

Iowa Department of Inspections and Appeals
Health Facilities Division
Citation

Citation Number: #8000		Date: February 6, 2020		
Facility Name: QHC Mitchellville, LLC		Survey Dates: 12/30/2019 to 1/15/2020		
Facility Address/City/State/Zip 114 Carter Street SW Mitchellville, IA 50169		MW, KK, JS		
Rule or Code Section	Nature of Violation	Class	Fine Amount	Correction date
58.19(2)b	<p>481—58.19(135C) Required nursing services for residents. The resident shall receive and the facility shall provide, as appropriate, the following required nursing services under the 24-hour direction of qualified nurses with ancillary coverage as set forth in these rules:</p> <p>58.19(2) Medication and treatment.</p> <p>b. Provision of the appropriate care and treatment of wounds, including pressure sores, to promote healing, prevent infection, and prevent new sores from developing; (I, II)</p> <p>DESCRIPTION:</p> <p>Based on clinical record review, observations and interviews, the facility failed to provide the necessary treatment and services, consistent with professional standards of practice, to promote healing, prevent infection and prevent new ulcers from developing for 2 of 4 sampled (Resident #94 and #34). The facility failed to implement interventions to promote healing of Resident #94's Stage II pressure ulcer and failed to prevent Resident #2 from developing a Stage II pressure ulcer while in the facility. The facility failed to implement interventions to promote healing of Resident #34's Stage IV pressure ulcer. The facility reported a census of 44.</p> <p>Findings included:</p> <p>1. The Minimum Data Set (MDS) assessment dated</p>	I	\$9,000 (Held in Suspension)	Upon Receipt

Page 1 of 38

Facility Administrator

Date

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	<p>11/13/19 revealed Resident #94 admitted to the facility on 10/31/19 with intact memory and cognition. Resident #94 required extensive assistance of two staff person with bed mobility and dressing, and total dependence for transfer, toilet use, and bathing. Resident #94 always had bowel and bladder incontinence. Resident #94 had diagnoses of hypertension, renal failure, anxiety, depression, chronic pain, lymphedema, and morbid obesity. Resident #94 gad a risk of developing pressure ulcers and no pressure ulcers present. Resident #94 utilized a pressure-reducing device for bed, application of nonsurgical dressings, and application of ointments/medications.</p> <p>The MDS identified the following Stages of Pressure Ulcers:</p> <p class="list-item-l1">a. Stage I-An observable, pressure-related alteration of intact skin, whose indicators as compared to an adjacent or opposite area on the body may include changes in one or more of the following parameters: skin temperatures (warmth or coldness); tissue consistency (firm or boggy); sensation (pain, itching); and/or a defined area of persistent redness in lightly pigmented skin, whereas in darker skin tones, the ulcer may appear with persistent red, blue, or purple hues.</p> <p class="list-item-l1">b. Stage II-Partial thickness loss of dermis presenting as a shallow open ulcer with a red or pink wound bed, without slough (dead skin tissue). May also present as an intact or open/ruptured blister.</p>			

Page 2 of 38

Facility Administrator

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	<p>c. Stage III- Full thickness tissue loss. Subcutaneous fat may be visible but the bone, tendon or muscle is not exposed. Slough may be present but does not obscure the depth of tissue loss. May include undermining and tunneling.</p> <p>d. Stage IV-Full thickness tissue loss with exposed bone, tendon or muscle. Slough or eschar may be present on some parts of the wound bed. Often includes undermining and tunneling.</p> <p>Unstageable-Slough and/or eschar: known but not stageable due to coverage of wound bed by slough and/or eschar.</p> <p>A Baseline Care Plan completed on 10/31/19 directed the staff to turn every two hours and place a bariatric specialty mattress on the bed. The care plan documented no current pressure ulcer and identified a skin concern of shearing gluteal fold (crease separating the buttocks from the thigh) related to moisture. The care plan further documented the resident as unable to turn over by self in bed.</p> <p>A Non-Pressure Skin Condition Report sheet dated 10/31/19 documented staff noted shearing to the Left gluteal fold due to incontinence upon admission. The wound measured 2 centimeters (cm) (length) by 0.5 cm (width) by 0.1 cm (depth) with a scant amount of serosanguineous (watery, clear) exudate (fluid from a wound). The staff notified the Physician and Resident #94. The sheet revealed a wound care consult requested and planned to see tomorrow morning. The</p>			

Page 3 of 38

Facility Administrator

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	<p>sheet revealed no further assessments of the area after 10/31/19.</p> <p>A Wound Treatment Plan sheet dated 11/1/19 revealed the Wound Nurse Consultant visited Resident #94 but did not assess the buttock wound due to Resident #94 being up in her wheelchair. The staff reported the area slightly excoriated and requested a wound paste. Resident #94 utilized an electric wheelchair for mobility with a foam cushion. The Wound Nurse ordered a treatment to cleanse the buttock wound with wound cleanser and apply wound paste every shift and as needed.</p> <p>A Wound Treatment Plan sheet dated 11/15/19 documented Resident #94 visited by the Consultant Wound Nurse. The Wound Nurse unable to assess the buttock wound due to Resident #94 being up in the wheelchair. The staff reported the buttock looking better with application of wound paste. The Wound Nurse did not alter the treatment to the wound.</p> <p>A Wound Treatment Plan sheet dated 11/22/19 documented the Wound Nurse Consultant visited Resident #94. The Wound Nurse unable to assess the buttock wound as Resident #94 up in the wheelchair. The staff informed the Wound Nurse Consultant of concerns with the current treatment. Resident #94 inquired about what cream should be used for buttock wound. The Wound Nurse provided education that without assessment, wound care cannot be properly answered now. The staff did not voice concerns related to the current treatment to the buttocks.</p>			

