

**Iowa Department of Inspections and Appeals**  
**Health Facilities Division**  
**Citation**

| Citation Number:<br><b>9022</b>  |  | Date:<br><b>December 11, 2020</b>                      |  |                         |
|--|--|--|--|-------------------------|
| Facility Name:<br><b>Cedar Falls Health Care Center</b>  |  | Survey Dates:<br><b>September 14 – October 5, 2020</b> |  |                         |
| Facility Address/City/State/Zip<br><br><b>1728 West 8<sup>th</sup> St.<br/>Cedar Falls, IA 50613</b>   |  | JM   |  |                         |
| Rule or<br>Code<br>Section   |  | Nature of Violation                                    |  |                         |
| Rule or<br>Code<br>Section   |  | Class  | Fine Amount                                  | Correction<br>date      |
| 58.19(2)j <b>481—58.19(135C) Required nursing services for residents.</b> The resident shall receive and the facility shall provide, as appropriate, the following required nursing services under the 24-hour direction of qualified nurses with ancillary coverage as set forth in these rules:<br><br><b>58.19(2) Medication and treatment.</b><br><br>j. Provision of accurate assessment and timely intervention for all residents who have an onset of adverse symptoms which represent a change in mental, emotional, or physical condition. (I, II, III)<br><br><b>DESCRIPTION:</b><br><br>Based on clinical record review, staff and resident interviews and observations, the facility failed to notify the resident's physician of a change in condition, failed to complete timely and appropriate skin assessments, failed to assess a resident with complaints of hip pain post fall for 6 of 6 sampled residents (Residents #7, #9, #11, #16, #19, & #21). The facility reported a census of 61 residents.<br><br><b>Findings include:</b><br><br>1. According to the Minimum Data Set (MDS) dated 8/21/2020 Resident #9 had diagnoses which included heart failure, neurogenic bladder, depression, bipolar disease, psychotic disorder, schizophrenia, chronic lung disease, and pain/stiffness in left shoulder. The |  | I  | <b>\$10,000<br/>(Held in<br/>Suspension)</b> | <b>Upon<br/>Receipt</b> |

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| <p>MDS indicated the resident had a Brief Interview for Mental Status (BIMS) score of 15 which indicated the resident showed intact cognitive ability and did not exhibit behaviors. The MDS identified Resident #9 required total assistance of 2 or more staff for bed mobility, toilet use, and personal hygiene. The MDS revealed the resident did not transfer, walk, or dress, experienced bowel incontinence, and utilized an indwelling catheter for urinary elimination. The MDS documented the resident weighed 571 pounds at the time of the assessment. The assessment revealed the resident had a risk for pressure sores, but did not identify any problems with impaired skin.</p> <p>Review of the care plan revised on 9/8/20 failed to identify Resident #9 had potential for or actual skin impairments and failed to identify the resident exhibited behaviors such as refusing cares, failed to identify the resident had pain related to her left shoulder from an unknown injury, and failed to indicate the resident utilized oxygen. The care plan failed to provide direction to staff on assisting the resident with Activities of Daily Living and did not identify resident needed 4-6 staff for bed mobility or transfers.</p> <p>Review of a re-entry Braden Skin assessment completed on 8/21/20 documented the resident as unresponsive to painful stimuli with constantly moist skin. The form revealed the resident was bedfast, had very limited mobility, and had a problem with friction/shearing because they required moderate to maximum assistance with moving. The assessment</p> |  |  |             |                 |

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| <p>identified the resident as at a very high risk for skin impairments.</p> <p>Review of a Weekly Skin Assessment dated 8/23/20 revealed staff had documented the resident had intact skin with edema (swelling) noted to her left forearm related to a dislocation.</p> <p>Review of a Physician Order Summary Report for the period of 6/1/2020 thru 9/30/2020 revealed the resident had the following treatment orders:</p> <ul style="list-style-type: none"> <li>a. X-ray to upper left arm to rule out acute/past injury, ordered on 7/10/20.</li> <li>b. Ice pack/heat pack every 20 minutes as needed for swelling/pain 4 times daily to upper left arm, ordered on 7/1 and stopped 7/10/2020.</li> <li>c. Nystatin powder to affected areas topically to excoriation twice daily, ordered on 8/20/20.</li> </ul> <p>Review of a local hospital emergency department record dated 8/19/20 revealed Resident #9 transferred to a local emergency room with complaint of shortness of breath, left arm swelling and pain, and left shoulder pain. The resident arrived via ambulance. The patient described her pain as sharp in the left arm and constant for the past 2 months. The physical exam in the emergency room revealed the resident exhibited decreased range of motion of the left shoulder and hand. The physician noted the resident's left arm is visibly distended and dusky looking. Her capillary refill is diminished and she reported tenderness with light palpations. X-rays completed on 8/19 revealed no</p> |  |  |             |                 |

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|  | <p>fracture but did show edema. The resident had diagnosis of cellulitis of the left hand and probable left shoulder dislocation.</p> <p>Review of the Progress Notes dated 8/19/20 at 5:16 p.m. Staff S, RN contacted the resident's Primary Care Provider (PCP) to report a low blood pressure of 87/37 and low oxygen saturation level of 85% on 2 liters of oxygen. The staff received orders to send the resident to a local hospital and increase the oxygen to 5 liters.</p> <p>Review of a local hospital history and physical records dated 8/20/20 revealed the resident transferred to the emergency room on 8/20/20 for shortness of breath, left arm swelling and pain and pain to the left shoulder. The resident indicated the pain worsened when working with the therapist and she subsequently experienced shortness of breath. Upon further discussion with the patient, the patient states that her left arm might have been pulled in the nursing home during position change about 2 months ago. The physician noted the resident had diminished breath sounds due to body habitus, non-pitting edema in bilateral lower extremities, left hand swelling and skin changes noted on the left hand secondary to dependent edema. The resident is alert and oriented x 3. The resident admitted to the hospital for a 23 hour observation period.</p> <p>Review of an Order Requisition (discharge orders) from a local hospital dated 8/20/20 Resident #9 had a new diagnosis of left shoulder dislocation. The resident</p> |  |             |                    |

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| <p>discharged from the hospital with new orders for nystatin powder topically twice daily as needed and a referral for physical and occupational therapy to evaluate and treat. The resident requested full code status.</p> <p>Review of a Progress Note dated 8/20/20 at 5:59 p.m., revealed Resident #9 returned to the facility via cot and transferred to her bed with the assistance of 6 staff. The staff positioned the resident with pillows under her left arm for comfort.</p> <p>Review of a telehealth visit progress note dated 9/2/20, revealed Resident #9 appeared groggy with a blank stare on her face.</p> <p>Review of a progress note dated 9/3/20 at 5:06 a.m. showed Staff T, LPN noted an increase in the resident's left hand edema, the aide reported the hand was in a dependent position, the aide propped up the resident's hand for comfort and Staff T indicated they will monitor the swelling. A note dated 9/3/20 at 5:58 a.m. documented the resident noted with more edema to the left hand and complaints of pain. The staff attempted to prop up her left hand but resident reported the arm kept falling down. Staff T stated they will monitor the edema. The staff failed to contact the PCP regarding the increase in edema and pain.</p> <p>A progress note dated 9/7/20 at 9:31 p.m. revealed the resident complaining of right arm pain, they repositioned the right arm and will continue to monitor.</p> |  |  |             |                 |

