

Iowa Department of Inspections and Appeals
Health Facilities Division
Citation

| Citation Number: # 8007 | | Date: February 13, 2020 | | |
|---|---|---|--|-------------------------|
| Facility Name: Trinity Center at Luther Park | | Survey Dates: January 28-29, 2020 | | |
| Facility Address/City/State/Zip 1555 Hull Avenue Des Moines, IA 50316 | | MW/DC | | |
| Rule or Code Section | Nature of Violation | Class | Fine Amount | Correction date |
| 58.28(3)e 481—58.28(135C) Safety. The licensee of a nursing facility shall be responsible for the provision and maintenance of a safe environment for residents and personnel. (III) 58.28(3) Resident safety. e. Each resident shall receive adequate supervision to protect against hazards from self, others, or elements in the environment. (I, II, III) | 481—56.6(135C) Treble and double fines. 56.6(1) Treble fines for repeated violations. The director of the department of inspections and appeals shall treble the penalties specified in rule 481—56.3(135C) for any second or subsequent class I or class II violation occurring within any 12-month period, if a citation was issued for the same class I or class II violation occurring within that period and a penalty was assessed therefor. | I | \$22,500.00 treble (Held in Suspension) | UPON RECEIPT |
| 56.6(1) | DESCRIPTION: Based on clinical record review, staff and resident interviews and observations the facility failed to provide adequate supervision for 1 of 3 open sampled residents (Resident #1). The facility reported a census of 118. | | | |

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| | <p>Findings include:</p> <p>According to the Minimum Data Set (MDS) dated 12/15/19 Resident #1 had diagnoses which included diabetes mellitus, fracture, Alzheimer's disease, anxiety, depression and repeated falls. The resident had a Brief Interview for Mental Status (BIMS) score of 4, indicating severe cognitive ability. Resident #1 required extensive assistance of 1 staff for transfers, walking with assistance of walker, dressing, toilet use and personal hygiene. The resident utilized a wheelchair to move about the facility. Resident #1 had frequent urinary incontinence and occasional bowel incontinence. The staff utilized a bed alarm, chair alarm and a floor mat alarm daily to alert the staff when movement is detected.</p> <p>Review of Resident #1's Care Plan dated 2/16/19, indicated the resident had a risk for falls due to vision problems and poor safety awareness. The Care Plan directed the staff to check resident after 10 p.m. to 6 a.m. shift change and offer toileting, place a fall mat next to bed, floor and pressure alarm in bed and chair, keep walker within reach and staff directed not to leave resident un-attended in the bathroom.</p> <p>The Care Plan dated 1/8/20, directed staff to transfer the resident with the assistance of a mechanical lift and 2 staff.</p> <p>Review of a fall investigation report dated 1/7/20, revealed a nursing assistant assisted Resident #1 to the toilet, the staff stepped outside of the resident's</p> | | | |

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| | <p>room to grab a brief, the aide returned to the room and found the resident on the floor. The staff sent the resident to a local hospital, the resident sustained a displaced transverse fracture through the medial malleolus and distal fibula. The facility suspended the responsible staff pending an investigation. The facility camera's revealed the following time line:</p> <ul style="list-style-type: none"> a. At 15:58 Staff A-C.N.A assists Resident #1 from the common area to her room. b. At 1600:45 Staff A exits the resident's room. c. At 16:03:51 Staff A re-enters the resident's room with a brief in hand. d. At 16:04:19 Staff A calls for Staff B-C.M.A. to the resident's room. e. At 16:04:57 Staff B summons Staff C-LPN to the resident's room. f. At 21:36 a portable x-ray completed. g. At 22:16 results return with a possible fracture and physician gave order to transfer the resident to a local emergency room. h. At 4:49 (1/8/19) the resident returns from the emergency room with a boot to the left foot and a follow up appointment scheduled for 1/19/20. <p>The investigation revealed the root cause of the fall is determined to be the result of leaving the resident unattended on the toilet by staff. The resident is considered a high risk for falls due to having alarms and has had a history of previous falls.</p> <p>Review of a X-ray Report dated 1/7/20, revealed the resident had a x-ray due to a fall. The results revealed a displaced transverse fracture through the medial</p> | | | | |

