

**Iowa Department of Inspections and Appeals**  
**Health Facilities Division**  
**Citation**

Citation Number: <b>7096</b>		<b>Fine Amount reduced by 35% to \$4,225.00 on February 24, 2020 pursuant to Iowa Code Section 135C.43A</b>		Date: <b>January 28, 2020</b>
Facility Name: <b>United Presbyterian Home</b>		Survey Dates: <b>January 9 – 14, 2020</b>		
Facility Address/City/State/Zip <b>1205 East Washington St Washington, IA 52353</b>				
Rule or Code Section	Nature of Violation	Class	Fine Amount	Correction date
<b>58.19(2)j</b>	<p><b>481—58.19(135C) Required nursing services for residents.</b> The resident shall receive and the facility shall provide, as appropriate, the following required nursing services under the 24-hour direction of qualified nurses with ancillary coverage as set forth in these rules:</p> <p><b>58.19(2) Medication and treatment.</b></p> <p><i>j. Provision of accurate assessment and timely intervention for all residents who have an onset of adverse symptoms which represent a change in mental, emotional, or physical condition. (I, II, III)</i></p> <p><b>DESCRIPTION:</b></p> <p>Based on record review and staff interviews, the facility failed to provide comprehensive assessments and intervene in a timely manner following a fall for 1 of 4 sampled (Resident #1). The lack of assessment delayed the treatment of Resident #1's arm and pubic fractures. The facility reported census of 53.</p> <p>Findings include:</p> <p>According to the Minimum Data Set (MDS) assessment dated 6/12/19, Resident #1 had moderate cognitive impairments. Resident #1 required limited assistance supervision with ambulation, limited assistance with transfers and extensive assistance with dressing, toilet use and personal hygiene needs. Resident #1 had diagnoses of dementia and</p>	<b>I</b>	<b>\$6,500</b>	<b>Upon Receipt</b>

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<p>hypertension.</p> <p>The Care Plan revealed Resident #1 ambulated independently with a walker and independently used the bathroom.</p> <p>According to the Fall/Injury Monitor - Suspected Head Injury sheet dated 9/13/19 at 10:05 p.m. the staff heard Resident #1 yelling out, "Oh, I fell, I fell". Staff A (Licensed Practical Nurse) documented on the sheet. Resident #1 complained of right elbow pain, although flailing her arm about. Resident #1 complained of right hip pain, but able to move right leg without expressing pain or yelling out. Resident #1 assisted to stand with assistance of three staff to her bed. The sheet revealed noted no pain, injury, bruising or impaired mobility related to the fall. The sheet revealed follow up neurological checks at 11:10 p.m., 12:10 a.m., 1:10 a.m. and 2:10 a.m. The neurological checks noted no change in condition and range of motion as before.</p> <p>During an interview on 1/13/20 at 4:22 p.m., Staff H (Nurse Aide) stated around 10:05 p.m. on 9/13/19 she heard Resident #1 scream for help from across the hall. Staff H summoned Staff A (Licensed Practical Nurse) who assessed Resident #1. Three staff lifted Resident #1 off the floor and placed her in bed. Resident #1 screamed out, but Staff H did not know whether it was her anxiety or pain related.</p> <p>During an interview on 1/9/20 at 5:00 p.m., Staff I (Nurse Aide) stated she worked 9/13/19 on the evening shift. Staff I passed by Resident #1's room</p>			<b>Fine Amount</b>	<b>Correction date</b>

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	<p>and observed Resident #1 on the floor with Staff A and Staff H present. Staff I reported Resident #1 did not seem to be in pain and moved her legs. However, Resident #1 could not move her arm. The three staff picked Resident #1 up and placed her in a chair. Resident #1 could not bear weight. Staff I could not recall if Resident #1 had pain or not.</p> <p>During an interview on 1/14/20 at 11:40 a.m. Staff A (Licensed Practical Nurse) reported she assessed Resident #1 and she was fine, kicking her legs and moving her arms. Resident #1 stated she had no more than the usual amount of pain. Staff A stated they lifted Resident #1 to her feet and she ambulated back to bed using her walker. Staff A stated she never noticed anything unusual and Resident #1 was not yelling out in pain. Staff A stated she completed additional assessments per protocol and did not notice any abnormalities. Staff A stated Resident #1 was able to move her legs and arms "as before" which meant as she could prior to her fall. Resident #1 squeezed Staff A's hands, but noted her arms are normally stiff anyway and have limited movement. Staff A denied the overnight aide reported Resident #1 had pain or of anything unusual.</p> <p>During an interview on 1/13/20 at 11:25 a.m., Staff B (Nurse Aide) stated she worked overnight on 9/13/19. The evening aide reported to Staff B that Resident #1 had a fall earlier, Staff A responded and Staff A later reported everything was fine. Staff B stated she cared for Resident #1 that night and every time she was in the room providing cares Resident #1 moaned in pain.</p>			