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|  | <p>A progress note dated 9/11/20 revealed the staff evaluated the resident's skin and found blisters on the resident's back. The facility failed to notify the PCP of the areas.</p> <p>Observation on 9/16/20 at 11:20 a.m. revealed 4 staff washed and put on gloves to prepare to provide cares for Resident #9. The resident lay on her back with oxygen on. The resident reported pain to the left arm and yelled out in pain with attempts to reposition. Staff U-C.N.A. cleansed the catheter, and the resident had redness to the left side of the abdomen with edema noted to the area. The resident moaned loudly in pain, made gurgling sounds with respirations, and had a large amount of edema to her left forearm and hand. Staff G-CNA/AD stood at the resident's left shoulder area. Staff G pulled a soiled bath towel out from under the resident. Observation revealed the towel contained a large amount of brownish brownish colored fluid and when asked where the towel came from, Staff G replied from under the resident's left arm pit. The staff rolled the resident onto her right side as she continued to moan loudly with pain. Observation showed the resident's bottom was a dark red color with BM present and contained an open area to the left buttock. Staff V-RN was present in the room to assist and when asked about the bath towel with drainage and the open areas, Staff V stated she had no idea where the drainage came from and did not know of any open areas.</p> <p>Observation on 9/16/20 at 1:15 p.m. revealed Staff V and the Director of Nurses (DON) in Resident #9's</p> |  |             |                    |

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|  | <p>room completing a skin assessment. They reported they will contact the PCP when they complete the assessment.</p> <p>Review of a progress note dated 9/16/20 at 2:08 p.m. revealed the resident as very groggy, refusing all meals, lung sounds diminished, and mouth breathing with gurgling noises. The resident spoke incoherently and speech inaudible with shortness of breath with repositioning. The resident noted today with 2 open areas and excoriation to folds to abdomen, back, sides, and arms. Staff notified the PCP notified and gave orders for x-rays and medication to excoriated areas and treatment dressing orders for open areas noted during the assessment. A note on 9/16 at 2:45 p.m. revealed the social worker contacted the family to have the resident's code status changed to do not resuscitate after receiving an order from the PCP.</p> <p>Review of the resident's skin sheets revealed the staff failed to complete a weekly skin assessment due every Wednesday for the following months:</p> <ul style="list-style-type: none"> <li>a. The July 2020 Weekly Skin Assessment forms revealed the staff completed 1 skin assessment on 7/8/20.</li> <li>b. The August 2020 Weekly Skin Assessment form revealed the staff completed 3 skin assessments during the month on 8/5, 8/12 and 8/23.</li> <li>c. The September 2020 Weekly Skin Assessment form revealed the staff completed 2 assessments during the month, on 9/2 and 9/11/20.</li> </ul> |  |             |                    |

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| <p>Review of an Activities of Daily Living sign in sheet obtained 9/15/20 revealed staff provided Resident #9's last documented on 8/11/20. Another sheet that accompanied the sign off sheet directed the staff to provide cares for the resident every shift. The sheet directed the facility now had suitable lift for the resident and "we" needed to start getting her up each day; perineal cares are not optional. There is a sign in sheet in her room for all to time, date and sign when they completed cares and D.O.N. to follow up.</p> <p>Observation on 9/17/20 at 10:30 a.m. revealed 6 staff in the resident's room preparing to provide care. The resident had a sling under her as staff prepared to weigh her with the Hoyer lift. The staff lifted the resident slightly off the bed, and the resident moaned loudly in pain. Observation revealed the edema to the resident's left hand markedly increased from the observation on 9/16/20 and the resident non-responsive to staff. The resident made gurgling noises with respirations.</p> <p>During an interview with the PCP on 9/17/20 at 11:00 a.m., the PCP stated the resident had a dislocated left shoulder and edema to her left hand, and neither the facility nor the resident had any idea how the injury occurred. The PCP reviewed her notes and stated the last time she saw the resident was on 9/2/20 via a telehealth visit and had not had any other communication with the facility until yesterday afternoon. At that time, staff reported blisters to the resident's back and also excoriated skin folds. The PCP stated the facility did not contact her with</p> |  |  |             |                 |

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|  | <p>condition changes in her residents and when she gave an order they did not follow the orders given. The PCP stated the facility did not have enough staff to get Resident #9 out of bed for showers or to sit in her chair. The PCP stated she did not know the resident was non responsive with gurgling respirations or that she had an increase in left hand edema. The PCP said she would contact the facility immediately and give an order for the facility to send the resident to a local emergency room for evaluation.</p> <p>Review of a progress note dated 9/17/20 at 12:30 revealed the PCP called the facility and ordered staff to transfer the resident to a local emergency room due to critical labs and changes in medical status.</p> <p>Review of a local hospital emergency room report dated 9/17/20 revealed Resident #9 arrived to the emergency room at 12:57 p.m. and expired in the emergency room 4:10 p.m.. The emergency room physician noted the cause of death respiratory arrest. The notes indicated the facility transferred the resident to the emergency room as she had been less responsive since about 1:00 pm on 9/16/20. The notes indicated the PCP reports the facility last called them on 9/1/20 that she was groggy after narcotic pain medications. The staff document upon arrival to the ED, the resident arrived in poor condition and unable to follow any commands, moaning loudly, with shallow respirations.</p> <p>Review of the physician exam revealed the resident's perineal areas is unclean, very malodorous and discharge noted throughout the area. The indwelling</p> |  |             |                    |

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|  | <p>catheter present but without urine in the tubing. The resident is noted to have dried vomit throughout her back scalp and hair.</p> <p>During an interview with the Director of Nurse on 9/17/20 at 8:30 a.m. the DON stated the resident required assistance of multiple staff to complete her cares. She stated the nurses were responsible for the weekly skin checks, but obviously they were not getting the checks completed on a weekly basis.</p> <p>During an interview with Staff V-RN on 9/21/20 at 10:30 a.m., Staff V stated she did complete a skin assessment for the resident on 9/16 after everyone left the room. She stated she did not know the resident had open areas until then, she reported she noted 2 open areas on each of her breasts and all skin folds were reddened and excoriated. She placed a call to the PCP to receive orders for the excoriation. Staff V stated each nurse working on the unit is responsible for the skin assessments if it comes up on the treatment record, the days vary for each resident as the facility did not have a designated skin nurse. Staff V stated any nurse that measured wounds only completed the computer skin assessment form and did communicate the findings with other nurses. Staff V reported it took a minimum of 4 staff to roll Resident #9 for cares.</p> <p>During an interview with the Administrator on 9/21/20 at 12:45 pm., the Administrator verified staff had voiced concerns to her regarding the amount of assistance Resident #9 required to complete cares,</p> |  |             |                    |