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| | <p>melleolus and displace oblique fracture thru the distal fibula. The surrounding tissue noted to have swelling.</p> <p>During an interview with Staff A-C.N.A on 1/28/20, the aide stated she assisted the resident to the toilet in her room. Staff A completed personal cares and when she looked for a fresh brief in the resident's bathroom closet, finding the board empty. Staff A told the resident to stay sitting on the toilet as she goes to the next room to get a brief for the resident. Staff A entered the next room and retrieved a brief, at this time she noted the other resident in the bed with her feet dangling out of bed, Staff A stopped and assisted the resident. She stated when she returned to Resident #1's bathroom, she found the resident on the floor, yelling for help. Staff A summoned help at this time from other staff members. Staff A stated she and 2 other staff lifted the resident off the floor and sat her in the wheelchair. The resident went to the dining room to eat the evening meal. Staff A stated the resident did not have to bear weight on her foot as the staff lifted her up and into the wheelchair. After the evening meal Staff A asked Staff C-C.N.A for assistance transferring the resident to their bed. At the time of the transfer into bed the resident could not bear weight on left leg and complained of pain to area. Staff A alerted the charge nurse of the complaints. Staff A stated she was suspended after the investigation started for a period of 3 days and received a disciplinary write up for not following the policy regarding leaving a resident who uses alarms unattended on the toilet. Staff A stated she is upset over the fall because she knew she should not have left a resident who uses alarms alone</p> | | | |

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| | <p>on the toilet. Staff A asked the resident to remain sitting on the toilet while she went next door.</p> <p>During an interview with Staff B-Certified Medication Aide on 1/28/20 at 4:20 p.m., Staff B stated she was passing medications in the common area when Staff A summoned help in Resident #1's room. Staff B entered the room and noted Resident #1 laying on the floor in front of her toilet. Staff B notified Staff D-LPN. Staff B stated the facility policy is to not leave a resident who uses alarms sitting alone on the toilet. Staff B stated Resident #1 uses alarms in their bed and chair.</p> <p>During an interview with Staff C-C.N.A on 1/28/20 at 4:38 p.m., Staff C stated he assisted Staff A to get the resident into bed. Staff C stated the resident did not bear weight on her left leg during that transfer. Staff C stated you are not to leave a resident who uses alarms and is a fall risk alone on the toilet.</p> <p>During an interview with Staff D-LPN on 1/29/20 at 10:30 a.m., Staff D stated Resident #1 was an assist of 1 staff prior to her fall, she utilized alarms in her bed and chair, is a fall risk and has periods of confusion at times. Staff D stated she got called to the resident's room after she had a fall. Upon initial assessment her left ankle area looked normal but the resident complained of pain with the assessment. Upon asking Staff A about the fall, the staff told her she placed the resident on the toilet and left the room to get a brief. Staff A-LPN stated it is not appropriate to leave a resident who is a fall risk and utilizes alarms alone on the toilet for any length of time.</p> | | | |

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| | <p>Review of an Incident Report dated 1/7/20 at 4:15 p.m., indicated a C.N.A assisted Resident #1 to the bathroom, the aide left the bathroom to obtain a brief, leaving the resident unattended on the toilet. The staff returned and found the resident on the floor in her bathroom.</p> <p>Review of the Progress Notes dated 1/7/20 at 5:22 p.m., revealed a Certified Nurses Aide assisted the resident to the bathroom, left the resident in the bathroom to get the resident a brief. When the aide returned she noted the resident lying on the floor in bathroom.</p> <p>Review of the Post Fall Progress Note dated 1/7/20 at 6:25 p.m., the notes indicated at 3:00 p.m. the resident experienced an unwitnessed fall in the bathroom due to a self transfer attempt. The nurse documented the staff left the resident unattended in the bathroom.</p> <p>Review of a Resident Toileting Policy dated 1/4/2020, directed staff when assisting a resident to the toilet who needs physical support/assistance, or who has an alarm due to progressive cognitive decline, you may not leave them unattended in the bathroom. This does not mean you cannot stand outside the bathroom to give them privacy but you may not leave the room.</p> <p>During an interview with Staff E-RN/Director of Nurses on 1/29/20 at 11:20 a.m., Staff E stated when she became aware of the fall and fracture, she began re-education with all staff regarding safety in the</p> | | | |

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| | bathroom including having the supply cupboard stocked prior to doing cares and to not leave resident's alone in the bathroom who are identified as a fall risk and utilizes alarms. | | | |

FACILITY RESPONSE:

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