

**Iowa Department of Inspections and Appeals  
Health Facilities Division  
Citation**

Citation Number: <b>9005</b>		Date: <b>September 24, 2020</b>		
Facility Name: <b>QHC Mitchellville</b>		Survey Dates: <b>August 24 -September 10, 2020</b>		
Facility Address/City/State/Zip  <b>114 Carter St. Mitchellville, IA 50169</b>		<b>JM</b>		
<b>Rule or Code Section</b>	<b>Nature of Violation</b>	<b>Class</b>	<b>Fine Amount</b>	<b>Correction date</b>

<b>58.19(2)a</b>	<p><b>481—58.19(135C) Required nursing services for residents.</b> The resident shall receive and the facility shall provide, as appropriate, the following required nursing services under the 24-hour direction of qualified nurses with ancillary coverage as set forth in these rules:</p> <p><b>58.19(2) Medication and treatment.</b></p> <p>a. Administration of all medications as ordered by the physician including oral, instillations, topical, injectable (to be injected by a registered nurse or licensed practical nurse only); (I, II)</p> <p><b>DESCRIPTION:</b></p> <p>Based on clinical record review, staff and medical provider interviews, and profession reference review, the facility failed to ensure one of 12 sampled residents (#12) did not receive a significant medication error. Resident #12 entered the facility on 8/11/20 and staff failed to obtain medication orders until 8/25/20. The facility identified a census of 59 current residents.</p> <p>Findings include:</p> <p>1. According the Minimum Data Set (MDS) assessment dated 8/21/20, Resident #12 entered the facility on 8/11/20. The assessment documented diagnoses that included non-Alzheimer's dementia, epilepsy, anxiety disorder, recurrent depression,</p>	<b>I</b>	<b>\$3,000</b>  <span style="color: red;">(held in suspension)</span>	<b>Upon Receipt</b>
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Facility Administrator