Page 4 of 38

Facility Administrator

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	<p>An Encounter Note dated 12/6/19 documented the Wound Nurse Consultant unable to assess the buttock wound as Resident #94 sitting up in the wheelchair. The Wound Nurse asked Resident #94 about her bottom and she reported both pressure and moisture. Resident #94 currently does not have an air mattress or an overlay.</p> <p>An Encounter dated 12/13/19 documented the Wound Nurse Consultant assessed Resident #94's Stage II sacral pressure wound. The area measured 7 cm (length) by 2.3 cm (width) by 0.1 cm (depth). The Wound Nurse mechanically debrided the wound. The Wound Nurse noted a foam cushion in the wheelchair. However, no air mattress or an overlay on bed and required staff assistance for repositioning. The Wound Nurse ordered to obtain an air mattress for the bed and change foam cushion in her chair to a pressure reduction (Roho or Equagel) cushion. The Wound Nurse ordered Triad to the left buttock wound twice a day and do not remove cream between applications.</p> <p>The Wound Treatment Plan dated 12/19/19 documented the Triad ordered, took some time to get from pharmacy, and just arrived today. The left buttock Stage II pressure area measured 4 cm (length) by 11.5 cm (width) by 0.1 cm (depth). The Wound Nurse noted a new Stage II pressure ulcer to the right buttock that measured 0.2 cm (length) by 0.3 cm (width) by 0.1 cm (depth). The etiology pressure and shearing. The Wound Nurse recommended cleansing</p>			

Page 5 of 38

Facility Administrator

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	<p>both wounds with cleanser of choice, apply triad paste, do not remove all cream between applications and take a break from briefs when able.</p> <p>A Wound Treatment Plan dated 1/2/20 documented the Wound Nurse ordered Occupational Therapy to evaluate wheelchair for pressure points and noted this had been requested and not completed and Roho or equagel cushion to wheelchair and noted this had been requested and not completed.</p> <p>Observation on 1/9/20 at 9:45 a.m., revealed the Wound Nurse Consultant completed an assessment and measured Resident #94's wounds. The Wound Nurse stated the staff informed her Resident #94's buttocks improved and no longer open. The Physical Therapist joined to assist with repositioning. Resident #94 stated she was not turned last night on the overnight shift. Resident #94 reported they never turn me on the night shift. The left buttock pressure ulcer measured 7.0 cm (length) by 10.0 cm (width) by 0.1 cm (depth). The buttock pressure sore measured 14.0 cm (length) by 6.0 cm (width) by 0.1 cm (depth). The Wound Nurse stated the buttocks had not improved in fact had deteriorated. The wound Nurse noted the air loss mattress placed on the bed, but noted that the foam cushion remained in the wheelchair. The Physical Therapist stated she did not receive a referral to evaluate for the cushion.</p>			

Page 6 of 38

Facility Administrator

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	<p>During an interview on 1/6/20 at 11:01 a.m., the Assistant Director of Nursing, (ADON) stated she reviewed the wound sheets and could not find any wound sheets that included measurements of Resident #94's wounds. The ADON reported Resident #94 admitted with non-pressure wounds and was at risk of developing pressure ulcers. The ADON stated the facility failed to implement interventions to prevent pressure ulcers. Further stated the resident is non-compliant with laying down during the day and the facility was aware of this prior to her admission and this had not changed. The ADON reported she would expect the staff to offer to reposition or lay down, turn, and reposition every two hours when in bed. The ADON stated the staff they did not have access to the electronic record. Therefore, they could not look at the Care Plans. The ADON confirmed Resident #94 was not added to the bedside care plan, referred to as the cheat sheet, since her admission on 10/31/19.</p> <p>A 300 Hall Cheat Sheet provided by the ADON on 1/2/19 failed to list Resident #94 and direct care needs.</p> <p>During an interview on 1/7/20 at 1:05 p.m., the Acting Director of Nursing (DON) stated Resident #94 reported staff had not been turning or repositioning her in bed, especially at night. The DON reported an expectation of staff to turn or reposition the residents every two hours when in bed and to offer to lay down during the day. The ADON stated the facility obtained a low air loss mattress for Resident #94 as of 1/6/20.</p>			

Page 7 of 38

Facility Administrator

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	<p>2. The MDS assessment dated 11/26/19 documented Resident #34 had diagnoses of malnutrition, renal insufficiency, dementia, and pressure ulcer of the right buttock. Resident #34 had severe cognitive impairments. Resident #34 required extensive assist of two staff for bed mobility, and total dependence of one staff for toilet use. The MDS indicated Resident #34 did not transfer during the observation period. Resident #34 had one Stage IV pressure ulcer.</p> <p>The Care Plan dated 9/11/19 directed the staff to transfer Resident #34 with a total mechanical lift. The Care Plan updated 11/22/19 directed the staff to implement a low air loss mattress on his bed. Resident #34 had a diagnosis of paraplegia.</p> <p>The initial Weekly Pressure Ulcer Record sheet dated 8/29/19 revealed Resident #34 had a 4 by 2 (unknown measurement) right ischial skin tear.</p> <p>A Progress Note dated 8/29/19, documented a darkened area on left gluteal fold and a skin tear on the left buttocks. An order for a wound consult obtained.</p> <p>A Progress Note dated 9/2/19, documented Resident #34 transferred to the emergency room and returned. While at the emergency room, Resident #34 received intravenous antibiotics. Resident #34 had an appointment set up on 9/6/19 for a Wound Specialist.</p>			