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| <p>that they need to find help when doing he cares. The Administrator reported being made aware of the skin issues noted on 9/16 and stated it concerned her greatly and added she would look into the situation. She stated the resident should have been getting a bed bath daily.</p> <p>During an interview with Staff R/RN/Corporate Nurse on 9/21/20 at 12:17 p.m., she stated she could not find physician notification for the increase in swelling noted on 9/3, the pain in right arm on 9/7, skin blisters noted to the resident's back on 9/11, the low oxygen saturation level of 87% on 9/12, or the low oxygen saturation level of 84% on 9/13/20. Staff R stated they had no a physician notification policy but they had a policy regarding clinical change of conditions.</p> <p>During an interview on 9/17/20 at 12:30 p.m., Staff G-CNA/AD stated Resident #9 had a recent decline, although she had complained of pain to her left arm for a long time. Staff G identified that she was the person that had pulled the soiled bath towel out from under the resident during cares on 9/16. She stated the drainage could have possibly been from the open area under her left breast and her yeasty folds. Staff G stated it required about 6 staff to provide cares for the resident.</p> <p>During an interview with Staff U-CNA on 9/16/20 at 2:00 p.m., Staff U stated they do not have the staff or the man power to provide care for Resident #9. She stated she had not seen the resident's skin condition for a time but reported it is much worse than before.</p> |  |  |             |                 |

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|  | <p>She added the staff used to apply Nystatin powder to the folds and give her a daily bed bath, but stopped in June due to the lack of staff. Staff U stated she and others had asked for help with this resident but nothing was ever done to help. Staff U stated they could not get the Hoyer lift into the resident's room due to the extreme clutter.</p> <p>During an interview with Staff E-LPN on 9/16/20 at 11:22 a.m., Staff E stated it takes 6-7 people to provide care for Resident #9 and to turn her. She stated the Agency Nurses/CNAs do not provide the resident her cares as they should. She stated they have repeatedly asked the Administration and DON for assistance with this issue, but nothing was done. Staff E had been in the room for observation of cares on 9/16 and verified the resident had open areas, multiple reddened areas, and her left arm had a marked increase in edema. Staff E also verified the resident was non responsive and that was a change of condition.</p> <p>Review of the change of Clinical Change in Condition Management Policy dated 6/2015 directed staff to observe each resident's condition daily and communicate the changes that require further investigation which included:</p> <ul style="list-style-type: none"> <li>a. participation in daily routines</li> <li>b. physical assessment (i.e. cardiovascular, respiratory, mental status and neurological)</li> <li>c. behavior</li> <li>d. mobility</li> </ul> |  |             |                    |

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| Facility Address/City/State/Zip<br><br><b>1728 West 8<sup>th</sup> St.<br/>Cedar Falls, IA 50613</b> | JM  |  |             |                    |
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|  | <p>e. comfort level<br/>f. response to medications.</p> <p>If abnormalities/changes noted, staff should contact the PCP and provide clinical data and information regarding the resident's condition and then document notification and physician response in the medical record. The policy directed staff are to initiate any new physician orders.</p> <p>The facility was notified of the IJ on 9/23/20. On 9/24/20, the facility abated the Immediate Jeopardy and the Scope and Severity was lowered to an E level. The facility provided education to the nursing staff on Clinical Change in Condition Management Policy dated June 2015. The policy instructed the Nursing Staff on notification and documentation requirements for all changes of residents condition to the PCP, family and facility staff. The facility formulated a new Shower Skin Check List and provided education to the Certified Nurse's Aides on the proper use of the form and expectations on reporting skin abnormalities. The ADON and MDS Coordinator performed skin checks on every resident in the facility and completed a Weekly Skin Assessment Form.</p> <p>2. According to the MDS dated 8/21/20 Resident #11 had diagnoses which included heart failure, bowel disease, pneumonia, Alzheimer's disease, seizure disorder, and Downs Syndrome. The MDS documented the resident had severely impaired cognitive ability and memory issues, and was totally</p> |  |             |                    |

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|  | <p>dependent on 2 or more staff for transfers, dressing, toilet use, and eating. The resident had skin issues which included one Stage 1 pressure sore and two Stage 2 pressure ulcers.</p> <p>The facility failed to formulate a care plan to direct resident care with regard to wound care and Activities of Daily Living.</p> <p>Review of a Braden Score dated 8/31/20 revealed the resident had a high risk of pressure ulcer development.</p> <p>Review of a Weekly Skin Record dated 8/17/20 revealed the resident had wounds to his scrotum, left buttock, and right buttocks.</p> <p>Review of a Weekly Skin Record dated 8/20/20 revealed the resident had bruising to arms, an groin excoriated area, and also excoriation noted to left gluteal and right gluteal areas.</p> <p>Review of a Weekly Skin Record dated 9/8/20 revealed the resident had a ruptured blister to the upper back, left ear, and posterior of the neck.</p> <p>Review of a Weekly Skin Record dated 9/18/20 revealed the resident had open wounds to the right buttock, left ear, right knee, upper back, neck, scrotum, and inner left thigh.</p> <p>Review of the Treatment Record for September 2020 directed the staff to apply the following skin treatments:</p> |   |                    |                            |

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| <p>a. Mupirocin Ointment 2% topically three times daily to wounds, which started on 8/17 and was discontinued on 9/14/20. The Treatment record showed staff failed to apply ointment 19 times out of 39 opportunities.</p> <p>b. Bacitracin Zinc Ointment 500 unit/gram to the left ear and upper back blisters twice daily for 7 days beginning on 9/9/20. The facility failed to apply the ointment on 3 occasions out of 14 opportunities.</p> <p>c. The physician ordered stoma adhesive powder followed by z-guard and then adhesive stoma powder again to the coccyx, perineal area, and scrotum on 9/15/20. Staff failed to apply the treatment twice out of 10 opportunities.</p> <p>3. According to the MDS dated 8/13/20, Resident #7 had diagnoses which included heart disease, heart failure, renal insufficiency, diabetes, and blindness in 1 eye. The MDS revealed the resident had a Brief Interview for Mental Status (BIMS) score of 15 which indicated the resident demonstrated intact cognitive abilities. The MDS documented the resident required limited assistance of 1 staff for transfers and extensive assistance of 1 staff for dressing, toilet use and personal hygiene. The MDS also documented Resident #7 had a risk for developing pressure sores and had diabetic foot ulcers.</p> <p>The care plan dated 2/17/17 documented Resident #7 as at risk for skin impairments, tears, and/or bruises. The care plan directed the staff to monitor skin with cares and inform the nurse of any concerns, to complete treatments as ordered, and to complete</p> |  |  |             |                 |

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|  | <p>weekly skin and wound assessments by the licensed nurse and daily skin checks by the certified nursing staff for early identification of concerns.</p> <p>Review of a Weekly Pressure Injury Weekly Assessment forms revealed the following data:</p> <ul style="list-style-type: none"> <li>a. An assessment form dated 6/9/20 revealed the resident had a pressure sore on the left outer ankle which measured 0.5 centimeters by 1.0 centimeters (cm). The form documented the area was red with exudate noted, and identified the area as facility acquired, but did not identify when the area first appeared.</li> <li>b. The assessment form dated 7/8/20 revealed the left ankle pressure ulcer measured 0.5 cm by 0.5 cm, did not contain exudate, and the wound appeared black.</li> <li>c. An assessment form dated 7/24/20 revealed the pressure sore to the left outer ankle measured 1.6 cm x 0.4 cm and contained a scant amount of drainage. The form revealed staff last notified the physician on 6/24/20.</li> <li>d. An assessment form dated 8/12/20 revealed the resident had a skin tear on the left outer ankle which measured 0.8 cm x 0.4 cm with a scant amount of drainage. Staff had last notified the physician on 6/24/20.</li> <li>e. An assessment form dated 8/26/20 revealed the resident had a left ankle pressure ulcer which measured 2.2 cm x 2.5 cm, had wound drainage, and was identified as a Stage 2 pressure sore.</li> </ul> |   |                    |                            |