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	<p>cerebrovascular vasospasm, and chronic lung disease. The MDS documented the resident rarely understood others, could rarely make herself understood, and had severely impaired cognitive skills for daily decision-making and an altered level of consciousness.</p> <p>Review of Resident #12's Medication Administration Record dated 8/11/20 revealed she received no medications at the facility until 8/26/20. Review of an Order Summary Report dated 8/11/20 revealed no physician's orders in place.</p> <p>On 8/31/20 at 3:30 pm, the Administrator stated Resident #12 arrived from another facility after the sending facility received severe storm damage from a derecho. Resident #12 was not on the list of residents transferring, but the list contained another resident's name. That resident did not arrive, but her records did and thus Resident #12 arrived without physician orders. The Administrator stated the Assistant Director of Nursing (ADON) spent a lot of time trying to get Resident #12's medical records, but supposedly, the records went to a Fort Dodge facility instead of QHC Mitchellville, which at the time they had no computer or facsimile access due to a storm. The facility finally accessed the resident's records from the EMR (electronic medical record) and ran the orders.</p> <p>The ADON provided a handwritten timeline of her efforts to obtain Resident #12's records and physician's orders. The timeline recorded:</p>			
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	<p>8/12/20 - No meds. Attempted to call (sending) facility and no answer. The ADON learned the resident's medications went to a Fort Dodge facility as Resident #12 was a last minute swap.</p> <p>8/13/20 - Attempted to call Fort Dodge related to the resident's medications; no answer.</p> <p>8/14/20 - The ADON called the Fort Dodge facility and nursing management would return her call.</p> <p>8/17/20 - No update on meds at this time.</p> <p>8/18/20 - Fort Dodge staff stated they would ask their DON what was going on. The speaker saw some of Resident #12's medications but was unaware of the situation.</p> <p>8/19/20 - The nurse at Fort Dodge stated she had Resident #12's medication cards but no chart or access to orders. The ADON requested a handwritten copy of the resident's medications if possible.</p> <p>8/20/20 - The ADON attempted to call the sending facility but they were unreachable.</p> <p>8/21/20 - Unable to reach Fort Dodge.</p> <p>8/22/20 - Fort Dodge nurse stated Resident #12's medication cards were sent to QHC Mitchellville but that had not seemed to happen. The medication cards remained in Fort Dodge, but no chart.</p> <p>8/23/20 - The ADON called the Fort Dodge facility and the DON was aware of the multiple attempts made. The ADON utilized standing orders.</p> <p>8/24/20 - No update on the resident's medications; standing orders utilized today.</p> <p>8/25/20 - A staff member from home office was contacted due to the communication between the facilities going unanswered. The orders were then transferred via the EMR.</p>			
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	<p>Review of Resident #12's Physician Orders dated 4/8/20 (the most recent) from the transferring facility revealed her primary care provider ordered that Resident #12 receive:</p> <ul style="list-style-type: none"> <li>a. Acetaminophen (Tylenol, a pain reliever) 325 mg (milligrams) twice a day.</li> <li>b. Aspirin (anti-inflammatory medication) 81 mg every morning.</li> <li>c. Buspar (anti-anxiety medication) 10 mg twice a day.</li> <li>d. Celexa (anti-depressant medication) 10 mg every morning.</li> <li>e. Depakote sprinkle (anti-seizure medication) 125 mg every morning.</li> <li>f. Lasix (to remove fluid) 20 mg every morning.</li> <li>g. Ativan (anti-anxiety medication) 0.5 mg three times a day.</li> <li>h. Magnesium Hydroxide 20 milliliters daily for constipation.</li> <li>i. Remeron (anti-depressant medication) 15 mg every evening.</li> <li>j. A multivitamin every morning.</li> <li>k. Roxicodone (pain medication) 5 mg three times a day.</li> <li>m. Risperdal (anti-psychotic medication) 0.5 mg twice a day.</li> <li>n. Senokot 8.6 mg two tablets twice a day for constipation.</li> </ul> <p>The Order Summary Report dated 9/2/20 recorded the facility received orders for and began administering the resident's medications listed above on 8/25/20.</p>			
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	<p>During review of the handwritten timeline and interview with the ADON on 9/1/20 at 11:55, the ADON agreed she spoke to a nurse at the Fort Dodge facility on 8/19/20 and that nurse had the resident's medication records. When asked if she inquired the name of the resident's physician during that call in order to contact them for medication orders, she stated she did not but that would have been a good idea.</p> <p>During interview on 9/2/20 at 11:00 am with the resident's Primary Care Provider (PCP) during her stay at the sending facility. The PCP stated Resident #12 received anti-seizure and anti-depressant medications and there could be problems if the anti-depressant medications were discontinued abruptly. The PCP thought Resident #12's Depakote level should be checked, and concluded that going two weeks without ordered medications would constitute a significant medication error.</p> <p>According to website <a href="http://www.accessdata.fda.gov">www.accessdata.fda.gov</a>, abrupt discontinuation of Celexa may result in a dysphoric mood, irritability, agitation, dizziness, sensory disturbances (e.g., paresthesias such as electric shock sensations), anxiety, confusion, headache, lethargy, emotional lability, insomnia and hypomania.</p> <p>According to the website <a href="http://www.nami.org">www.nami.org</a>, stopping mirtazapine (Remeron) abruptly may result in one or more of the following withdrawal symptoms: irritability, nausea, dizziness, vomiting, nightmares, headache</p>			
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	<p>and/or paresthesias (prickling, tingling sensation on the skin).</p> <p>Review of Nursing Progress Notes dated 8/11 - 9/3/20 showed no documentation of seizure activity or edema for Resident #12.</p> <p>During interviews on 9/3/20 at 8:30 am, the ADON and Staff J, CNA (certified nursing assistant) stated that neither had received reports of seizure activity or edema for Resident #12. At 11:30 am, the ADON stated she did not contact the facility's Medical Director to help resolve the order and medication concern and contacted corporate staff first on 8/25/20.</p> <p><b>FACILITY RESPONSE:</b></p>			
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