documented as pureed consistencies, honey liquid thick liquids with minimum of close supervision. Under the Current Level of Function and Underlying Impairments, Staff K documented swallowing abilities was minimum of close supervision. Liquids assessed during evaluation were honey thick liquids and solids assessed during evaluation were mechanical soft textures and pureed consistencies. A mechanical soft assessment showed moderate clinical signs and symptoms of dysphagia as the resident had a wet voice and refused more than two bites. The swallow onset time was 4 seconds and</p>			
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	<p>the pureed assessment showed clinical signs and symptoms of dysphagia was resident filled his spoon with as much food as the spoon would hold. This resident ignored cues to take smaller bites and had minimal mastication (chewing). Swallow onset time was 3 seconds. Staff K documented her clinical impressions as: resident presented with confabulation, stating he had not had breakfast and wanted bacon and eggs. This resident presented with difficulty with mechanical soft food and showed no signs or symptoms of aspiration with pureed texture. The reason documented for therapy was skilled services for dysphagia were warranted to assess and determine least restrictive diet. Services were required due to the resident having difficulty learning new information. The risk factor for skilled intervention was that without skilled therapeutic intervention the resident was at risk for aspiration. Staff K documented recommendations as pureed consistency diet with honey thick liquids. Resident to have close supervision. The resident should be upright to eat and staff should cue resident to take small bites and swallow before taking another bite. Staff K documented that resident was unable to cooperate for further examination or consult related to this resident was unable to cooperate and the results would not change the clinical management of the patient.</p> <p>An undated list of diet orders revealed the following diet orders for Resident #4:</p> <p>3/13/20 Regular diet Pureed texture, pudding consistency, discontinued 6/10/20</p>			
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	<p>6/10/20 Regular diet, Pureed texture, Honey consistency, discontinued 9/24/20              8/31/20 House supplement, discontinued 10/1/20              9/24/20 Regular diet, Mechanical Soft texture, Honey consistency, discontinued 9/26/20              9/26/20 CCHO (Consistent Carbohydrate diet for diabetics) diet pureed texture with honey consistency, discontinued 10/1/20</p> <p>A Doctor's Order dated 9/24/20, documented a Regular diet with Mechanical Soft texture and Honey thickened fluids was ordered to start on 9/24/20.</p> <p>A Doctor's Order dated 9/26/20 documented a CCHO diet with pureed texture and honey thickened fluids was ordered to start on 9/26/20</p> <p><b>FACILITY RESPONSE:</b></p>			
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