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|  | <p>f. An assessment form dated 9/10/20 revealed the resident had a left ankle pressure area which measured 1.5 cm x 2.2 cm and had drainage.</p> <p>Review of a Physician's Order sheet dated 6/1-9/30/2020 directed the staff to complete a skin assessment every Wednesday and document on the Weekly Skin form. Review of the Pressure Injury Weekly Reports revealed the staff failed to assess the resident's pressure sore from 6/9 through 9/23/20/20 (10 weeks).</p> <p>Observation on 9/16/20 at 9:35 p.m. revealed Staff O-RN providing Resident #7's wound treatment. Staff O cleansed the pressure area with wound cleaner and replaced the tubi grip socks to the left lower leg. The resident is had a black colored area to the left ankle.</p> <p>Review of the August and September 2020 Treatment Record failed to include a treatment for Resident #7's left ankle.</p> <p>4. According to the MDS dated 6/18/20, Resident #16 had diagnoses which included diabetes, peripheral vascular disease and bipolar disorder. The resident had a BIMS score of 15 which meant the resident demonstrated intact cognitive abilities. The resident required limited assistance of 1 staff for transfers and ambulation and extensive assistance of 1 staff for dressing, toilet use, and personal hygiene. The resident utilized a walker and wheelchair for mobility,</p> |  |                    |                            |

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| <p>was at risk for pressure sores, and had one Stage 2 pressure ulcer and one venous ulcer.</p> <p>Review of the care plan updated on 5/27/20 revealed the resident had impaired skin related to post amputation of toes to right foot, edema, and fragile skin. The care plan directed staff to monitor/document location, size and treatment of skin injury (initiated 3/3/2017). The care plan directed the staff to complete weekly skin assessment by a licensed nurse (initiated 7/8/2017).</p> <p>Review of a Braden Scale form last completed on 2/19/19 revealed the resident remained at low risk for pressure ulcers with a score of 17.</p> <p>Review of the Pressure Injury Weekly Assessment forms from 5/17 through 9/21/20 revealed the staff failed to complete weekly skin assessments for the pressure ulcer on Resident #16's right foot for 8 weeks throughout that time frame.</p> <p>Review of the August and September 2020 Treatment Administration Record directed the staff to apply 1/4 strength Dakins solution to the left foot wound topically twice daily, beginning 5/23/20.</p> <p>Observation on 9/16/20 at 9:55 a.m. revealed Staff E-LPN removed the tubigrip from the resident's left lower leg, the dressing and packing from the left great toe area, and cleansed the wound with wound cleaner. Staff E re-applied a Dakins' dressing to the area and covered it with a 4 x 4 bandage.</p> |  |  |             |                 |

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| <p>A facility Skin Care and Wound Management Policy dated 6/2015 documented the staff strives to prevent resident skin impairments and to promote the healing of existing wounds. They are to complete the Braden Scale assessments on admission and then every 4 weeks, complete weekly skin assessments, communicate risk factors and interventions, and evaluate consistent implementation of interventions and evaluate effectiveness.</p> <p>5. Review of the clinical record revealed Resident #19 admitted to the facility on 7/1/2020.</p> <p>According to the MDS dated 7/6/2020, Resident #19 had diagnoses that included heart failure, diabetes, thyroid disorder, and non-pressure chronic ulcer of lower leg, unspecified. The MDS documented the resident displayed intact cognitive abilities. The MDS also documented Resident #19 transferred with assistance of one staff, did not walk, and experienced incontinence of both bowel and bladder. The MDS revealed the resident had skin tear(s), moisture associated skin damage, and remained at risk for developing pressure ulcers. The MDS documented the resident did not have a pressure ulcer during the look back period, utilized a pressure reducing device for bed and chair, and received application of ointment/medications and nonsurgical dressings.</p> <p>The Care Plan documented the resident had impaired skin integrity due to admission to facility with an area</p> |  |  |             |                 |

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| <p>on the right knee, initiated 9/14/2020. The Care Plan directed staff to administer treatments as ordered, measure area weekly and fill out appropriate skin sheet, and notify provider if area worsens. Monitor for signs of infection, refer to qualified professional as needed and provide pressure relief mattress on bed and cushion in wheel chair.</p> <p>The Physician's Orders included:</p> <ul style="list-style-type: none"> <li>a. 8/25/2020 - Dress open right knee wound with silver alginate, cover with gauze, and secure with netting daily</li> <li>b. 8/25/2020 - Venous cream (1/2 lotrisone, 1/2 Silvadene) one time daily for area around right knee wound.</li> <li>c. 9/24/2020 - Mepilex Border dressing daily.</li> </ul> <p>The September 2020 TAR (Treatment Administration Record) instructed staff to administer skin treatments as ordered, provide a skin assessment every Tuesday, and document weekly on the skin assessment form, dated 9/27/2020.</p> <p>The August 2020 TAR instructed staff to administer skin treatments to the right knees as ordered; silver alginate and venous cream.</p> <p>The July 2020 TAR instructed staff to administer Bactroban ointment to the right proximal upper leg wound, cover with gauze, and secure with band netting or paper tape.</p> |  |  |             |                 |

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|  | <p>Weekly Skin Assessments included:</p> <ul style="list-style-type: none"> <li>a. 7/4/2020 - skin intact</li> <li>b. 7/22/2020 - skin intact</li> <li>c. 8/31/2020 - skin intact</li> <li>d. 9/17/2020 - skin intact</li> </ul> <p>Non Pressure Weekly Skin Record:</p> <ul style="list-style-type: none"> <li>a. 8/20/2020 - Right knee surgical wound: 1.2 cm x 1.0 cm with serosanguineous exudate and surrounding skin excoriated. Improving.</li> <li>b. 8/25/2020 - Open area right knee: First observed 8/25/2020. 1.5 cm x 1.5 cm x 0.1 cm depth with scant serosanguineous exudate and granulation. Stable progress.</li> </ul> <p>Resident #19's admission assessment on 7/1/2020 included a right knee open area that measured 2.1 cm x 2.8 cm x 0.1 cm.</p> <p>Wound Clinic 9/24/2020 - Impact virtual wound nurse visit:</p> <ul style="list-style-type: none"> <li>1. Wound Assessment - right knee chronic infection 4.2 X 4.0 X 0.1 cm (centimeters)</li> <li>2. Wound Bed - pink, small slough</li> <li>3. Exudate - scant serosanguineous. No odor, peri wound is intact.</li> <li>4. Assessment and Plan - Open wound right knee with complication. Dry wound base, discontinue alginate. Mepilex border dressing, change twice weekly on bath</li> </ul> |   |                    |                            |