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	<p>A Progress Note dated 9/3/19, documented an order for an antibiotic by mouth for 7 days.</p> <p>A Progress note dated 9/6/19, revealed Resident #34 seen by the Wound Care Specialist and continued to receive an antibiotic for buttock wounds.</p> <p>A Progress Note dated 9/12/19, documented Resident #34 continued to have pressure area on right buttock and treatment completed.</p> <p>A Progress Note dated 9/17/19, documented Resident #34 transferred to the hospital for evaluation of sepsis (an infection in the blood stream) and urinary tract infection.</p> <p>A Progress Note dated 11/13/19, documented Resident #34 rested well all night.</p> <p>The facility completed an Admit/Readmit Screener on 11/13/19.</p> <p>A hospital Nutrition Assessment dated 11/7/19, documented Resident #34 required increased nutrient needs for wound healing and Resident #34 had a moderate nutrition risk.</p> <p>A Dietitian Recommendation sheet dated 10/9/19 lacked an assessment for Resident #34.</p> <p>On 1/2/20 at 4:31 p.m., the Assistant Director of Nursing (ADON) stated the facility lacked Dietitian</p>			

Page 9 of 38

Facility Administrator

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	assessments for Resident #34. The ADON explained the facility had four different Dietitians in a short period of time at this likely contributed to the lack of assessments.			
	FACILITY RESPONSE:			

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58.28(3)e	<p>481—58.28(135C) Safety. The licensee of a nursing facility shall be responsible for the provision and maintenance of a safe environment for residents and personnel. (III)</p> <p>58.28(3) Resident safety.</p> <p>e. Each resident shall receive adequate supervision to protect against hazards from self, others, or elements in the environment. (I, II, III)</p> <p>DESCRIPTION:</p> <p>Based on clinical record review, observation, and interviews, the facility failed to provide adequate supervision for smoking and to prevent an elopement for 4 of 4 sampled (Residents #7, #23, #93 and #94). The facility reported a census of 44.</p> <p>Findings include:</p> <p>1. The Minimum Data Set (MDS) assessment dated 11/6/19 documented Resident #23 had moderately impaired cognition, displayed verbal behaviors and had no wandering behaviors. Resident #23 required assistance of one staff for transfers, did not walk, used a walker and wheelchair, and had limited range of motion to both upper and lower extremities on one side of his body.</p> <p>The Medical Diagnosis sheet dated 1/2/20 revealed Resident #23 had a diagnosis of traumatic brain injury.</p>	I	\$8,500 (Held in Suspension)	Upon Receipt

Page 11 of 38

Facility Administrator

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	<p>The Care Plan dated 10/28/19 directed the staff to allow Resident #23 to smoke outside with his family per facility policy, encourage attending activities to distract from smoking, and ensure oxygen off while smoking or using electronic cigarettes. The Care Plan documented Resident #23 at high risk for injury related to impaired mobility and directed the staff to assess decision making ability, muscle strength and balance, assure non-skid, well fitting footwear when up, assure that call light in reach at all times (does not always use), assure glasses used correctly, and clear the environment of unnecessary objects.</p> <p>The Wandering Risk Assessment dated 10/24/19 revealed Resident #23 had a moderate risk to wander.</p> <p>The Electronic Medical Record failed to contain an elopement risk assessment.</p> <p>The Nursing Notes documented Resident #23 entered the facility at 12:00 p.m. on 10/24/19. At 3:58 p.m., staff provided re-orientation as Resident #23 thought he was in jail.</p> <p>An Incident Report dated 10/27/19 at 5:41 p.m., documented the staff responded to a visitor yelling for assistance outdoors. The staff responded outside and found Resident #23 in his wheelchair. Resident #23 reported he attempted to reposition himself in the wheelchair and slid to the ground. Resident #23 stated a lady helped him back into the chair. Staff noted no injuries following the incident.</p>			

Page 12 of 38

Facility Administrator

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	<p>During an interview on 1/7/20 at 3:43 p.m., the Community Member report she arrived in the facility parking lot on 10/27/19 and heard groaning. The Community Member found Resident #23 on the ground right outside the front door. The Community Member looked in the window for staff and did not see anyone. Resident #23 asked her to help him back in the chair, so she did after asking if he hurt anything. The Community Member told the staff she had to help him up off the ground. The Community Member found Resident #23 outside the smoking area and thought he must have gone through the gate at the smoking area. The Community Member reported the gate to the smoking area was unlocked and it was unlocked all the time.</p> <p>During interview on 1/7/20 at 3:37 p.m., Staff H (Licensed Practical Nurse) remembered on 10/27/19, they found Resident #23 outside the front door, about ten feet from the door and on the concrete walkway. She stated the alarms are always set to on and she cannot remember that any alarms sounded. Resident #23 reported he exited the facility from the front door. Observation of the front door revealed two metal and glass push doors with the second door alarmed with a deactivation code. Staff H stated Resident #23 did not wear an alarming device. Staff H recalled telling Resident #23 not to go outside the front door to smoke, but to use the patio instead.</p> <p>During interview on 1/8/20 at 11:35 p.m., Staff M (Registered Nurse) recalled the incident. Staff M did not know how Resident #23 exited the facility, with</p>			