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	<p>Staff B reported to Staff A that Resident #1 had pain, but Staff A stated Resident #1 was fine.</p> <p>During an interview on 1/14/20 at 12:59 p.m., Staff C (Licensed Practical Nurse) reported she worked from 6:00 a.m. to 10:00 p.m. on 9/14/19. At 6:00 a.m., the nurse reported Resident #1 had a fall and hit her right arm. Staff C assessed Resident #1 and Resident #1 could move her arms and legs freely without any indication of pain. Resident #1 did not want to get out of bed and Staff C instructed the Aides to allow Resident #1 to stay in bed. Staff C stated she passed Resident #1's medications and did not notice anything unusual. Staff C primarily focused on Resident #1's right side, as told in report. Resident #1 remained in bed through lunch and took her noon pills without incident. Staff C stated no one reported to her anything unusual. Resident #1 could move her arm and legs and squeeze her fingers upon request. Staff C admitted she did not do any passive range of motion on Resident #1's arms and legs.</p> <p>According to a Fall Follow-up report dated 9/14/19 at 11:00 a.m., Staff C documented Resident #1 had no injury, impaired mobility and normal range of motion. Resident #1 denied pain and reported she did not feel well, sick at her stomach, and wanted to stay in bed.</p> <p>During an interview on 1/13/20 at 11:40 a.m., Staff D (Nurse Aide) stated she worked the day shift on 9/14/19. Staff D reported Resident #1 had pain all day and screamed out when moved. Resident #1 complained of left arm pain. Staff D stated she told the</p>			

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	<p>Staff C (Nurse) a couple of times that day and Staff C told her not to get Resident #1 up. Resident #1 stated, "I'm going to die, I'm going to die". Staff D stated the nurse checked on her, but really did not do anything.</p> <p>During an interview on 1/9/20 at 4:36 p.m., Staff E (Nurse Aide) stated she worked the day shift on 9/14/19 with Staff D. Staff E stated Staff D informed her that Resident #1 refused to get up and complained of pain. Staff E instructed Staff D to report her observations to Staff C (Nurse) and get a room tray. After breakfast, Staff D assisted Resident #1. Staff E heard Resident #1 yelling. Staff E entered Resident #1's room and observed Resident #1 sitting at the edge of the bed vomiting. Resident #1 stated she hurt. Staff C (Nurse) entered the room and Staff E left. Staff C later stated, Resident #1 was yelling because she did not have her medications or food yet. Staff E stated later when she checked on Resident #1, she screamed out when touched. Staff E reported this to Staff C (Nurse). Staff E stated later Staff D and Staff F provided cares and Resident #1 still had pain. Staff E reported Resident #1 did not get out of bed that day, which was unusual.</p> <p>The Progress Notes dated 9/14/19 at 5:40 p.m., Staff C documented a Nurse Aide reported Resident #1 had pain and not want to eat her soup. Resident #1 complained she felt sick. Resident #1 had pain with range of motion to her lower extremities. Resident #1 voiced discomfort when the left hip and thigh palpated. Resident #1 assisted to sit on the edge of the bed. Resident #1 held on with both hands while changing</p>			

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	<p>position. Resident #1 stated she hurt and did not want to get up. When asked where she hurt, Resident #1 responded her head and then pointed at her stomach and left side.</p> <p>Review of the September 2019 Medication Record sheets revealed Resident #1 had an order for Tylenol 650 milligrams every 4 hours for general discomfort as needed. The sheets revealed Resident #1 had no Tylenol administered on 9/13/19 or 9/14/19.</p> <p>During an interview on 1/13/20 at 2:45 p.m., Staff F (Nurse Aide) stated she worked from 10:00 a.m. to 10:00 p.m. on 9/14/19. At 1:00 p.m., she assisted Staff D with Resident #1. Resident #1 yelled and screamed in pain when moved. Staff F stated she attempted to tell Staff D (Nurse) but Staff D responded Resident #1 exaggerates. Staff F observed Resident #1 was anxious, would not get out of bed, and she knew something was wrong. Staff F stated she checked on Resident #1 about every hour. At 5:00 p.m., Staff F entered Resident #1's room. Staff F removed the pajamas, Resident #1 had on all day. When Staff F removed the long sleeved pajama top, Resident #1 cried out in pain. Staff F noticed Resident #1's left arm had swelling and a huge bruise. Staff F stated she knew it was broken and had never seen anything like it. Staff F stated she left the room and had Staff G (Nurse) assessed Resident #1. Resident #1 transferred to the Emergency Department.</p> <p>During an interview on 1/13/20 at 11:05 a.m., Staff G (Licensed Practical Nurse) stated he worked the</p>			

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	<p>evening shift on 9/14/19. At 7:40 p.m., the staff informed Staff F that Resident #1 had an injury. Staff G assessed Resident #1 immediately and noticed a large bruise on her left elbow, swelling in her left arm, pain with movement of the left arm, and diminished range of motion in left leg. Staff G had knowledge of the fall the evening before, but to that point, had not been involved with her care. Staff G stated he suspected an injury right away, contacted the physician, and had her transported to the hospital.</p> <p>The Radiology Consultation Report dated 9/14/19 revealed Resident #1 had a displaced fracture of the left ulna and displaced fractures of the left superior and inferior pubic rami.</p> <p><b>FACILITY RESPONSE:</b></p>			

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