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|  | <p>days. Not expected to heal due to MRSA chronic, post total knee replacement.</p> <p>5. Goal - maintain wounds and prevent systemic infection.</p> <p>Impact visits dated 9/9, 8/31, 8/25, 7/22, 7/14 and 7/8/2020 contained no wound measurements.</p> <p>Observation on 9/23/2020 at 11:00 a.m. revealed Staff O, RN provided wound treatment to the right knee. Staff O measured the right knee wound at 4 cm X 4 cm. and administered alginate and venous cream to the surrounding area.</p> <p>During an interview on 9/28/2020 at 10:30 a.m., Staff Z, RN reported they knew about the resident's skin issues and added the resident had skin issues upon admission in July. Staff is to provide weekly skin assessments and notify the physician if the condition worsens. Staff Z stated the nurse assigned to the resident on the day the TAR instructed staff to provide the assessment responsible for making sure it gets completed.</p> <p>During an interview on 9/28/2020 at 10:35 A.M., Staff Q, RN and Staff Z, RN reported they developed a new shower schedule with skin assessment sheets to be completed by CNA's and turned into them. They are to notify nurses if residents refuse. Staff Q and Staff Z will be auditing charts for skin assessments. Staff Z and Staff Q, RN reported they were aware of the lack of appropriate skin assessments and knew they needed to fix it.</p> |  |             |                 |

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|  | <p>6. According to the clinical record, Resident #21 admitted to the facility March, 2020.</p> <p>The MDS dated 9/10/2020 documented the resident did not display cognitive impairment, transferred with extensive assistance of two staff, did not walk in the hall, and only walked once or twice in the room with two staff present. The MDS also revealed the resident required extensive assistance of two staff for dressing, toilet use, and personal hygiene. The resident had diagnoses that included morbid obesity, reflux, heart failure, stroke, renal insufficiency, and diabetes. The MDS reported the resident had occasional pain, and no falls since admission/entry or re-entry, had a surgical wound and no other skin conditions.</p> <p>The MDS dated 8/29/2020 revealed the resident transferred and ambulated independently.</p> <p>The Care Plan initiated 6/29/2020 revealed the resident received dialysis Monday, Wednesday, and Friday due to renal failure. The resident had a potential for falls related to end stage kidney disease and was on dialysis. The Care Plan instructed staff to keep the walker within reach of resident at all times, refer to qualified professional as needed. The Care Plan revealed the resident had chronic pain related to end stage kidney disease with dialysis, depression and coronary artery disease. It instructed staff resident could request pain medication when needed, to administer analgesics as ordered, anticipate need for pain relief and respond appropriately to any complaint</p> |  |             |                    |

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|  | <p>of pain, monitor for signs of non-verbal pain, and refer to professional as needed. The Care Plan identified the resident had a risk for impaired skin integrity and directed staff to administer treatments as ordered, and apply pressure reduction mattress to bed and cushion in wheel chair. The Care Plan documented the resident as independent with bed mobility (no side rails), transfers, ambulation with a walker, and propelling their wheel chair. The resident required assistance of one staff for perineal care.</p> <p>The Physician's Orders included:</p> <ul style="list-style-type: none"> <li>a. Assess pain on a scale of 1-10 every shift two times a day for monitoring health - 9/21/2020</li> <li>b. Hydrocodone - Acetaminophen 5/325 mg (milligrams), one tablet every six hours as needed for pain. 8/20 - 8/27/2020, 9/23/2020.</li> <li>c. Skin assessment to be completed on weekly skin assessment every Tuesday - 6/30/2020</li> <li>d. Acetaminophen 1000 mg, every eight hours as needed for pain relief - 9/6/2020</li> <li>e. Acetaminophen 1000 mg, three times a day - 4/8 - 8/27/2020</li> </ul> <p>The MAR (Medication Administration Record) revealed from 9/12 - 9/22/2020 Resident #21 received Hydrocodone-Acetaminophen 5-325 mg 28 times out of 33 opportunities. The MAR revealed the resident had an order for Hydrocodone-Acetaminophen on 9/4/2020, however the resident did not receive the medication from 9/4 - 9/12/2020.</p> |  |             |                    |

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|  | <p>Progress Notes included:</p> <p>- 8/11/2020 at 7:08 P.M., Resident complained of nausea and right mid abdomen pain and reported being light headed. Temp 96.5 degrees, BP 118/57, pulse 60, respirations 20. Administered PRN (as needed) Narco (Hydrocodone-acetaminophen). Resident reported no relief and requesting to go to the ER. Call placed to the physician.</p> <p>- At 8:03 P.M., follow up pain scale revealed 9 out of 10. Resident reported no relief from med.</p> <p>- At 11:41 P.M. resident continued to complain of abdominal pain and not feeling well. Abdomen soft, round and nondistended, hyperactive right upper quadrant/ right lower quadrant and hypoactive left upper and lower quadrant. Resident given all PRN's ordered for resident with reports of little relief. DON (Director of Nursing) updated on complaints and concerns at this time.</p> <p>-8/12/2020 at 8:32 a.m. resident nauseated and complained of stomach pain and vomited green-tinged watery liquid. An assessment revealed bowel sounds present in all four quadrants. Dialysis notified and directed resident to keep scheduled treatment if no further vomiting this a.m. Call placed to physician - received order for Zofran 4 mg as needed (for nausea and vomiting).</p> <p>-At 12:29 Staff E, LPN administered Zofran to the resident, and the resident went to dialysis.</p> |   |                    |                            |

Facility Administrator

Date

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| <p>- At 8:26 p.m., Staff S, RN received a report that the resident went to ER from dialysis due to complaints of discomfort.</p> <p>-8/13/2020 at 5:06 a.m., Staff T, LPN received word the resident had admitted to the hospital with a small bowel obstruction, had a NG (nasogastric) tube in place, received morphine for pain, with a general surgery consult scheduled later that day.</p> <p>-8/19/2020 at 4 p.m. resident returned to the facility. Staff S performed a head to toe assessment with all systems within normal limits.</p> <p>-8/20/2020 at 5:40 a.m., resident rested throughout night without any complaints of pain, staples intact.</p> <p>-At 8:44 p.m. the resident complained of severe abdominal pain, 10/10. Hydrocodone given at 7:07 p.m. with no relief. Resident had loose stools throughout day with hyperactive bowel sounds in upper quadrants and hypoactive sounds in lower quadrants. Resident requested to go to the ER, physician notified, order received and resident transferred via ambulance. Daughter notified.</p> <p>-8/21/2020 at 3:58 a.m. and 11:27 a.m. - the resident admitted with diarrhea, abdominal pain and end stage renal disease. The resident received a clear liquid diet, and x-rays showed no obstruction.</p> <p>-8/23/2020 at 6:47 p.m., resident returned to facility, up with a walker and eating a regular textured diet.</p> |  |  |             |                 |