Page 13 of 38

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	<p>help possibly from a visitor, as he went out the front door. A visitor entered the facility and stated help needed outside. Staff H and Staff M found Resident #23 outside in the wheelchair. Resident #23 informed them a visitor put him back in the chair. Staff M stated this was her first time working with Resident #23 and he could not keep his feet on his wheelchair pedals at that time. Staff M stated that no alarms went off.</p> <p>Review of the facility's Daily Schedule dated 10/27/19 revealed three Nurse Aides worked from 2:00 p.m. to 10:00 p.m. Interviews with the CNAs revealed the following information:</p> <p>a. On 1/8/20 at 11:47 p.m., Staff N stated that she did not know Resident #23 went out the front door and she heard it from a family member later. She stated Resident #23 was always agitated then. She could not recall when she last saw the resident before he fell outside. Staff N stated the patio gate is locked at all times now but before the survey, it was not.</p> <p>b. On 1/9/20 at 9:12 a.m., Staff M stated she did not work Resident #23's hall and had no knowledge that he fell in front of the facility. At the time, the door to the smoking patio had no alarm. She remembered Resident #23 had independent smoking privileges and utilized a fall alert necklace. However, Resident #23 did not call staff all the time and at times sat outside a long time without asking to come in.</p> <p>c. On 1/8/20 at 12:20 p.m., Staff Q reported Resident #23 had the ability to go where he desired when he</p>			

Page 14 of 38

Facility Administrator

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	<p>desired. Staff Q did not recall the last time he/she saw Resident #23 before he fell outside. She stated in the last two to three months, the patio alarm to the smoking area was not alarmed and the patio gate had no lock.</p> <p>Observation on 1/8/20 at 1:00 p.m. revealed the facility sits on a residential street with a speed limit of 25 miles per hour (mph). There were 13 surveyor steps from the front door to the parking lot and 25 steps from the sidewalk to the road. From the sidewalk to parking lot, a non-handicapped accessible 4 inch drop off at smoker's patio gate, and a handicapped accessible sidewalk at the front door. The facility sat at the south edge of town, one block north of a highway through town. Approximately ¼ mile south of town on the highway, the speed limit increased 45 mph.</p> <p>The State Climatologist reported on 10/27/19 at 5:40 p.m. an outside temperature of 45 degrees, winds from the northwest, low clouds and no precipitation.</p> <p>During an Environmental tour on 1/8/20 at 1:10 p.m., the Maintenance Director reported he checked all the exit doors and alarms on Friday and documented the checks. The exits were alarmed. Each of the 3 Halls had a non-Wanderguard exit door at the end of each halls. The alarm down the 100 hall had a chime alarm when checked. The sound quiet instead of a loud siren alarm. The Maintenance Director reported that staff change the sound if the door needed used by the funeral home. All other alarms functioned properly. Continued observation and interview revealed an</p>			
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	<p>adjacent door to the dining room to the west, which led to a patio area enclosed with a chain link fence. The fence had an unsecured gate. The gate opened by lifting a latch, either from inside or outside of the gate. The Maintenance Director reported the gate previously locked. A previous Administrator directed him to unlock the gate six months ago, as it was a fire exit. The dining room exit door opened by pushing on the door and required only very light pressure to open. The Maintenance Director stated the latch was removed so that the residents could let themselves back in from the outside smoking area. The door contained a Wanderguard alarm and had a key pad in the upper right area of the door frame to deactivate the alarm.</p> <p>Resident #23's elopement and observations throughout the survey resulted in findings of Immediate Jeopardy for the facility. The facility abated the Immediate Jeopardy situation on 1/8/20 through the following actions:</p> <ul style="list-style-type: none"> a. Placement of a combination lock on the gate to the smoking patio. b. Placement of signs on the front and patio doors to remind visitor to not permit a resident to follow them out. c. Placing secondary alarms in a permanent position so that staff could not change the tone. d. Staff re-education the elopement policy and 			
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Page 16 of 38

Facility Administrator

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	<p>additional education as needed.</p> <p>e. Revision of the smoking policy to eliminate independent smoking.</p> <p>f. Review of the resident elopement binder.</p> <p>g. Initiation of audits.</p> <p>h. Educating residents on changes to the smoking policy.</p> <p>i. Update and revise care plans for residents who smoke.</p> <p>j. Provision of an all-staff meeting to reinforce the changes listed above.</p> <p>2. A Minimum Data Set (MDS) dated 11/6/19 documented Resident #23 had moderate cognitive impairments. Resident #23 required limited assist of one staff for bed mobility and personal hygiene and extensive assist of one for transfers and toilet use.</p> <p>A Medical Diagnosis sheet created on 11/5/19, recorded a diagnosis of traumatic brain injury.</p> <p>A Smoking Safety Screen dated 12/30/19 at 11:22 a.m., documented Resident #23 screened as safe to smoke and the facility to store his lighter and cigarettes. Furthermore, it stated Resident #23 may</p>			

Page 17 of 38

Facility Administrator

Date

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Iowa Department of Inspections and Appeals
Health Facilities Division
Citation

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	<p>smoke independently so long as he is in his wheelchair and follows the facility smoking policy regarding storage of smoking materials and plan of care put in place. It documented the team decision was that resident is safe to smoke without supervision with the rationale that the risk versus benefit for resident to smoke independently as he has behavioral outburst when not able to smoke alone.</p> <p>A Care Plan intervention dated 10/28/19, directed staff to allow Resident #23 to smoke outside with family per facility policy. An update on 12/30/19 stated resident was able to smoke independently as long as he adheres to the policy of storage and stays in his wheelchair during smoke breaks. An update dated 12/31/19 documented the resident often forgets to keep smoking material locked at nurses station. This intervention directed staff to check with resident when he comes in from smoking to ensure smoking materials turned in per policy and remind him if he argues that it is safer to have the materials locked up versus on his person.</p> <p>An observation on 12/30/19 at 1:08 p.m. revealed Resident #23 outside smoking in his wheelchair with other residents.</p> <p>During an observation and interview on 12/30/19 at 2:17 p.m., Resident #23 stated the staff provide 1 to 2 cigarettes at a time at the desk and staff try to take his lighter. Resident #23 showed that he had his lighter on him at this time in his room.</p>			

