

Iowa Department of Inspections and Appeals
Health Facilities Division
Citation

Citation Number: #7077		Date: December 23, 2019		
Facility Name: Accura Healthcare of Lemars		Survey Dates: December 9-12, 2019		
Facility Address/City/State/Zip 954 7th Ave SE Lemars, IA 51031	MW/DC			
Rule or Code Section	Nature of Violation	Class	Fine Amount	Correction date
58.19(2)j	<p>481—58.19(135C) Required nursing services for residents. The resident shall receive and the facility shall provide, as appropriate, the following required nursing services under the 24-hour direction of qualified nurses with ancillary coverage as set forth in these rules:</p> <p>58.19(2) Medication and treatment.</p> <p>j. Provision of accurate assessment and timely intervention for all residents who have an onset of adverse symptoms which represent a change in mental, emotional, or physical condition. (I, II, III)</p> <p>DESCRIPTION:</p> <p>Based on record review and staff interview, the facility failed to provide adequate assessment and timely intervention for 1 of 3 residents reviewed for hospitalizations, (Resident #6). The facility reported a census of 36 residents.</p> <p>Findings include:</p> <p>According to the Minimum Data Set assessment dated 6/19/19, Resident #6 scored 6 on the Brief Interview for Mental Status, indicating no cognitive impairment. The resident's diagnoses included heart failure and atrial fibrillation.</p>	I	\$5,000.00 (Held in Suspension)	UPON RECEIPT

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	<p>The Progress Notes dated 8/29/19 at 4:47 p.m., documented the resident complained of a hard time breathing. The resident's oxygen (O2) saturation (sat) at 63% (94-100 normal). Staff got a new concentrator and an O2 mask because the resident wouldn't deep breathe through the nasal cannula. The O2 sat rose to 90%. The resident not happy about the mask, but asked to leave it on because effective. They would continue to monitor.</p> <p>The clinical record lacked any documentation of an assessment of the resident other than the O2 sat or any follow up of O2 sats.</p> <p>The Progress Notes dated 8/30/19 at 8:00 a.m., documented the resident complained of shortness of breath. A check of the O2 sat revealed 71% on 2.5 liters per nasal cannula, with a heart rate of 144 (normal 60-100). O2 applied at 4 liters per mask. At 8:15 a.m. they finally got a hold of the family with the okay to send the resident to the emergency room (ER) for evaluation. At 8:30 a.m. the resident transferred by ambulance. The O2 sat at 90% with a mask and heart rate 134 and irregular. Report called to the hospital.</p> <p>A Transfer/Discharge Report dated 8/30/19, documented the resident complained of trouble breathing, face swollen and flushed, O2 sat 82%, pulse 120, and respirations 32 (12-20 normal). The report also documented the resident complained of difficulty breathing during the night and O2 sat 62% during the night.</p>			

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	<p>The hospital record dated 8/31/19, documented the resident's diagnoses included acute chronic respiratory failure with hypoxia (shortage of oxygen in the blood), acute systolic congestive heart failure and atrial flutter. The resident remained critically ill.</p> <p>A Pulmonary Consult Note dated 8/31/19, documented the resident came to the ER from the nursing home with complaints of increased shortness of breath for 1-2 days. When the resident came to the ER her O2 sat registered in the 70's on 6 liters of O2 and the resident admitted to the intensive care unit. The resident then on 12 liters of O2, and received diuretics and antibiotics the day before. The resident had a proBNP level of 3800 (normal less than 150) a test to detect and evaluate heart failure.</p> <p>During an interview on 12/10/19 at 10:27 a.m., the Assistant Director of Nursing (ADON) stated she documented, on the 8/30/19 transfer sheet, the resident had difficulty breathing with O2 sats in the 60's (during the night) because that's the report she received. She said Staff H, Registered Nurse (RN) asked her if she would assist her with the resident.</p> <p>During an interview on 12/10/19 at 3:10 p.m., Staff H stated on 8/30/19 she came on and during report the night nurse, Staff I, RN reported the resident had difficulty breathing and (O2) sats were in the 60's. Staff H immediately went down and assessed the resident and then called the hospital house supervisor and the family to see about transferring to the hospital. She did not know if the night nurse took any other vital</p>			

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	<p>signs. She said she thought the night nurse said she turned the O2 up and put a mask on her. She did not know what she turned the O2 up to. Staff H stated the resident also had a rapid heart rate.</p> <p>The Progress Notes lacked any documentation regarding the resident's condition, an assessment or any intervention related to difficulty breathing on the night shift and the resident's vital signs record lacked any documentation.</p> <p>During an interview on 12/12/19 at 5:50 a.m., Staff I stated she did not remember the night shift prior to the resident transferring to the hospital on 8/30/19.</p> <p>During an interview on 12/12/19 at 7:40 a.m., the Resource Nurse concurred they had no follow up after the resident's low O2 sat (8/29/19 at 4:47 p.m.). She said they had instituted checking O2 sats routinely.</p> <p>During an interview on 2/12/19 at 12:42 p.m., the resident's personal physician stated if someone had a low O2 sat he would expect a nursing assessment, and if determined accurate, he expected the resident to go to the next level which would be the ER, immediately. He said if the facility had assessed the resident and sent her to the ER sooner she may not have become so critically ill.</p>			
FACILITY RESPONSE:				

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