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| <p>-8/25/2020 at 7 o'clock p.m. resident complained of pain in the abdomen, 10/10. Pain medication given at 5:51 p.m. without relief. Resident reports feeling nauseated and refused 7 up. Resident stated "I feel like I am dying". Physician called with no return call at 7:30 p.m. Assessment revealed faint bowel sounds in right upper quadrant and absent bowel sounds in left upper, right lower and left lower quadrant. Vitals assessed, BP 80/46, temperature 97.4 degrees. Abdomen very tender to touch. Call placed to 911 to send the resident out with nurse's discretion at 9 o'clock p.m. The resident admitted, received surgery for a perforated bowel and then to ICU (Intensive Care Unit).</p> <p>-9/4/2020 at 4:24 p.m. the resident returned from the hospital. At 4:34 p.m., Vitals were stable at arrival of patient. Staff S was told about the surgical incision and wound on sacrum. Surgical incision is packed wet to dry with 0.9% Normal Saline and surgical gauze. Wound on bottom is covered with Mepilex.</p> <p>-At 10:00 p.m., Staff T, LPN went to get report from Staff S when the resident fell in another resident's room. Vitals were stable, resident noted to be very agitated with increased confusion. Staff T sent the resident to the ER due to increased need for care beyond staff ability at this time. DON (Director of Nursing) aware of behaviors and recent fall. Physician on call service called with message to return call.</p> <p>-At 2:04 a.m. the resident returned with diagnosis of delirium, all labs within normal limits. Daughter aware of all tests and results done in ER. At 2:20 a.m. the resident returned from hospital stay via care</p> |  |  |             |                 |

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|  | <p>ambulance and staff transferred the resident to the wheel chair with assist of 2, tolerated transfer without difficulties. Staff T, LPN assessed the resident's vitals and two staff transferred the resident to the bed.</p> <p>In an Incident Report dated 9/5/2020 at 9:30 p.m. Staff O, RN documented a CNA summoned them to the resident's room and observed the resident on the floor, on their back and their head toward bed. The resident wore shoes and clothes and stated they were trying to go to Parkersburg to see their daughter. Passive Range of Motion with no limitations. Resident reported general achiness (due to had fallen two times previously). Vital signs were stable, oriented to self and place but hallucinating about situations that happened past week.</p> <p>Progress Notes:</p> <p>-9/5/2020 at 10:30 p.m. - Staff O notified the physician of the resident's fall. The physician reported Zyprexa had been ordered for discharge from hospital. Pharmacy sent medication but no order in point click care.</p> <p>-At 10:30 p.m. Staff O documented resident in wheel chair refusing to go to bed and stated "I was hit by a semi and I think I broke my hip." At 10:53 p.m. Staff S documented the resident had asked for assistance to transfer to the recliner. Staff S explained they were currently with another resident and would assist Resident #21 next. Two minutes later, Staff S heard the resident call out for help and found the resident on the floor.</p> |  |             |                    |

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|  | <p>-9/9/2020 at 1:00 a.m., Staff T, LPN documented, resident resting in bed at this time, treatment to abdomen completed without difficulties, assessment done on left ankle related to recent complaints of pain and discomfort. Resident had trace edema from knee to toes and was resistant to range of motion to knee and leg. Staff administered APAP (Acetaminophen) due to Hydrocodone being on order from pharmacy.</p> <p>-9/12/2020 at 12:35 p.m. Staff V, RN administered Hydrocodone/Acetaminophen 5-325 mg. for pain. Resting, distraction, repositioning all ineffective given left hip pain.</p> <p>-9/13/2020 at 1:05 p.m., Staff administered Hydrocodone/Acetaminophen 5-325 mg. for pain. Resident complained of increased pain. At 8:10 a.m. Staff V administered Hydrocodone/Acetaminophen 5-325 mg. for left hip pain. Progress Notes revealed the resident received Hydrocodone/Acetaminophen 5-325 mg. for pain daily with relief provided.</p> <p>-9/15/2020, the resident went to a follow up post-surgery appointment. The physician noted the wound not healing well along superior aspect, needs abdominal binder and follow up in one week.</p> <p>-9/16/2020, Staff O ordered the abdominal binder.</p> <p>-9/18/2020 - binder on order, not available.</p> |   |                    |                            |

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|  | <p>-9/21/2020, Resident's wounds and staples lifted and loose with pus oozing. The resident had an appointment to see the physician on 9/22/2020.</p> <p>-9/22/2020, Physician noted wound draining incision with fibrin exudate and serous drainage, skin/staples macerated, needs abdominal binder. Refer to wound clinic for possible wound vac, and wet to dry dressing two times a day for wound healing. Dressing on sacrum will be changed daily with Mepilex. Wound clinic appointment 10/8/2020.</p> <p>-9/23/2020 at 7:29 p.m., Staff V documented resident was transferred from dialysis to Unity Point Hospital. Per floor nurse, resident hospitalized for left hip fracture with surgery scheduled 9/25/2020.</p> <p>-9/25/2020 at 8:58 a.m., Staff V documented a late entry for 9/12/2020 at 12:15 p.m.: Notified physician of increased generalized pain as reported by resident during repositioning. Per physician, continue to utilize pain medication.</p> <p>Occupational Therapy notes included:</p> <ul style="list-style-type: none"> <li>a. 9/11/2020 - 9/20/2020 certification period.</li> <li>b. 9/11/2020 - Pain Assessment: Pain with movement 8/10; Frequency - constant; Location - both hips when rolling; Pain description - hurts a lot. Pain limits functions of sitting, standing, ambulating, reaching down to feet. What relieves pain? - remaining still. What exacerbates pain? - sitting, standing, prolonged activity. Pain at rest - 0/10.</li> </ul> |  |             |                    |

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|  | <p>Assessment: Resident uses Hoyer for all transfers, does not push wheel chair very far.</p> <p>c. 9/14/2020 - Used E-Z stand to obtain an upright position. Resident complained loudly that his/her left hip was painful and wanted to stop. Resident in wheel chair and complained of left hip/knee pain and did not want to continue with task.</p> <p>d. 9/17/2020 - resident complained loudly of left hip pain when returning back to bed. Also addressed weight bearing on left hip with moderate resistance from resident.</p> <p>e. 9/18/2020 - Resident yelled about left hip pain initially but had no pain through tasks. Resident did take a step toward wheel chair and sat down with moderate/maximum assist of two.</p> <p>f. 9/22/2020 - resident with much resistance to performing all tasks, needed maximum assist of two to get resident to participate, worked on bed mobility, dressing, standing up and transferred to wheel chair with much difficulty. Maximum assist times two, did not complain of pain in left hip.</p> <p>g. 9/23/2020 - moderate assist with putting left foot into pair of shorts, resident able to pull foot through moderate independence. Did not want to pull right foot through due to feeling like he/she needed to vomit. No pain present.</p> <p>Physical Therapy notes included:</p> <p>h. 9/9/2020 - Pain assessment: Pain at rest =0. Pain with movement = 6/10, left leg specifically left thigh and knee. Pain limits the following functional activities: any movement to the left lower extremity. What relieves pain? = Sitting down, remaining still. What exacerbates pain? = Bending.</p> |  |             |                    |