Page 18 of 38

Facility Administrator

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	<p>During an observation on 12/30/19 at 4:00 p.m., Staff G (Nurse Aide) revealed 3 packs of cigarettes and 1 lighter locked in the medication room. A pack of cigarettes contained Resident #23's name.</p> <p>An undated List of Residents Who Smoke, provided by the facility, listed 7 residents who smoke. The list contained Resident #23's name.</p> <p>During an interview on 12/30/19 at 4:28 p.m., Staff G stated the facility updated Resident #23's care plan and he could now smoke on his own.</p> <p>During an interview on 12/30/19 at 4:33 p.m., the Nursing Home Administrator (NHA) stated the staff store all residents' smoking supplies in the medication room. The NHA stated she confiscated one lighter earlier that day.</p> <p>During an interview on 12/30/19 at 4:36 p.m., the Assistant Director of Nursing (ADON) verified that only 3 packs of cigarettes were present in the medication room and this was not all of the residents' smoking materials. The NHA and ADON both stated all cigarettes are to be kept in the medication room. ADON stated Resident #7 is the only resident that keeps their own cigarettes. The ADON stated Resident #23 should not have a lighter. ADON stated the residents who smoke signed a new policy. The ADON stated the staff know to get smoking supplies back from the residents as they hand the supplies to the residents prior to them going outside to smoke. The ADON then said that the residents do not always</p>			

Page 19 of 38

Facility Administrator

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	<p>get their smoking supplies from staff, so the staff would not always know which residents are to return smoking supplies. Upon exiting the medication room, Resident #23 asked to go outside to smoke. Resident #23 had a lighter on his person attached to a cord. The staff did not intervene to retrieve the lighter.</p> <p>During an interview on 12/31/19 at 11:10 a.m., the ADON stated that all smoking materials, including cigarettes were in the nursing medication room.</p> <p>A Resident Smoking Policy signed on 10/29/19 directed the staff to store smoking materials, including lighters in the medication cart or the medication room. The ADON reported Resident #23's daughter signed the policy.</p> <p>The facility failed to provide adequate supervision for Resident #23 by not ensuring smoking materials did not remain on his person.</p> <p>3. The MDS assessment dated 10/4/19 documented Resident #7 had diagnoses of diabetes, paraplegia and depression. Resident #7 had no cognitive impairments. Resident #7 required extensive assistance of two staff for bed mobility and total dependence of two staff for transfers.</p> <p>A Smoking Safety Screen dated 10/9/19, documented the resident was safe to smoke independently (without supervision) and the facility needed to store his lighter and cigarettes.</p>			

Page 20 of 38

Facility Administrator

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	<p>On 10/29/19, Resident #9 signed the Resident Smoking Policy. The policy directed staff to store smoking materials including lighters in the medication cart or the medication room.</p> <p>A Care Plan dated 1/15/19 direct Resident #7 refuses to allow staff to keep his smoking materials and that he is cognitive to keep items on his person at all times.</p> <p>An updated on 2/1/19 directed the staff to allow Resident #7 to smoke unsupervised and not to have any smoking supplies on him.</p> <p>Observation on 12/30/19 at 4:00 p.m., Staff G (Nurse Aide) revealed 3 packs of cigarettes and 1 lighter stored in the locked medication room. Noted Resident #7 did not have a pack of cigarettes or lighter in the medication room.</p> <p>An undated List of Residents Who Smoke listed 7 residents who smoke. The list contained Resident #7's name.</p> <p>During an interview on 12/30/19 at 4:33 p.m., the Nursing Home Administrator (NHA) stated all residents' smoking supplies are stored in the medication room. The NHA stated she confiscated one lighter earlier that day.</p> <p>On 12/30/19 at 4:36 p.m., the Assistant Director of Nursing (ADON) verified that only 3 packs of cigarettes were present in the medication room and this was not all of the residents' smoking materials. The NHA and</p>			

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	<p>ADON both stated all cigarettes are to be kept in the medication room. ADON stated the only resident that keeps his own cigarettes is Resident #7. The ADON stated the staff know to get smoking supplies back from the residents as they hand the supplies to the residents prior to them going outside to smoke. The ADON then said that the residents do not always get their smoking supplies from staff, so the staff would not always know which residents are to return smoking supplies.</p> <p>On 12/31/9 at 11:10 a.m., the ADON stated that all smoking materials, including cigarettes were in the nursing medication room.</p> <p>During an interview on 1/2/20 at 11:12 a.m., Resident #7 stated he obtains his smoking supplies from the staff and returns them to the nurse's station after smoking.</p> <p>Observation on 1/2/10 at 11:14 a.m. Staff H (Licensed Practical Nurse) unlocked the medication room and located a basket that contained Resident #7's lighter and cigarettes.</p> <p>Observation on 1/2/20 at 3:45 p.m., revealed Resident #7 obtained his cigarettes from the nurse's station and went outside and smoked. Resident came up to surveyor afterwards to report that he had returned his smoking supplies to Staff H.</p> <p>The facility failed to provide adequate supervision for Resident #7 by not ensuring smoking materials did not</p>			