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| Clinical Impression: Patient presents with impairments including balance deficits, pain lower left extremity.<br>h. 9/10/2020 - Pain present left hip.<br>i. 9/14/2020 - training in wheel chair propulsion/maneuvering - left lower extremity drags patient uses right lower extremity to assist with mobility forward. Pain limits lower left extremity mobility with wheel chair propulsion. What relieves pain? = remaining still.<br>j. 9/16/2020 - Seated exercises in wheel chair: Left side, patient tolerating only limited motion of approximately 20 degrees extension to 80 degrees flexion with pain limiting tolerance. Patient stated "can't do it, it hurts", but exhibits no grimacing or pulling back from pain, by the end of 20 reps, patient tolerated the motion better with less reports of pain.<br>k. 9/22/2020 - Wheel chair propulsion: minimal left lower extremity usage, patient increased left usage by using right lower extremity behind left lower extremity for advancement and propulsion.<br><br>Hospital Records included:<br><br>8/12/2020 - Emergency Department records included:<br>Onset - several days<br>Timing/severity: constant<br>Location: Lower abdomen, worse with palpation.<br>Nausea, vomiting, diarrhea, cough.<br>Presented to the emergency department for evaluation of constant lower abdominal pain over the past few days with associated nausea, vomiting, diarrhea. The lower abdominal area is tender to palpitation. Reports some black stools and denies any hematemesis |  |  |             |                 |

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|  | <p>(vomiting of blood). Did not receive dialysis treatment this morning due to symptoms.</p> <p>Clinical Impression: Small Bowel Obstruction (SBO), End Stage Renal Disease (ESRD).</p> <p>Imaging demonstrates SBO with concern for bowel ischemia.</p> <p>CT abdomen: Fluid dilated loops of proximal and mid small bowel with abrupt transition zone to empty/collapsed distal small bowel consistent with a small bowel obstruction. Some of the subtending small bowel mesentery has a hazy appearance worrisome for edema and possible impending bowel ischemia.</p> <p>Resident had a small bowel resection on 8/13/2020 and discharged to the facility on 8/19/2020.</p> <p>8/20/2020 - Emergency Department Note. Impression: Diarrhea, abdominal pain, ESRD. Presents with history of physical exam consistent with diarrhea and abdominal pain and loose BM after lysis of adhesions and small bowel resection for SBO. Patient is nontoxic appearing and initial vital signs are not concerning, Abdomen is diffusely tender, Labs are not concerning. Imaging does demonstrate likely post-op ileus versus developing obstruction.</p> <p>Resident returned to the facility on 8/23/2020</p> <p>8/24/2020 - Hospital records included:</p> <p>Emergency Department: 10 p.m.</p> |   |             |                 |

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|  | <p>Exam - well healing surgical wound site at the upper abdomen, abdomen is soft with diffuse tenderness and moderate guarding. Absent bowel sounds.</p> <p>History - Patient describes pain as sharp diffuse pain all over abdomen, pain started all of a sudden this afternoon and pain is worse tonight. Patient stated they had a normal bowel movement this morning.</p> <p>CT Abdomen: There is new pneumoperitoneum since 8/21/2020 indicating bowel perforation. The exact location of the perforation is not clearly seen. Surgical consult recommended.</p> <p>Resident returned to the facility on 9/4/2020.</p> <p>Emergency Department (ED) notes dated 9/4/2022 included:</p> <p>At 11:08 p.m. - presented to ED after resident found lying on the floor and acting confused. Unsure if he/she fell. Patient reports not in any current pain, had a recent small bowel obstruction that recently had surgery for a perforation.</p> <p>Musculoskeletal: Right and Left lower leg, no edema.</p> <p>General: No swelling, tenderness, deformity or signs of injury.</p> <p>CT head or brain, Chest X-ray, CBC (Complete Blood Count), BMP (Metabolic Panel), EKG performed.</p> <p>Negative for acute findings.</p> <p>Clinical Impression: Delirium. Abdominal surgery, follow-up exam. Discharge back to the facility</p> <p>At 1:10 a.m., 9/5/2020, ED nurse spoke to Staff T, RN with updates regarding the resident's condition.</p> |   |                    |                            |

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|  | <p>9/23/2020 Hospital Records included:<br/> Arrival time - 9/23/2020 at 11:43 a.m. Abdominal Pain, sent from dialysis center, patient having abdominal pain and reported no bowel sounds, he has had a history of bowel obstruction, there is a concern for that and is oozing small amounts of stool.</p> <p>Presented to the ED for hip and knee pain but sent by dialysis with concern for bowel obstruction. Patient reports they fell two weeks ago and has had consistent knee and hip pain since. The resident had been told it was not broken, but it continues to hurt. The resident denied abdominal pain and denied re-injury to the hip and knee. The dialysis nurse stated resident doubled over in pain due to abdominal pain. Daughter reports patient has been unable to walk for the past two weeks.</p> <p>Musculoskeletal: Left Hip exhibits decreased range of motion, tenderness, bony tenderness and swelling. Left knee exhibits decreased range of motion and effusion. Tenderness found.</p> <p>Imaging: CT scan and x-ray shows an intertrochanteric left hip fracture.</p> <p>Surgical procedure: Left hip intramedullary nailing, left hip.</p> <p>Dialysis communication, facility to dialysis 9/23/2020 at 10:13 a.m. Resident alert and oriented to self, resident pleasant, assist of two with peri cares and dressing, transfers with assist of 2 and a Hoyer, able to propel self in wheel chair short distances using upper extremities. Resident seen in clinic for abdominal incision, referred to wound clinic.</p> |  |             |                    |

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|  | <p>Fall Risk Assessment dated 9/4/2020: Score 23 (High risk for falls). Multiple falls within last six months.</p> <p>Resident documentation regarding amount eaten revealed the resident ate 0% on 9/22 for breakfast, lunch and supper and 0% on 9/23 for breakfast.</p> <p>Physician Progress Notes dated 6/23/2020 - telehealth - chronic back pain, recently changed to a different long term care facility, continues with dialysis three days a week.</p> <p>During an interview on 9/28/2020 at 1:20 p.m., Staff R, RN, Corporate, reported with Resident #21's history of bowel obstruction, staff would be expected to assess bowel sounds daily, meal intakes and check for edema.</p> <p>During an interview on 9/28/2020 at 2 p.m., Staff I, Administrator reported the resident had a couple of falls. In a morning meeting Staff EE, RN, (DON) Director of Nursing said the resident complained of hip pain. Staff T, LPN said the resident had a full body scan and was fine. The resident's daughter reported the resident did not have a full body scan. From 9/5 - 9/23/2020 Staff I indicated the resident appeared fine and even wanted to go out and smoke. Staff I did not know until today, 9/28 that the resident had an impacted bowel. Staff I knew the resident's dentures were missing and they planned to replace them if they could not be found.</p> |  |             |                    |

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|  | <p>During an interview on 9/29/2020 at 11:50 a.m., Staff EE, DON reported the resident returned from the hospital on Friday and had confusion, difficult behaviors and hollered out. The resident fell on 9/4 and staff sent them to the emergency room due to increased confusion. The resident received Zyprexa in the ER and returned to the facility around 2 o'clock a.m. The resident fell again on 9/5/2020 when Staff O, RN and Staff S, RN were present. Staff O completed the incident report. On Friday, 9/11/2020 Staff U, CNA reported the resident complained of pain all over and hip pain, and had informed Staff V, RN. Staff EE went to the resident's room and the resident complained of pain all over and the left abdomen. Staff O called the doctor and reported increased generalized pain and the physician said to treat with pain medication. When the confusion improved, the resident started to pivot transfer and take a few steps with therapy. On 9/4/2020 Staff T reported the ER nurse reported the resident received a full body scan with negative results. But now they knew the resident only received a head CT scan and a chest x-ray. Nobody reported any pain to Staff EE after 9/11/2020 and the resident had no further falls.</p> <p>During an interview on 9/28/2020 at 10:30 a.m., Staff Z, RN, ADON (Assistant Director of Nursing) and Staff Q, RN reported they conducted a skin assessment on Resident #21 on 9/23/2020. The resident directed them to not touch their foot and not assist with turning. Staff Z and Staff Q notified Staff FF, RN who reported it had been hurting.</p> |  |             |                    |

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Facility Administrator

Date

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|  | <p>During an interview on 9/29/2020 at 12:01 p.m., Staff S, RN reported working 9/4 and 9/5/2020 when Resident #21 had falls. On 9/4 when the resident returned from the hospital, they had two falls. One when Staff S attempted to transfer the resident to the recliner and ended up lowering him to the floor, not necessarily a fall. The resident yelled out, not normal behavior for them and appeared short tempered. Prior to the surgery the resident ambulated with a walker, after the surgery the resident had more unsteadiness with ambulation. The resident had another fall in another resident's room across the hall. Staff found him naked except for a brief. They ended up sending the resident to the emergency room for evaluation. The next day, 9/5 Staff S went into a room across the hall, Resident #21 wanted to transfer to the recliner, attempted to transfer themselves and fell. Staff O, RN assessed the resident and completed the incident report. It occurred near the end of the shift. Staff S assisted with transferring the resident with a gait belt and could not recall the resident complained of pain. Staff S last worked at the facility on 9/16/2020. Staff S reported to administration, the resident required closer monitoring and with staff call-ins, they could not meet the needs of the resident.</p> <p>During an interview on 9/28/2020 at 12:01 p.m., Staff O, RN reported working at the facility on 9/5/2020. After the fall the resident stated feeling as though they were hit by a semi and broke their hip. The physician instructed staff to administer Zyprexa for confusion. The resident mainly complained of abdominal pain. Staff O indicated the resident had no range of motion</p> |  |             |                    |

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|  | concern during the fall assessment. Nobody reported any hip pain to Staff O. Staff O assisted the resident transfer numerous times and the resident complained of abdominal pain.<br><br>During an interview on 9/29/2020 at 9:05 a.m., Staff T, LPN reported the resident complained of abdominal pain in mid-August, so Staff T called the doctor and had no return call. The resident asked to go the ER. Staff T monitored the resident, the next day went to dialysis and they sent the resident to the ER with a small bowel obstruction. The day after the resident returned from that hospital stay, they complained of pain again. Staff T sent the resident to the ER and they returned after a few days. A couple of days after returning from that hospital stay, the resident again complained of increased pain so Staff T sent the resident to the ER. The resident admitted with a perforated bowel. When the resident re-admitted after that surgery, they did not seem like the same person and had mean and aggressive behaviors. Staff O reported the resident fell and landed on their knees and they were sending the resident to the ER. An ER nurse called the facility and informed Staff T the resident had delirium and could not be admitted and all labs and x-rays were okay. The resident returned around 2:30 a.m. A couple of days later the resident complained of ankle pain. Staff T noted swelling from the left knee to ankle. Staff V had notified the physician and received orders to administer pain medication. During the night shift the resident rarely asked for anything, slept well and did not get out of bed. When Staff T arrived the resident had already been in bed |  |             |                    |

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|  | <p>and remained there throughout the shift. CNA's reported the resident complained of knee and ankle pain; nobody said they complained of hip pain.</p> <p>During an interview on 9/29/2020 at 11:15 a.m., Staff V, RN reported Staff T sent the resident to the ER after a fall. The resident reported pain everywhere and screamed, but it seemed primarily about abdominal pain. The physician said to administer pain medication. The Aides did report the resident complained of pain, but Staff T did not recall them mentioning leg pain specifically.</p> <p>During an interview on 9/29/2020 at 1:12 p.m., Staff AA, LPN reported prior to the surgeries, the resident ambulated independently. The resident re-admitted with confusion. Staff AA and Staff S transferred the resident to the recliner and the resident wanted to get to their truck and smoke. The resident tried to transfer themselves and fell in another resident's room. Prior to that, the resident slid from the recliner when Staff S attempted to transfer them. One day Staff AA observed the resident's foot was off the wheelchair pedal and went to assist with placing it back on the pedal. The resident said "oww" and reported back pain. Another day the resident refused to get up due to back pain.</p> <p>During an interview on 9/29/2020, Staff U, CNA reported working on D wing for two weeks after Resident #21 fell. Staff U reported they only got the resident out of bed on dialysis and shower days. The resident complained of a lot of abdominal pain.</p> |  |             |                    |

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|  | <p>Anytime they rolled the resident, anytime they attempted to do anything that involved moving that leg, even a little, they complained of pain. When staff attempted to put socks on, pull their pants up or roll the resident side to side, they complained of leg pain. Staff U reported it to nurses. Staff V reported the resident had x-rays and had no concerns. Staff U reported they lifted the resident's leg and the resident screamed with pain. The new pain pills seemed to help.</p> <p>During an interview on 9/30/2020 at 10:45 a.m., Staff J, CNA reported Resident #21 transferred with a Hoyer, mechanical lift. Every time the resident moved, they yelled out due to hip pain after the falls. The hip did not feel right, it protruded and seemed swollen. The resident screamed and stated it hurt. Staff J reported it to the nurse and Staff EE, DON. They indicated the resident had an x-ray and it was fine.</p> <p>During an interview on 9/28/2020 at 12:10 p.m., Staff K, PTA (Physical Therapy Assistant) and Staff L, OT (Occupational Therapist) reported Resident #21 returned from the hospital on 9/4/2020 with therapy orders, however they did not receive the orders immediately and began treatment on 9/9/2020. The resident progressed slowly with bed mobility and sitting at the edge of the bed, and then progressed to transfers with assist of two. The resident had difficulty moving the left leg from seating, to put leg up, and sitting at edge of bed. The resident used the right leg to propel the wheel chair. Therapy staff told nursing the pain interfered with therapy. OT saw the resident on 9/23/2020, early before dialysis and they had no</p> |  |             |                    |

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|  | <p>complaints of pain. They worked on bed mobility because the resident refused to get out of bed that day. The resident complained of hip pain at times but they were told the resident had no fracture because the tests were negative. On 9/11/2020 Staff I, Administrator called Staff L wanting to know how the resident did in therapy. Staff L told Staff I the resident's biggest barrier was the left hip pain.</p> <p>The facility failed to appropriately document each of the three falls the resident sustained 9/4- 9/5/2020. The facility failed to provide timely assessment and intervention when the resident complained of abdominal pain on 8/11/20. The facility failed to appropriately assess and provide intervention when the resident complained of left leg pain after the falls on 9/4- 9/5/2020. The facility failed to appropriately assess pain and administer appropriate pain medication from 9/4 - 9/12/2020.</p> <p><b>FACILITY RESPONSE:</b></p> |  |             |                    |

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