Page 22 of 38

Facility Administrator

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	<p>remain on his person.</p> <p>4. The MDS assessment dated 11/13/19 documented Resident #94 had no cognitive impairments. Resident #94 required extensive assistance of two staff for bed mobility and dressing, and total dependence for transfers, toilet use, and bathing. Resident #94 had diagnoses of hypertension, renal failure, anxiety, depression, chronic pain, lymphedema, and morbid obesity.</p> <p>A Care Plan dated 11/29/19 identified Resident #94 smoked and directed the staff to allow to smoke unsupervised and may light own cigarette, but understands per the smoking policy all smoking materials are stored at the nurse's station.</p> <p>A Smoking Safety Screen dated 10/31/19, documented Resident #94 safe to smoke without supervision.</p> <p>On 10/31/19, Resident #94 signed a Resident Smoking Policy. The policy directed staff to store smoking materials including lighters in the medication cart or the medication room.</p> <p>During an observation on 12/30/19 at 1:19 p.m., revealed an unknown staff assisted Resident #94 with his coat. Resident #94 proceed out dining room door to the smoking area in an electric wheelchair. Resident #94 remove a pack of cigarettes and lighter</p>			

Page 23 of 38

Facility Administrator

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	<p>from a purse she had on her lap. Resident observed to smoke cigarettes and return inside when finished. Resident #94 reported she carried cigarettes and lighter in her purse at all times.</p> <p>5. The MDS assessment dated 11/29/19 documented Resident #35 had short term and long-term memory problems. The MDS indicated Resident #35 independent for bed mobility and locomotion on the unit, and limited assistance of one staff person for transfers, toilet use, and personal hygiene. Resident #35 had diagnoses of hypertension, heart failure, diabetes, and cardiorespiratory conditions.</p> <p>A Wandering Risk Assessment completed on 11/21/19 identified Resident #35 scored an "8" which indicated a moderate risk for wandering. The assessment revealed Resident #35 disoriented, behaviors of loss of self-control, experienced a feeling of anger/fear of abandonment, admitted within the last month, had early dementia, and receiving antidepressants and anti-anxiety medications.</p> <p>A care plan initiated on 11/25/19 failed to identify a risk for elopement and wandering behaviors.</p> <p>A Progress Note dated 11/21/19 documented Resident #35 admitted to the facility following an inpatient psychiatric hospitalization and received an intramuscular injection prior to leaving the hospital for</p>			

Page 24 of 38

Facility Administrator

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	<p>agitation and aggression.</p> <p>A Progress Note dated 11/29/19 at 10:17 a.m. documented Resident #35 wanted to leave and approached the doors. The staff intervened. Resident #35 stated his family put him here. The staff obtained an order a Wanderguard (alarm device).</p> <p>A Progress Note dated 12/7/2019 at 8:45 p.m. documented Resident #35 reported he had a ride and planned to leave that night. The ride showed up at 10:30 p.m. The staff contacted Resident #35's family and Resident #35 refused to talk to them. The staff convinced Resident #35 to stay at the facility.</p> <p>During an observation on 1/8/19 at 1:05 p.m., a visitor exited the front door. Staff G (Medication Aide) responded to the door alarm. Staff G looked at the control panel and identified the front door alarmed and stated, I didn't see who left. Staff G then observed the visitor get into a car out the front window and stated, Oh-that is who. Staff G reset the alarm. Staff G failed check the exit or door to assure a resident did not exit the facility.</p> <p>During an interview on 1/8/19 at 4:00 p.m., with the Administrator, Assistant Director of Nursing (ADON), and a Corporate Representative discussed elopement concerns. The ADON confirmed Resident #35 had a Wanderguard bracelet but cut it off, and the facility had not yet reapplied because she felt the resident would just cut it off again. The ADON confirmed Resident #35 failed to wear a Wanderguard from 1/3/2020 to 1/8/2020. The ADON confirmed the Care Plan failed</p>			

Page 25 of 38

Facility Administrator

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	<p>to address the wander/elopement risk and interventions after an attempted to leave with a friend.</p> <p>During an interview on 1/14/20 at 9:40 a.m., the ADON reported Resident #35 cut off the Wanderguard bracelet on 1/3/20 with a butter knife. The ADON further reported the resident had agreed on 1/8/2020 to have the Wanderguard replaced for safety. The Administrator stated she would have expected staff to go to the door that had alarmed and visually check the exit when they had not witnessed someone leaving.</p> <p>6. The MDS assessment dated 12/30/2019 documented Resident #93 had severe cognitive impairments. Resident #93 admitted to the facility 12/26/2019. Resident #93 required limited assistance of one staff person for bed mobility and locomotion on and off the unit and extensive assistance of one person for bed mobility, dressing, toilet use and personal hygiene. Resident #93 had diagnoses of dehydration and Non-Alzheimer's dementia.</p> <p>A Wandering Risk Assessment completed on 12/26/19 identified Resident #93 scored a "5" which indicated a moderate risk for wandering. The assessment revealed Resident #93 disoriented, forgetful/short attention span, admitted within the last month, independent, and dementia with psychosis.</p> <p>A Care Plan dated 12/31/19 identified wandering behaviors related to diagnosis of Alzheimer's,</p>			

Page 26 of 38

Facility Administrator

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	<p>delusional disorder, and anxiety manifested by wandering behavior. The Care Plan directed staff to provide redirection, will not be injured due to wandering, monitor and provide for changing needs and Wanderguard bracelet, staff to check placement and function every shift and every 3 months.</p> <p>During an observation on 12/30/19 revealed Resident #93 confused and asking to go home. Resident #93 had a Wanderguard bracelet in place and a chair alarm. Resident #93 asked what she was doing at the facility and wanted to know her husband's location. Resident #93 self-propelled the wheelchair with her feet about the facility without staff assistance. Resident #93 observed in the dining room where other residents independently exited the facility through a door to the smoking area. The dining room exit door had a buzzer alarm that sounded as residents exited the door. The door failed to contain a Wanderguard alarm.</p> <p>Observation on 12/31/18 at 9:15 a.m., Resident #93's Family reported she just admitted and had confusion. While at home, she went outside and could not find her way home from the neighbor's house.</p> <p>During an observation on 1/8/20 at 11:25 a.m., revealed Resident #93 sitting at a dining room table next to the dining room exit door doing a puzzle with a fellow resident. Resident #93 voiced a desire to go home and wanted to know when her husband was coming.</p>			

Page 27 of 38

Facility Administrator

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	FACILITY RESPONSE:			
58.19(1)j(4)	481—58.19(135C) Required nursing services for residents. The resident shall receive and the facility shall provide, as appropriate, the following required nursing services under the 24-hour direction of qualified nurses with ancillary coverage as set forth in these rules:	I	\$5,000 (Held in Suspension)	Upon Receipt

Page 28 of 38

Facility Administrator

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	<p>58.19(1) Activities of daily living.</p> <p><i>j. Elimination.</i></p> <p>(4) Bowel and bladder training programs including in-dwelling catheter care (i.e., insertion and irrigation), enema and suppository administration, and monitoring and recording of intake and output, including solid waste; (I, II, III)</p> <p>DESCRIPTION:</p> <p>Based on observation, clinical record review and resident and staff interview, the facility failed to ensure a resident who entered the facility without an indwelling catheter was not catheterized and unless medically necessary and failed to properly care for and change catheters as ordered for 3 of 8 sampled (Resident #12, #35, #94) with catheters. Resident #94 developed a urinary tract infection. The facility reported a census of 44.</p> <p>Findings include:</p> <p>1. Resident #94 had a Minimum Data Set (MDS) assessment with a reference date of 11/13/19. The MDS identified the resident with intact memory and cognition. The MDS indicated Resident #94 required extensive assistance of two staff person with bed mobility and dressing, and total dependence for transfer, toilet use, and bathing. The MDS further documented the resident without an indwelling</p>			

Page 29 of 38

Facility Administrator

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	<p>catheter and always incontinent of bowel and bladder. The resident's diagnoses included hypertension, renal failure, anxiety, depression, chronic pain, lymphedema, and morbid obesity. The MDS further documented the resident assessed as at risk of developing pressure ulcers, with no pressure ulcers present.</p> <p>A Baseline Care Plan dated 10/31/19 revealed Resident #12 used briefs, unable to turn over by self in bed and dependent on staff for bed mobility and transfers.</p> <p>During an interview on 12/30/19 at 10:00 a.m., Resident #94 confirmed she had not had an indwelling catheter on admit to the facility but had incontinence. Resident #94 reported the staff failed to change her brief as needed. She reported they just do not have enough staff, especially on the evening and overnight shift. The staff do not change or turn her in the night. Resident #94 reported a wound on her bottom that developed at the facility that is not getting better. The staff had suggested she ask for an indwelling catheter, so she asked for one. Observation at this time revealed the resident seated in electric, reclining wheelchair with indwelling catheter collection bag visible, laying on its side on the soiled wheelchair footrest, with no barrier between the collection bag and the footrest. Footrest contained food debris and stains from dried fluids. Additionally, catheter bag observed to be in contact with the residents feet and no cover on the drainage bag.</p>			

Page 30 of 38

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	<p>Observation on 12/30/19 at 1:19 p.m. revealed Resident #94 located in her power wheelchair in the main dining room. The catheter drainage bag and tubing on the footrest with no bag cover.</p> <p>A Physician Notification sheet faxed on 12/9/2019 revealed the staff requested an order for a urinary catheter due to a non-healing wound on the buttock (incontinence related). The Physician approved the order.</p> <p>A Physician Notification sheet faxed on 12/16/19 revealed the staff informed the Physician Resident #94 had size 16 urinary catheter placed last week. The staff requested a larger catheter due to the catheter tubing kinking when up in the wheelchair which in turn caused sediment to build up in the line. The Physician approved the order.</p> <p>During an interview on 1/6/2020 at 11:01 a.m., the Assistant Director of Nursing, (ADON) stated Resident #94 agreed to the catheter and planned to for documentation of an assessment for the need for catheter. However, no documentation provided. The ADON confirmed Resident #94 received education regarding the risks involved with catheter placement by the Wound Nurse after the catheter was already in place. The ADON stated the Physician was involved in the decision to place catheter. The ADON stated would expect the urinary catheter drainage bag to be in a privacy bag, which were available at the facility, and not be laying on the footrest or the floor.</p>			

Page 31 of 38

Facility Administrator

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	<p>During an interview on 1/7/2020 at 1:05 p.m., the Acting Director of Nursing (DON) stated the resident had approached her about putting a catheter in. The DON stated this bothered her but she obtained an order from the physician. The DON further stated the Wound Nurse did not seem bothered by the fact a catheter was inserted for an intervention to heal pressure wound. However, the DON did not discuss the catheter with the Wound Nurse before they obtained the order. The DON stated she was not sure the staff were not repositioning Resident #94 at night because they had two staff at night, or if it was because the staff did not want to. The DON stated had not attempted or considered the removal of the catheter.</p> <p>During an interview on 1/9/2020 at 9:30 a.m., the Wound Nurse Consultant stated that she had become aware on 12/19/19 that the facility ad inserted a catheter at Resident #94's request. The Wound Nurse reported Resident #94 informed her that she had requested the catheter the staff were not changing her. The Wound Nurse reported the catheter was not necessary for wound healing and there was more risk involved with having a catheter than not having a catheter.</p> <p>During a phone interview on 1/13/2020 at 3:30 p.m., the Physician stated he was unaware that measures to prevent and heal pressure areas on the residents buttocks, recommended and ordered by the wound nurse consultant had not been implemented prior to</p>			

Page 32 of 38

Facility Administrator

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	<p>requesting and order for a urinary catheter. The Physician stated the urinary catheter had now been discontinued, but would have expected to be informed.</p> <p>The facility reported did not have a policy specific to catheter care when requested by surveyor.</p> <p>A Progress Note dated 1/11/2020 documented the resident complained of burning with urination. Believes she might have a bladder infection. Physician notified and urinalysis for culture as indicated ordered.</p> <p>A urine lab result report dated 1/14/2020 documented a urine specimen obtained on 1/13/2020 had culture results of greater than 100,000 gram negative rods (bacteria).</p> <p>A Progress Note dated 1/15/20 revealed the staff received an order for an antibiotic.</p> <p>2. The MDS assessment dated of 11/29/19 documented Resident #35 short and long-term memory problems. The MDS indicated Resident #35 independent for bed mobility, and limited assistance of one staff person for transfer, toilet use, and personal hygiene. The MDS documented Resident #35 had an indwelling catheter and always continent of bowel. Resident #35 had diagnoses of hypertension, heart failure, diabetes, and cardiorespiratory conditions.</p>			

Page 33 of 38

Facility Administrator

Date

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Iowa Department of Inspections and Appeals
Health Facilities Division
Citation

Citation Number: #8000		Date: February 6, 2020		
Facility Name: QHC Mitchellville, LLC	Survey Dates: 12/30/2019 to 1/15/2020			
Facility Address/City/State/Zip 114 Carter Street SW Mitchellville, IA 50169	MW, KK, JS			
Rule or Code Section	Nature of Violation	Class	Fine Amount	Correction date
	<p>Observation on 12/30/19 at 10:12 a.m., revealed Resident #35 sitting in his room with the supra pubic catheter bag laying on the floor. The bag filled half way up the bag. The floor contained a stick substance and had a urine odor. The drainage bag had no cover.</p> <p>3. The MDS assessment dated 6/3/19 documented Resident #12 had diagnoses that included neurogenic bladder and quadriplegia. Resident #12 had no cognitive impairments. The MDS documented Resident #12 had an indwelling urinary catheter.</p> <p>The Care Plan dated 6/19/19 directed the staff to change Resident #12's catheter as ordered, monthly, and as needed.</p> <p>The Order Summary Report dated 7/10/19 directed staff to change the 16 French urinary catheter every 30 days starting on the 27th and as needed.</p> <p>During an interview on 1/6/20 at 9:05 a.m., the Assistant Director of Nursing (ADON) indicated the staff documented catheter changes on the Treatment Administration Record (TAR).</p> <p>Review of Treatment Administration Records, the Medication Administration Records, and Progress Notes for July 2019, August 2019 and October 2019 revealed a lack of documentation to show the staff changed the catheter.</p> <p>During an interview on 1/13/20 at 3:30 p.m., Resident #12's Physician stated he did not think the lack of</p>			

Page 34 of 38

Facility Administrator

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	catheter changes had a negative outcome. FACILITY RESPONSE:			
50.7(4)	481—50.7(10A,135C) Additional notification. The director or the director's designee shall be notified within 24 hours, or the next business day, by the most expeditious means available (I,II,III): 50.7(4) When a resident elopes from a facility. For the	II	\$500 (Held in Suspension)	Upon Receipt

Page 35 of 38

Facility Administrator

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	<p>purposes of this subrule, "elopes" means when a resident who has impaired decision-making ability leaves the facility without the knowledge or authorization of staff.</p> <p>DESCRIPTION:</p> <p>Based on clinical record review and staff interviews, the facility failed to report an elopement for 1 of 1 sampled (Resident #23) to the Department of Inspections and Appeals as required by Iowa Administrative Rule 50.7(4). The facility reported a census of 44.</p> <p>Findings include:</p> <p>The Minimum Data Set (MDS) assessment dated 11/6/19 documented Resident #23 had moderately impaired cognition and displayed verbal behaviors. Resident #23 required assistance of one staff for transfers, did not walk, used a walker and wheelchair, and had limited range of motion to both upper and lower extremities on one side of his body.</p> <p>The Medical Diagnosis sheet dated 1/2/20 revealed Resident #23 had a diagnosis of traumatic brain injury.</p> <p>The Care Plan dated 10/28/19 directed the staff to allow Resident #23 to smoke outside with his family per facility policy, encourage attending activities to distract from smoking, and ensure oxygen off while smoking or using electronic cigarettes.</p>			

Page 36 of 38

Facility Administrator

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	<p>The Wandering Risk Assessment dated 10/24/19 revealed Resident #23 had a moderate risk to wander.</p> <p>The Electronic Medical Record failed to contain an elopement risk assessment.</p> <p>An Incident Report dated 10/27/19 at 5:41 p.m., documented the staff responded to a visitor yelling for staff assistance outdoors. The staff responded outside and found Resident #23 in his wheelchair. Resident #23 reported he attempted to reposition himself in the wheelchair and slid to the ground. Resident #23 stated a lady helped him back into the chair. Staff noted no injuries following the incident.</p> <p>During interview on 1/7/20 at 3:37 p.m., Staff H (Licensed Practical Nurse) reported the staff found Resident #23 outside the front door on the concrete walkway, about ten feet from the door. Staff H stated the alarms are always on and she cannot remember that any alarms sounded.</p> <p>During an interview on 1/8/20 at 11:35 p.m., Staff M (Registered Nurse) reported a visitor summoned the staff outside to assist Resident #23. Staff M had no knowledge how Resident #23 ended up outside.</p> <p>On 1/9/20 at 10:10 a.m., the Administrator reported the staff had no knowledge Resident #23 exited the facility. The Administrator report she did not report the elopement to the Department.</p>			

Page 37 of 38

Facility Administrator

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	FACILITY RESPONSE:			
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